

September 12 through September 18, 2019

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Whidbey Weekly

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ON TRACK

with Jim Freeman



College and professional football games are upon us. Let the unnecessary interruptions and diversions begin. They shall not end until the sky is dark at four in the afternoon.

Speaking of the gridiron, are you like the game attending stadium fans? Do you stand up and yell at the TV during the home games while watching the Seahawks? We sure do, but I sit down and save my voice during the away games. Who will know?

Receipt re-see

Whenever I get home from a mainland adventure, I wad up my collection of wrinkled receipts and throw them in an ugly green container I bought at Dollar Tree in Oak Harbor.

During those moments when the Mariner announcers are talking about their little league successes, I break out the container for a look see.

What did I buy? Where did I buy it? Why did I buy it?

Nothing like second guessing yourself with three questions.

Often I will write notes on a receipt to remind myself if the purchase is tax deductible should I ever take the time to itemize.

Here are the notes scribbled on my Aug. 27 receipt from Gold Coast Dogs at Chicago Midway International Airport: Worst hot dog in U.S. Tasteless and odorless, like poison.

In fairness to Gold Coast, their charbroiled hot dog may have been riddled with flavor. No one in line standing by me bought a steamed dog.

Now I know why.

I got really steamed after eating it.

My Dunkin Donuts receipt from PC #354227 in Charlestown, Mass. Aug. 26 indicates I purchased a donut for \$1.19. Quite a surprise to me to see I received a five percent discount for being a Senior.

It saved me six cents.

Wonder why the sales clerk did not ask if I was a senior? Such disrespect. Is it too late for me to complain at www.telldunkin.com?

I believe so. According to my receipt, the three day window of opportunity to "tell us about today's visit" has expired.

There goes that free classic donut.

Habitat for Humanity

In honor of Jimmy Carter's wonderful Presidential museum in Atlanta, I went to the Freeland Habitat for Humanity Store to see what goes on.

While there is no tribute display honoring my only Commander in Chief, Richard Milhous Nixon, as there is at the Carter Museum, the local Habitat for Humanity Store is filled with exhibits of note.

Sinks, laminate, dressers, mattresses, rugs, stoves, lighting and more are presented for those interested.

Admission is free.

I was so thrilled to see North Dakota Kathy, who often tolerated my post office sarcasm during her decades of service, I bought a rug I did not need except to cover up dirt.

Kathy floored me with her comment as I walked out with my purchase.

"Enjoy your rug."

Who says "enjoy your rug"?

I hope she wasn't talking about my wig.

Good humor

I love quotes. My grades in school would have been much better had we just studied quotes.

I like short quotes, which is saying something for a guy who talks too much and too often.

Here are a few on humor, my favorite tool in life's tool kit.

"Good humor is a tonic for mind and body. It is the best antidote for anxiety and depression. It is a business asset. It attracts and keeps friends. It lightens human burdens. It is the direct route to serenity and contentment." ~Grenville Kleiser

"Humor should function as an automatic safety

valve to prevent the building up of excessive pressures due to the monotony of sustained and serious self-contemplation in association with the intense struggle for developmental progress and noble achievement." ~The Urantia Book

Fave things

Being a paper hoarder, I have a desk covered with connecting devices.

To my left are paperclips of assorted colors and sizes.

To my right are rubber bands and Scotch tape.

To my middle is a missing beer belly.

I was eight years old before I knew it was okay for our bourbon drinking parents to use Scotch tape.

I have continued the family tradition into my Jarritos Lime years.

Paper clips do so many things that do not involve paper.

One can pick one's teeth in an emergency.

One can try to pick a lock in a burglary.

One can make little stick figures with paper clips when playing table zombie with the grandkids.

Last Sunday was Grandparents Day. Our two grandchildren did not call me, but when they do call, they always ask for Grandma first.

Actually, Grandma was in the kitchen with both of them on Grandparents Day. The girls did not have to call, they could just yell.

By the way, AARP promotes grand parenting in their video series *Never Gets Old* at www.youtube.com/aarp.

Where else can grandparents get encouraged to feed pizza to their grandkids for breakfast?

I guess grandparents are no different than paper clips.

Like paper clips, grand parenting is all about connecting with someone or something you want to hold on to.

Double shot

Mark your caffeine infested calendar for an Oct. 1 celebration.

That Tuesday won't be fat, but latte, mocha, and more as Oct. 1 is International Coffee Day. Attempts to hold the events at night were apparently discouraged.

As we coffee nerds know, we use coffee as an excuse for meetings, to help delay Alzheimer's, and to literally get things going on a daily basis.

I remember my first cup of coffee – two thirds milk and one third coffee, poured into a heavy white coffee cup by our Grandmother Tama in Hattiesburg, Miss.

I remember the thrill, sitting at Tama's kitchen table, watching her carry the coffee pot from the stove to my cup.

Smoke was billowing from the opening of the coffee pot spout. It was better than being in a Folgers' television commercial, only this one would have been in black and white.

Color television had yet to be invented.

The first sip of grandma's coffee was as hot as that first bite of pizza always is. I started too early.

When the hot coffee hit my 4th grade lips, they turned as pink as cotton candy.

"Grandma, more milk, more milk!"

To this day, even after the Marine Corps tried to toughen me, I have to have cream in my coffee.

If it ain't khaki colored, why drink it?

Courtesy of Ma Web

A grandfather who had serious hearing problems for a number of years went to the doctor to be fitted for a hearing aid that would return his hearing to full capacity.

The grandpa went back for further tests a month later and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again."

To which the elderly man replied, "Oh, I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!"

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at www.whidbey-weekly.com.

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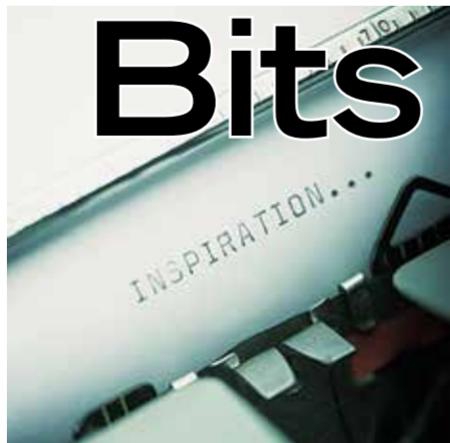
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Bits & Pieces

Letters to the Editor

Editor,

Special Announcement Regarding the Mutt Strut at Bayview Corner

Goosefoot has made a difficult decision related to prudent management of our resources. We want to let our community know we will no longer be hosting the Mutt Strut Dog Parade & Costume Contest.

Due to declining participation and the costs of hosting the event, we have made the hard decision to discontinue this annual event. Over the last several years, both parade registrants and general attendance have decreased, despite increased publicity to counter this trend. This, combined with the Mutt Strut being one of the most costly events for us to put on, led our board and staff to reconsider this annual event.

Goosefoot hopes our past participants will cherish the many memories of this fun event. It has held a special place in our hearts for 13 years and the decision was not made lightly.

We want to thank emcee Jim Freeman (who didn't miss a year!) for his skillful and joyous management of both dogs and owners. Appreciation to David Welton for providing such fun-filled photographs over the years. *Whidbey Weekly*, our media sponsor, was generous with its publicity and coverage. Bayview Farm & Garden and the Bayview Farmers Market were perfect co-creators of fun with Apple Day and market activities. Although our prize donors numbered too many to list here, we especially want to mention those who put smiles on our hairy, four-legged participants: Critters & Co., Healthy Pet, Myken's, Four Paws Only Salon, Hairy Barkers Pet Salon, South Whidbey Animal Clinic, Tricia's Pet Care, Useless Bay Animal Hospital, Animal Hospital by the Sea and Wildside Pet Products. Animal interest groups joined us with information tables over the years, including WAIF, FETCH, Dogs on Deployment, Oasis for Animals, and Reading with Rover. Our apologies to anyone we've missed who contributed over the years.

And to everyone who participated over the years, thank you for your creativity, laughter, and dedication to bringing out the best in our four-legged friends!

Thanks for your understanding,

The board and staff of Goosefoot

Navy Requests Re-initiation of Consultation with U.S. Fish and Wildlife Service

The Navy has requested - and U.S. Fish and Wildlife Service (USFWS) has agreed - to re-initiate formal consultation on the potential effects on marbled murrelets from Growler airfield operations at NAS Whidbey Island.

The Navy requested re-initiation of formal consultation to clarify the way impacts to the marbled murrelets are accounted for in the monitoring and annual reporting requirements, and to allow for refinement of the analysis associated with the Navy's selected alternative for Growler operations.

Using the best available science, the USFWS determined in a Biological Opinion that Growler airfield operations are not likely to jeopardize the continued existence of the marbled murrelet and issued an Incidental Take Statement (ITS). The USFWS affirms that the

existing Biological Opinion and ITS will remain in place during the renewed consultation.

During the re-initiated consultation period, the Navy's Growler flight operations will not exceed levels in the ITS. The USFWS is working now to provide a Biological Opinion on or about Jan. 3, 2020.

[Submitted by Michael Welding, Public Affairs Officer, NAS Whidbey Island]

What in the World are Goatsuckers?



Joe Sheldon with a live Pileated Woodpecker at Messiah College

Why would an insect ecologist turn his attention to birds? After all, there are a more than a million species of insects and less than 11,000 species of birds. Joseph Sheldon, Ph.D., presents the first program of the Whidbey Audubon Society's season at the Coupeville Recreation Hall Thursday. He will describe the highly diverse group of birds, goatsuckers. They vary from smallest known bird species to a most bizarre species with a wingspan of more than a meter, it roosts in caves and uses echolocation to navigate. He'll begin with a "forest" level survey of the order Caprimulgi-formes as it is now constituted and then focus on some of the most interesting species.

"There are major changes going on in the classification of birds," says Sheldon. He'll review the new information that is driving the changes taking place.

Sheldon attended high school in Saint Helens, Ore., received his bachelor of science degree at the College of Idaho in biology and his Ph.D. at the University of Illinois in entomology, insect ecology. He married Donna in 1965 and they have two children. He has 36 years of college teaching at Eastern College and Messiah College, both in Pennsylvania, as well as summer teaching at Au Sable Institute of Environmental Science from 1987 to 2007.

He served as President of the American Entomological Society (1991 to 1997) and President of the American Scientific Affiliation (1998 to 1999). He was invited to and did present expert testimony on the Endangered Species Act for the House Committee on Resources in 2004.

Sheldon retired to Whidbey Island in June of 2007. He is a founding board vice chair of Pacific Rim Institute for Environmental Stewardship (2009 to 2015), board Secretary for Whidbey Island Theological Studies (wits) 2014 to the present and has been a board member of Whidbey Audubon Society since 2016, serving as Field Trip Chair, Secretary and now member-at-large.

The Coupeville Recreation Hall is located at 901 NW Alexander St. The doors open at 7:00PM for refreshments and socializing, followed by a short business meeting at 7:15PM. The presentation begins at 7:30PM. The public is welcome to attend this free program.

Check the Whidbey Audubon Society website by 4:00PM the day of the event in case of inclement weather, www.whidbeyaudubon.org.

[Submitted by Susan Prescott, Whidbey Audubon Publicity Chair]

Outcast Productions Presents "Shirley Valentine"

Suzanne Kelman shines in a one-person show at Outcast Productions: "Shirley Valentine," a comedy written by Willy Russell and directed by Gail Liston.

Kelman portrays an ordinary, middle-class English housewife who ruminates about her life as she is preparing dinner. She tells the wall about her husband, her children, her past and an invitation she has received from a girlfriend to join her on a holiday in Greece to search for romance and adventure.

Ultimately, Shirley does escape to Greece, has an adventure with a local fisherman and decides to stay. This engaging play was a hit in London and in New York, performed by Pauline Collins, who later recreated her role on film, for which she received an Oscar nomination.

"Shirley Valentine" plays at the Outcast Theater at the Whidbey Island Fairgrounds, Sept. 13, 14, 20, 21, 26, 27, and 28 at 7:30PM and Sept. 22 at 4:00PM. Tickets are \$14 for students and seniors (61+) and \$18 for adults. All tickets for the Thursday, Sept. 26 performance are \$12. Tickets may be purchased using a credit card from www.brownpaper.com/user/manageevent/4264880 or you can email Outcast Productions at ocp@whidbey.com to reserve tickets and pay at the door by cash or check.

[Submitted by Carolyn Tamler]

Ryan's House for Youth Celebrates 10 Years of Service to Whidbey Islands Homeless Youth and Young Adults

Saturday, the public is invited to the Ryan's House for Youth Coupeville Campus, 19777 SR 20, for a 10 year celebration. The festivities will begin at 3:00PM and will include a short program, tours and refreshments with a cake by CJ&Y Desserts.

Lori Cavender founded Ryan's House for Youth (RHFY) in May 2009, and incorporated as a 501(c)3 in August 2010 to serve Whidbey Island's homeless youth. Since operation began, approximately 100 youth each year on Whidbey Island self-identified as homeless to South Whidbey, Coupeville and Oak Harbor school district homeless liaisons, with approximately 100 young adults self identifying to RHFY as well.

During its 10 years of operation, Ryan's House for Youth studied the viability of building a youth shelter, developed a host family program, provided a supply van and family mediation/reunification services, added a transportation program, and purchased a 17.8 acre campus that houses offices, a drop-in center, counseling services, and 32 beds of housing for young people ages 18-24. As RHFY grew, it discovered one of the best ways to serve youth is through the host family program and created legislation and best practices for the State of Washington.

The host family program gives families vetted by RHFY the opportunity to welcome homeless youth into their homes while the youth complete high school, gain occupational skills and develop into adulthood. RHFY has sheltered 56 homeless youth and young adults throughout Whidbey Island through its host family program.

Celebrating its 10th year of operation, RYFY is proud of the 21 homeless youth and 85 young adults served last year. Over the course of 2018, 85 young adults were given housing onsite, two youth were housed in the host family program and five young people graduated from high school. The transportation program provided 11,456.5 miles to school, employment, counseling, doctors, and legal appointments. Of the youth and young adults served, 90 percent are Island youth and of those leaving the transitional housing program, 84 percent move into stable housing after exiting. Ryan's House for Youth will continue serving Whidbey Island's home-

less youth and young adults and their families through the support of the local community, continued improvement and expansion of the host family and outreach programs. For more information about Ryan's House for Youth go to its website at www.ryanshouseforyouth.org.

[Submitted by Lori Cavender, Ryan's House for Youth]

WhidbeyHealth to Hold Town Hall on South End

Join WhidbeyHealth CEO Ron Telles and District 1 Hospital Commissioner Dr. Grethe Cammermeyer RN, Ph.D., for a short presentation about WhidbeyHealth's financials, a recruitment update and a quality report from 6:00 to 7:30PM Wednesday, Sept. 18 at Langley United Methodist Church, Fellowship Hall, 301 Anthes Ave, Langley.

Ample time will be dedicated to a question and answer period with community members.

More WhidbeyHealth Town Halls will be held in the central area and north end of the island as needed.

The Whidbey Island Public Hospital District Board of Commissioners and its administration are dedicated to continuing to hear the suggestions and concerns of all Whidbey Island residents as regards to the Whidbey-Health system.

[Submitted by Patricia Duff, WhidbeyHealth]

Harvest Faire Returns to Greenbank Farm Community Celebration with free activities for the entire family, part of Whidbey Island Grown Week

Ring in the arrival of autumn and celebrate Whidbey's farming heritage when Greenbank Farm hosts Harvest Faire, Sunday, Sept. 29 from noon to 5:00PM. Enjoy arts, crafts, food and activities for the entire family. Choose from a bounty of local farm produce and fresh flowers, press your own cider, get some tips on gardening or check out the lineup of local musicians sure to get your feet stomping. Admission is free. It's all happening thanks to the Greenbank Farm Merchants and Port of Coupeville. For details, visit the Port of Coupeville website at <https://portoc.org> or Facebook at www.facebook.com/portofcoupeville/.

Local vendors, booth space is still available. The cost of a standard ten-foot by ten-foot booth is \$20 for the day; food and beverage trucks are \$50. Please email the port for a vendor form or call 360-222-3151 for questions.

[Submitted by Kellie Tormey, Port of Coupeville-Greenbank Farm]

2019 Whidbey Island Harvest Festival

The Whidbey Island Harvest Festival is a new 4-day fall festival to be held Oct. 3-6 at the Whidbey Island Fairgrounds and Events Center in Langley, falling at the end of Whidbey Island Grown Week and celebrating agriculture, food, wine, spirits, music, arts and artisans on Whidbey Island. The event is a collaboration between The Port of South Whidbey, The Vintners and Distillers Association, Whidbey Island Grown, Whidbey Island Arts Council and Langley Chamber of Commerce.

The festival will consist of two days of classes and presentations (Thursday and Friday), culminating on the weekend (Saturday and Sunday) with live music, food and wine tasting, sales of locally made arts and crafts, and such harvest-themed activities as pumpkin carving and scarecrow making.

Glean New Skills at Harvest Festival Workshops and Seminars

From fermentation to photography to painting to floral design to creative cooking and preserving, workshops and seminars offered at the 2019 Whidbey Island Harvest Festival will teach you new skills and ignite your creative imagination.

Cooking, distilling and preserving classes include kimchi prep, craft distilling, edible wild plants, growing medicinal mushrooms, cider appreciation and using cannabis in cooking.

Gardening workshops include garlic planting, native plants, apple growing and six classes offered by South Whidbey Tilth about food growing.



Learn a new creative skill by exploring how to take better photos, encaustic painting, pastels, building clay ovens and making a clay slab wall pocket, felt art, eco-friendly floral design and floral jewelry and converting feed bags to totes.

In a class by itself is a workshop called "Going Batty," where you'll learn interesting facts and dispel myths about bats from a naturalist and bat specialist.

Another stand-alone is a seminar entitled "How to Build a Six-figure Business from Scratch."

Some workshops are free or on a donation basis, while some others have a fee. Check out the entire workshop program by going to www.visitlangley.com/store/. Sign up early to assure yourself a spot in the seminar of your choice.

[Submitted by Inge Morascini, Executive Director, Langley Chamber of Commerce]

ICRP to Nominate Successor for State Senator Barbara Bailey

The Island County Republican Party (ICRP) will take part in a special meeting to select nominees to succeed State Senator Barbara Bailey (R-Oak Harbor), who is resigning her office effective Sept. 30. The meeting will take place at 7:00PM Thursday, Oct. 3, at Mount Vernon Christian School, 820 W. Blackburn Road, Mount Vernon, Wash.

In accordance with the Washington State Constitution, the Washington State Republican Party is required to submit a list of three nominees to fill the vacancy. Precinct Committee Officers (PCOs) from the Tenth District, which is comprised of Island County and parts of Skagit and Snohomish Counties, will select the three nominees.

Allen McPheeters, ICRP chairman, said, "This is a rare opportunity for the PCOs to fulfill an important function of state law. Island County PCOs last participated in a legislative appointment in 2008, when State Rep. Chris Strow resigned and was replaced by Norma Smith."

Once the WSRP submits its list of nominees, a joint meeting of the county commissioners from the three counties will select one of the nominees to serve the balance of Sen. Bailey's term of office.

Persons interested in applying for the position should contact the ICRP at 360-279-1197 or at islandcountygop@gmail.com.

[Submitted by Allen McPheeters, Chairman, ICRP]

Be a Commute Super Hero and Win

Wheel Options wants you to track your commute by bus, bike, carpool, vanpool or walking during the month of October. Participants who log at least six days of Wheel Options commutes will be entered to win a \$1,500 or \$500 Tango Card Reward Link or one of more than a dozen \$50 retail gift cards. The top two Tango winners may choose between more than eight dozen top retail brands and nonprofits—spending all the winnings on one brand, donating to charity or splitting it up amongst multiple options. Visit: wheeloptions.org for details.

[Submitted by Maribeth Crandell, Island Transit Mobility Specialist]

Larsen Announces 2019 Congressional App Challenge

Rep. Rick Larsen (WA-02) recently announced the launch of the 2019 Congressional App Challenge.

The competition, which runs through Nov. 1, is open to high school and middle school students who live in or attend school in Washington's Second Congressional District. Students may compete as individuals or in teams of up to four. Students can only enter the competition once. Students can create computer programs (or apps) written in any programming language and for any platform including desktop/PC, web and mobile.

"Washington state continues to be a leader in Science, Technology, Engineering and Mathematics with more than 313,000 high school students and 165,000 two-year college students enrolled in Career and Technical Education programs," said Larsen. "I have seen the creativity of students in classrooms across Northwest Washington first-hand and look forward to seeing that creativity come through in the submissions this year."

Students can sign up to participate and read the full competition rules here. Students can register as a team or individual until 9:00PM PST Nov. 1 but are encouraged to register early to receive extra support and tips. Rep. Larsen will honor the winner and the winning apps will be electronically displayed in the United States Capitol.

In 2018, Burlington-Edison High School sophomore Will Garrison won with an app that helps users practice and learn math skills in a fun and engaging way.

Additional questions can be directed to Jenn Treadway in Congressman Larsen's office at Jenn.Treadway@mail.house.gov or 425-252-3188.

[Submitted by Amanda Munger, Rep. Rick Larsen's office]

Local Business News

Caig Buchanan Returns to Peoples Bank Freeland Home Loan Center

Peoples Bank announced that Caig Buchanan has returned to the Freeland Home Loan Center where he will continue to serve customers as a Real Estate Loan Officer. Buchanan has been in the financial services industry for 17 years, including nine years of lending on Whidbey Island. Buchanan brings back with him three years of real estate underwriting experience to benefit customers and business partners. He attended Central Washington University and moved to Whidbey Island in 1999.

Whidbey Island Beachfront Home Featured on HGTV

"Beach Hunters" 6th Season Kicks Off On Whidbey Island

HGTV launches the 6th season of its popular show, "Beach Hunters," Sunday, Sept. 15 at 5:00PM (PT) featuring a Washington family of three searching for the ideal beach home on Whidbey Island, aided by their resourceful island real estate broker.

"Helping my clients find just the right beachfront home on Whidbey Island was SO important because they will make it their 'forever' home" says Mike Konopik of Windermere Whidbey Island. "My clients were very focused on capturing the essence of Whidbey Island, and with lots of effort and thought we were able to secure a spectacular home."

Hiking Close to Home Book Release Party

Hiking Close to Home is the comprehensive trail guide for Whidbey, Fidalgo and Guemes Islands with full color photos, maps, descriptions and directions. It includes over 50 hikes showing which ones are accessible by bus, which are dog friendly and which are wheel friendly (for strollers, bikes, or wheelchairs). Hiking guide Maribeth Crandell completed this project after giving several popular library talks by the same name. She has lived on Whidbey and Fidalgo Islands for over 25 years. Jack Hartt, retired Deception Pass State Park manager, offered critical technical assistance. Both have had many years of experience on these local trails. A book release party will be held at 4:00PM Saturday, Sept. 21, at the Coupeville Library. Come see photos of all the trails, enjoy refreshments, trail talk and get a signed copy for yourself and a friend. Or order a copy online at: HikingClosetoHome.Weebly.com

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What's Going On

All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

Lions Club Blood Drive

Thursday, September 12, 9:00AM-3:00PM
First United Methodist Church, Oak Harbor

Sponsored by the Oak Harbor Lions Club. Walk-ins welcome. Lots of delicious home baked treats! Come donate, you're somebody's type! The church is located at 1050 SE Ireland St.

"Broadway Bound"

Thursdays, September 12 & 19, 7:30PM
Fridays, September 13 & 20, 7:30PM
Saturdays, September 14 & 21, 7:30PM
Sundays, September 15 & 22, 2:30PM
Whidbey Playhouse, Oak Harbor

Broadway Bound is the touching and funny conclusion of Neil Simon's semi-autobiographical Eugene trilogy. Eugene and his brother, Stanley, are attempting to break into the world of professional comedy writing, while coping with their parents' messy and upsetting marital split. When their material is broadcast on the radio for the first time, the rest of the family is upset to hear a comedic rendition of their own trials and tribulations. Information and tickets available at www.whidbeyplayhouse.com.

Island Herb Vendor Day

Friday, September 13, 2:00-5:00PM
Island Herb, Freeland

Representatives from Western Cultured will be on site with product displays and information. Must be 21 or older. Island Herb is located at 5565 Vanbarr Pl, Unit F. For more information, call 360-331-0140 or visit whidbeyislandherb.com. Marijuana has intoxicating effects and may be habit forming. Keep out of the reach of children.

Oktoberfest

Friday, September 13, 6:00-10:00PM
Saturday, September 14, 12:00-10:00PM
Downtown Pioneer Way, Oak Harbor

Live music, beer garden, and shopping. Free admission.

Live Music: Mussel Flats

Friday, September 13, 7:00-10:00PM
Penn Cove Taproom, Coupeville

Mussel Flats is back and we can't wait! Get ready to dance to your favorite classic rock and blues songs. No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

Live Music: Ireland Woods & Joe Sunderland

Friday, September 13, 7:30-9:30PM
Penn Cove Taproom, Oak Harbor

This duo's mellow acoustic tunes will leave you wanting to hear more. No cover. For more information, call 360-682-2247 or visit www.penncovebrewing.com.

"Shirley Valentine"

Fridays, September 13, 20, 27, 7:30PM
Saturdays, September 14, 21, 28, 7:30PM
Sunday, September 22, 4:00PM
Thursday, September 26, 7:30PM

Outcast Theater, Whidbey Island Fairgrounds

Suzanne Kelman shines in a one-person show at Outcast Productions: "Shirley Valentine," a comedy written by Willy Russell and directed by Gail Liston. This engaging play was a hit in London and in New York, performed by Pauline Collins, who later recreated her role on film for which she received an Oscar nomination. Tickets are \$14 for students and seniors (61+) and \$18 for adults. All tickets for the Thursday, Sept. 26 performance are \$12. Tickets may be purchased using a credit card from www.brownpapertickets.com/user/

manageevent/4264880 or you can email Outcast Productions at ocp@whidbey.com to reserve tickets and pay at the door by cash or check.

Children's Day Celebration

Saturday, September 14, 10:00AM-2:00PM
South Whidbey Community Center, Langley

Bring the entire family to the Children's Day celebration at South Whidbey Community Center for a free, fun-filled Saturday featuring bounce houses, pony rides, lunch and interactive booths. For information, visit www.swparks.org or call 360-221-6788.

Emergency Preparedness Expo

Saturday, September 14, 10:00AM-3:00PM
North Whidbey Middle School, Oak Harbor

At 10:00AM enjoy a presentation by Eric Brooks, Island County Director of Emergency Management, and James Reynolds, Fleet and Family of NAS Whidbey Island. Explore booths, bring your own lunch or get food from the food truck, and drilling with handshakes from Oak Harbor Fire Department, Red Cross, NAS Whidbey and NAS Search & Rescue.

Whidbey Island Nourishes Summer Frolic

Saturday, September 14, 5:30-9:00PM
Dancing Fish Vineyard, Freeland
Tickets: \$150/person

Dinner and benefit to fill the WIN pantry, as it prepares to provide free, ready-to-eat, healthy food for the kids in our community in need of nutritional support. RSVP required: www.whidbeyislandnourishes.org.

Live Music: Ike and the Old Man

Saturday, September 14, 7:30-9:30PM
Penn Cove Taproom, Coupeville

Ike and the Old Man are a father and son duo and Whidbey island favorite! Amazing music from the 60s to present. No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

Rap and R&B Night

Tuesday, September 17, 7:00-10:00PM
The Machine Shop Arcade, Langley

Cover by donation. All ages show. Local duo E.T (Joe Moreno and Nicole Ledgerwood Moreno) will be performing with three guests from California: Oscar Goldman, Cleen, and Mr. P Chill for one magical night of rhymes and beats. Check out et.hearnow.com to listen to E.T and fakefour.bandcamp.com to check out Oscar Goldman.

WhidbeyHealth Town Hall

Wednesday, September 18, 6:00-7:30PM
Langley United Methodist Church, 301 Anthes Ave.

Join WhidbeyHealth CEO Ron Telles and District 1 Hospital Commissioner Dr. Grethe Cammermeyer RN, Ph.D., for a short presentation about WhidbeyHealth's financials, a recruitment update and a quality report. Ample time will be dedicated to a question and answer period with community members.

Island Herb Vendor Day

Thursday, September 19, 4:20-7:10PM
Island Herb, Freeland

Representatives from Smokey Point Production will be on site with product displays and information. Must be 21 or older. Island Herb is located at 5565 Vanbarr Pl, Unit F. For more information, call 360-331-0140 or visit whidbeyislandherb.com. Marijuana has intoxicating effects and may be habit forming. Keep out of the reach of children.

Whidbey Supports Youth and Climate Justice

Friday, September 20, 3:00-5:00PM
Highway 20 and Main Street, Coupeville

Join Whidbey Environmental Action Network and the Social Environmental Justice Council of the Unitarian Universalist Congregation of

Whidbey Island as they rally and demonstrate solidarity with the international, youth-led Global School Climate Strikes which are happening all over the world. Inspired by 16 year old Nobel nominee Greta Thunberg, who asks, "Why should we go to school if we won't have a future?" Come to support the youths' struggle for climate justice. See the group's FB event page for details. Find out more at <https://globalclimatestrike.net>.

Watoto Children's Choir Returns

Friday, September 20, 7:00PM
Oak Harbor High School Auditorium/SUB

The choir is from Uganda and is made up of orphans from the Watoto Orphanages in Kampala and Gulu Uganda. There will be lively singing and dancing. Watoto is the Ugandan organization that has answered the call to care for the children by giving them food, shelter, education, health care, and a family. Come hear the joy in their hearts which has overcome the tragedy and hardship in their lives before they were with Watoto. Concert is free with free will offering. Choir CDs and craft items from Watoto workshops will be available for purchase as well as information and opportunities to sponsor children. The concert is sponsored by Oak Harbor Lutheran Church Watoto Mission Team, which has been traveling to help in Watoto programs since 2008. The team has raised funds to build a house and medical clinic in the villages and holds medical clinics during their yearly visit. Next visit is in Jan. 2020.

Live Music: Woody Virgil

Friday, September 20, 7:30-9:30PM
Penn Cove Taproom, Oak Harbor

Virgil is a Whidbey Island musician who plays original tunes mixed with pop, folk, rock, and country. He's like a one man trio, with a little harmonica thrown in. No cover. For more information, call 360-682-2247 or visit www.penncovebrewing.com.

Whidbey Island Kite Festival

Saturday, September 21, 9:00AM-5:00PM
Sunday, September 22, 9:00AM-5:00PM
Camp Casey Conference Center, Coupeville

Join this colorful event with activities like kids' kite making, beginning sportkite lessons, and sportkite demonstrations. Teddy bear drop each day at 1:00PM for children under 10. There will be a booth at the field with hot dogs and soda. Email Lisa Root for more details, lroot0208@aol.com

2019 Quilt Show

Saturday, September 21, 10:00AM-4:00PM
Sunday, September 22, 10:00AM-2:00PM
Oak Harbor Senior Center 51 SE Jerome St.

Senior Bees of the Oak Harbor Senior Center presents the 2019 Quilt Show. Craft and quilted items for sale. \$1 raffle tickets for Senior Bees' handmade quilt. Free admission!

Upcoming Sno-Isle Library Events

See schedule below
Cost: Free

Lit for Fun Book Group

Thursday, September 12, 9:00-11:00AM
Freeland Library

Join us for a discussion of Christina Baker Kline's "A Piece of the World," a stunning and atmospheric novel of friendship, passion and art, inspired the painting, Christina's World.

End-of-Life Discussion Series

Thursdays, September 12, 19, 26, 1:00-3:00PM
Freeland Library

Hospice of the Northwest and Island Senior Resources are offering a series of free workshops about the many crucial decisions surrounding aging and death. The workshops will provide guidance and planning information for spiritual, medical, legal and housing questions related to end-of-life issues. Join us for some or all conversations. These classes are free and anyone is welcome to attend one or

all of the sessions. Presented by Kaaren Flint from Hospice of the Northwest.

Music at the Library: Classic Quartets

Friday, September 13, 1:00PM
Freeland Library

This three-part series features the Alder String Quartet with live performances of the String Quartets of Haydn, Mozart and Beethoven. A pre-concert discussion will explore what makes this music classic and the surprising historical connections between the three most famous Viennese composers.

Painting Fall Leaves with Carla Walsh

Saturday, September 14, 11:00AM-12:00PM
Clinton Library

Join artist Carla Walsh to learn how to paint watercolor leaves in this fun, free class. All materials are supplied. Ideal for beginners.

3rd Tuesday Book Group

Tuesday, September 17, 9:30-11:00AM
Freeland Library

Join us for a great book discussion of James Patterson's and Bill Clinton's "The President is Missing."

Write Now: Everything You Need to Know About Editor

Thursday, September 19, 6:30-7:30PM
Clinton Community Hall, 6411 S. Central Ave.

Everything an author needs to know about pitching editors for new projects, handling problematic situations, and establishing relationships with editors in the industry. Instructor Jaym Gates is an author, publisher, and the former communications director for the Science Fiction and Fantasy Writers of America. She has edited 10 anthologies, and has over 30 short fiction and nonfiction credits.

Books2Movies Group

Friday, September 20, 2:00-4:30PM
Freeland Library

This group will focus on books made into movies. Read/listen to the book then join us for the movie and a lively talk the third Friday of each month. Enjoy candy and popcorn and meet with fellow book lovers. Brandon Henry, who you may have seen at The Clyde Theater, will lead the discussion.

Friends of Clinton Library Book Sale

Saturday, September 21, 10:00AM-3:00PM
Clinton Community Hall, 6411 S. Central Ave.

Thousands of books for sale at bargain prices. Additional fiction and nonfiction every month. Proceeds support the Clinton Library.

Stories with Sonie

Saturday, September 21, 11:00AM-12:30PM
Freeland Library

Read aloud to Sonie, a patient listener and certified therapy dog. Pre-readers and independent readers are welcome. Caregiver required. Supported by the Alliance of Therapy Dogs.

Religious Services

South Whidbey Community Church

Sundays, 9:00-9:45AM Adult Bible Study
10:00-11:00AM Worship
Deer Lagoon Grange, 5142 Bayview Rd, Langley

Sunday, September 15 - Reflections on a Benediction: Paul concludes the first main section of the book. You are invited to join us for lunch and loving fellowship.

Prayer Group

Every Tuesday, 4:00-5:30PM
St. Hubert Catholic Church, Langley

Charismatic Prayer and Praise group. Everyone welcome. For more information, call Bill at 360-222-4080 or email Sobico@comcast.net.

Filipino Christian Fellowship

Sundays, 2:00PM
Meets at Church on the Rock, 1780 SE 4th Ave., Oak Harbor.
www.ohcfellowship.com

Healing Rooms

Every Thursday, 6:30-8:30PM
5200 Honeymoon Bay Road, Freeland

The Healing Rooms are open to anyone desiring personal prayer for physical, emotional, or spiritual needs. There is a team of Christians from several local churches that are dedicated

WHAT'S GOING ON CONTINUED ON PAGE 9



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Be prepared for any weather p. 10

Up, up and away with the wind: Whidbey Island Kite Festival returns



Photo Courtesy of the Whidbey Kite Festival Association
Kite flying championships, kite-making and much more is offered throughout the Whidbey Kite Festival, coming up Sept. 21-22 at Camp Casey near Coupeville.

By **Kacie Jo Voeller** Whidbey Weekly

Whether a kite enthusiast or a first time flier, get ready to soar with the upcoming Whidbey Island Kite Festival Sept. 21 and 22 at the Camp Casey Conference Center, just south of Coupeville.

The festival, which is free to the public, will feature the Whidbey Island Sport Kite Championships, an American Kitefliers Association sanctioned competition, along with activities ranging from kite making, a raffle, kite flying demonstrations and more. The Central Whidbey Lions Club will be selling concessions including hot dogs and soda, and parking is available for a suggested donation of \$1, which will benefit the Boys and Girls Clubs.

Linda Barnes, who has volunteered at the festival since the event's inception, said one of the most popular events, the teddy bear drop, will take place at 1 p.m. each day for children under 10. Attendees will have the chance to chase a bear attached to a kite across the field, and participants will receive a teddy bear of their own. Children will also get to run with the bols, an event where participants race with resistance from large circular kites, called bols.

"The teddy bear drop and the kids running the bols, those are always a crowd pleaser as well as a kids' favorite," she said. "We collect teddy bears all year long."

Barnes said the event gets children and adults alike excited about the magic of kites.

"It is so much fun to see people light up when they see something and have the ability to get them something that will fly well so they can have a good experience," she said.

This year, Barnes will help with the kite tent, where people can sell their kites to new users.

"It is an excellent place to find some really good flying kites, because when you go to some of the stores, people do not know about the kites and they cannot tell you whether it really flies well or not; maybe it flies well, but they can't tell you how to fly it well," she said. "There at the festival you have got kite-flying lessons, so if you go and get yourself a

nice dual line kite, someone out there can help you learn how to fly it or a quad line kite if that is what you would like."

Barnes said this is one of those events that offers a way to enjoy the island each year.

"And the view - I mean, can you think of a more scenic place to have something?" she said. "It is just gorgeous."

In addition to presenting the event each year, the Whidbey Island Kite Festival Association is a 501(c)(3) organization which works to promote education, Barnes shared.

"The proceeds go to next year's festival so we can keep it going, but we also offer scholarships to one or sometimes two (if it is a good year) of the kite-building workshops that are available," she said.

The event is made possible by 30 to 40 volunteers and kite club members, Barnes shared.

"There is a core of volunteers," she said. "The club Whidbey Island Kite Fliers is actually the presenter and the festival is its own entity, but the club is the support and the labor provider and the instigator and the source of inspiration and ideas and the resource for everything that happens."

Barnes said the festival association is still seeking volunteers to assist with setup, cleanup and various aspects of putting on the event.



Photo Courtesy of the Whidbey Kite Festival Association
One of the most anticipated parts of the annual Whidbey Kite Festival is the running of the bols, or large circular kites. Participants must race against the resistance of the kites and other competitors. The festival will be held at Camp Casey Sept. 21 and 22.

"If anybody wants to get involved, we offer a heck of a picnic after the volunteer setup on Friday," she said.

Terry Volkman, co-chairman of the Whidbey Island Kite Festival, said the event will have a mass ascension each day, with delta or cellular kites taking flight on Saturday and flat/bowed or sparless kites taking to the skies on Sunday.

"We will get maybe 30 or 40 people out there at one time and when we give the signal we will have everybody launch their kite," he said. "If you have a good wind it is pretty neat because you have a whole bunch of kites going into the air at the same time."

Volkman said the festival will have competitions for precision, where fliers must execute a series of moves, and ballet flying, with routines set to music. In addition to the flying competitions, the event will feature a hand-crafted kite division.

"People make some really beautiful kites," he said. "Some of them are just amazing."

Volkman said the weekend is aimed to be family friendly, with the kids kite-making being a highlight of the event.

"There is kids kite-making, we have a special tent for that where the kids get to make a small kite - it is about a two foot diamond kite - and they get to make it and go out and fly it," he said. "There are a lot of days if the wind is low that the kids' kites fly better than some of the more expensive kites."

Volkman said part of the wonder of kite flying is the accessibility for those who want to try it out.

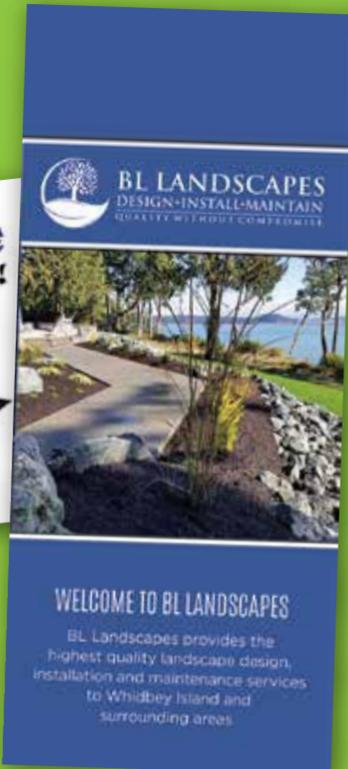
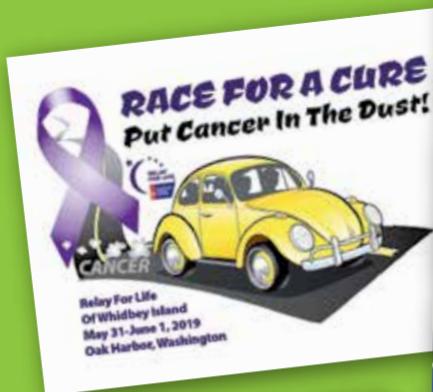
"You can buy a kite in grocery stores and places like that for \$4 or \$5 and they fly fine if the wind is good," he said. "It is a good way to get started. You do not have to spend \$100 or \$200 for a kite. Some of these cheap kites fly better than the big expensive ones."

For more information, please visit whidbeykites.org.



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TUESDAY, AUG. 6

11:36 am, Richardson Ct.

Reporting party not on scene, advising is in her residence at location, says five people "in on it" trying to make her crazy.

WEDNESDAY, AUG. 7

2:58 am, Apollo Rd.

Reporting party states people are on front porch; states been there for two weeks.

6:33 am, SR 525

Reporting party states subject at toll booth rammed reporting party's vehicle; states on ferry now, subject is still harassing reporting party, is sitting in vehicle right next to reporting party.

10:57 am, W Crescent Harbor Rd.

Caller advising found goat in road; took goat home for safety, not sure of goat's owner.

2:54 pm, Main St.

Advising female at location for last hour refuses to leave; speaking gibberish, no known name, no weapons.

5:14 pm, Goss Lake Rd.

Reporting party advising saw older military vehicle with machine gun on top; didn't look like a military person driving, one person seen in vehicle.

6:20 pm, N Main St.

Advising neighbors are very loud; says they sit outside and make noise.

THURSDAY, AUG. 8

12:39 am, Madrona Way

Motorcycle in hit and run, left south-bound with two riders, both wearing "Nomad" jackets; incident occurred four minutes ago. Rider of bike dropped a gun when they left.

7:18 am, NE 9th St.

Caller advising just saw vehicle back into water; caller walked further, states vehicle is pulling boat out of water.

8:50 am, Mobius Lp.

Reporting party requesting call referencing detail that occurred earlier in week - subject seen trying to break into homes. Wants to discuss how to try to prevent these people from wanting to break into homes.

9 am, Becker Rd.

Reporting party advising neighbor fires automatic weapons at location; has videos and wires up all around, bunker under the house, wears Nazi helmet.

1:48 pm, Saratoga Rd.

Requesting call, has been having trouble with suspicious things occurring at location after cleaning has been done; the last two times cleaning crew comes in and there is sand in the house and feces.

1:56 pm, Maxwellton Rd.

Advising eight children and adult female are starting small fires by high school. Smoke and flames seen. Five feet apart from each other.

6:49 pm, SR 20

Reporting party advising male in green Chevy Silverado is government official trying to trespass on property. Reporting party is unarmed guard sent to protect property.

9:12 pm, Bayview Rd.

Reporting party cannot find wife; then

remembers she's dead, then says he's concerned about her; had a dream she was yelling at him.

FRIDAY, AUG. 9

2:44 am, SW Eagle Vista Ave.

Advising male subject screaming outside reporting party's bedroom window, believes its coming from SR 20; "I had everything...I was nothing before I came to Oak Harbor."

8:27 am, SW Erie St.

Reporting party states female at location is unscrewing fire hydrant; using wrench to unscrew it.

9:02 am, Northgate Dr.

Reporting party advising male subject seen walking in area, passed earlier did not have anything on person, now has two car batteries.

10:56 am, SE City Beach St.

Advising male subject at splash park is charging people to use the park.

11:29 am, Ault Field Rd.

Caller advising female on side of Ault Field Rd. near SR 20 seems high; dancing and nearly fell. White female, mid to late 30s, brown hair, black T-shirt, jeans, silver high heels.

11:34 am, Olympic Ct.

Reporting party advising was on Facebook marketplace yesterday trying to purchase an item; Google mapped the address to a warehouse. Found it odd; did not continue with purchase.

11:53 am, Ault Field Rd.

Reporting party advising female is walking in and out of traffic. Now sitting on side of road.

12:29 pm, SW Robertson Dr.

Caller advising mail carrier now driving in circles on SW Robertson Dr., being followed by vehicle; suspicious vehicle is red mini van with multiple stickers on back window.

1:45 pm, SR 20

Reporting party advising vehicle with "student driver" sticker is holding up traffic.

SATURDAY, AUG. 10

2:41 am, Fallen Leaf Ln.

Reporting party advising bat is in house; very scared, just woke up to it, no one injured by it; requesting call to know what to do.

3:10 pm, SR 20

Advising subject peeing next to dumpster.

8:56 pm, SR 20

Caller advising received third party report of herd of sheep in middle of highway in area.

SUNDAY, AUG. 11

10:11 am, Robinson Rd.

Caller reporting loose hog at Robinson Beach.

3:50 pm, SW Erie St.

Occurred an hour ago; reporting party drove by and saw gold Chevy four-door sedan. Subject from vehicle told reporting party "better watch how you talk to my granddaughter." Reporting party doesn't know who subject was.

Report provided by OHPD & Island County Sheriff's Dept.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



WHAT'S GOING ON CONTINUED FROM PAGE 6

to praying for healing the sick in our community. All ministry is private, confidential, and free. Teams are available to pray for individuals who drop by on a first-come, first-serve basis.

For more information, contact Ann at 425-263-2704, email healingwhidbey.com, or visit the International Association of Healing Rooms at healingrooms.com.

Concordia Lutheran Church

Sunday service, 9:30AM
Bible Study & Sunday School, 10:45AM
590 N. Oak Harbor Street

For more information, visit www.concordiaoakharbor.org or call 360-675-2548.

Teaching Through God's Word

Sundays, 9:00 & 11:00AM
Calvary Chapel, 3821 French Road, Clinton

For more information, visit ccwhidbey.com.

Unitarian Universalist Sunday Service

Sundays, 10:00AM
Unitarian Universalist Congregation, Freeland

All are welcome. Values-based children's religious exploration classes and childcare will be provided. Visit www.uucwi.org for more information. The Unitarian Universalist Congregation building is located at 20103 Highway 525, two miles north of Freeland.

Unity of Whidbey

Sundays, 10:00AM
5671 Crawford Road, Langley

If you're one of the "spiritual but not religious" people who questions your childhood faith or is looking for something more, Unity of Whidbey may feel like a homecoming. Visit their website: unityofwhidbey.org.

Whidbey Quakers

Sundays, 4:00-5:00PM
Unitarian Universalist Congregation, Freeland
Whidbey Islands Friends Meeting (also known as Quakers) meet in silent worship and community, with occasional spoken messages,

every Sunday at the Unitarian Universalist building. For more information, contact Tom Ewell at tewell@whidbey.com or go to www.whidbeyquakers.org.

First Church of Christ, Scientist

Worship, 10:00AM
Sunday School to age 20, 10:00AM
Wednesday Testimony Meeting, 2:30PM
Christian Science Reading Room
Tuesday & Friday, 11:00AM-3:00PM

The church and Reading Room are located at 721 SW 20th Court at Scenic Heights Street, Oak Harbor. Call 360-675-0621 or visit christianscience.com.

Services and Sunday School are also held at 10:30AM on South Whidbey at 15910 Highway 525, just north of Bayview and across from Useless Bay Road; testimony meetings are held the first Wednesday of each month at 7:30PM.

Galleries & Art Shows

Featured Artist: Sonja Bratz

Reception: Saturday, September 14, 2:00-5:00PM

Artworks Gallery, Greenbank Farm

Sonja's family first arrived to Whidbey Island nearly 100 years ago. Born in Bellingham, she spent her youth studying piano and violin. While backpacking around the country, she self-taught herself photography. She has now retraced the steps of her ancestors back onto Whidbey Island and calls the area home. Through the use of photography, she aims at capturing scenic and historic sites of the island. Please join the artists for light treats and beverages.

"The Stones of September" Mineral Wonders from Windwalker Taibi

Open House: Saturday, September 14, 2:00-5:00PM

Raven Rocks Gallery, Greenbank Farm

This month, Windwalker will be featuring semi-precious, hand-cut gemstones from his most recent studio work. Stunning quartz crystal clusters and individual specimens from his

North Carolina mineral prospect will be available for collectors and jewelry designers. Also new this month will be hand cut Whidbey Island beach stones ready to be worn as pendants.

Also featured this month is Susan Gunderson's remarkable Naked Raku collection of bowls, houses, lidded jars and much more.

Featured Artist: Beth B Johns

Through September
Garry Oak Gallery, Oak Harbor

Beth B Johns began photographing Whidbey Island and the area after she and her husband retired to Oak Harbor in 2013. Her interest and subject matter vary widely but her work consistently reveals her fascination with light and mood through landscapes and details in nature. She digitally enhances the quality of form, color and light in her photography because it was these aspects of nature that evoked her earliest sense of wonder with the world.

Meetings & Organizations

Republican Women of North Whidbey

Thursday, September 12, 11:30AM
Oak Harbor Elks Lodge, 155 NE Ernst St.

Summer is over and the 2020 election cycle is heating up. Join us for our monthly luncheon and learn how we can make our voices heard. Our guest speaker this month will be Wayne Crider, director of Skagit/Island County Builders' Association. Wayne will talk about housing construction in the general area, as well as economic conditions. Cost for the luncheon is \$15.

Greenbank Progressive Club Potluck Dinner & Meeting

Thursday, September 12, 6:00PM
Bakken & Firehouse Roads Clubhouse, Greenbank

There will be no speaker this meeting. It will be a catch-up of all the happenings with the club and just a general, post summer get together

and a chance to see and enjoy our newly restored hall. Meet and greet will be followed by dinner at 6:30PM. Everyone is invited and asked to bring a dish to share and their own table service.

For more information, please call 360-678-5562. For rental of the Greenbank Hall, please call 360-678-4813.

AAUW Whidbey Island

Saturday, September 14, 10:00-11:00AM
Coupeville United Methodist Church

Program features the TECH TREK Summer Science Camp rising 8th grade girls presenting their impressions of camp. Parents and interested public welcome to join us. Program is free. Raffle tickets will be on sale for a beautiful quilt, handmade by Marisa Leandro to raise funds for AAUW 2020 Sponsorships. Tickets cost: \$5/1 ticket; \$10/3 tickets; \$20/8 tickets.

Whidbey Island Genealogical Searchers (WIGS)

Tuesday, September 17, 1:00-3:00PM
Oak Harbor Lutheran Church, 1253 NW 2nd Ave.

New date and new location. Join us the third Tuesday of September at the Oak Harbor Lutheran Church to hear Jessica Aws from the Oak Harbor Sno-Isle Library speak to the group. All are welcome to join us for this educational program. For more information go to www.whidbeygensearchers.org.

Whidbey Island Camera Club

Tuesday, September 17, 6:00-8:00PM
Elaine's Photo Studio, 947 Ault Field Rd., Oak Harbor

The theme for September is photography at Ground Level. You may submit up three photographs for discussion during the meeting to xlimojohn@msn.com. Whidbey Island Camera Club, a community club, is open to the public. If you have questions please email tina31543@comcast.net.

WHAT'S GOING ON CONTINUED ON PAGE 12

Thank You, Gene's!



"When I purchased the painting on silk in an antique store over 35 years ago it had a plain, thin frame. Now, the frame and matting bring out the colors within and it's become a conversation piece. I've worked with numerous framers over the years and Gene's is by far the best."

Franji C.
Oak Harbor, WA



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Get ready to weather all weather...and more

By Kacie Jo Voeller Whidbey Weekly

Are you ready? The Island County Department of Emergency Management will present the third annual Emergency Preparedness Expo at North Whidbey Middle School this weekend to help islanders learn more about getting ready for a number of emergencies.

The event will run from 10 a.m. to 3 p.m. Saturday and will include kids activities, educational tours, guest speakers, coffee and more. The expo is free to the public and will cover topics such as hazards in Island County, emergency communication, utility safety, and various emergency preparedness measures.

Shelby Preston, who serves as the emergency management coordinator for Island County, said the event is a collaboration between area groups to promote awareness about emergency planning. Preston said a number of businesses and organizations will participate, including the local Community Emergency Response Team (CERT), Firewise, Island County Public Health, Puget Sound Energy, Home Depot, Ace Hardware, Big 5 and more.

"We are a really unique situation because we are on an island, and having our only ways of getting off the island being either by ferry or by bridge, that makes us a much more vulnerable community," she said. "So this event is to highlight the importance of preparing not just for what a lot of people think will be only a few days, but Island County is actually pushing for at least two weeks, if not a lot more than that, for preparedness in a potential disaster."

Preston said the event will cover a number of subjects, from earthquakes and severe weather to various other emergencies.

"We are focusing a lot on different types of emergency supplies and different local resources that are available to the community as well as emergency food and emergency water, such as filtration and preparing your water systems for disasters," she said. "We are also covering some more unique topics, such as preparing pets for emergencies as well as emergency preparedness for aging community members, because we do have a population that is a little older than a lot of other locations in Washington."

Preston recommends those who live in the area to try out the Island County Emergency



Photo Courtesy of Eric Brooks

The Emergency Preparedness Expo Saturday in Oak Harbor will provide information about both individual and community preparedness and cover subjects like what to put in an emergency go-kit.

Management app, available for Apple and Android phones.

"You can input how many people you have in your family and it will calculate a quick guideline preparedness plan," she said. "You can put in information such as different contact information, how many people are in your family, if there is any kind of medication, just to kind of help people start the process of planning for an emergency."

The department has also assembled lists for a basic emergency go-kit, which includes items such as important documents, spare clothes, a first aid kit and other items.

"We have different examples of what to put in a go kit for a backpack or a car kit that kind of encompasses earthquakes, severe weather or even a personal emergency like your vehicle breaking down on the side of the road," she said.

Jody Jeffers, who volunteers as the CERT coordinator for the Island County Department of Emergency Management, said the volunteers of CERT provide support for the event.

"CERT has always been a key player in the preparedness expo," she said. "The expo was originally designed to enhance the skills of those who have taken the class (for CERT), but it was such an awesome idea that we exploded into the entire Island County. We will have demos and drills at this expo as well."

Jeffers said Whidbey Island's unique location makes community preparedness a vital part of island life.

"We live on a wonderful island," she said. "The downside? We live on a wonderful island in a stormy state and in an earthquake zone. There is a high chance, such as just last

winter, where it is stormy and power goes out for an extended period. There is a high chance that if something severe, such as an earthquake, were to rough up the island, support from the mainland will be dramatically delayed. It will be up to you, as a citizen, to make sure you have the right education and tools to take care of yourself, your family, and your neighbors if needed."

According to Jeffers, community members can begin to be prepared in case of a natural disaster or other emergency.

"Get the Island County Emergency App for your phone," she said. "Take inventory of your pantry and slowly start to enhance your stock – a few cans of food when it's on sale will slowly grow to two weeks ready! Take classes, whether CERT or one of the many TED talks on preparedness. Talk to your neighbors, get to know which ones need an extra hand – elderly families or those with small children, for example. Come to the expo, learn about generators, proper sanitation, and more."

The preparedness expo will also offer citizens a chance to see emergency response teams run drills and learn more about the processes in place for various emergencies, Jeffers said.

"CERT will have a booth for meeting/greeting," she said. "We will also be having drills from noon to 3 p.m. working with the Red Cross, NAS (Whidbey) Fleet and Family (Readiness), and (the) Oak Harbor Fire Department. Stick around to watch our teams at work!"

Jeffers said one of the main focuses of the event this year is enhancing preparedness as a whole neighborhood or community.

"In any major disaster, emergency personnel are easy to overload with calls," she said. "You may not be able to get out of your neighborhood to get basic supplies, much less deal with any form of emergency. It really depends on your family and your neighbors to help one another out during a situation as such. We really want to ensure that people have the skills to not only care for their family, but the neighborhood they live in, and the community as a whole."

To learn more about the Island County Department of Emergency Management, visit islandcountywa.gov/DEM/. Information about CERT can be found at islandcert.org.

Mental health at the heart of community forum

By Kathy Reed Whidbey Weekly

Many health professionals will say one's mental health is just as important as one's physical health. It Takes a Village is a mental health forum and resource fair aimed at providing education on this topic, set to be held Thursday, Sept. 19 from 6 to 8:30 p.m. at Trinity Lutheran Church in Freeland. There is no cost to attend.

The forum is part of the Island County Community Health Improvement Plan and is being put on by members of the Interfaith Mental Health Committee, the Island County Suicide and Depression Group and is being sponsored by Sno-Isle Libraries.

"Mental health is important because we are realizing it is a multi-faceted subject that affects so many of us," said Jean Beers, a facilitator with the Interfaith Mental Health Committee. "People are concerned about family members and friends who show signs of mental illness and wonder what it is and what they can do about it."

According to statistics from the National Alliance on Mental Illness, one in five adults in America experience a mental illness; half of all chronic mental illness begins by age 14, 75 percent by age 24. Sixteen million adults in America live with major depression and just over 20 percent – 42 million – adults in America live with anxiety disorders.

Mental health disorders can lead to other problems, too, such as addiction, homelessness and even prison. Depression is the leading cause of disability worldwide, and serious mental illness results in more than \$193 billion in lost earnings annually

in America. Perhaps most sobering, 90 percent of those who die by suicide have an underlying mental illness.

Beers said it's time to start learning the facts about mental health and how to treat it.

"It is important because the stigma of mental illness is a barrier to understanding," she said. "When we have valid information about mental illness, the fear is reduced and we can help find ways to promote good mental health."

The Mental Health Forum is a great way to provide valid information about what mental illness is.

"Mental health issues are broad," Beers said. "Mild depression, compulsive behaviors, addictions, thoughts of suicide, severe mental health crises are just a few terms that describe a variety of issues."

"Mental health is like physical health," she continued. "When part of our body is ailing, we try to diagnose the problem and treat it for optimal health. If our body has a chronic ailment like diabetes, there are treatments that may require ongoing medication to achieve optimal health. If our brain has a dysfunction, we can seek a diagnosis and treatment to achieve optimal mental health that may also require ongoing medication."

Next week's forum will include information and resources on a wide variety of mental health issues and will also highlight assistance available locally.

"There will be an overview of mental illness, a parent's point of view and NAMI support, a personal journey through mental illness, child mental illness and suicide risk awareness, a ques-



A Mental Health Forum & Resource Fair

Learn about mental health education in our community.

As part of the Island County Community Health Improvement Plan, members of the Interfaith Mental Health Committee and the Island County Suicide and Depression Group present a mental health forum and resource fair.

Listen to a panel of speakers, participate in a Q&A session and visit the resource tables. Refreshments provided.

For teens and adults. Supported by Interfaith Mental Health Committee and the Island County Suicide and Depression Group.

Accommodations for people with disabilities will be provided upon request. Please contact your library with two weeks advance notice.

THURSDAY, SEPT. 19
6 - 8:30 p.m.

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CHURCH
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sno-isle.org



tion and answer session and a resource fair," explained Beers. "I hope anyone in the community who has deep concerns about family members or who just wants to know more about mental health would attend the forum and see the many resources we have here on Whidbey Island."

More information on mental illness in America can be found online at www.nami.org.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.

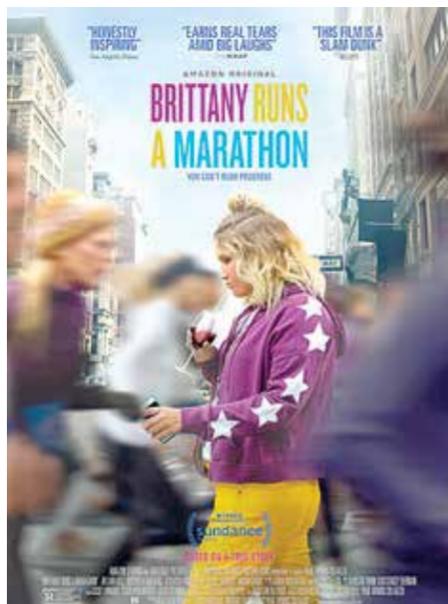


Film Shorts

Courtesy of Cascadia Weekly

By Carey Ross

Angel Has Fallen: Just when I forgot all about the existence of Gerard Butler, here he is. I gave some thought to learning what this movie is about, but it seems like a waste of effort, so I'll just go ahead and guess it's about as good as every other Gerard Butler movie. ★★ (R • 1 hr. 54 min.)



Brittany Runs a Marathon: Jillian Bell plays a fat woman who runs off the pounds in this film that is, to its credit, a lot more complex than other, similar stories in which being skinny is somehow an inspirational ideal rather than an arbitrary standard imposed by society and its ever-changing and largely meaningless principles. ★★★★★ (R • 1 hr. 44 min.)

Dora and the Lost City of Gold: The tagline for this first installment of what is sure to be a Dora the Explorer franchise is "Explorer is her middle name." Which is dumb because everyone knows her middle name is "the." Don't hold it against Dora or her movie, though. It's not their fault. ★★★★★ (PG • 1 hr. 42 min.)

Fast and Furious Presents: Hobbs and Shaw: It stars Dwayne Johnson, Jason Statham, Idris Elba, and an actual dame, Helen Mirren, so I could care less about its nonexistent plot, thinly drawn characters and reality-defying stunts. Give it all of the Oscars. Every last one. ★★ (PG-13 • 2 hrs. 15 min.)

The Goldfinch: Evidently, this movie is as hard to watch as the book was to read. (Sorry, Donna Tartt. "The Secret History" is one of my favorite books, so I swear it's not personal.) ★ (R • 2 hrs. 29 min.)

Good Boys: If you think watching a bunch

of overly precocious kids swear a lot is funny, have I got a movie for you.

★★★★ (R • 1 hr. 35 min.)

Hustlers: Lest you think Jennifer Lopez is nothing more than hit songs and husbands, she's here to remind you she's got acting chops for miles in her mesmerizing portrayal of a stripper with big ideas and a cast of co-conspirators including Constance Wu, Keke Palmer, Cardi B, and probably not nearly enough Lizzo. Anything you can do, J.Lo can do better.

★★★★★ (R • 1 hr. 47 min.)

It Chapter Two: This movie is predicated on the premise that if murderous Pennywise the clown shows up and starts offing people, the now-adult kids from the Losers Club will return to Derry and vanquish him once again. If I were one of those now-adult kids, that would be the hardest nope I ever noped.

★★★ (R • 2 hrs. 49 min.)

The Lion King: I didn't like this movie the first time around, so do your worst, Disney. Everything the light touches is your kingdom, after all. ★★ (R • 1 hr. 48 min.)

The Overcomer: Set against a backdrop of dire economic circumstances, a man, armed only with his Bible and a talented high-school athlete, overcomes something, thus being forever known as the Overcomer. It's possible I got some plot points wrong, but I'm pretty sure the thing about the Bible is spot on.

★★ (PG • 1 hr. 55 min.)

Ready Or Not: Everyone is commenting about the delightfully demonic turn by newcomer Samara Weaving as a bride who marries into a family with a seriously twisted take on hide and seek, but I'm here to remind you this horror-thriller also stars Adam Brody, aka Seth Cohen from "The O.C.," aka Dave Rygalski from "Gilmore Girls."

★★★★★ (R • 1 hr. 35 min.)

Scary Stories to Tell in the Dark: For anyone who grew up reading this series of short horror stories, all we want is for this film not to suck. And thanks to Guillermo del Toro, who is responsible for the story and the editing, it most assuredly does not suck.

★★★★★ (PG-13 • 1 h)

Spider-Man: Far From Home: First, you kill his mentor Tony Stark ("Avengers: Endgame" spoiler alert) and then you force him out of the MCU? Hollywood, we are in a fight now. Leave Spidey alone.

★★★★★ (PG-13 • 2 hrs. 9 min.)

For Anacortes theater showings, please see www.fandango.com. For Blue Fox and Oak Harbor Cinemas showings see ads on this page.

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Answers on page 15



Let's Dish!

with Kae Harris



ALL MUSHROOMS CAN BE MAGICAL!

While September is best known for being 'back-to-school' month, it's also known (whether you knew it or not) for being National Mushroom Month. I, personally, did not know this. Mushrooms are unique in that they are more closely related to the animal kingdom than they are the plant kingdom. When you research and learn more about the growth and survival mechanisms of mushrooms, it stands to reason from a biological point of view, they are more akin to animals than plants.

Fascinating, right? What we call 'mushrooms' are just a tiny part of a much larger fungi taxonomic tree. Likewise, the actual tangible mushroom is literally a small part of a bigger 'tissue' from which the mushroom originally came, and this typically grows underground. It's called the mycelium. It is a matrix of fine threads and for some species of fungi, can span across a surface area making up many hectares of land! In Europe alone, there are around 3,000 different species of fungi, of which 50 are safe for human consumption.

With this in mind - and I'm sure that doesn't really clear up what mushrooms truly are - just know although they are classified as vegetables in the food world, they aren't technically plants. Some kinds of mushrooms are actually really high in antioxidants, which promote better cell health throughout the body. They contain potassium, selenium, fiber and vitamin C which means in addition to aiding in promoting good cardiovascular health, they also help to regulate blood pressure. They're low in calories, contain almost no, if any, fat and will contribute towards your daily recommended intake of both protein and carbohydrates.

There is a common misconception about cooking mushrooms of which I was recently made aware. Traditional cooking methods for mushrooms saw to it they were kept dry, not soaked or rinsed, and then cooked in a really hot pan without overcrowding them. Because mushrooms are like little fungi sponges, the idea is they will soak up the water if you get them wet. As they already contain significant

amounts of water, if you crowd them in the pan or you get them wet and don't cook them fast enough, they will steam instead of brown - or so it was believed. What food scientists have found, however, is yes, a bunch of damp or wet mushrooms in a pan will initially begin their gastronomic adventure as a wet mess, but if you sauté them for a sufficient amount of time, the excess water does evaporate off and the mushrooms will brown. If you start off your mushroom dish with dry little fungal yummys and oil or butter, being the porous sponges they are, they will now, without the added water, absorb the fat in the pan and what you end up with is a serving of greasy shrooms that aren't anywhere nearly as nicely browned as they could be.

Very interesting indeed. So, it seems in order to get the best out of your mushrooms, you should either rinse them or add a little water to the pan so it can be soaked up and the excess cooked off. This way, if you do add a little oil or butter after the fact during the cooking process with this method (about a tablespoon per 8 oz. of mushrooms), it won't soak into the mushroom - there won't be any more room for it. Oh, the things you learn when you're looking for new recipes to try. Also, just as a side note, I've heard wet or 'crowded' mushrooms tend to have a more concentrated flavor. I'll have to see for myself when I next make something with them!

How long then, have humans been eating mushrooms? I mean, ancient cultures have long been consuming all kinds of psychoactive things from nature, but I'm not talking about those kinds of mushrooms. I mean the ones that just feed us from a nutritional standpoint. There is evidence out there to suggest our Stone Age ancestors consumed them. Apparently, anthropologists from Germany found mushroom spores clinging to the teeth of a prehistoric woman who they suggest lived some 18,700 years ago. I wonder how early humans figured out which were safe to eat and which weren't? Trial and error? Probably, but I guess the stakes were pretty high with that, so you'd have to be really brave or really hungry to use this method

of determining what's edible and what's not. In any event, the fact of the matter is our predecessors knew some species of mushrooms could be consumed for a variety of reasons. Whether medicinal, spiritual or purely nutritional purposes, mushrooms have been a part of the human diet for a little while now.

The most commonly eaten mushrooms in the world come from a species called Agaricus Bisporus. These frequently consumed fungi are cremini, white button and portobello. Actually, I should clarify here, because although these three look very different, they are the same mushroom, at different 'ages,' so to speak. White buttons are the youngest, then cremini, which then mature to become portobello. The flavor of these vary drastically too, as does the texture, with both deepening as they age - like all good things, including wine and people. Another really popular mushroom is the shiitake. These are undeniably delicious. With their chewy texture, that bite, and their meaty flavor, they pair with just about anything to which they're added. Their dried form has an exceptionally concentrated taste which is just marvelous when added to things like home-made ramen. Their savory, umami essence enhances the dish exponentially, as I found last year when I made my own ramen from scratch for the first time.

Whether it's dried or fried, mushrooms give a little something extra to a dish that it would not otherwise have. I know for many people these guys can be an acquired taste and some people just don't like them. That's totally okay! But for those who do, I am including a recipe for simple garlic butter mushrooms and I hope you like it as much as I do! Please send any and all comments, questions and certainly, recipes you would like to share to letsdish.whidbeyweekly@gmail.com and we can do exactly that and Dish!

Garlic Butter Mushrooms

- 1 lb button mushrooms
- 3 to 4 tablespoons butter
- 1 tablespoon garlic, minced
- 1 tablespoon chopped fresh parsley
- ¼ tsp dried basil
- salt and pepper

Rinse mushrooms and sauté in the pan over medium/high heat until mushrooms are tender and beginning to turn golden brown. Add the butter, basil and garlic and continue to sauté for about a minute to a minute and a half until the mushrooms are nice and golden. Season with salt and pepper, sprinkle with parsley, serve and enjoy!

www.nutritionadvance.com/types-of-edible-mushrooms/
 www.thespruceeats.com/a-new-way-to-cook-mushrooms

To read past columns of *Let's Dish* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.

WHAT'S GOING ON CONTINUED FROM PAGE 9

PBY Naval Air Museum

Wednesday, September 25, 11:30AM
 CPO Club, 1080 Ault Field Rd, Oak Harbor

The featured speaker at the monthly no-host luncheon will be Wil Shellenberger, museum president, who will relay his personal experiences visiting the Omaha Beach during the 75th anniversary of the D-Day landing. The public is invited to this event. Call 360-240-9500 for directions and more information.

For a list of continuous Meetings and Organizations, visit www.whidbeyweekly.com

Classes, Seminars and Workshops

Welcome to Medicare

Saturday, September 14, 10:00AM-12:00PM
 Coupeville Public Library

Join this free workshop to learn about Medicare plans A, B, C, D and Gaps along with low-income assistance. Presented by State-wide Health Insurance Benefits Advisors who volunteer for the state Office of the Insurance Commissioner.

Hearts Open to Real Lives: The Science of Gender

Saturday, September 14, 3:00PM

Langley United Methodist Church Fellowship Hall

Sunday September 15, 3:00PM

St. Stephen's Episcopal Church, Oak Harbor

The two workshop presentations are hosted by Whidbey PFLAG and facilitated by the Skagit PFLAG Speakers Bureau featuring Linden Jordan, Randi Breuer and Kathy Reim. The workshops will include basic diversity training and growing the understanding of gender identity. Diversity training covers basic terminology, respect and how to be an ally. Participants are encouraged to grow their empathy through humor, exercises and information. This fascinating presentation expands self-knowledge and builds a basis to understand the world of transgender people. For more information, email whidbepflag@gmail.com or call 360-331-1950.

It Takes a Village: Mental Health Forum & Resource Fair

Thursday, September 19, 6:00-8:30PM

Trinity Lutheran Church, 18341 SR 525, Freeland

Learn about mental health education in our community. As part of the Island County Community Health Improvement Plan, members of the Interfaith Mental Health Committee and the Island County Suicide and Depression Group present a mental health forum and resource fair. Listen to a panel of speakers, participate in a Q&A session and visit the resource tables. Refreshments provided. For more information, call 360-678-0559.

NRA Personal Protection Outside the Home Class

Saturday, September 21, 9:00AM-5:00PM

Sunday, September 22, 9:00AM-5:00PM

NWSA Range, 886 Gun Club Rd., Oak Harbor

Cost: \$50, includes a book

This class builds on skills already gained in other shooting classes and shooting styles, which the student must be able to show documentation or competency. The class also gives a thorough legal brief about the provisions of law pertaining to the ownership and use of a firearm. Defensive shooting skills are emphasized in this class. This class includes shooting on the NWSA Pistol Range. For questions or to register, go to nrainstructors.org and search 98277 to bring up the class. Additional information can be found at www.northwhidbeysportsmen.org.

Dining Guide

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CHICKEN LITTLE & THE ASTROLOGER

By Wesley Hallock

ARIES (March 21-April 19)



Keep in mind this week that the world is not a perfect place. Anything you get is going to involve a certain amount of sacrifice and work. Hard work will lift you up, and in the process, bring the world a little closer to that ever-elusive state called perfection. It's a beautiful system. If, with calloused hands and sweat on your brow, you remain aware of the beauty, congratulate yourself. You're well ahead of the game.

TAURUS (April 20-May 20)



Good fortune in your relationships, both business and personal, is the of root your security and stability this week. Luck will show its face at the time it--not you--deems appropriate. Your role is simply to be at all times what has been called "miracle ready." That means you are always open to the best life can bring, while remaining unfazed by surface appearances. The 12th, more than most, is such an "anything can happen" day.

GEMINI (May 21-June 21)



Despite your probable desire to speed things up, the world continues this week at the pace it will. All the foot-dragging that so annoys you may act on your behalf. By slowing down to smell the roses, you add a much-needed measure of safety and stability to an otherwise perilous journey. Also, the nuances that make life worth living are made clear. Subtle though these may be on the 12th, they keep you loose and light.

CANCER (June 22-July 22)



Where hard work and preparedness fall short of reaching a goal, happy circumstance will sometimes fill the gap, as every lottery win can attest. You probably won't win the lottery this week, but the odds of something happy landing in your lap are strongly in your favor. If you've worked hard and suffered long, so much the better. The law of averages says you're due to reap a reward. Things that don't happen on the 12th count just as much.

LEO (July 23-Aug. 22)



Your demonstrated ability to provide for your future is a matter of great pride this week. The pride factor may even be the key. When the cards fall your way, it's easy to be happy, but your edge comes from your willingness to fight when the cards are against you. The winds of optimism that presently billow your sails promise to carry you where you want to go. Trust them on the 15th, when an upward change of status is possible.

VIRGO (Aug. 23-Sept. 22)



Courage takes many forms. For you this week, courage may mean the confidence to parley your skills and knowledge into a working relationship that benefits all parties equally. This

ability to see the well-being of others as not separate from your own will distinguish you from the pack. Use it as you are able on the 15th. No matter what the immediate outcome, it's a practice sure to pay long-term dividends.

LIBRA (Sept. 23-Oct. 22)



You may be called upon this week to do for someone what they cannot do for themselves. Charitable acts you perform for others are just as much a boon to you. The good that a noble deed can return for all is virtually limitless. The more often you act from the heart, which is to say without thought for yourself, the greater the likely return. Such selfless giving is woven into the fabric of the 15th.

SCORPIO (Oct. 23-Nov. 21)



The confidence welling in your veins this week is well-placed, irrational though that may seem. The obstacles mounted against you might appear too much, but you're in a position to prove that appearances are deceiving. If push comes to shove, you may surprise even yourself at how capably you defend your position. Creative responses to unimaginative challenges make life a breeze of the 15th.

SAGITTARIUS (Nov. 22-Dec. 21)



The hardening process that your character is necessarily undergoing has driven people away at times, but such is not the case this week. Your growing inner strength is particularly attractive to some. Teaming up with someone so-attracted is a possibility now. Far from being a distraction, such a partnership can play an important role in your character building. Treat the 15th accordingly.

CAPRICORN (Dec. 22-Jan. 19)



Collaboration continues to be a useful way forward for you this week. Fortune seems to smile brightest when you're actively engaged in cooperative ventures that tap the talents and creativity of others. The whole, in this case, easily exceeds the sum of the parts. Quality social contact is your best safeguard against the erroneous ideas that isolation grows. Orient yourself accordingly on the 15th.

AQUARIUS (Jan. 20-Feb 18)



The urge to stretch your wings and try something new and daring could strike at any time this week. It's hard to resist pushing a little farther when the known becomes too familiar and boring. Even so, don't expect everyone in your life to understand and agree with your actions. The resistance you encounter in pursuit of your fancy could be spectacular. Is a fleeting thrill worth the bother? That's for you to decide on the 15th.

PISCES (Feb. 19-March 20)



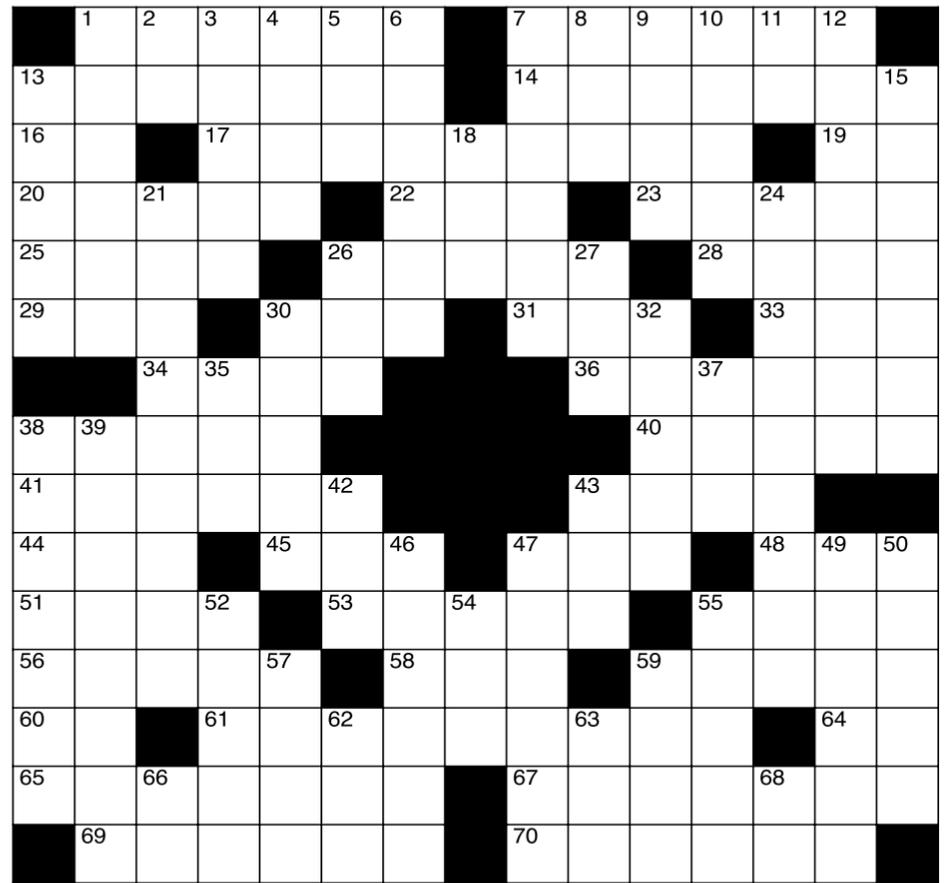
You're good to go in any direction your heart desires this week. A harmonious relationship may incline you to pursue its sweet dynamic further. If so, be careful that you don't upset the practical underpinnings of your life. Ignoring business to pursue pleasure invites disaster if you carry matters too far. Any good fortune you enjoy stems from your willingness to work hard and put security ahead of all on the 15th.

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Chicken Little looks at what is and fears the sky is falling. Wesley Hallock as a professional astrologer looks at what is and sees what could be. Read Wesley's monthly forecast, with links to Facebook and Twitter, at www.chickenlittleandtheastrologer.com. To read past columns of Chicken Little and the Astrologer in the Whidbey Weekly, see our Digital Library at www.whidbeyweekly.com.

Crossword Puzzle



CLUES ACROSS

- Study of sight
- Becomes less intense
- Juicy, soft fruit
- A great ape
- All-time NY Giants great
- Big Apple native
- Home of the Flyers (abbr.)
- People stand in them
- Automotive legend lacocca
- Influential linguist
- ___ and Andy, TV show
- Wives (law)
- Discriminating
- Star Wars hero Solo
- Married woman
- A digital tape recording of sound
- Chinese dialect
- Angolan monetary unit
- A type of sheen
- "Ash Wednesday" poet
- Nobel Prize-winning chemist
- Spoke angrily
- Separated with a tool
- Relative biological effectiveness (abbr.)
- Actors' group

CLUES DOWN

- A type of ship (abbr.)
- Bar bill
- Romanian city
- Greek sorceress
- Small water bird
- Tropical Asian plants
- "Unforgettable" singer
- Belonging to a bottom layer
- Potato state
- A toy that spins
- "A-Team" character
- Ornamental molding
- Covers again
- Poets write them
- Appear
- Popular mid-size Kia
- Image management (abbr.)
- Prongs
- Cools
- It produces milk
- Trends
- Concurred
- Chinese cabbage ___ choy
- Greek war god
- Straits along the Red Sea
- Railway
- Washing with water
- Supreme being
- Ductless gland

- Parts producer (abbr.)
- Not arranged in a straight line
- Red sweet peppers
- Famed protest yacht
- Drain
- Distributes
- Small, savory dishes
- Web of Things (abbr.)
- Defunct aerospace company
- Lacking consistency
- Type of retriever
- Barrier
- Senior officer
- Categories
- Call it a career
- Suitable for growing crops
- High jumping legend lolanda
- Hairy
- Dish made with lentils
- TNT broadcaster Craig
- Used to align parts
- Cold, dry Swiss wind
- Water in the solid state
- A great play
- Atomic #45 (abbr.)
- Big shot lawyer (abbr.)

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, Sept. 12	Fri, Sept. 13	Sat, Sept. 14	Sun, Sept. 15	Mon, Sept. 16	Tues, Sept. 17	Wed, Sept. 18
North Isle H-70°/L-57° Partly Sunny	North Isle H-68°/L-57° Mostly Cloudy	North Isle H-66°/L-54° Chance of Showers	North Isle H-61°/L-45° Showers Possible	North Isle H-62°/L-50° Partly Sunny	North Isle H-66°/L-50° Partly Sunny Possible Shower	North Isle H-66°/L-49° Mostly Sunny
South Isle H-72°/L-57° Partly Sunny	South Isle H-68°/L-56° Showers Possible	South Isle H-65°/L-54° Chance of Showers	South Isle H-65°/L-49° Cloudy	South Isle H-64°/L-52° Partly Sunny	South Isle H-69°/L-52° Partly Sunny Possible Shower	South Isle H-69°/L-52° Sunny



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\$36⁹⁵ Includes 4X4 & SUV

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- ✓FREE Transfer Case & Fill
- ✓FREE Windshield Washer Fluid & Fill
- ✓FREE Battery Fluid & Fill
- ✓NEW Oil & Oil Filter
- ✓LUBE Chassis
- ✓INFLATE Tires
- ✓VACUUM Interior
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- ✓Wiper Blade
- ✓Air Filter
- ✓Belts & Hoses
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Most cars up to 5 qts. 5W20, 5W30, 10W30. Other grades extra. Some filters cost extra. Vehicles with Skid Plates may be extra. Plus \$1 Environmental Disposal Fee.

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- Inspect Belts & Hoses
- Inspect Exhaust System
- Check Charging System
- Test Ignition Cables
- Tire Rotation & Balance
- Inspect Suspension
- Check all Fluids
- Test Anti-Freeze

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GARAGE/ESTATE SALES

Moving Sale: Saturday, Sept. 14, Sunday, Sept. 15 and Monday, Sept. 16, 9am-4pm, 703 Perkins St, Coupeville. Sale will continue every weekend until it's gone!

ANNOUNCEMENTS

Hidden Pearls Gallery, 901 Grace St, Coupeville: 30% OFF EVERYTHING! Open Wed-Sun, 10am-5pm. Will be closing end of Sept.

Pregnant? Need baby clothes? We have them and the price is right—FREE. Pregnancy Care Clinic, open most Wednesdays and Thursdays, 10am to 4pm. Call 360-221-2909 or stop by 6th and Cascade in Langley.

Be the difference in a child's life and become a foster parent today! Service Alternatives is looking for caring, loving, and supportive families to support foster children. 425-923-0451 or mostermick@servalts-cfs.com

The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/NorthPugetSound-DragonBoatClub?ref=hl

Medical Marijuana patients unite; If you need assistance, advice, etc. please contact at 420patientnetworking@gmail.com. Local Whidbey Island help.

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed. Victim Support Services has advocates ready to help. Please call the 24-hr Crisis Line 888-388-9221. Free service. Visit our web site at <http://victimsupportservices.org>

VOLUNTEER OPPORTUNITIES

College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the PBY-Naval Air Museum. Go to www.pbymf.org and click on "Volunteer" or just stop by and introduce yourself.

Imagine Oak Harbor's first Food Forest, Saturdays 11am-3pm, at 526 Bayshore Drive. Each week, we have volunteer opportunities available to help care for our community garden, share organic gardening tips, and learn Permaculture principles. All ages and skill levels welcome. Schedule can change due to adverse weather conditions. If you have any questions, please contact us at: imaginepermacultureworld@gmail.com

Mother Mentors needs volunteers! Oak Harbor families with young children need your help! Volunteer just a couple of hours a week to make a difference in someone's life! To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

Looking for board members to join the dynamic board of Island Senior Resources and serve the needs of Island County Seniors. Of particular interest are representatives from North Whidbey. For more information please contact: reception@islandseniorservices.org

JOB MARKET

Full-time/Permanent Garden Center Manager: We are seeking a professional, experienced person to lead our outside Nursery Team. Looking for applicants with relevant experience, self motivation, and help.

How'd you do?

4	9	1	6	5	3	2	8	7
2	5	7	9	8	1	3	6	4
8	6	3	2	4	7	9	1	5
9	2	4	7	3	8	1	5	6
5	3	8	1	6	2	4	7	9
7	1	6	5	9	4	8	2	3
1	7	5	3	2	9	6	4	8
3	8	2	4	7	6	5	9	1
6	4	9	8	1	5	7	3	2

Foster Homes Needed!

Family Tails Dog Rescue needs foster homes! We can't save dogs from high kill shelters without homes for them to stay at while they wait to find their forever home. 1 week to 3 months, a fun and rewarding way to be involved with rescue and also have a dog without the full time commitment. We pay for everything, you just provide the love and the home. Please call 360-969-2014 for more info or for an application.



commitment. Northwest plant, tree and shrub knowledge is required, as well as previous buying experience. Supervisory and retail experience are a plus. Primary job will be to order weekly plant and hard goods order, assist customers with their selections and be involved in BBQ sales. Need to be willing to work outdoors in any type of weather. Will be supervising a team of 3-5. Qualified candidates please stop by with your resume (with references) and a cover letter, and fill out our application at: Freeland Ace Hardware, 1609 E. Main St, Freeland, WA 98249 (1)

Fulltime Floor Sales Associate: If you have paint, tool, plumbing, or electrical product knowledge, love hardware, and crave the full-time retail career experience then we'd love to hear from you. Working Saturdays and Sundays are required. Must be able to lift 40-50lbs. Qualified candidates, stop by with your resume (with references) and a cover letter, and fill out our application at: Freeland Ace Hardware, 1609 E. Main St, Freeland, WA 98249 (1)

CLOTHING/ACCESSORIES

Handsome hand-knit alpaca wool sweaters from Bolivia, one men's size M, one men's size L, \$35 each, or best offer. Men's work outfit: RAIL CHIEF size 42, Union Made, Sanfor-

ized, \$10. Photos available, call or text 360-320-0525.

ELECTRONICS

AOC HD 22-inch computer monitor, \$50. Call 360-678-2207 (1)

HOME FURNISHINGS

House plants: small \$5 each, larger floor plants \$20 each; Ceiling mount light with beveled glass, classic, flush mount, 16 pieces of high quality beveled crystal glass, eight clear glass bulbs, \$35; Swopper is an ergonomic office chair that enables movement in all three dimensions to provide balanced support for your lower back, \$295; Beautiful blue stained-glass lampshade in pyramid shape, 13-1/4" along each lower edge, 10-3/8" along side edges (from top to bottom), \$25 or best offer; Two low, upholstered occasional chairs, in thin, muted shades of rust, peach, cream, and light cinnamon velveteen corduroy, \$30 each, or both for \$50. Photos available, call or text 360-320-0525.

LAWN AND GARDEN

Natural Barnyard Topsoil: Good for flower beds, gardens, etc. Unscreened, 10 yard load, \$225 delivered. South Whidbey, 360-321-1624

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Looking for Xmas, Bday, Father's Day, or just Gifts in general? These are LOCAL made crafts, I have about 50-60 of these available. They are \$16 ea, plus shipping if you want them mailed. CASH preferred. Dimensions are: 5-6"W X 17"L. Contact me at ljohn60@gmail.com.

RECREATION

Camping items: Old (but clean) Thermos 1-gallon jug, \$5; Versatile backpack, the two parts can be used separately, or (for more serious backpacking) together, \$15 obo. We have photos. Call or text 360-320-0525.

Water sports accessories including gloves, hats, and footwear, many are neoprene, \$5 each (or per pair); Cabela's heavy-duty duffel, 31" L x 16" W x 17" H, sturdy base covered in canvas, two wheels in back for easy transport, never been used, in pristine condition, \$40 or best offer; Penn Fathom Master 600 downrigger, includes stainless steel wire and 10-pound ball, in excellent condition, \$115 or best offer. Photos available, call or text 360-320-0525.

Golf clubs, excellent condition, each has its own head cover: BAT stand alone putter, RH, 35", \$50; L2 stand alone putter, RH, 33", \$50. Photos available, call or text 360-320-0525.

ANIMALS/SUPPLIES

Excellent grass hay, good for horses, \$7 per bale. 20 bale minimum. 360-321-1624
Round bales of grass feeder hay, barn stored. 360-321-1624

If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

WANTED

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298
Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor, call 970-823-0002

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No Cheating!

	O	P	T	I	C	S		A	B	A	T	E	S		
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Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



Business Spotlight



Putting Heart into Quality Service

Paul and Heidi Kuzina and the staff of Whidbey Memorial Funeral Home consider it an honor to serve the community of Whidbey Island and beyond. Believing each person is a unique creation, they realize honoring the life of a loved one can be done in a variety of ways. Whether it is expressed through time honored traditions or new and contemporary ideas, they will work with the families they serve to bring forth a fitting remembrance of each person's life. They are experts at guiding clients through the maze of decisions that inevitably come with the loss of a loved one, and they do it with the utmost compassion, dignity, respect and integrity. They definitely are gifted at "putting heart into quality service."

"Warm," "comforting" and "homelike" are words that have been frequently used to describe the simply-stated elegance of their gracious facility. When families step into Whidbey Memorial, they are immediately greeted with a sense of genuine caring. Paul and Heidi are blessed to have Edie Silvey and Elizabeth Lee as part of the team at Whidbey Memorial, which helps to create this atmosphere. Indeed, the lighthouse in their logo attests to the beacon of light Whidbey Memorial has become to grieving families on Whidbey Island and beyond.

Whidbey Memorial has steadily gained an honorable reputation through the tests of time for providing distinctive, dignified and dedicated service to the bereaved.

To learn more about the services Whidbey Memorial offers, call them at 360-675-5777, visit www.whidbeymemorial.com or stop by at 746 NE Midway Blvd. in Oak Harbor.

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