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ON TRACK

with Jim Freeman



Hello. My name is Jim Freeman, and I approve this column. If for any reason this column offends, we recommend brain washing, not to be confused with water boarding or water skiing.

Remember our motto—

Write when you find work.

Daylight saving

Why do we spring forward this Sunday at 2 a.m.? Apparently, the concept is based on the idea that doing so gives us a better use of our natural daylight.

By the way, I learned something doing this research. The term is "daylight saving" without an s on saving. There goes my piggy bank.

Who thought of this daytime saving business, anyway?

According to *The Old Farmer's Almanac*, a source of outstanding information since 1792:

"Credit for Daylight Saving Time is often attributed to Benjamin Franklin, who suggested the idea in 1784 as a joke. British-born New Zealander George Hudson proposed the concept in 1885 but was ridiculed. The idea was revived in 1907, when William Willett, an Englishman, proposed a system in the pamphlet, *The Waste of Daylight*.

The Germans were the first to officially adopt the light-extending system in 1915 as a fuel-saving measure during World War I. The British switched one year later, and the United States followed in 1918, when Congress passed the Standard Time Act, which established our time zones. This experiment lasted only until 1920, when the law was repealed due to opposition from dairy farmers (cows don't pay attention to clocks).

During World War II, Daylight Saving Time was imposed once again (this time year-round) to save fuel. Since then, Daylight Saving Time has been used on and off, with different start and end dates. Currently, Daylight Saving Time begins at 2 a.m. the second Sunday of March and ends at 2 a.m. the first Sunday in November."

Two Ph. D. professors at John Hopkins have been working on a new calendar for several decades.

Their concept is fine by me. The first day of the year, Jan. 1, will always be a Monday.

The dates of the month will stay the same days every year.

Imagine, your birthday could always be a Friday, or a Tuesday.

These professors do away with Oct. 31. Halloween gets moved.

No more Friday the 13th either. The 13th of each month will always be a Saturday.

No more Leap Day every 4 years. Born Feb. 29, Dinah Shore and Jimmy Dorsey will have to change their birthdays.

Methinks the calendar lobby will never let this proposal happen. Imagine owning a life-time calendar. The same pictures over and over again. Dental appointments crossed out, over and over again.

I just wish Presidents Day could be abolished. Remember when we got out of school twice in two weeks to celebrate the birthdays of Washington and Lincoln?

If every president had a special day, it would free up 45 days a year. Forget duplicate birthdays. More time off for the postal service.

Toss in the celebration of birthdays for all the vice-presidents, and boy, what a country. Think of all we would learn about those great public servants who never got credit for doing anything.

Did they do anything?

Who is your favorite vice-president?

I know. I don't have one either.

Girl scout cookies

Last Sunday's *Seattle Times* reprinted a *Washington Post* article by Emily Heil who summarized the results of a panel of experts who decided which girl scout cookies are best.

Given my reluctance to have eye contact with any child or adult selling anything outside a merchant's door, I stopped buying those cookies many years ago, particularly after reading their contents.

In case you are enjoying a cucumber sandwich on organic bread right now, I will not interrupt your gluten-free glee with a recitation of ingredients.

The following results, based on the taste buds, teeth and salivatory skills of the testers, reminded me my all time fave, Savannahs, is no longer available.

Had I known, I would have stockpiled Savannahs in the 60s.

Whoever was on the abolishment committee must not have liked peanut butter. Maybe an allergy?

With my allergy to corn starch, modified food starch, and anyone who smells of Bounce, I am unable to eat girl scout cookies of any flavor.

Dough roll, please, in reverse order with judges' low-lights:

#9-Toffee-Tastic: rice flour swells with water

#8-Trefoils: shortbread is boring to a 10-year-young

#7-Girl Scout S'mores: faux marshmallow texture

#6-Lemon-Ups: fake lemon aroma meets dry mouth

#5-Tagalong: melts on your hand and on your pants

#4-Lemonades: manufactured lemon meets pretty design

#3-Do-Si-Dos: salty/sweet peanut butter combo

#2-Samoas: ring-shaped delight with chocolate, caramel, and coconut

#1-Thin Mints: vegan discs of mint-infused chocolate

Two pastry chefs and three girl scouts crunched their way through the nine flavors. The results may be different for you and your family, but what a great way to have a party.

Buy everything the girls sell in front of their smiling mothers. Go home. Cover the kitchen or dining room table with towels and have at it.

Cookies galore. Chomp, chomp. Rate the cookie. Enjoy the sugar. Rinse and repeat.

I can even have my own party. I can fly solo with nine boxes of the cookies and just binge away.

After all that dessert, for my entree, a homemade Benadryl omelet.

Thank you

The South Whidbey Schools Foundation all-star chef gathering fundraiser Monday night at Gordon's on Blueberry Hill was a sold-out success. Congrats to Shelley Ackerman and her dynamite board for helping spearhead so many crucial programs to benefit our kids.

Laura Canby's superb web site for the foundation is www.swsfoundation.org featuring many videos to help educate and inform us all about satisfying and filling the needs of our teachers and students.

Neighborhood survey

Given the infrequency of real mail in today's postally challenged world, I was a bit excited to see a return address on a recent letter. All it said was *neighborhood survey*.

Doesn't one have to see one's neighbors to live in a neighborhood? With all these Doug firs and alders, who sees neighbors?

Anyway, I opened the envelope, curious as to the sender. My curiosity stopped at "Neptune Society."

Neighborhood?

Do they know something I don't know?

The postage paid return envelope is addressed to Cremation Information Center at a post office box in Kutztown, Pa.

There is a business card I would love to have for my collection.

While I realize and embrace the benefits of this service, I am somewhat taken back by the first sentence of the neighborhood survey.

"We need your help."

Why didn't they call first? Of course, their letter, starting with *Dear James* only means they got my name from a mailing list or they knew our grandma.

I was named after her father, James, not the disciple.

While there are no neighborhood questions in this survey, I did return the questionnaire so I could receive a FREE Cremation Answer Book.

My first question – how did you get my name?

My second – where is my neighborhood?

My third is not a question – please remove me from your "failing list."

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at www.whidbey-weekly.com.

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Publisher.....	Eric Marshall	Contributing Writers
Editor	Kathy Reed	Jim Freeman
Marketing Representatives.....	Penny Hill, Noah Marshall	Wesley Hallock
Graphic Design	Teresa Besaw	Kae Harris
Production Manager	TJ Pierzchala	Tracy Loescher
Circulation Manager.....	Noah Marshall	Kathy Reed
		Carey Ross
		Kacie Jo Voeller

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when markets move.**

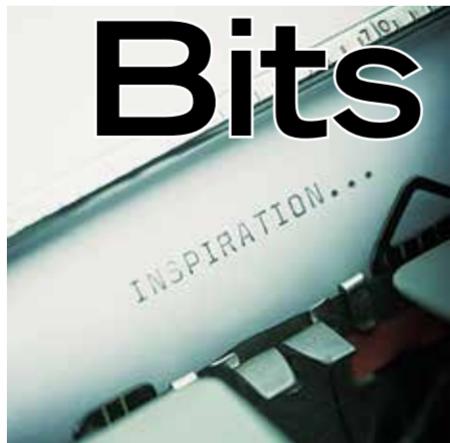
Some investors have learned how to ride out the most stomach-churning market cycles. Others follow the urge to jump out mid-ride. So what can you do to play it smart in a roller coaster of a market?

For starters, you can turn to us. We can help you find a clear way forward before fear or concerns take over with a strategy tailored to your situation. In our experience, perspective is the ticket to helping endure the ups and downs as you pursue your financial goals.

What direction is the market headed now? Attend a complimentary workshop on the Coronavirus and Market Volatility on Monday, March 9th at 3:00 pm and 6:00 pm at the Elks Lodge, 155 NE Ernst St, Oak Harbor.

Financial Advisor
Scott Dudley, AAMS
32650 SR 20 Suite C-101
Oak Harbor WA 98277 • 360.279.9649
scott.dudley@finishlinefinancial.net
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Bits & Pieces

Big Brothers Big Sisters of Island County Hires New Match Coordinator Sarah Gannon



Big Brothers Big Sisters of Island County (BBBSIC) announced Sarah Gannon has joined the organization as the new Match Coordinator. She began serving in her new role Feb. 18.

"Sarah's vast experience, diverse skills and abounding enthusiasm are a desired addition and noteworthy asset to our organization. We are delighted to welcome her to our team," states Executive Director Tiffany Scribner.

Gannon brings over 10 years of experience in human services, working with children and families, providing supervision, event planning, and administrative support. Most recently, she served as a targeted case manager and administrative support at KidsPeace in Maine, a nonprofit organization providing support to foster children, as well as low-income families.

"I am passionate about working with children, families, and their support system to improve their lives. Working with BBBSIC to support their mission of defending children's potential is something I wholeheartedly believe in and am excited to contribute to."

Gannon holds a Master of Science from the University of Vermont, and a Bachelor of Science from Eastern Washington University. She grew up in Washington and recently moved back to the state after living in New England for nine years. Gannon plans to move to Whidbey Island to further support the community.

About Big Brothers Big Sisters of Island County

Through the support of individuals, foundations, and corporations, BBBSIC has been changing the lives of children facing adversity since 1999. By matching children, ages 6-16, with caring, adult role models, BBBSIC is giving youth dependable friends who help expand horizons, ignite their potential, and enrich their futures. Independent research shows positive mentorship has a direct, measurable, and lasting impact on children's lives. All contributions enable BBBSIC to continue to support and foster current match relationships while providing more local children with life-changing mentors. Approximately \$1,500 funds the establishment of a new one-to-one match relationship for one year.

To learn more, become a mentor, donate and/or offer support, please visit <https://bbbsislandcounty.org> or follow BBBSIC on Facebook, Instagram @bbbsislandcounty, and Twitter @bbbsic.

[Submitted by Tiffany Scribner, Executive Director, Big Brothers Big Sisters of Island County]

High School Senior Scholarship Deadline

Completed applications for the Whidbey Audubon Society Renee Smith Conservation and Environmental Studies Scholarship are due Friday.

Whidbey Audubon Society (WAS) is offering three scholarships, totaling \$5,000, to 2020 graduates of South Whidbey, Coupeville and Oak Harbor high schools. Scholarship information and applications are available at each high school counseling center and on the Whidbey Audubon Society website, www.whidbeyaudubon.org/scholarships.htm. These scholarships are offered to students with a high interest in pursuing environmental studies and its related fields at a four-year college or university.

The Whidbey Audubon website also has inspiring biographies of all previous WAS scholarship recipients. Check it out under the "About Whidbey Audubon" menu and pass the word.

[Submitted by Susan Prescott, Whidbey Audubon Publicity Chair]

A Journey with Dr. Burney

The Salish Sea Early Music Festival presents "Journey with Dr. Burney," featuring Montreal cellist Susie Napper, German harpsichordist Hans-Jürgen Schnoor and baroque flutist Jeffrey Cohan Saturday at 7:30PM. The performance will be held at St. Augustine's in-the-Woods Episcopal Church, 5217 South Honeymoon Bay Road in Freeland.

This is the third of this season's seven performances extending through May 16, featuring some of the finest period instrument specialists from North America and Europe in chamber music from the Renaissance through Beethoven, all on period instruments.

Music historian Charles Burney (1726-1814) met Handel, Haydn, CPE Bach and many of Europe's celebrated composers over the course of his life and traveled extensively through France, Italy, Austria and Germany between 1770 and 1772 to interview musicians and gather information for his "History of Music." The breadth of national and evolving musical characteristics he encountered will be reflected in chamber music by composers including George Friderick Handel, Carl Philipp Emanuel and Johann Christian Bach, Frederick II of Prussia, Franz Joseph Haydn, Franz Benda and Giovanni Battista Sammartini.

Admission is by suggested donation: \$15, \$20 or \$25 (a free will offering), and those 18 and under are free. For additional information please see www.salishseafestival.org/whidbey or call the church at 360-331-4887.

[Submitted by Jeffrey Cohan]

Outcast Productions Presents a New Take on a Familiar Story: "Snow White and the Magnificent Seven," by Damien Trasler, David Lovesy and Steve Clark

Outcast Productions, in partnership with Never Too Late Productions, and directed by Melinda Mack, is presenting a hilarious, localized version of a classic story. Journey back to the Old West (well, Western Langley, anyway), when evil Drusilla Blackheart and One-Eyed Slim conspire to do away with Snow White.

It's up to Sheriff Vince Charming, Nanny Oakley and Silly Billy the Kid to come to the rescue. Aided by seven former gunslingers and a flatulent horse, our heroes must overcome treachery, a free-range chicken and cows on the run to save the day.

Never Too Late Productions is a group where everyone is at least 50 years old. It's adult humor but fun for kids and anyone who enjoys silliness.

The show runs March 13-28, tickets are \$14 for students/seniors (62+) and \$18 for adults. All tickets for the Thursday, March 26 performance are \$12. Purchase tickets by credit card at www.brownpapertickets.com/event/453356 or email Outcast Productions at ocp@whidbey.com to reserve tickets and pay at the door by cash or check.

Doors open 30 minutes prior to each performance. For more information about OutCast Productions, visit www.OutCastproductions.net. To be on the patron email list, please go to the website and click on the "Join Us" tab.

[Submitted by Carolyn Tamler]

Whidbey Island Center for the Arts Presents "The Photographer," an Opera by Philip Glass

Love. Murder. Madness.

Whidbey Island Center for the Arts (WICA) presents Philip Glass' experimental opera, *The Photographer*, March 20-22.

The 1982 opera, featuring a live orchestra, modern dance, and multi-media focuses on the story of photographer Eadweard

Women May Need Extra Steps To Reach Financial Security

International Women's Day 2020 is observed on March 8. This special day celebrates the social, economic, cultural and political achievements of women. Yet, women still face gender barriers as they seek to achieve their financial goals. How can you address these challenges?

To begin with, you need to be aware of what you're up against. The wage gap between men and women has closed somewhat, but it hasn't disappeared. Full-time female employees earn about 82 percent of what men earn, according to the Census Bureau. Over a 40-year career, a woman who worked full time would lose, on average, more than \$400,000 because of this wage gap, according to the National Women's Law Center.

Furthermore, a woman turning age 65 today can expect to live, on average, until age 86.5; for a 65-year-old man, the comparable figure is 84. Those two and a half years can amount to a lot more living expenses.

Plus, by taking time off from the workplace to raise children and care for elderly family members, women often end up with lower balances in their 401(k)s and IRAs than men.

So, what can you do to help even the playing field, in terms of building adequate resources for retirement? Here are a few suggestions:

- Contribute as much as possible to your retirement plans. During your working years, put in as much as you can afford to your 401(k) or similar employer-sponsored retirement plan. Most people don't come anywhere near the 401(k) contribution limit (which, in 2020, is \$19,500, or \$26,000 if you're 50 or older), and you might not be able to reach it, either, but strive to do the best you can. And every time your salary increases, bump up your annual contribution. If you are able to "max out" on your 401(k), you may still be able to contribute to an IRA. If your income exceeds certain limits, you can't contribute to a Roth IRA, which offers tax-free withdrawals of earnings if you meet certain conditions, but you may still be able to fund a traditional IRA, although the tax deductibility may be reduced or eliminated.

- Use Social Security wisely. You can start taking Social Security as early as 62, but your checks can be larger if you wait until your full retirement age, which will likely be between 66 and 67. And if you're married, you may be able to choose between claiming your own benefits or receiving 50% of your spouse's benefits, which could help you if your spouse has considerably higher earnings. (Your spouse does not lose any benefits if you choose this route.)

- Look for every opportunity to save and invest. As mentioned above, women often lose out on some retirement savings when they take time away from the workforce to raise families and eventually become caregivers for elderly parents. But even if you aren't working full time, it doesn't mean you have no chance to boost your retirement savings. If you can do any paid work, whether it's part time or as a consultant, you can contribute to an IRA – and you should.

It's not easy to overcome the structural disadvantages women face when seeking to reach financial security. Taking advantage of the savings and investment possibilities available can help you make progress toward your goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Jeffrey C. Pleet,
CLU®, ChFC®
Financial Advisor

630 SE Midway Blvd.
Oak Harbor, WA 98277
(360) 679-2558
jeffery.pleet@edwardjones.com

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

Letters to the Editor

Editor

Our property taxes just increased by about \$750 (19 percent) per year. We would like to thank the voters and out-of-control politicians for making this happen. As usual, the law of unintended consequences rears its head: Limited by a fixed income, the money has to come from somewhere, so our donations to charities and foundations will have to cease.

It's no secret private operations can out-perform government agencies by magnitudes. The donations we chose were carefully picked for their performance, but now we get to "donate" into a bottomless pit of bureaucracy, soon to be made even worse by runaway greed in Olympia.

To all of the groups we tried to support, we apologize. Your work is necessary and productive, and we would like to think our donations made a difference.

Rick and Kevin Kiser
Oak Harbor, Wash.

WhidbeyHealth Appoints New Chief Nursing Officer

Newly hired Chief Nursing Officer, Erin Wooley RN, MSN, CENP, arrived at WhidbeyHealth in January with 12 years of leadership experience in acute inpatient and outpatient care under her stethoscope. Erin enters a room with a big smile, palpable positive energy and an undeniable "how-can-I-help-you" attitude.

A native Texan, Wooley received her Bachelor of Science in Nursing from Tarleton State University and a Master of Science in Nursing Administration from the University of Texas at Arlington. She also achieved a Nursing Executive certification from the American Organization of Nurse Leaders and was honored to be recognized with the "2018 Making a Difference" award at Estes Park Health.

Wooley understands the importance of access to healthcare in rural settings. For the past six years, she served as the Director of Medical/Surgery, Case Management, Outpatient Infusion, Wound Care and Respiratory Therapy at Estes Park Health in Estes Park, Colo., a 23-bed critical access hospital.

"Estes Park Health is where my passion for critical access/rural healthcare began," says Wooley. "I was pleased to serve as the Interim Chief Nursing Officer during a period of transition for the organization."

Wooley says she saw the commitment of WhidbeyHealth staff from her first contact here. "I am impressed with the quality of care provided at WhidbeyHealth and by the people providing it." She is on track to support her staff in providing the highest quality care to patients every day.

"When I see a recent patient at the grocery store or at church or the dog park, I feel immensely proud knowing we gave them exceptional care," Wooley says.

"Every day brings the opportunity to deliver extraordinary services to our neighbors and families here on Whidbey Island." She reiterated one of the most important tenets of WhidbeyHealth's purpose:

"We are poised to provide exceptional care, given by exceptional people, right here at home.

[Submitted by Patricia Duff, Public Relations Officer, WhidbeyHealth]



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



Muybridge whose motion studies of people and animals made him famous, and whose murder of his wife's lover made him notorious.

The act of violence and its aftermath were never the emphasis of the original opera, although all the elements were included. Director Tim Everitt re-organized the original material to create a linear story of Muybridge's obsession that led to his mental collapse, all without changing the music or the essential three act structure of the opera. "Tim has done a beautiful job working with the visual elements and staging to tell the story, the huge, tragic love story so many operas have," says WICA Artistic Director Deana Duncan. "Snippets of the story are now spread through the piece, and suddenly there's a narrative thrust the original staging never had."

"Whidbey Island is the perfect incubator for this project," says Everitt. "The most devoted of opera fans will make the effort to take the easy commute from the metro areas for something unusual and exciting. Locally, Whidbey itself is home to a world-class audience, which has been cultivated by decades of intelligent programming from Whidbey Island Center for the Arts and the Saratoga Orchestra, both well known for quality performances."

"If you like opera, you'll love *The Photographer*. If you don't like opera, this will be the piece that changes your mind," says Duncan.

The production is directed by Tim Everitt, conducted by Erik Ibsen-Nowak, and choreographed by Megan Moore. *The Photographer* runs March 20-22 in Langley. Tickets and more information at www.WICAonline.org

[Submitted by Billy Tierney, Marketing Director, WICA]

Clinton Walk-In Clinic Opening Soon

WhidbeyHealth is excited to announce the opening of a new Walk-In Clinic during the first week of April. Staff recruitment, equipment modernization and facility renovations are on track to serve patients with non-emergency problems that don't require the inten-

sive medical support of the Emergency Department.

"I am very excited to bring a Walk-In Clinic to the island and hope this is just the first step in offering our patients additional choices for how they receive care at WhidbeyHealth," says Chief Operations Officer Colleen Clark.

"Although the Walk-In Clinic is not technically a Primary Care clinic, we will offer the ability for our patients to choose and schedule with a Primary Care Provider, if desired," Clark added.

The Walk-In Clinic will provide an array of services for non-life-threatening problems such as:

- Severe flu symptoms
- Minor cuts and burns
- Muscle pains and strains
- Fevers
- Earaches
- Sinus infections

Wait times at Walk-in Clinics are minimal compared to an Emergency Department. South Whidbey residents will be able to count on access to WhidbeyHealth providers without an appointment, during convenient hours, and very close to home. Island residents and visitors are welcome and do not need to be patients of WhidbeyHealth primary care providers.

Please remember: for life-threatening emergencies, always call 911.

More details about the Walk-In Clinic will be available online soon, including an open house and community tours.

Walk-In Clinic Clinton hours will be:

Monday-Friday: 7:00AM to 7:00PM
Saturday: 9:00AM to 4:00PM
Sunday: 12:00PM to 4:00PM

Walk-In Clinic Clinton is located at 11245 State Route 525, Clinton, Wash.

Keep an eye on the WhidbeyHealth website (whidbeyhealth.org) and on Facebook for updates (facebook.com/whidbeyhealth/)

[Submitted by Patricia Duff, Public Relations Officer, WhidbeyHealth]

Skagit Valley College to Begin Bachelor's Degree in Healthcare Management

Skagit Valley College (SVC) is pleased to announce it has received approval from the Northwest Commission on Colleges and Universities (NWCCU), the College's regional accrediting body, to offer a new Healthcare Management track under SVC's Bachelor of Applied Science in Applied Management (BASAM) degree.

The BASAM is a two-year, career-oriented degree designed for those who have completed an associates degree (AAS-T, AAS or ATA). The new Healthcare Management track caters to individuals who want to take their associate degree and life skills and pursue a career in healthcare management. The track will especially appeal to those who have worked in billing and coding, medical assisting, physical therapy technicians, and those who have completed their nursing pre-requisites, but didn't enter a program.

The 90-credit program combines upper-level managerial and general education courses and provides occupationally contextualized skills and knowledge typically necessary for advancement to managerial-level positions in healthcare. Participants in the healthcare track will be part of the BASAM cohort, but they will also take a series of specific healthcare courses.

Applications are now being accepted for the BASAM general management and the healthcare tracks. Interested individuals must attend a program briefing before applying. The incoming healthcare track is limited to 15 people, while the general management track has an upper limit of 25. Classes for both tracks will begin Fall Quarter 2020. For program information, or to register for a program briefing, please visit www.skagit.edu/basam, or contact Sunaina Virendra (Sue-nay-nah Ver-en-dra), Applied Management Instructor and Program Chair, at 360-416-7635 or basam@skagit.edu.

About Applied Bachelor's degrees in Washington: Some individuals earn a non-transfer, professional/technical degree at a community or technical college and later decide to pursue a bachelor's degree. In response to that need, many community and technical colleges in Washington, including Skagit Valley College, now offer applied bachelor's degrees where people can take two more years of upper-level coursework to earn their four-year degree. Those with work and family responsibilities can pursue their degree where they live, work, and raise their families. SVC's new BASAM track represents the College's third BAS offering. SVC also offers a BAS in Applied Management General Management track and a BAS in Environmental Conservation.

[Submitted by Arden Ainley, Chief Public Information Officer, SVC]

Local Business News

Coupeville Chamber of Commerce Presents 2020 Business Excellence Awards

The Coupeville Chamber of Commerce is pleased to announce the following recipients of its 2020 Business Excellence Awards:

Business of the Year: Big Rock Designs - Carol Moliter

Nonprofit of the Year: Whidbey Camano Land Trust

Lifetime Achievement: Dave and Diane Binder - The Anchorage Inn

Entrepreneurial Spirit: Sarah and Tyler Hansen - Little Red Hen Bakery

Arts & Culture Award: Kay Parsons

Community Spirit: Rebecca Robinson - Windermere Real Estate Coupeville

These leading businesses, entrepreneurs and individuals do so much in our community and are well deserving of these awards.

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What's Going On

All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

AARP Tax Aide

Thursdays, March 5, 12, 19, 26, 1:00-7:00PM
Island Senior Resources, 14594 SR 525, Langley

Free tax return preparation and e-filing for taxpayers with low and moderate income. This service is a joint venture with the IRS to promote filing returns electronically. Special attention to those ages 60 and over. AARP membership is not required. For an appointment call 360-678-3000, leaving name, telephone number, requested site and date.

Island Herb Vendor Day

Thursday, March 5, 3:00-6:00PM
Island Herb, Freeland

Representatives from Smokey Point Productions will be on site with product displays and information. Must be 21 or older. Island Herb is located at 5565 Vanbarr Pl, Unit F. For more information, call 360-331-0140 or visit whidbeyislandherb.com. *This product has intoxicating effects and may be habit forming. Marijuana can impair concentration, coordination, and judgment. Do not operate a vehicle or machinery under the influence of this drug. There may be health risks associated with consumption of this product. For use only by adults 21 and older. Keep out of the reach of children.

Open Mic Night

Thursday, March 5, 6:00-8:00PM
Penn Cove Taproom, Coupeville

Local songwriter Erik Christensen will be hosting an open mic for all who are interested. Songs, stories, poetry, etc., are all welcome. There will be a guitar provided, or feel free to bring your own instruments or just your voice to showcase your talent. No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

La Conner Daffodil Tour

Friday, March 6

Bring your camera for a ride through the flowers. Explore La Conner's restaurants and shops, visit museums, and see the Daffodil Festival photo contest winners on Island and Skagit Transit. RSVP call 360-678-9536 or email travel@islandtransit.org.

Vinterjazz

Friday, March 6, 7:00PM

Nordic Hall, 63 Jacobs Rd, Coupeville
Admission: \$15

Come be amazed and inspired by the award winning jazz band of South Whidbey High School as they demonstrate the competitive skills that make them so sought after.

¡Fiesta Latina! Concert

Friday, March 6, 7:00PM

Sunday, March 8, 3:00PM

Trinity Lutheran Church, Freeland

¡Ay, caramba! Whidbey Island Orchestra takes you South of the Boarder with *Por Una Cabeza*, *Desafinado*, *Girl from Ipanema*, *Havana*, *Estrellita* and more. Featuring Talia Marcus on violin and guest David Locke on accordion. Special performance by Segovia-trained guitarist and composer Andre Feriante performing an original score. Dr. Cynthia Morrow, music director. Gabriela Garza, assistant conductor. Admission is free although donations are accepted and greatly appreciated. Reception with orchestra and refreshments follows the concerts.

Live Music: Original Jim

Friday, March 6, 7:30-9:30PM

Penn Cove Taproom, Oak Harbor

Original Jim is a unique 'Solo Band' musical

project. A live looping musician who combines multiple instruments into layered arrangements in order to emulate the sound of a full ensemble. Utilizing his guitar, vocals and keyboard, a talent for multi-tasking in front of an audience and a fresh approach to the beat, Jim masters the mechanics of live-layering with toe tappin' rhythm, musicality and plenty of good tunes. Come watch this dynamic musician create his art live on stage. No cover. For more information, call 360-682-2247 or visit www.penncovebrewing.com.

Live Music: Kelly Shirey and Mussel Flats

Saturday, March 7, 6:00-10:00PM

Penn Cove Taproom, Coupeville

Kelly Shirey will play from 6:00-8:00PM, Mussel Flats plays from 8:00-10:00PM. No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

Mount Baker Orchid Society Show and Sale

Saturday, March 7, 9:00AM-5:00PM

Sunday, March 8, 9:00AM-4:00PM

Skagit Valley Gardens,
18923 Peter Johnson Rd., Mount Vernon

Saturday, accredited judges of the American Orchid Society will be judging show plants. Orchids will be on sale by orchid vendors and MBOS members. Members of the public may bring both their questions and plants, and repotting is available for a donation. Classes about care, feeding and reblooming orchids will be held both Saturday and Sunday at 2:00PM and an "orchid doctor" will be available to answer questions. The event is free and open to the public. www.facebook.com/events/713313332494161/

Lions Club Blood Drive

Thursday, March 12, 9:00AM-3:00PM

First United Methodist Church, Oak Harbor

Sponsored by the Oak Harbor Lions Club. Walk-ins welcome. The church is located at 1050 SE Ireland St.

Annual Spring Nursery Sale

Saturday, March 14, 10:00AM-3:00PM

Sunday, March 15, 10:00AM-3:00PM

Meerkerk Gardens, Greenbank

Over 1,000 gorgeous rhodies, azaleas, native plants, and companion plants to choose from to bring springtime into your garden. Great selection from gallon-size to mature plants. Free admission to the gardens on sale days. For more information, please call 360-678-1912 or visit www.meerkerkgardens.org.

Benefit ExtravaVANza

Saturday, March 14, 3:00PM-12:00AM

Freeland Hall, 1515 E Shoreview Dr.

Proceeds benefit WI DRIVE, a nonprofit door-to-door assisted transport service for people with disabilities. WI DRIVE is raising funds to add a wheelchair van to its fleet. For more information, call 360-320-3075, email whidbeyislanddrive@gmail.com, or visit www.whidbeyislanddrive.com.

Live Music: Ike and the Old Man

Saturday, March 14, 7:30-9:30PM

Penn Cove Taproom, Coupeville

A father and son duo playing amazing music from the 60s to present. No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

St. Patrick's Day Parade

Tuesday, March 17, 4:00PM

Pioneer Way, Oak Harbor

Entries include OHYC Pirate Ship and Buccaneers, Whidbey Roller Girls, Whidbey SeaTac Shuttle, Island Transit, Oak Harbor Fire Department, Big Dog, Positively Linked, In Motion Dance Studio, Whidbey Cruzers, NJROTC, and much more! Immediately following the parade, a corned beef and

cabbage dinner will be available at the American Legion Hall for \$10 per plate. Children welcome.

13th Annual St. Patrick's Day Bash

Tuesday, March 17, 6:00-9:00PM

Coupeville Rec Hall, 901 NW Alexander St.

Tickets: \$35 per person

Come join the liveliest Irish celebration on the island. Featuring the Shifty Sailors and Eclectic'ly Celtic. Enjoy Irish songs, sing-alongs and jigs and reels, three full hours of live music! Serving corned beef, cabbage, potatoes, and vegetarian colcannon, beer, wine and non-alcoholic beverages. Tickets are available at Wind & Tide Bookstore and Click Music in Oak Harbor; bayleaf and Penn Cove Coffee in Coupeville; The Cheese Shop at Greenbank Farm; Deb's & Co Barbershop in Freeland; and Moonraker Books in Langley.

Upcoming Sno-Isle Library Events

See schedule below

Cost: Free

Tools for Living: Bringing Life Into Balance

Thursday, March 5, 4:00-6:00PM

Freeland Library

Join Licensed Mental Health Therapist Elisa Stone in a conversation about tools designed to deepen your sense of well being and bring your life into balance. We will explore topics such as mindfulness, sleep hygiene, basic nutrition, stress/anxiety management, time management, movement, self compassion, interpersonal communication and community. For more information, visit wihha.com.

Used Book Sale

Saturday, March 7, 10:00AM-2:00PM

Freeland Library

Shop locally at Friends of the Freeland Library book sale. Large selection of great books for all ages at bargain prices. Proceeds benefit the Freeland Library.

MusselFest Book Sale

Saturday, March 7, 10:00AM-4:00PM

Sunday, March 8, 10:00AM-4:00PM

Coupeville Library

Mussel up and join us for the first book sale of the season - gently used donations of fiction, non-fiction, children's and more. All proceeds benefit Friends of the Coupeville Library.

Design + Create - A Handwoven Dreamcatcher

Saturday, March 7, 11:00AM-12:30PM

Second Hand Booty, Tinkerer's Guild, Clinton

Weave a dreamcatcher using materials from nature. Feel free to bring found natural treasures, feathers, shells, and special beads that can be incorporated into your dreamcatcher or shared with others. Located across the street from Clinton Library.

WIMJAM: Whidbey Island Music Jam

Sundays, March 8, 22, 3:00-5:00PM

Freeland Library

These jam sessions are for anyone looking for a supportive, educational and fun music experience. All acoustic (unplugged) instruments are welcome - guitar, banjo, mandolin, fiddle, dulcimer, harmonica, ukulele, bass, voice, etc. This traditional 'jam circle' is an opportunity for musicians of all ages and levels of ability to share, learn and play old time traditional tunes. Please email Susan (jam host) at shanzelka@sno-isle.org to be put on the email list, receive song lists (and access to "the binder" of music), music notation, scheduling changes/cancellations, reminders, and other jam information. Drop-ins welcome.

Aging in Grace

Monday, March 9, 10:00AM-12:00PM

Freeland Library

Come laugh, cry, make friends and connect with others as we accept and adapt to the limitations aging brings. Facilitated by Nicole

Donovan, the aging and disability resource manager of Island Senior Resources. All are welcome.

Discuss the Classics with Rita Bartell Drum

Mondays, March 9, 23, 1:30PM

Oak Harbor Library

Join us as we study "Love's Labour's Lost" in anticipation of the much beloved Island Shakespeare Festival. We open with a quick summary of the portion we have read and then enjoy a lively chat!

Clinton Library Book Group

Wednesday, March 11, 10:00-11:00AM

Clinton Library

Everyone is welcome to join our discussion of "The Big Burn: Teddy Roosevelt and the Fire that Saved America" by Timothy Egan.

Religious Services

South Whidbey Community Church

Sundays, 9:00-9:45AM Adult Bible Study

10:00-11:00AM Worship

Deer Lagoon Grange, 5142 Bayview Rd, Langley

Sunday - Pastor Wenzek: Imitators of God. Services are followed by a light lunch. You are invited to join us for lunch and loving fellowship.

Galleries & Art Shows

Featured Artist: Margaret Livermore

Meet the Artist:

Saturday, March 7, 10:30AM-5:30PM

Thursday, March 19, 10:30AM-5:30PM

Garry Oak Gallery, Oak Harbor

Margaret Livermore is an award-winning watercolor artist. She enjoys painting landscapes, seascapes and flowers. The colors and techniques she uses help her convey the quiet, peaceful moods of Whidbey Island and the Puget Sound. She has lived in Oak Harbor since 1982 and has become involved in many aspects of the art world. Come by the Gallery when Margaret is working and enter to win an unframed print of your choice. Margaret will draw the winner March 19 at 5:00PM.

Spring Group Show

Opening Reception: Saturday, March 7, 5:00-7:00PM

Show continues through March 30

Rob Schouten Gallery, Langley

Painters Anne Belov, James Tennison and Teresa Saia contributed some very nice works, as did sculptors Georgia Gerber, Sharon Spencer and Dan Freeman. We have wonderful glass by renowned glass artist Fritz Dreisbach and fused glass houses by Dale Reiger, engaging assemblages by Sara Saltee, and intimate 24 karat gold paintings on copper by Mary Ellen O'Connor. Also included in the month's exhibit are handmade furniture and wooden boxes, fine jewelry, ceramics and fiber art, as well as a wide array of other beautiful art objects sure to bring delight. Please join us for our opening reception in conjunction with Langley's First Saturday Art Walk. Many of our gallery artists will be in attendance and light refreshments will be served.

Featured Artist: Maxine Martell

Opening Reception: Saturday, March 7,

5:00-7:00PM

Museo Gallery, Langley

Museo presents a month of fine arts and crafts. Running concurrently with the Northwest Designer Craftsman show "Currents 2020" at the Schack Art Center, Museo has invited 48 NWDC artists to present a survey of what is current and amazing in the world of craft. We are honored to present the paintings of regional legend Maxine Martell along with this diverse and supremely talented group of artists.

Featured Artist: Steve Eirschele

Art Walk: Saturday, March 7, 5:00-7:00PM

Whidbey Art Gallery, Langley

Whidbey Art Gallery features member Steve Eirschele's photography this month. He is introducing his fine art photographs with the same artistic intent, intriguing, dramatic and sometimes mysterious images only in a more contemporary format.

WHAT'S GOING ON CONTINUED ON PAGE 12



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





"Like" - Impact of social media p. 10



Make way for Musselfest

Photos Courtesy of the Coupeville Historic Waterfront Association

ABOVE: Experience the magic of Musselfest this weekend in Coupeville, with family-friendly activities ranging from boat tours of the Penn Cove Shellfish mussel farm to live music and even mermaids.

AT RIGHT: In addition to featuring different chowders from local restaurants for attendees to try, Musselfest also features plenty of other fun activities, like a mussel-eating contest, for folks to enjoy.



By Kacie Jo Voeller Whidbey Weekly

Ready the spoons and prepare to taste test across the town of Coupeville this weekend during the annual Musselfest event and chowder competition featuring 16 local restaurants. Festivities get underway at 10 a.m. Saturday and Sunday, with tastings starting at 11 a.m.

For over three decades, the Penn Cove Mussel Festival has been made possible by the Coupeville Historic Waterfront Association, Penn Cove Shellfish and local businesses and organizations. The event celebrates Penn Cove's famous mussels and highlights include a chowder-tasting competition, a beer garden with music, mussel farm boat tours, chef demonstrations and more. Both days will feature a tasting, with tickets available online for Sunday's tasting only. Each ticket allows for tasting at four given restaurants and costs \$10. Tickets are available at the Coupeville Rec Hall beginning at 10 a.m. Saturday.

Christian Chambers, event planner for Musselfest, said the event will draw participants from both on and off the island. He said he feels the popularity of Musselfest has a lot to do with the small town charm Coupeville has to offer and the involvement of so many local people.

"Our locals are very supportive and we see a lot attend during Musselfest and I know people who are coming from outside like to see that -- if the locals are involved, there must be something good going on," he said.

Chambers, who works with the Coupeville Historic Waterfront Association, said one of the lesser known but fascinating aspects of the event is the boat tour of the Penn Cove Shellfish mussel farms, available for \$15.

"You get to go out on a tour boat, go out to the mussel rafts, they pull up a line of mussels, you can see how they are grown," he said. "They have great tour guides who tell you all about mussel history and how they are grown and farmed and it is a really great experience. I feel like it is an underrated aspect of the festival that people are not always aware of. They know about the chowder tasting but the boat tour is always amazing."

Chambers said the mussel competition will feature restaurants ranging from chowder-making veterans to those who have never competed before.

"We do have a few new restaurants this year and we have our regulars who are the ones who have been doing it for years," he said.

One of the new restaurants this year will include

the Little Red Hen Bakery, which focuses on providing freshly baked bread and goods served with excellent customer service. Latda Khongsavanh, manager of Little Red Hen Bakery, said the bakery's team expects to see a large crowd over the course of the weekend, and looks forward to seeing locals and tourists alike spending time in the community.

"I think it is where the whole entire city, the whole town gets together and they celebrate the town," she said. "(That) is what I feel Musselfest is and it also brings in a lot of tourists, but it is a coming-together for the community."

Khongsavanh said she feels one of the biggest draws of the event is the famed Penn Cove mussels.

"I would say the mussels themselves, they stand out alone, because they are famous and that is what everyone is here for and a good time," she said.

Khongsavanh said she felt the key to a winning chowder would be something that stands out and employs the best fresh components.

"I guess that is going to be something that is unique and something that someone has not tried before, with lots of fresh ingredients and flavor," she said.

Amanda Maksinchuk, manager of The Tye Restaurant, a seasoned Musselfest competitor, said the process to prepare for Musselfest begins with planning long before the event rolls around.

"We will be getting ready for it this whole week, starting with shucking the mussels, getting that ready," she said. "And you start planning for it months in advance with your staffing and all of that, but all this week will be basically dedicated to making a lot of mussel chowder."

Maksinchuk, who has worked with the restaurant for nine years, said festival attendees from islanders to tourists enjoy all the event has to offer.

"They have such a good time and they are always in a good mood and dancing and I think it is just so much fun," she said.

Maksinchuk said the event is all about highlighting what Coupeville and Penn Cove have to offer.

"It is our mussels, they come right from our cove and I think that makes it unique right there," she said. "It is about our community."

For more information, visit www.thepenncove-musselfestival.com.

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DECEPTION PASS PARK FOUNDATION HOSTS

SWING THE GATES 5K FUN RUN



MARCH 29TH 2020

10 AM - 1 PM

CRANBERRY PICNIC SHELTER

At Deception Pass State Park

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Register to run on Eventbrite

Registration required for participants. Discover Pass is required for vehicles. Events are subject to cancellation due to weather. For more information, contact Kelsey, Deception Pass State Park Interpretive Specialist, at (360) 675-3767 or kelsey.maloy@parks.wa.gov.

DECEPTION PASS PARK FOUNDATION



Island 911

Seriously, we do not make this stuff up!

FRIDAY, FEB. 7

8:47 am, Mobius Lp.

Caller says he received a citation in the mail for camping violation. Caller says his brother used his name and says he has never been to the state of Washington.

12:53 pm, NE Kettle St.

Camper trailer parked in front of location, random stuff lying around and a rug outside. Appears subject has taken up residence. Has a "do not tow" sign on it.

4:55 pm, NE 7th Ave.

Advising male subject extremely irate about "subjects walking in the roadway;" would not give further, yelling that law enforcement doesn't do anything and if someone gets hit...disconnected.

7:15 pm, SE Barrington Dr.

Reporting party advising male in bunny suit walked into reporting party's house.

9:25 pm, SW Fort Nugent Ave.

Caller advising son went to location and saw vehicle racing back and forth in parking lot with people hanging out of sunroof; subjects then chased son and friends on foot.

SATURDAY, FEB. 8

11:48 am, SR 20

Advising just had an angry customer in store yelling and demanding names and phone numbers.

6:22 pm, Chipshot Way

Third party report to reporting party, juveniles stole cart and are driving around golf course.

7:32 pm, SR 20

Reporting party advising have been letting male subject stay at location and were finally able to get subject out; states subject is back at location now.

9:45 pm, SR 20

Reporting party advising just left food at restaurant because male subject was going in and out, wearing all black.

SUNDAY, FEB. 9

1:46 am, East Harbor Rd.

Caller slurring his words, wanting to file officer complaint; keeps hanging up before giving callback phone number.

5:39 am, NE Midway Blvd.

Reporting party wants male removed; reporting party wakes him up and he goes back to sleep, won't leave.

8:51 am, SR 20

Caller advising male in front of house won't leave; knocking on door, covered in mud; keeps asking for subject. No one by that name lives there.

3 pm, SR 525

Caller advising they are at corner doing a sign wave; states male subject has barged into middle of sign wavers, being rude and waving own signs that are crude.

MONDAY, FEB. 10

2:04 am, Torrence Ln.

Reporting party states "crazy lady" is on his property; is his brother's girlfriend. Female driving around property in her vehicle honking her horn.

5:51 am, N Oak Harbor St.

Caller states male jumped out at her from behind her dumpster 10 minutes ago while she was taking her trash out.

11:28 am, S Main St.

Advising contractor has been harassing reporting party via email and driving by location; lied about being licensed. Reporting party paid them and they left job unfinished and stole tools.

1:52 pm, Patmore Rd.

Caller advising around 11 a.m. today, she needed assistance from AAA; AAA provided assistance but then advised her they would never return because sheriff was present and AAA did not want to get involved in situation.

2:59 pm, Patmore Rd.

Reporting party advising someone is on property with bat, now walking east on Patmore.

3:54 pm, Cultus Bay Rd.

Requesting call from law enforcement regarding sister; states sister has just been doing her own thing. Requesting to talk to deputy regarding what to do about it.

TUESDAY, FEB. 11

7:15 am, Salal St.

Advising suspicious male subject walking in neighborhood with mailbox; has white mailbox in his hands, roller backpack, gray jacket, black pants.

12:34 pm, Sawmill Rd.

Reporting party advising loose bear-size hog westbound on Sawmill.

2:31 pm, Cove Dr.

Reporting party advising cannot find his 9mm pistol; states he does not know where it is or when it was misplaced.

2:55 pm, Scenic Ave.

Reporting party reported harassment in August of 2018; states it's been ongoing since and wants to add to it.

8:31 pm, East Harbor Rd.

Reporting party's door opened, saw the bill of a hat, dogs barked, then door closed; reporting party looked outside, saw car light on; reporting party is afraid to go outside.

WEDNESDAY, FEB. 12

2:48 am, Oak Harbor Rd.

Reporting party advising she is locked out of house, cannot wake her roommate to let her in; is very concerned about her lizards, thinks they will die. Reporting party recalled, advising roommate is still not waking up to let her in.

8:28 am, Angela Ln.

"I can only hear my own voice." Caller hung up, now back on line, possible accidental poisoning.

12:33 pm, E Whidbey Ave.

Reporting party advising tenant is painting building without permission.

3:08 pm, Main St.

Very irate caller talking about being at location between 1 and 2 p.m., says he went into bathroom and another male was in bathroom, had his handcuffs on floor. Male told caller he was on-duty cop; left location driving black Chevy Impala.

6:46 pm, Maxwellton Rd.

Party requesting call; states daughter went to Christmas party two months ago and was given an alcoholic drink.

Report provided by OHPD & Island County Sheriff's Dept.

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Island Angler

By Tracy Loescher

THE LORE OF SPORTFISHING

“JUST THE FACTS”

There is an old saying, “fishermen never lie,” and the saying is true - fishermen just stretch the truth a little bit. They might fib a little about the one that got away so they can go fishing again the next morning and hope their wife gives them a kiss for good luck. They might tell their fishing buddy where to go to catch the fish, but somehow confuse the color of the hot lure. Whatever the reason that causes the fisherman’s mind to become foggy at times, these elongated truths mean no harm; it’s all part of being a genuine fisherman. For those of you who remember the TV show *Dragnet*, Sgt. Joe Friday was no-nonsense; he just wanted the facts. Well, I decided to take Joe Friday’s approach for this column and give you “Just the Facts.” Here is a list of helpful facts you can add to your fishing tackle box to help lead to a full stringer of fish.

- King, Springer, Blackmouth, and Tye are all the same species of Chinook salmon.
- The more wounded our bait looks, the more likely it will trigger a fish to bite.
- Learning to fish the tidal changes is the best thing you can do to catch more fish.
- Oil on your fishing lure from the boat motor does not keep a fish from striking the lure.
- Sticky sharp hooks catch more fish; if a sliding hook-tip will grab your fingernail, it's good-to-go.
- Good fishing line is rarely cheap, and cheap fishing line is rarely good.
- If you’re fishing for coho and not catching, troll or reel faster; fast baits trigger coho to strike.
- Two tone spoons and Hoochies out-fish single-color ones.
- If you have a pink salmon on the end of the line, have your buddy or children cast their lure near the hooked salmon; there are no doubt others with him.
- As the sun climbs higher in the sky, try fishing deeper or in the shaded areas; fish have no eyelids.
- Polarized sunglasses will increase your shallow river fishing successes by a minimum of 75 percent.
- Fast and slow trolling speeds are important; flashers are designed to rotate, and dodgers are designed to slowly swing back and forth.
- In the fish world, the females are normally the biggest; they carry all the eggs.
- Sea birds are our eyes in the sky - the circling, squawking and diving birds indicate fish.
- Do not troll directly through a large bait-ball; cruise the perimeter, you want the ball to stay together.
- Points of land point to fish. As current moves around the obstruction, fish use the same obstruction to conserve energy and ambush prey and your lure.
- All baitfish prey have eyes, so consider adding a stick-on eye to one of your favorite spoons.
- Don’t reel your tackle in after pulling it loose from the downrigger clip; continue to troll and let your gear slowly fish its way to the surface, then reel it in.
- A fish’s small brain is directly between its eyes. To dispatch your fish quickly, strike there, beating the side of the fish’s head just makes him mad.

- Switch the line on your bottom fishing reels from monofilament to 40 pound braided line; you’ll be amazed at the difference in feel and fish hook-ups.
 - Lingcod have no swim bladder, they can come to the surface from deep water, be released and then descend back into the depths without damaging the fish.
 - Optimum blowback (drag) angle of your downrigger cable is 45 degrees; this angle indicates the best boat speed to catch Chinook salmon.
 - Sockeye salmon feed primarily on krill. However, once they reach the rivers they can be caught on much larger baits, like whole sand-shrimp trailed behind a spin-n-glow.
 - Use a thin diameter wire or bamboo skewer to help hold that perfect bend in a whole herring when trolling.
 - Trolling a zigzag pattern will cover a wide swath and can lead to more salmon and trout strikes vs a straight line.
 - Our skin contains L-serine - some people more than others - and can deter fish; handle your tackle as little as possible, use a popsicle stick or Q-tip, not your finger, to apply scent.
 - A sudden, drastic change in water temperature from warm to cold is a good indication of a thermocline; these thermoclines can vary in thickness depending on the season. Fish in the thermocline whenever possible.
 - A protein known as Rhodopsin is contained in fishes’ eyes; this protein allows them to detect UV light, so UV-enhanced lures are more than just a gimmick.
 - Joining an active fishing club like Puget Sound Anglers (PSA) is one of the quickest ways to learn how to fish the areas you plan to fish; a club with a high number of members has an incredible knowledge base.
 - Rinsing your rods and reels with a salt neutralizing soap solution like Salt-away or Salt-Terminator will stop corrosion and add many more years to your favorite tackle.
 - Fish the windy shores of a lake. The wind pushes and piles up plankton, grasses and other small aquatic critters, which attract bait fish, which in turn attract the big fish.
 - Hook sets are free; if it feels like a fish, set the hook! Just be prepared to be ribbed by your fishing buddy.
 - Get in the habit of only keeping what you can eat. Canning fish is the best way to keep fish long term; if not eaten soon, freezers can quickly turn that beautiful fillet of salmon into freezer-burned crab bait.
- There are always exceptions to the rule when it comes to fishing, but the short list of facts I mentioned have served my family and friends well for years. I always take notes and learn new things when out on the water - it’s one of the great things about fishing. Water conditions, lure colors, and hotspot locations are always changing and creating challenges. As spring approaches and the weather warms, get ready to go fishing and learn as much about the sport as you can. I promise if you do, you will catch more and more fish each time you’re out.
- Spring Bass, Trout, Lingcod, and Halibut season is just around the corner, so dust off the fish-finder and oil up the reels; the seasons will be here before you know it!



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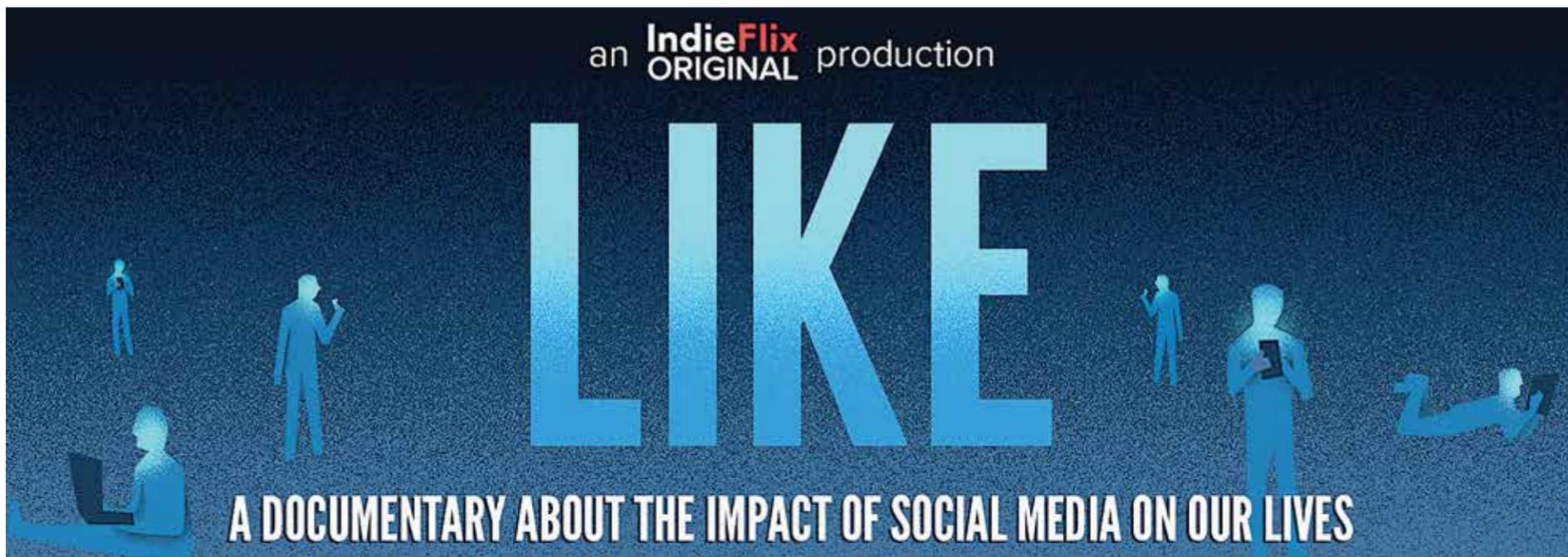
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"LIKE" documentary tackles impact of social media

By Kathy Reed Whidbey Weekly

Are we addicted to social media?

South Whidbey School District and the Clyde Theater in Langley are teaming up for a presentation of a film which focuses on that very question. The new documentary, "LIKE," will be shown Saturday and Sunday at 2 p.m. at the Clyde, with a discussion to follow Sunday's screening. There is no charge to attend and everyone is welcome.

The purpose is simple – to start a conversation.

"We are always looking for ways to help students understand the power of social media and the impact it has on them and those around them," said Josephine Moccia, SWSD superintendent. "We hope to continue to raise awareness of the impact of social media on our children as well as ourselves."

"LIKE" is an IndieFlix original production that examines the dichotomy of technology: While it makes our lives easier, how serious are the consequences of our dependence and reliance upon it? More importantly, how does social media, a product of technology, affect us, particularly children?

Statistics from thelikemovie.com/resources-common-questions/ are fairly eye-opening. According to the website, in six years, from 2012 to 2018, the number of teens with a smart phone went from 41 percent to 89 percent. The number of teenagers who use social media several times a day went from 34 percent to 70 percent. Texting is the favorite form of communication – it's even more popular than in-person communication.

Moccia said while cell phone use isn't distracting in the classroom for younger children, it can become an issue for educators who teach older children.

"The use of technology in the classroom is up to the teacher," she explained. "Cell phones are not an issue at the K-4 level. They become a bit more available as students get older. Some teachers ask students to "park" them at the beginning of class.

"Research indicates that cell phones are a distraction for all of

us," Moccia continued. "If we are focused on the technology we are not focused elsewhere. And information, whether accurate or not, moves very quickly."

It's important parents are aware of their own social media use, as well as their children's. A discussion after Sunday's screening with Lisa Honold, director of the Center for Online Safety, will hopefully spark a conversation of about healthy technology use.

"Technology is a tool that needs to be managed," said Honold. "It can bring us together, educate us, entertain us and surprise us with the goodness in our world. Or, it can be used to bully, addict, compare ourselves to others and deliver inappropriate content. I hope that parents leave the documentary with a few concrete ideas on how to help their children set up healthy limits and boundaries with technology. I hope that students leave the film understanding that apps are designed to grab and hold our attention. It's important to push back and set up a healthy mix of online and offline time yourself."

In the end, the responsibility falls to parents to ensure they and their children are using social media responsibly.



Photo courtesy of thelikemovie.com
This shot from the documentary "LIKE" illustrates how reliant all of us - especially teenagers - are on social media and technology. Statistics indicate we check our devices as many as 150 times a day.

"Stay informed about what is impacting our children," said Moccia. "Parents are in charge of their children. They are hopefully aware of the behavior of their children. There are ways to monitor the use of technology."

"It is vital for parents to teach their teens how to use social media respectfully," Honold said. "This is the first generation to have social media apps like TikTok, Instagram and Snapchat and kids need guidance on what's appropriate. They need to know that what they do online can stay out there forever and one bad choice can impact the rest of their life."

With so much socializing among tweens and teens happening online, Honold said her focus at the Center for Online Safety is teaching families how to use technology safely and help them learn how to react to situations that could lead to danger, such as private messages from strangers, or what to do if a friend sends them an inappropriate photo, or perhaps if a friend shares on social media they want to hurt themselves.

"These are real situations that should have parental involvement, but teens are struggling with them on their own," she said. "I teach parents how to lead with love and limits, how to have a healthy balance with screen time and how to "see" what their kids are doing online. I teach digital citizenship to children and teens so they understand how to use technology safely and respectfully."

Free showings of "LIKE" will be held at 2 p.m. Saturday and Sunday at the Clyde Theater in Langley, with a discussion to follow Sunday's screening.

"As we learn in the film 'LIKE,' people are checking their phones about 150 times a day," said Honold. "Isn't that shocking? It's time to be more intentional with our time and notice when technology is creeping into every minute of the day. 'LIKE' is a great conversation starter for families interested in healthy technology use."

More information on the film can be found online at thelikemovie.com. Information on the Center for Online Safety is available at centerforonlinesafety.com.

COVID-19 concerns reach Whidbey Island

By Kathy Reed Whidbey Weekly

Acting out of an abundance of caution, Oak Harbor Public Schools has informed parents and staff that a North Whidbey Middle School staff member is self-quarantining due to the staff member's spouse's contact with potential victims of the COVID-19 virus. The staff member's spouse has been quarantined as a precaution.

To be clear, there are NO known cases on Whidbey Island and OHPS officials made the announcement to be proactive in terms of student and staff health.

"The staff member was at school after having contact with their spouse, [who] was a first responder at Life Care Center in Kirkland," explained Conor Laffey, communication officer for OHPS. "The quarantine of the first responder was precautionary and the voluntary quarantine of the staff member is an extra layer of caution. Health officials advise schools and families to take the same precautionary steps whether or not they suspect they've had contact with someone who may have been exposed to the virus."

According to the letter sent out to families Sunday evening, neither the staff member nor their spouse is showing symptoms of the virus. OHPS officials said they immediately contacted Island County Public Health, which recommended the staff member stay home for the recommended 14-day quarantine period. The staff member's classroom has been sanitized, and extra precautions are being taken by janitorial staff in the wake of the COVID-19 outbreak in the state.

"All staff members have been instructed to use a sanitizing spray to periodically clean hard surfaces that are regularly touched by students, in addition to our increased daily sanitizing efforts by our custodial staff," said Laffey. "This is simply best-practice to prevent the spread of disease."

"Health officials do not recommend closing schools in our area," he continued. "We are following the recommendations for ongoing daily sanitizing procedures, including an added focus on frequently touched hard surfaces in our schools and on our buses."

Every classroom has been stocked with disin-

fecting supplies and staff are encouraged to use them throughout the day. Students – just like everyone else - are encouraged to wash their hands frequently, cover their coughs and sneezes, and avoid touching their eyes, nose and mouth.

Most importantly, parents should keep their children home from school if they are sick.

"If they have a persistent cough, runny nose, fever or other symptoms, they should not come to school until they are symptom-free for 24 hours," Laffey said. "If parents see any unusual symptoms or have other concerns for their child's health, they should immediately contact their primary health provider. For students, we're reinforcing good preventative habits like handwashing, especially before eating, after using the bathroom and after coughing and sneezing in tissues."

"The best advice I have received is to remain calm and do what we know already works to reduce the spread of disease," said OHPS Superintendent Lance Gibbon. "I am in regular contact with Island County Public Health and receiving communication from the CDC

and Washington State Department of Health. These are the experts in this area and we will continue to follow their guidance."

As previously stated, there are no known cases of the COVID-19 virus on Whidbey Island and the actions by Oak Harbor Public Schools is strictly preventative.

According to the Washington State Health Department as of Monday, the virus is spreading and health officials say there could be more cases locally, although the transmission of the virus is not widespread. Most Coronavirus illnesses are mild and the majority do not require hospitalization. The elderly and people with underlying medical conditions may experience more severe symptoms, which could include pneumonia.

Anyone with questions or concerns about how the virus is spread or what to do if they have symptoms can call 1-800-525-0127 and press the # sign. The best advice, say health professionals, is for everyone to wash their hands well and often.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



Film Shorts

Courtesy of Cascadia Weekly

By Carey Ross

1917: I really thought Sam Mendes' superlative WWI drama was going to take home a Best Picture Oscar, but it did win the one Academy Award it deserved: Best Cinematography for Roger Deakins' astonishing work to make two-hour-long movie seem like a single unbroken take.
★★★★★ (R • 1 hr. 50 min.)

Bad Boys For Life: Will Smith and Martin Lawrence team up one last time (until the next time) as Miami cops looking to take down some big baddie in this entertaining, high-energy buddy comedy you'll forget five minutes after you leave the theater.
★★★ (R • 2 hrs. 4 min.)



Birds of Prey (And the Fantabulous Emancipation of One Harley Quinn): Somehow this movie is actually decent and I will take this as proof Margot Robbie can do no wrong. ★★★★★ (R • 1 hr. 49 min.)

Brahms: The Boy II: Good, bad or in between, movies about lifelike dolls (I almost said "evil lifelike dolls," but that's a given) are never not creepy.
★ (PG-13 • 1 hr. 26 min.)

The Call of the Wild: An adaptation of the beloved Jack London novel starring Harrison Ford and a former Kansas shelter dog named Buckley, who is a very good boy.
★★★ (PG • 1 hr. 50 min.)

Dolittle: Robert Downey Jr. plays the man who can talk to animals (is it because of his accent of unknown origins? Is that why they can understand him?) and reunites with fellow Avenger Tom Holland (now a dog instead of a spider) to fight Thanos one last time (or save a princess, same same).
★ (PG • 1 hr. 46 min.)

Emma: Did this classic Jane Austen novel really need another remake? Probably not, but this one does the plucky heroine and her meddling ways justice. Plus, it features an appearance by precious gem Bill Nighy.
★★★★★ (PG • 2 hrs. 4 min.)

Fantasy Island: Weird that a horror adaptation of the 1980s television show might not be good. No one could've predicted it.
★ (PG-13 • 1 hr. 50 min.)

The Gentlemen: Guy Ritchie, whose movies are like the cinematic equivalent of Axe Body Spray but also somehow likeable, remains true to form with another gangster thriller.
★★★★ (R • 1 hr. 43 min.)

Impractical Jokers: The Movie: After spending an inordinate amount of time Googling around, I'm still only vaguely aware of the television show this movie is based on and even less knowledgeable about the comedy troupe, the Tenderloins, responsible for it. In this case, I think it's safe to say, if you know, you know.
★★ (PG-13 • 1 hr. 32 min.)

The Invisible Man: There is no way a horror reimagining of H.G. Wells' classic novel should be any good, but with Elisabeth Moss as the star and a thematically clever take on the tale, this is a tense, engrossing ride. No one saw that coming. Kind of like the Invisible Man. ★★★★★ (R • 1 hr. 50 min.)

Jumanji: The Next Level: This franchise is proof the Rock's considerable charms are enough to overwhelm and overcome even the most mediocre premise and razor-thin plot. I'm not mad about it. I'm charmed by him too. ★★★ (PG-13 • 1 hr. 40 min.)

Onward: Two elves (one played by actual elf Tom Holland) embark on a quest to see whether there's still magic left in the world in this Pixar movie which looks designed to make people cry. Damn you and your ability to play on our emotions, Pixar.
★★★★★ (Unrated • 1 hr. 43 min.)

Sonic the Hedgehog: Raise your hand if you're only going to see this because you're curious about the \$5 million Paramount dumped into special effects to make Sonic look more like himself and less like a creepy blue humanoid with surprisingly lively fur.
★★★ (PG • 1 hr. 39 min.)

The Way Back: Ben Affleck stars as a man who "once had a life filled with promise," but is now "drowning in the alcoholism that cost him his marriage" until he becomes a basketball coach and finds hope again. In other news, I hear Affleck is looking for a basketball team to coach.
★★★ (R • 1 hr. 48 min.)

For Anacortes theater showings, please see www.fandango.com. For Blue Fox and Oak Harbor Cinemas showings see ads on this page.

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Answers on page 15

WHEN YOU WISH UPON A CURE

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RELAY RALLY:
March 11
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Oak Harbor
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May 29-30
North Whidbey Middle School

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WHAT'S GOING ON CONTINUED FROM PAGE 6

You will enjoy the whimsical work of guest artist Lee Evan Belfiglio as well. Her series "Whidbey Whimsy" showcases the quiet magic that makes Whidbey unique. Guest artist Kristi O'Donnell has been sculpting and creating throughout her lifetime. Her show-case constructions are Fine Art Fairy Houses "magical spaces for kids of all ages," that encompass her broad spectrum of work as an artist, visionary and dreamer.

Art From My Heart

Opening Reception: Sunday, March 8, 11:00AM-12:00PM

Exhibit continues through April
UUCWI, 20103 SR 525, Freeland

Using watercolor, acrylic, oil, and mixed media, local artist Gaylen Whiteman conveys the heart, beauty, spirit and connection of our natural world. For the months of March and April, a collection of Gaylen's work showcases the variety and co-dependence of our plants and animals, the forces of nature that shape the land and sea, and how these relationships affect our lives. Come meet the artist during the opening reception. The gallery is located in the building's entrance foyer.

Meetings & Organizations

Greenbank Garden Club

Thursday, March 5, 9:30AM
Greenbank Progressive Club

Social time followed by a brief meeting starting promptly at 10:00AM. Our guest speaker is Eric Studebaker of Venture Out Nursery speaking about Japanese Maples and companion plants, he will bring plants to sell. New members and guests always welcome.

Whidbey Weavers Guild

Thursday, March 5, 10:00AM-2:00PM
Pacific Rim Institute, Coupeville

Bring a brown bag lunch and your own beverage cup. At 1:00PM, Laurie Duxbury, a weaver from Northern Albermarle County, Va., will present a program about overshot pattern weaving. Laurie will discuss the traditional

methods of treading overshot, color theory as it applies to overshot weaving and the possibilities for adapting traditional overshot techniques to contemporary textile designs.

Flying Fingers

Friday, March 6, 5:45-6:45PM
Langley United Methodist Church

A pleasant monthly chat/signing group for deaf, hard-of-hearing and anyone interested seeing signing in conversational situation. Refreshments shared, room donation not mandatory, celebrate birthdays and holidays. If you bring children leave message, so preparation may be made ahead of gathering. Call 360-221-0383 or email sisoleil973@yahoo.com. Meetings held in Fireside Room, follow signage.

Genealogical Society of South Whidbey Island

Monday, March 9, 12:45PM
Trinity Lutheran Church Annex, Freeland

New members and guests are always welcome. The meeting will start with sign-in and greetings, followed at 1:00PM by our program, "Irish Research - Comparing Ancestry and Find My Past," presented by Steven Morrison with emphasis on Counties Sligo and Mayo.

Island County Astronomical Society (ICAS)

Wednesday, March 11, 6:00-8:00PM
Coupeville Library, 788 NW Alexander St.

Anyone interested in astronomy is invited to attend. There will be short presentations about current topics in astronomy and a good time is guaranteed for all. For more information about ICAS or club events, contact Bob Scott at ICAS_President@outlook.com or visit www.icas-wa.org.

Relay Rally

Wednesday, March 11, 7:00-8:00PM
Oak Harbor Elks Lodge, 155 NE Ernst St.

For more information, visit www.facebook.com/whidbeyrelay or email relaywhidbey@gmail.com.

For a list of continuous Meetings and Organizations, visit www.whidbeyweekly.com

Classes, Seminars and Workshops

DUI/Underage Drinking Prevention Panel

Thursday, March 5, 7:00-9:00PM
Oak Harbor Library meeting room

No pre-registration required. Seating at 6:45PM. No late admittance allowed. Open to all and required by local driving schools for driver's education students and parents. For more information, call 360-672-8219 or visit www.idipic.org.

MEDICARE Workshop - Getting It Right!

Friday, March 6, 10:00AM
Oak Harbor Center, 51 SE Jerome St.

If you neglected to enroll in Medicare when first eligible, and you do not qualify for Special Enrollment, now is your chance to Get It Right! For people in this situation wanting Medicare to take effect in 2020, March 31 is the deadline.

If you are enrolled in a Medicare Advantage Plan that is not working for you, you can switch to a new MA plan or original Medicare between now and March 31.

If your Part D prescription plan is not what you expected, you may be able to switch plans at this time. State-wide Health Insurance Benefits Advisors (SHIBA) can help you Get It Right! Bring a list of your medications with you.

DUI/Underage Drinking Prevention Panel

Saturday, March 7, 1:00-3:00PM
Trinity Lutheran Church, Freeland

No pre-registration required. Seating at 12:45PM. No late admittance allowed. Open to all and required by local driving schools for driver's education students and parents. For more information, call 360-672-8219 or visit www.idipic.org.

Where is the Market Headed?

Monday, March 9, 3:00PM & 6:00PM
Oak Harbor Elks Lodge, 155 NE Ernst St.

This free workshop will discuss the market volatility caused by the 2019-nCoV coronavirus. Presented by Scott Dudley, Finish Line Financial. For more information, call 360-279-9649.

Dawnland: Film Screening and Discussion

Wednesday, March 11, 5:00-8:30PM
Whidbey Institute, Thomas Berry Hall, Clinton
Free by donation

Join a film screening and discussion of Dawnland, a film exploring the devastation of Indigenous child removal from the early 20th Century through the Scoop era and into the present. The film goes in depth with the first government-sanctioned truth and reconciliation commission (TRC) in the United States, assembled in Maine. Dawnland follows the commission as it undertakes this historic investigation and bears witness to Wabanaki families whose experiences have been profoundly shaped by generations of systematic child removal. Rebecca Black, second generation Scoop survivor, and Carol Wishcamper, Maine TRC member, will join the screening and discussion. All proceeds support the National Indian Child Welfare Association. Register at http://tinyurl.com/dawnland-whidbey.

Boat Handling Class

Tuesdays, beginning March 24, 6:00-8:00PM
Oak Harbor Yacht Club

If you are new to boating, or want to refresh your skills, this is the class for you. Deception Pass Sail and Power Squadron will teach you how to dock your boat, anchor, understand the rules of the road, and how to deal with unexpected circumstances. This course runs on Tuesday evenings for six consecutive weeks. Cost for squadron/OHYC members is \$60, for non-members, \$110. To register, or for more information, contact Karen Nelson at 360-320-3803 or knelson2007@gmail.com.

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parachute that keeps courage from busting its rump. Wear it proudly. And keep one hand on the ripcord.

LIBRA (Sept. 23-Oct. 22)



This is not your week to imitate Thoreau, who turned away from society to learn about life from a cabin in the woods. You're learning the same lessons of freedom and independence, but

for you, people are a must. Get face to face with people. From people you'll learn what's important, and what's not. Think social. Be social. Answer the call of the wild from a Hilton with mountain views, and tell her you'll get back to her.

SCORPIO (Oct. 23-Nov. 21)



Yours is a straightforward week. The rules are simple. Mostly they regard talk. Don't say too much. Don't say it too often. Back up what you say with action. In the

art of war, your mind is your most valuable weapon. Your words are your artillery. Don't waste them. Don't take hope shots. A few well-chosen words, confidently delivered, suffice. Every time. In short, don't be a windbag. The end.

SAGITTARIUS (Nov. 22-Dec. 21)



It's a great week for getting to know yourself. If you and yourself have already met, and you saw something you didn't like, so much the better. Whatever the

issue, now is the perfect time to resolve it. Running away is not an option. As the Zen masters say, everywhere you go, there you are. Face to face with yourself. So go ahead. Say, "Hi! Nice to meet you," and really mean it. Great. I'll leave you two alone, now.

CAPRICORN (Dec. 22-Jan. 19)



Better to have you as a friend than a foe this week. Of the three billy goats gruff, you're the one to knock the troll off the bridge. This may come as

news, since in some regards, you don't know your own strength. As you cross the void between where you are and where you want to be, what better challenge than a pushy troll to actualize your power? And so, trip-trap-trip-trap, who says you can't cross the bridge?

AQUARIUS (Jan. 20-Feb 18)



What does it mean that you see what others miss? Connect facts that seem unconnected? It means you're either a genius or

hopelessly eccentric. There is no inbetween. Whatever you pull together this week will likely taste strongly of the past. Old. Smoothed by time, like aged Scotch bourbon. What memories, what genius, have you in store? Pour us a sample, please. On the rocks is fine.

PISCES (Feb. 19-March 20)



Your friends won't agree with your friends this week. Sorry to break the news. All of them like you, they're your friends, after all. But they won't necessarily

like each other. We know what you're thinking: Shades of junior high school, can't we all just get along? More than anything, this situation is a tribute to you. You can get along with almost anyone. Your friends? They're still learning. That's why they're your friends.

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Chicken Little's knock on the head meant to him that the sky was falling, silly bird. His horoscope showed other possibilities. Don't wait for a knock on the head to ask what's up in your life. Wesley Hallock, as Whidbey Weekly's professional astrologer and horoscope writer, keeps one eye on the sky and alerts us to the prospects each week. To read past columns of Chicken Little and the Astrologer in the Whidbey Weekly, see our Digital Library at www.whidbeyweekly.com.

CHICKEN LITTLE & THE ASTROLOGER

By Wesley Hallock

ARIES (March 21-April 19)



Odds are good you'll end the week with more brain cells than you started with. This is good news, indeed, and maybe not for the reason you think. New brain cells make you smarter,

yes, but the good news lies in the top ways of making those cells. In no particular order, sex, blueberries and dark chocolate. Mood boosters and flavonols--you do the science. Think you can handle it? We thought so. It's that kind of week.

TAURUS (April 20-May 20)



This week, in those famous words from The Gambler, "know when to hold 'em and when to fold 'em." This isn't Good Housekeeping laundry advice. We're talking about covering your butt in case luck let's you down. Your chances of going against a devious wit and coming out on the short end of whatever stick are high. There's always fools luck, but do you really want to play the fool? Enough said.

GEMINI (May 21-June 21)



Dame Fortune has your name on her gift list. Never mind the mascara smudge. There's no better place for you to be. Something good is coming your way, if indeed it hasn't already

arrived. This gal doesn't fool around. She brings home the bacon and the beans. Tofu if you're vegan. She's busy, so don't expect a lot of chit-chat. And get your dirty socks off the coffee table. You never know when the lady will knock.

CANCER (June 22-July 22)



No matter what your quest, there's always someone who arrived there before you. Well, almost. We'll assume you're not on the trail of DB Cooper and the missing suitcase of cash.

You get only one chance to be first, so seek out the voice of experience. It has much good to impart, key details that may prove useful. The right question, asked of the right person, opens doors. And suitcases! It never hurts to ask, right?

LEO (July 23-Aug. 22)



Because many are driving less and walking more, Eleanor Roosevelt: "Many people will walk in and out of your life, but only true friends will leave footprints in your heart." So.

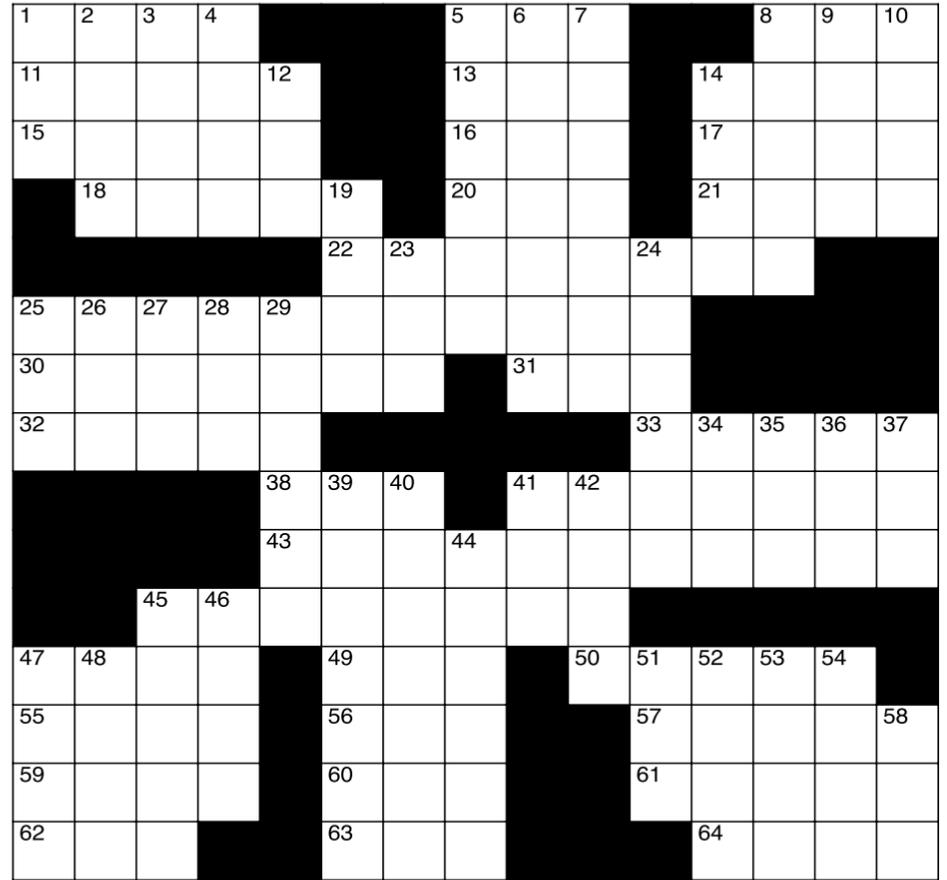
Who's that knocking at your door? What kind of tracks are they leaving? Do they come in a pouring rain, muck boots, dripping hair and all? Yes answers don't mean you shouldn't invite them in. They mean you're the friend Eleanor wrote about.

VIRGO (Aug. 23-Sept. 22)



Winston Churchill said, "Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen." Dear Winston must have been absolutely wicked at musical chairs. More practical for you this week is to think caution before courage. Look before you leap, for heaven's sake. Caution is the

Crossword Puzzle



CLUES ACROSS

- 1. As soon as possible
- 5. Gateway (Arabic)
- 8. Doctors' group
- 11. Madder genus of plants
- 13. A team's best pitcher
- 14. Ancient Greek sophist
- 15. Go up
- 16. Neither
- 17. Bolivian river
- 18. Manila hemp
- 20. Comedienne Gasteyer
- 21. British School
- 22. Human reproductive organs
- 25. Surrenders
- 30. Dog with long, silky coat and drooping ears
- 31. Sun up in New York
- 32. Lead alloy
- 33. Eastern Asian plant
- 38. Rapid deployment force (abbr.)
- 41. Japanese warrior
- 43. Festivity
- 45. Interruptions
- 47. Nonsense (slang)
- 49. Data mining methodology (abbr.)

- 50. Calvary sword
- 55. French river
- 56. Global business conference (abbr.)
- 57. Afflicted
- 59. Con man's game
- 60. No (Scottish)
- 61. Jewish spiritual leader
- 62. Fish
- 63. Camera term (abbr.)
- 64. Impudence

CLUES DOWN

- 1. A continuous portion of a circle
- 2. Genus of seabirds
- 3. Infant's dining accessory
- 4. Native Americans from Arizona
- 5. Popular fruit
- 6. Poisonous plant
- 7. Scolded
- 8. Assists
- 9. Hand (Spanish)
- 10. Amazon product identifying system (abbr.)
- 12. Basics
- 14. Cain and ___
- 19. Malaria
- 23. Indicates particular shape
- 24. Respiratory disease

- 25. Central Standard Time
- 26. Imitate
- 27. Golf score
- 28. A place to lay your head
- 29. Three cards of the same suit
- 34. Not in
- 35. Human gene
- 36. Ancient Chinese philosophic concept
- 37. French river
- 39. Thinks up
- 40. Type of geological deposit
- 41. Helps little firms
- 42. Area units
- 44. A device to remove
- 45. Secret political clique
- 46. Polite interruption sound
- 47. Foundation
- 48. Clare Boothe ___, American writer
- 51. Swiss river
- 52. Prejudice
- 53. Actor Idris
- 54. Resistance fighters
- 58. Speak disrespectfully of

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, March 5	Fri, March 6	Sat, March 7	Sun, March 8	Mon, March 9	Tues, March 10	Wed, March 11
North Isle H-54°/L-41° Rain and Drizzle Possible	North Isle H-54°/L-40° Rain and Drizzle Possible	North Isle H-52°/L-37° Cloudy	North Isle H-52°/L-38° Partly Sunny	North Isle H-52°/L-39° Partly Sunny	North Isle H-54°/L-41° Rain Possible	North Isle H-55°/L-36° Rain Possible
South Isle H-54°/L-40° Rain and Drizzle Possible	South Isle H-54°/L-39° Rain and Drizzle Possible	South Isle H-54°/L-37° Cloudy	South Isle H-54°/L-38° Partly Sunny	South Isle H-54°/L-39° Partly Sunny	South Isle H-55°/L-39° Rain Possible	South Isle H-55°/L-36° Rain Possible



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



Life Tributes



DONALD 'DON' WILLIAM FENWICK, JR. July 18, 1946 – Feb. 17, 2020



1st Sergeant Donald W. Fenwick, Jr., U.S. Army (Retired), passed away Monday, Feb. 17, 2020.

He served his nation with honor and valor and he loved his family and friends with all his heart.

We invite you to celebrate his life as we lay him to rest Friday, March 6, at 10:30 a.m. at Maple Leaf Cemetery in Oak Harbor. A reception will follow at the VFW.



VERNYCE SELTVEIT

March 21, 1931 – Feb. 25, 2020



Vernyce Seltveit, 88, passed away Feb. 25, 2020 after an extended illness. She was born March 12, 1931 in Velva, N.D., to Oscar and Selma Kittelson.

She grew up in Butte, N.D., until the 8th grade, when her family moved to Velva. Vernyce graduated from Dakota Lutheran High School in Minot, N.D. She married Arne Seltveit June 14, 1949 in Turtle Lake, N.D. Vernyce and Arne farmed until fall of 1956 when Arne accepted a job at The Boeing Aircraft Company in Renton, Wash. In October of 1957, they relocated to Whidbey

Island, where Arne worked in construction. In 1963, they started their own construction business "Arne's Construction," in Oak Harbor, serving Central and North Whidbey. Vernyce was the office manager and bookkeeper until their retirement in 1983. Vernyce and Arne very much enjoyed their retirement and were able to spend time camping, fishing and most importantly, acting as cheerleaders at their grandchildren's sporting events and activities.

After Arne's passing in 1997, Vernyce continued with her favorite role as Grandma and loved all her crafting hobbies, gardening, bowling, square dancing, playing pinochle at the Oak Harbor Senior Center, and attending her son, Bruce's, many concerts. She is a member of Oak Harbor Lutheran Church.

She is survived by her three children: Bruce Seltveit (Kathy) of Oak Harbor, Valerie Wiley (Carl) of Oak Harbor, and Yvonne Richards (Gregg) of Lynnwood; six grandchildren, Ryan Wiley (Robin), Eric Wiley (Shannon), Colby Wiley, Anna Seltveit (James Bacher), Bryce Seltveit (Jessica), and Matt Seltveit; six great grandchildren; three brothers, Jerry Kittelson (Dorothy), Burdette Kittelson (Doris), Marlowe Kittelson (Gayla); sisters, Olive Kelly (Vern), Norma Jean Rist of Velva, and Arlene Mehlhoff of Minot. Preceded in death by sister, Bonnie Kittelson and brothers-in-law, Elwood Olafson, Arnold Mehlhoff, and Jim Rist.

Celebration of Life will be held Friday, March 6, at 1p.m. at Oak Harbor Lutheran Church, followed by a reception.

Remembrances may be given to WhidbeyHealth Hospice, 202 Main St., Coupeville, WA 98239 in her name.

DENMAN "DENNY" MOODY

Oct. 24, 1932 – Feb. 21, 2020



Denny Moody, born Oct. 24, 1932, passed away in Coupeville, Wash., on Friday, Feb. 21, 2020. His loving spouse, Nancy, was by his side. He was 87.

Denny was born in Sedro-Woolley, Wash., to Floyd and Waneta (Leadbetter) Moody. He was the fifth of six children. During first through fourth grade, Denny attended a three-room schoolhouse in Utopia, Wash. The school eventually was flooded, and Utopia is now a conservation area. Due to the closure of the schoolhouse, Denny relocated to Sedro-Woolley school district in fifth grade. It was in grade seven he was paired up with the tuba. His family was unable to purchase an instrument new and the tuba was the only instrument left unchosen. So, he took it home. "Teddy Bear's Picnic" was the first song he learned to play in band.

Graduating high school in 1950, Western Washington University offered him a musi-

cal scholarship. Around this time Nancy came into his life one day at the J.C. Penney Company, where he was working as a clerk. She was trying to cash a check and Denny saw an opportunity to get her address and phone number. They went on a double date with some friends and he knew then he would marry her.

In 1951, Denny enlisted into the United States Air Force and was stationed in Arizona at Williams Air Force base. Three children followed: Alex, Andy, and Alan. The Moody family picked up and moved to Oak Harbor, Wash., after Denny was honorably discharged. His father worked on NAS Whidbey, and it was here the Moody's raised their children while Denny was employed in the Federal Civil Service as Labor Supervisor.

Alex, Andy and Alan were in the Boy Scouts and Oak Harbor Little League and so Denny became involved as well, helping within the Scouts organization and as an umpire. He was past president of the American Federation of Government Employees and the Parent-Teacher Association.

After the boys moved out and Denny retired, music and the tuba almost dominated his every moment. He played with the Skagit Valley Community Band; became a member of the Happy Wanderers, who frequented the Autumn Leaf Festival and the Tree Lighting Festival in Leavenworth, Wash.; He played bass (tuba) in the Hugo Accordion Band out of Mount Vernon, spent 15 years playing with the W.T. Preston Jazz Band on the Sternwheeler in Anacortes; accompanied the Oak Harbor Community Band in the 1980s; gallivanted around Oak Harbor with Jan Ellis, performing in various Holland Happening events and any number of places people would ask them to play around town. He always humbly felt as if he was not a musician, but he believed that "life without music was a mistake" and he had the bumper sticker to prove it.

A number of phrases describe Denny. Examples from those close to him and with whom he taught and performed were a great sense of humor, constantly smiling, a huge heart, full of spirit, a zest for life, very loving, supportive to family, and a helpful personality.

Those surviving Denny are his loving wife, Nancy; sons, Alex (Sandy) Moody and Andy Moody; daughter-in-law, Linda Moody; 14 grandchildren; 18 great-grandchildren; and one sister, Adonna Wright.

Preceding him in death are his parents; son, Alan Moody; grandson, Matt Moody; two brothers, Clyde and Doyle; and two sisters, Yevie Meade and Floye Gundersen.

The Moody family would like to thank all the staff at Whidbey Health Medical Center, and our family and friends. You know who you are!

Memorials in Denny's name can be made out to the Skagit Valley Community Band. Visit their webpage online at http://skagitcommunityband.org/pdfs/scb_donations.pdf for access to their donation form, which can be mailed in the post. Another way to give your support is to use the link <http://smile.amazon.com/ch/91-1874499> for shopping at Amazon. When you do this, Amazon donates 0.5 percent of the purchase price to the band.

A Celebration of Denny's life will take place at Wallin Funeral Home in Oak Harbor, Saturday, March 7, 2020 at 11 a.m., with a reception to follow. Please visit Denny's page in our Book of Memories online at www.wallinfuneralhome.com to share memories and leave condolences.

Arrangements entrusted to Wallin Funeral Home, Oak Harbor.

SARA S. O'DELL

Jan. 2, 1928 – Feb. 15, 2020



Beloved mother and friend. Mother who could be characterized as a modern-day renaissance woman with eclectic interests.

She had a variety of hobbies; enjoying stained glass, machine knitting, piano keyboards. She was also an accomplished artist.

She was born and raised in Aurora, Neb. She married while going to college, moving to Kansas, Texas, Arizona, New Mexico, Oregon, California, Nevada, then finally to Washington, with her family close by.

Sara worked most of her life as an accountant, first as a senior accountant at Department of Licensing for the state of Nevada and finishing her career at the Coachman Inn in Oak Harbor.

She is survived by her two daughters: Carol O'Dell Ley (James) and Barbara O'Dell; grandson, Christopher Ley; and granddaughter Katherine A.M. Ley.

She had varied interests, enjoying stained glass work, machine knitting, piano as well as being an accomplished artist. She also believed in community and helping others. To that end she served with the Red Cross Disaster Team. She gave generously to various charities that helped feed under-privileged children. She never looked for accolades for her service and contributions.

She was a bright light in a sometimes-dark world. She will be sorely missed by her family and friends

A memorial service will be held in Phillips, Neb. Arrangements have been made with the assistance of Whidbey Memorial Funeral and Cremation Service.

Life Tributes can now be found online at www.whidbeyweekly.com



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



Community Bulletin Board

To place an ad, email classifieds@whidbeyweekly.com

ANNOUNCEMENTS

Pregnant? Need baby clothes? We have them and the price is right—FREE. Pregnancy Care Clinic, open most Wednesdays and Thursdays, 10am to 4pm. Call 360-221-2909 or stop by 6th and Cascade in Langley.

Be the difference in a child's life and become a foster parent today! Service Alternatives is looking for caring, loving, and supportive families to support foster children. 425-923-0451 or mostermick@servalt-cfs.com

The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/NorthPugetSoundDragonBoatClub?ref=hl

Medical Marijuana patients unite; If you need assistance, advice, etc. please contact at 420patientnetworking@gmail.com. Local Whidbey Island help.

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed. Victim Support Services has advocates ready to help. Please call the 24-hr Crisis Line 888-388-9221. Free service. Visit our web site at <http://victimsupportservices.org>

VOLUNTEER OPPORTUNITIES

The Habitat Stores depend on enthusiastic volunteers to help carry out our mission. We are looking for volunteers to help us with customer service, merchandise intake, store up-keep, organization and pick-ups of donated items. If you have two (2) hours or

more per week to donate, please join us in our mission to create affordable housing in our community by volunteering at our Oak Harbor Store. Hours: Mon-Sat, 10am-5pm and Sun, 11am-4pm. Please contact Tony Persson if you are interested in volunteering at our Oak Harbor store (290 SE Pioneer Way, Oak Harbor, WA 98277): 360-675-8733, tony@islandcountyhabitat.org. For our Freeland store (1592 Main Street, Freeland WA 98249), please contact John Schmidt: 360-331-6272, john@islandcountyhabitat.com. Habitat for Humanity of Island County, www.islandcountyhabitat.org, 360-679-9444.

College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the PBY-Naval Air Museum. Go to www.pbymf.org and click on "Volunteer" or just stop by and introduce yourself.

Imagine Oak Harbor's first Food Forest, Saturdays 11am-3pm, at 526 Bayshore Drive. Each week, we have volunteer opportunities available to help care for our community garden, share organic gardening tips, and learn Permaculture principles. All ages and skill levels welcome. Schedule can change due to adverse weather conditions. If you have any questions, please contact us at: imaginepermacultureworld@gmail.com

Mother Mentors needs volunteers! Oak Harbor families with young children need your help! Volunteer just a couple of hours a week to make a difference in someone's life!

How'd you do?

2	5	7	8	4	1	9	3	6
4	6	3	7	9	5	2	1	8
8	9	1	6	2	3	4	5	7
9	4	2	3	7	6	1	8	5
7	1	8	9	5	2	6	4	3
6	3	5	4	1	8	7	9	2
3	7	4	2	8	9	5	6	1
5	8	9	1	6	7	3	2	4
1	2	6	5	3	4	8	7	9

CHECK OUT OUR NEW & IMPROVED WEBSITE!



To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

Looking for board members to join the dynamic board of Island Senior Resources and serve the needs of Island County Seniors. Of particular interest are representatives from North Whidbey. For more information please contact: reception@islandseniorservices.org

JOB MARKET

RETAIL CUSTOMER SERVICE POSITION: Part-time, flexible, 3-4 days per week. Must have exceptional customer service and organizational skills and be self-motivated. Minimum 18-years old. Knowledge of art supplies and design a plus. Apply in person at Gene's Art

& Frame, 250 SE Pioneer Way, Oak Harbor. No phone calls please (2)

MISCELLANEOUS

Metal Buttons small and large, packaged in groups, gold color and silver color. Price per package or whole collection. 360-246-4184 (1)

New Singer Talent sewing machine, model 3323. I have all the paperwork and a tutorial DVD. Nothing wrong with it; simply do not need, \$125. Call or text Amy, 360-969-9266 (0)

ANIMALS/SUPPLIES

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Richard Voit Agency

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A102, Oak Harbor

rvoit@farmersagent.com

able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

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Always buying antiques, collectibles, sporting goods, tools, garden equipment, furniture, vehicles, tractors and boats. Cash paid at loading out. 45 years experience. 360-678-5888 or text 360-9691948 (2)

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Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor, call 970-823-0002

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No Cheating!

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