

April 16 through April 22, 2020

FREE

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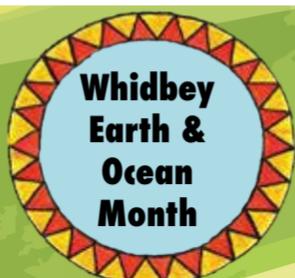
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More Local Events inside

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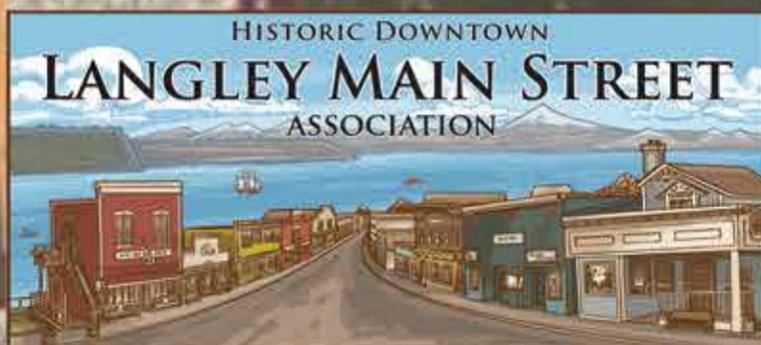
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ON TRACK

with Jim Freeman



Back in 1971, my first year in law school, one of our professors told us it took between 24 and 36 days to form a new habit.

He added if we were not in the habit of paying attention, then we'd better get crackin'.

The guy behind me from West Virginia quipped, "Our family was too poor to pay attention."

I laughed and we became roommates.

Observational benefits

During the last couple or three of the longest weeks of my short term memory deficient life, we have all been paying attention to the same thing.

Turn on the TV and pay attention to what everyone is paying attention to.

Turn off the TV.

The phone rings.

A loved one or concerned one asks about what I wanted to not pay attention to.

Some of this reminds me of my science experiment in 8th grade with the mouse and the maze.

The mouse could never get through the maze, let alone out of it, unless I helped.

I was *Stimulus Chuck* for the mouse.

Remember when you were little after you messed up?

You might have been sent to your room or a toy taken away or some activity canceled because of your misbehavior.

I miss behavior.

All alone and no place to go.

I've been sent to my room with no end in sight but my own.

Was that last sentence too adult?

So, in honor of my own self-imposed following of the rules of our Governor Inslee, who seems tall even when seated, I am offering these top ten observations of my appreciation for being forced to tolerate myself for this extended period.

Let the achievements be listed:

#10 – I don't worry so much about my computer getting a virus.

#9 – Plenty of time to hit the delete button on those unread emails.

#8 – Hearing aids are working great. So far, I have heard everything that isn't happening.

#7 – The local deer like my being home. The truck does not move. They now sleep where I park the truck.

#6 – No longer in a hurry to get somewhere I can't go.

#5 – Saving lots of money by not laminating. Apparently, laminating is only essential to me.

#4 – Listening to old baseball is better than no baseball.

A prime example was last weekend's re-broadcast on 710 KIRO radio of the 1979 All-Star game played at the Kingdome. Dodger legend and broadcaster icon Vin Scully called the play by play with Brent Musberger doing the color commentary.

Every couple of innings Brent would read his copy of a commercial for one of the major sponsors, Oscar Mayer hot dogs. Musberger would delight in his delivery, proclaiming the juicy benefits of the Oscar Mayer jumbo dog.

Any of you, and I know you are out there, who have lived in southern California in the last 60 years have surely heard of Farmer John products, particularly the Farmer John Dodger dog served at Dodger Stadium.

Having heard Vinnie verify Farmer John products are "the Eastern most in quality and the Western most in flavor" for decades, I can only smile wondering what Vinnie was thinking when Musberger was praising Oscar Mayer wieners.

In my off microphone fantasy, I hear Vinnie saying, "You know Brent, I wouldn't eat one of those if you paid me, and I wouldn't say what you just said if you did. Farmer John, baby, Farmer John."

I just heard a Mariner fan yell "Fletcher's!"

#3 – No need to shave. Since I am fully bandanned

in public, no one but me knows that underneath my mouth and nose cover, I am beginning to look like a scruffy Humphrey Bogart in *The Treasure of the Sierra Madre*. The down side of keeping your bandanna up and on—one can't lick one's finger to help access wallet money.

#2 – Since March 2, I have not needed to buy gasoline for anything but my lawnmower.

#1 – It's hard to argue while wearing a mask.

Yes, some of this all makes sense, but I think I have learned my lesson. No longer will I go impulse shopping just because I am bored at home.

I miss Oak Harbor.

I don't believe I have ever said that before, but I shall say it again.

I miss Oak Harbor.

Midway laundry. Dollar Tree. Wally World. Wendy's. Cheaper gas.

If the timing is right, maybe I can have my birthday party at the bowling alley in Oak Harbor. I am ready to strike.

The bachelor sings

What a bonehead move by me. I was so caught up in celebrating Easter last Monday (Easter Monday in Canada) I missed ABC's first episode of *The Bachelor*, *Listen to your Heart*.

Nuts. This seasonal delight is only a six episode event. Thankfully, I only have five more episodes to miss.

Living without hugging

Like answered prayer, last Sunday, on Easter, I realized I could still hug despite the six foot rule.

So, I went outside and hugged all my big leaf maples.

Know what?

I think the leaves vibrated.

Or was that me?

Blue ribbons

If they (whomever they is) gave out blue ribbons for staring out the window, I would be stacking them up. Put a Pabst in front of those blue ribbons and we might have enough for a case.

I stare out the window ruminating about how much my life seems like a science fair project.

Waking each morning, I take my temperature, wash my hands, and then check the bad data on the news.

Who needs reality TV? We are in the middle of a daily science fair trying to get a blue ribbon on our project.

My project—getting through the day with some semblance of purpose.

There is no reason anymore for me to make a list. There is no place to go.

I need no list to go shopping. I buy what I find, not what I want.

Easter Sunday morning I was up about 5:30 a.m., about the time the sun began peeking through my shower curtains. Why have drapes? They need to be cleaned.

Before the clock struck eight, I was ready to shop at Payless. Due to social distancing, I had no Easter egg hunt to enjoy with the little ones. So, I went on an Easter toilet paper hunt with the big kids.

Eureka! TP! TP!

There it was. A big sign explained the cost and the limits of purchase. The only brand available was *Essential Everyday*. Could there be a more perfect name for toilet paper?

After seeing the *Essential* name, I noticed the bold red print on the yellow background—12 Mega Rolls=48 Regular Rolls.

The plastic wrapper also sported the suggestion, "Compare to Charmin Ultra Strong."

Maybe next time, when I see something to compare.

When states ordered lock downs March 11 and 12, the sales of TP rose 845 percent.

I remember when we rafted down the Colorado River in the early 80s. About 7 every morning, and about 6 every night, the water level of the river would lower about five feet.

LA was flushing. Mega flushing.

Like they say on TV, all day and all night, we're all in this together.

Onward and upward.

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at www.whidbey-weekly.com.

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See contest details at <https://pbymf.org/2020/03/25/complete-contest-rules/>

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Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Bits & Pieces

Board of Island County Commissioners – Extension of Stay Home, Stay Healthy

Tuesday, April 7, the Board of Island County Commissioners adopted Resolution C-32-20, which maintains Resolution C-29-20 in full force and effect until Governor Inslee's Proclamation 20-25 "Stay Home, Stay Healthy" is rescinded. Access to county office buildings will continue to be closed until further notice.

The Board of Island County Commissioners is in full support of the governor's orders asking citizens to stay home and stay healthy. They strongly encourage all citizens on both Whidbey Island and Camano Island to follow his orders.

Remember to minimize your trips to the grocery store, buying two weeks' worth of groceries at a time. Social distancing is still very important, and remember to wear a face mask when leaving your house. Together we can be the difference.

To get up-to-date information about Island County's efforts to combat COVID-19 and sign up for updates, please visit the COVID-19 information page at: www.islandcountywa.gov/Health/Pages/COVID-19.aspx.

[Submitted by Virginia Shaddy, Deputy Clerk of the Board]

State Ferries Extends Winter Sailing Schedules Through June 20 Due to Lower Demand Increased service in spring was previously rescheduled to start April 26

As part of the state's response to COVID-19, all state ferries will continue to operate on the winter sailing schedules through at least June 20. Washington State Ferries' (WSF) spring season, which includes increased service on some routes, was originally scheduled to begin March 29.

The following service additions that were set to begin with the start of the spring sailing schedule will not occur through June 20:

- Fauntleroy/Vashon/Southworth: Third vessel added on weekend schedule
- Anacortes/San Juan Islands: Inter-island weekend service and addition of couple of afternoon sailings
- Anacortes/Friday Harbor/Sidney, British Columbia: Start of once daily round-trip to Canada

Previously made vehicle reservations for the Anacortes/San Juan Islands route from April 26 through June 20 will be canceled. Customers will be notified through ferry alerts when reservations will be available again for sailings during this time period. The release of vehicle reservations for the summer season, which was originally scheduled for April 21, has been canceled. No-show fees for reservations are waived until further notice.

The extension of the winter sailing schedules prepares WSF for effects of COVID-19 which could disrupt service, including:

- A significant decrease in ridership due to public health recommendations
- Availability of sufficient crew personnel to meet federal requirements

"We know schedule changes affect many people and we don't make these decisions lightly," said Amy Scarton, head of WSF. "But following discussions with health authorities and state officials, we had to make this difficult decision in order to help slow the spread of the virus while still preserving some service options."

Recent system-wide ridership has been down about 75 percent, compared to the last week of February. Walk-on passengers have decreased more than 90 percent, while the number of vehicles carried has dropped nearly 65 percent.

Customers can sign up for email rider alerts, check WSF COVID-19 travel updates and follow WSF on social media for notification of resumption of regular service and other rider information.

Emergency medical services have been notified of the schedule changes and will continue to have priority boarding as the situation allows.

Passengers can help halt the spread of the virus with good hygiene practices – washing their hands, covering coughs and sneezes, maintaining a 6-foot social distance, staying in their vehicles on the ferry if they choose – and by following the recommendations of the CDC, the state Department of Health, and local public health agencies.

Washington State Ferries, a division of the Washington State Department of Transportation, is the largest ferry system in the U.S. and safely and efficiently carries nearly 24 million people a year through some of the most majestic scenery in the world. For breaking news and the latest information, follow WSF on Twitter and Facebook.

[Submitted by Justin Fujioka, WSDOT]

Puget Sound Whale Sightings In COVID-19 Times



"Ti'uk," 4-7-20, Holmes Harbor. Photo by Howard Garrett, Orca Network

Seeing whales brings such peace and lightness to our souls, especially in such uncertain and difficult times, but due to COVID-19, the stay at home order, and safety of all, Orca Network has temporarily suspended the sharing of real-time whale sighting alerts and posts to its social media pages. The organization continues to share a weekly Whale Sightings Report, past encounter photos and videos, educational information, and news and activities on the Orca Network Facebook page, www.facebook.com/pg/OrcaNetwork.

For more than two decades, Orca Network's Whale Sighting Network has been tracking and identifying Southern Resident orcas, transient or Bigg's orcas, humpback whales, and in spring, the arriving North Puget Sound gray whales, or "Sounders," and assisting researchers and agencies such as NOAA Fisheries, the Center for Whale Research, and Cascadia Research Collective by providing sightings data, thanks to reports from the community.

Spring is always Orca Network's busiest season – along with the arrival of the Sounders and other gray whales who often wander into Puget Sound during their migration north, there is an increase in the numbers of transient (mammal eating) orcas in our inland waters, heading into the deepest bays and inlets in Puget Sound after seals, sea lions and porpoise. In recent weeks, the T46B family, which includes calf T46B1B, Ti'uk – the beautiful little white whale, has brought joy to many who have been lucky enough to see this family swim past their neighborhoods.

During this time, Orca Network will continue to collect whale sightings for all species (orcas, grays, humpbacks, minke, dolphins, unknowns) and is calling on those who live in

waterfront communities to please share sightings with it. Your whale sightings provide important citizen/community science by providing data about the travel, habitat use, feeding/prey resources and socializing behaviors of the whales in our region. This information is used by federal, state and regional researchers to inform management policies and decisions. Since the Stay at Home order and suspension of real time reporting, which in normal times alerts citizen volunteers who help gather sightings information, Orca Network is more reliant than ever on reports from those living in waterfront/view homes and communities who see whales in their neighborhoods. Orca Network asks you to please send any whale sighting reports and/or photos to help keep this important data coming in during these times, and also ask you to maintain safe social distancing and only watch from your home or neighborhood.

To report whale sightings, call 360-331-3543, toll free 866-ORCANET (672-2638) or email info@orcaneetwork.org and cc alisa@orcaneetwork.org

If you see boaters of any kind approaching too closely or not following whale watch regulations and guidelines (www.BeWhaleWise.org), contact NOAA Fisheries enforcement at 800-853-1964.

More About Our Local Gray Whales

Each year beginning mid-February to early March, a small population of gray whales known as the North Puget "Sounders" divert from their long northbound migration and head east to the inland waters of North Puget Sound to feed on ghost shrimp buried in the tidal flats primarily around Whidbey, Camano, and Hat/Gedney Islands, and nearby beaches. Many of these regulars have been coming here for 30+ years.

Wednesday, Feb. 26, Orca Network's Whale Sighting Network received an abundance of gray whale sightings from several locations throughout the day. Thanks to photos submitted by several observers, Orca Network was able to ID five "Sounders: #44 "Dubknuck"; #49 "Patch" and #53 "Little Patch" feeding together; #56 and #185 feeding together.

In March, more whales arrived. ID'd by Orca Network and others, including Cascadia Research: #531, #22, #383, and #21. A 2020 newbie was photographed by two of Orca Network's longtime volunteers March 17 in Penn Cove and again March 23 by one of its board members. This 2020 newbie turned out to be a match to a whale encountered by Cascadia Research Collective (CRC) during their March 19 survey and was subsequently given ID of CRC-2258. CRC reports all regular 11 "Sounder" gray whales have now been documented having returned to Northern Puget Sound as of March 19.

Orca Network is extremely pleased all regulars are accounted for, especially since the designation of the gray whale Unusual Mortality Event (UME) was designated by NOAA in 2019, and many gray whales have not survived the migrations of the past two years.

Virtual Welcome the Whales Festival and Parade

Due to the COVID-19 closures, Orca Network had to cancel the April 18 parade and festival, but this won't stop the organization from hosting a fun event to celebrate the return of our beloved Sounders gray whales.

This year, April 18, Orca Network is holding a "virtual" Welcome the Whales Parade and educational webinars with top gray whale researchers. The public is encouraged to create your own critter costume for the virtual Whale Parade, then send a photo so you can be in the virtual parade! Find costume making ideas on the Welcome the Whales Facebook Event page: www.facebook.com/events/1087594134933061/.

Earth Day - Time to "Go Green" with Your Investments?

Over the past several weeks, many of us have been working from home in response to the "social distancing" necessitated by the coronavirus. Nonetheless, we still have opportunities to get outside and enjoy Mother Nature. And now, with the 50th anniversary of Earth Day being celebrated on April 22, it's important to appreciate the need to protect our environment. Of course, you can do so in many ways – including the way you invest.

Some investors are supporting the environment through "sustainable" investing, which is often called ESG (environmental, social and corporate governance) investing. In general, it refers to investments in businesses whose products and services are considered favorable to the physical environment (such as companies that produce renewable energy or that act to reduce their own carbon footprints) or the social environment (such as firms that follow ethical business practices or pursue important societal goals, such as inclusion and pay equity). ESG investing may also screen out investments in companies that produce products some people find objectionable.

ESG investing has become popular in recent years, and not just with individuals; major institutional investors now pursue sustainability because they think it's profitable – and plenty of facts bear that out. A growing body of academic research has found a positive relationship between corporate financial performance – that is, a company's profitability – and ESG criteria.

So, although you might initially be attracted to sustainable investments because they align with your personal values, or because you want to hold companies to higher standards of corporate citizenship, it turns out that you can do well by doing good. Keep in mind, though, that sustainability, like any other criteria, can't guarantee success or prevent losses.

In any case, be aware that sustainable investing approaches can vary significantly, so you need to determine how a particular sustainable investment, or class of investments, can align with your values and fit into your overall portfolio. Specifically, how will a sustainable investment meet your needs for diversification?

For example, if you desire total control over how your money is invested, you might want to invest in a basket of individual stocks from the companies you wish to support. But if you want to achieve greater diversification, plus receive the benefits of professional management, you might want to invest in sustainable mutual funds. Be aware, though, that even though they may not market themselves as "sustainable," many more mutual funds do incorporate sustainability criteria into their investment processes. You also might consider exchange-traded funds (ETFs), which own a variety of investments, similar to regular mutual funds, but trade like stocks. ETFs often track particular indexes, so an ETF with a sustainable focus might track an index including companies that have been screened for social responsibility.

Make sure you understand the fundamentals of any sustainable investment you're considering, as well as whether it can help you work toward your long-term goals. But by "going green" with some of your investments, you can help keep the spirit of Earth Day alive every day of the year.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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Schedule of virtual events, April 18:

2:00PM - Virtual parade on Orca Network's Facebook page: www.facebook.com/events/1087594134933061

3:00PM - Zoom webinar featuring gray whale researchers John Calambokidis, of Cascadia Research Collective, and Steven Swartz, of the Laguna San Ignacio Ecosystem Science Program. Webinar Facebook event link: www.facebook.com/events/3034611703258191/

[Submitted by Orca Network]

South Whidbey Parks and Recreation District Stay Home, Stay Healthy Update

With the sunny weather we have been having, there has been an increase in people using the parks for individual/socially distant activities, which is good. However, South Whidbey Parks and Recreation District (SWPRD) is still seeing group activities happening in the Sports Complex and the skate park in direct violation of the governor's Stay Home, Stay Healthy order, as well as people using areas that are closed to the public, including the skate park, the playgrounds and the basketball court. This activity, as well as the times groups have been reported in the park, have been reported to the Island County Sheriff and they will be following up. Anyone violating the posted signage regarding no congregating/group activities or using areas of the park that are closed to use is subject to the SWPRD code of conduct and the consequences listed for failure to follow staff direction, failure to follow posted signage, or being in an area closed to public use. (swparks.org/wp-content/uploads/2018/04/3.01-Code-of-Conduct-Policy-Current-version.pdf)

For your reference, the following restrictions/closures remain in place:

Playgrounds, skate park, basketball court, picnic shelters and bathrooms are CLOSED. Fields and trails are OPEN to individual/socially distant activities. NO GROUP ACTIVITIES OR GATHERINGS ARE PERMITTED. Please adhere to social distancing at all times. All three WDFW lake sites on South Whidbey – Lone Lake, Goss Lake, and Deer Lake – are currently closed by order of the Department of Fish and Wildlife.

South Whidbey Parks and Recreation District understands all of us will want to get outside for our physical and mental health, especially as we move into spring and the weather continues to improve. We are fortunate on Whidbey Island to have many great parks and open spaces to explore. If you are in a high-risk group for COVID-19, SWPRD encourages you to look online for virtual park tours of state and national parks or spend time in your own back yard. Stay home and stay healthy. Those of you at a lower risk who want to get outside and run, walk a trail, or ride a bike, SWPRD suggests you use this time to explore all of the parks on the South end of the island. There are many incredible gems to explore. In addition to the Community Park and Sports Complex, the district operates Trustland Trails on Craw Road just south of Highway 525, which has a half mile ADA loop for those park users who may have mobility issues. In addition to those, you could also explore Saratoga Woods, Putney Woods, Trillium, or visit one of the many other parks or beaches on the island.

South Whidbey Parks and Recreation District also encourages you to pursue other recreational opportunities available in your own home. There are many instructional videos on YouTube and other platforms to learn many different things, such as art classes, dance lessons, music classes, and exercise programs just to name a few. So whatever thing you have always wanted to learn or try, now is a great time to get started. The Park District has been working on a few video opportunities online, follow SWPRD on Facebook to be kept up to date about upcoming offerings.

The South Whidbey Parks and Recreation District is committed to doing what we can to reduce the spread of this virus; please be safe, and follow the Stay Home, Stay Healthy order.

[Submitted by South Whidbey Parks and Recreation District]

Recalling the First Earth Day 50 Years Ago

Ann Linnea doesn't remember every detail about a historic event that took place on a college campus in Ames, Iowa, 50 years ago. But what she can't forget is how it made her feel.

"I was a junior in college at Iowa State University and we had a huge celebration there for the first Earth Day," Linnea recalled. "Dennis Hayes, one of the organizers, actually came and spoke."

She remembers the "very upbeat energy" among the thousands of students who came to the lecture and attended a parade. The energy swept through the country as 20 million Americans participated in coast-to-coast rallies April 22, 1970 to demonstrate support for environmental protection.

"It was just an amazing thing," said Linnea, a Whidbey Camano Land Trust member who now lives in Freeland. "People didn't dream there would be that level of participation. It was exactly the kind of attention needed that brought environmental concern into the political arena. Early on, we had the Clean Water Act, the Clear Air Act and the forming of the Environmental Protection Agency. It was fairly stunning the result of that first Earth Day."

That first Earth Day literally changed Linnea's world.

"It pretty much galvanized my attention and passion for earth care and earth activism," she said. "It was a pivotal point in my choosing of careers."

Linnea has spent the past 26 years on Whidbey Island, learning more about and appreciating nature while inspiring others to do so. She describes herself as a naturalist outdoor educator and is an author of five books focused on the environment, including "Keepers of the Trees: A Guide to Re-Greening North America" and "Teaching Kids to Love the Earth." A former high school biology teacher, U.S. Forest Service naturalist and newspaper journalist, Linnea is now semi-retired. She and her partner, Christina Baldwin, spent 25 years teaching The Circle Way and now offer annual wilderness quest and writing workshops through their company, PeerSpirit.

Linnea hopes that greater environmental awareness during Earth Day's 50th anniversary this month won't get lost at a time when the world's focus has been on the COVID-19 pandemic. Planned Earth Day public events and group activities are canceled to help prevent community spread of the virus.

Linnea is consulting with South Whidbey Elementary School teachers on lesson plans that include activities children can do from home during the week of Earth Day. One assignment calls for students to observe nature daily in their own yards then write about it, craft a poem, or do an art project.

Linnea, herself, is thankful to be living on Whidbey Island during these unsettling times.

"I think not a day passes that I don't rise and look outside and be incredibly grateful for living on Whidbey Island," she said. "It truly is a stunning place to live."

She shares the same admiration for Trillium Community Forest, a nature preserve near her home that she and many others helped permanently protect during a Land Trust fundraising campaign 10 years ago. She said walking the forest while observing social distancing has helped her greatly through this crisis.

"For me, walking in the woods is like breathing or eating — it's part of who I am," she said. "It helps me stay in touch with the natural world. I guess you could say it's a spiritual practice for me."

The Whidbey Camano Land Trust is a nonprofit nature conservation organization that actively involves the community in protecting, restoring, and appreciating the important natural habitats and resource lands that support the diversity of life on our islands and in the waters of Puget Sound. For more information, visit www.wclt.org, email info@wclt.org, or call 360-222-3310.

[Submitted by Ron Newberry, Communications Manager, WCLT]

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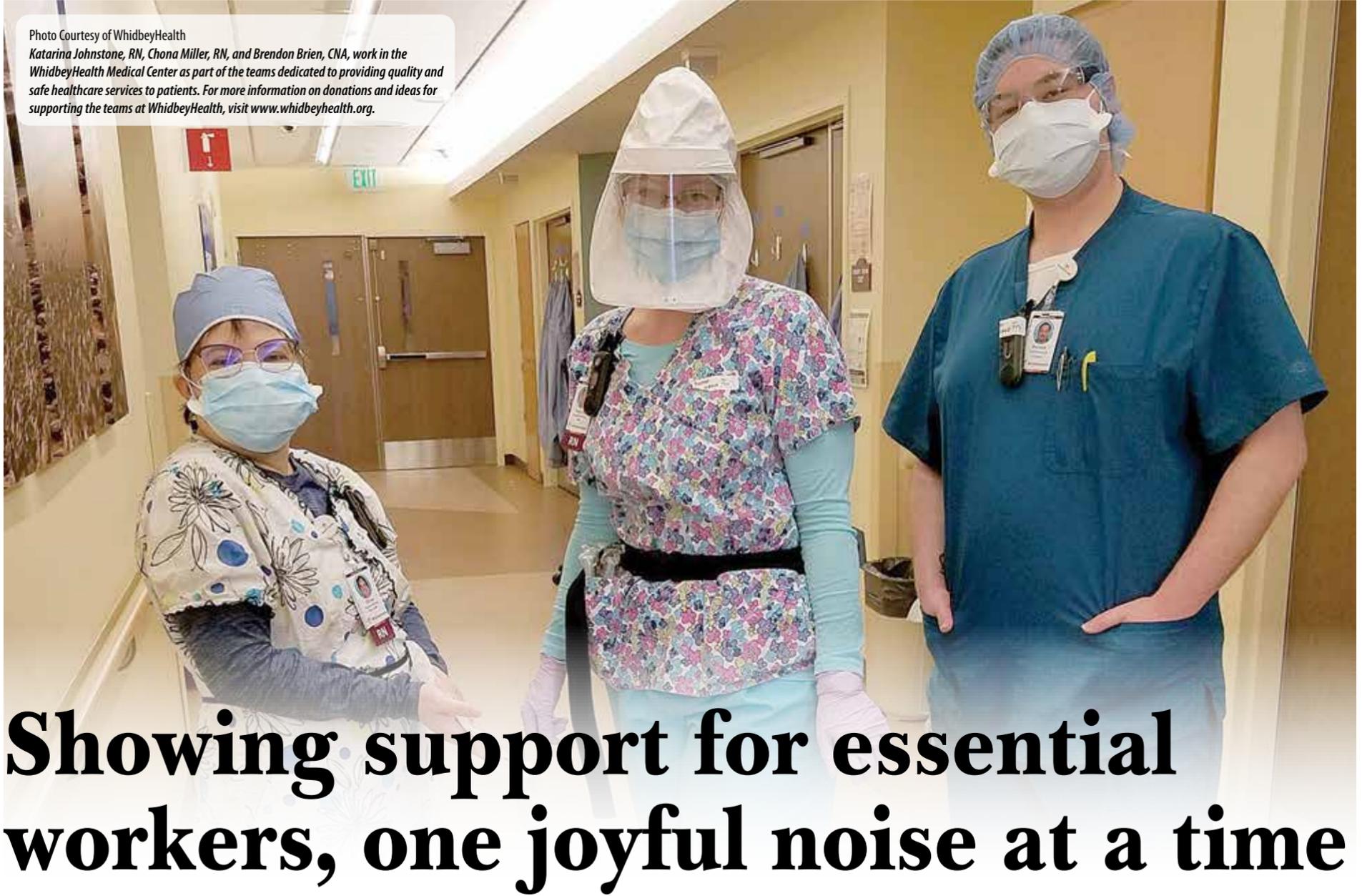
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Photo Courtesy of WhidbeyHealth

Katarina Johnstone, RN, Chona Miller, RN, and Brendon Brien, CNA, work in the WhidbeyHealth Medical Center as part of the teams dedicated to providing quality and safe healthcare services to patients. For more information on donations and ideas for supporting the teams at WhidbeyHealth, visit www.whidbeyhealth.org.



Showing support for essential workers, one joyful noise at a time

By Kacie Jo Voeller Whidbey Weekly

Each evening at 8 p.m. through the month of April, residents of Island County and beyond can listen for the whistles of the Washington State Ferries (WSF) underway as they join the joyful noise movement. The movement is a community and worldwide initiative encouraging people to make a joyful noise each night to show support for essential workers. As Island County and beyond continues to face the challenges presented by COVID-19, essential workers have played a key role in providing the community with everything from weekly groceries and supplies to healthcare.

Patricia Duff, public relations manager at WhidbeyHealth Medical Center, said there are a number of ways to stand with healthcare workers as they continue to serve the community. Duff said support has been shown through places like Facebook and emails and said those who wish to send messages of support can email contactus@whidbeyhealth.org. Those who wish to donate to the current efforts can do so by visiting the WhidbeyHealth Foundation's COVID-19 Response Fund online at www.whidbeyhealth.org/giving.

"Coronavirus continues to make extreme demands on WhidbeyHealth's facility and supplies, and most of all, our dedicated staff," she said. "These are extraordinary times, and our community responds with extraordinary generosity."

Duff said the community has contributed greatly and can continue to support efforts with donations of food to healthcare workers (www.whidbeyhealth.org/news/food-donation-and-delivery-guidelines) as well as personal protection equipment (PPE) ranging from masks to face shields (www.whidbeyhealth.org/news/mask-makers-instructions). In addition, Duff said WhidbeyHealth is dedicated to providing extensive employee resources at this time, ranging from ongoing training, free counseling services, and work from home options for non-essential employees.

"It is of the utmost importance to us that our employees are well-supported during this difficult time of the COVID-19 pandemic," she said.

Duff said while healthcare workers may not think of themselves as heroes, the community and beyond has expressed appreciation for the work being done by essential employees.

"Healthcare workers tend to be humble and would never describe themselves as heroes, even though the rest of us believe that they are," she said. "In my humble opinion, healthcare workers, first responders and essential employees are most definitely the heroes of our time. What could be more heroic than courageous workers risking their own lives to save ours?"

Other businesses are also working to provide the community with essential resources at this time. Cheryl Wieldraayer, general manager of Ace Hardware in Oak Harbor, said the store has had to make adjustments to hours and has made a commitment to protecting both staff and customers through adhering to guidelines and implementing options such as curbside pickup.

"It has definitely been a challenge, I mean, none of us has ever really had to deal with something like this and try to figure daily business out," she said. "It is interesting right now."

Wieldraayer said the team at Ace Hardware has worked to continue assisting people in the community in the face of the pandemic. She said she feels it is vital for everyone in the community to play their part in combating the virus, from those working at essential functions to those committing to following CDC and social distancing guidelines.

"It is definitely different, we are not dealing with life and death like the police and rescue and the nurses and doctors," she said. "It is kind of a different thing that we do, but we do it and we do it well. It is different, but we still are here to serve our community in different ways and if we all pull together, that is what makes it beautiful and when everybody steps up to do it, that is what makes life easier."

Wieldraayer said she feels essential workers may not feel like heroes, but are dedicated to serving their community and continuing their work.

"In the moment, people just do what is necessary to take care of their community or take care of a person in need, and then I do not think the person ever actually looks at themselves as a hero, which is actually pretty humbling to realize," she said.

Wieldraayer said the team at the store and the community at large has worked to follow guidelines and play a part in fighting the effects of COVID-19.

"Everybody has risen to the occasion and stepped up to do what they need to do and the customers are great," she said. "Everyone is learning this social distancing."

Sara Osborne, director of external affairs for Safeway, said stores have been continually updating their safety policies to help protect both employees and customers, and will be providing masks for employees, as well as starting screenings and temperature checks prior to each shift.

"Safeway and Albertsons have further enhanced safety measures in all their stores in Washington state," she said. "First, the stores are limiting the number of customers who can be inside the store at one time to roughly 30 percent of the stores' capacity. Next, the stores implemented a one-way movement policy in the aisles, which will be marked to provide direction."

Osborne said the new measures are in addition to several steps already being taken by stores in Washington, which include Plexiglass barriers at checkout lanes and dedicated shopping hours for at-risk populations. Osborne said Safeway is thankful for the dedication and work of essential employees in stores.

"We cannot express enough gratitude for our associates' dedication and commitment during this unprecedented time as they work to support their neighbors and provide essential service to communities across the country," she said.





CELEBRATING EARTH DAY WITH STEWARDSHIP

April is Whidbey Earth and Ocean Month, and marks the 50th anniversary of Earth Day.

This year's Earth Day will be experienced through the lense of a global pandemic, which is expected to peak near the end of the month. Many of us are staying home and social distancing. Others are working 60+ hour weeks to provide essential services to communities rocked with uncertainty. Each day brings a new aspect to this experience and changes our lives again.

There's something we can all depend on, though, and that is nature continuing around us. Tulips and Hyacinth have blossomed. Native bumblebees are busily and noisily visiting hot pink Red Flowering Currant and Salmonberry blooms. The grass is growing and the robins are nesting on bright blue eggs.

It's an opportunity and a blessing to be able to celebrate the Earth right now. We may not be able to celebrate in the ways we have in the past - with tree plantings and outdoor work parties, workshops and education, and community celebrations - but even without these events, the beauty of nature is we are in it, no matter where we live and what our circumstances. We can still celebrate the earth together this month through stewardship activities.

Stewardship first means recognizing our planet is an interactive community of plants, animals, soil, and water, and the actions we take in our homes and yards affect the natural world around us. Then we can take actions to benefit us all. As Eric Mader of Northwest Meadowscares puts it "humanity's work should complement nature's."

The National Association of Conservation Districts (NACD) has held a National Stewardship Week at the end of every April since 1955, encouraging communities across the U.S. to come together and carry out stewardship projects. Starting Earth Day, April 22, and continuing until the end of the month, let's come together on Whidbey and work on some stewardship projects.

One of the first and best things you can do to become an environmental steward is to find a place in nature you love. It may take some adventuring to find a place, or you may already have one in mind! Take time to go to your place as often as you can. Observe

and learn all you can about it. Experience it in different seasons, times of day, and moods. As Robert Pelant of Pacific Rim Institute points out, "We take care of that which we love, and we cannot love something unless we know about it."

Learn the names of some different trees and shrubs in your yard, in your neighborhood, or on your favorite nature walk. Choose a few plants that stand out to you and identify them. You can use an app like Picture This!, look on a plant website such as Washington Native Plant Society, or ask at a nursery. No matter how many plants you know, there's always more to learn, which is fun.

Create natural habitat on your property or in your neighborhood. Native plants are species that originated or evolved in the soils, topography, and climate of the Pacific Northwest. They grow with little maintenance and have good immune systems against diseases and pests. They provide habitat for pollinators, birds, and wildlife, and can reduce soil erosion. We need more natural habitat on Whidbey Island and in many places around the world, and there's no better time to get started establishing one than right now.

Remove noxious weeds on your property or in your neighborhood. Noxious weeds invade large areas and outcompete more beneficial plants. Removing them before they can go to seed is an important way to keep them from spreading. You can learn about Washington's noxious weeds on the Island County Noxious Weed Control Board website.

Befriend the soil. There are more than 4 billion organisms in a spoonful of healthy soil. This amazing ecosystem beneath our feet is filled with remarkable symbiotic processes in which plant roots, fungi, and organisms interact with each other in ways we don't fully understand yet. Healthy soil absorbs storm water and is less susceptible to erosion. It's also a carbon sink that pulls carbon out of the air and sequesters it. Dig up some handfuls of soil around your yard and see what you can learn.

We hope the ideas above will get you started as a steward of our Earth, and you'll join us starting April 22 to put on stewardship projects in celebration of Earth Day and Stewardship Week. Visit Whidbey Island Conservation District's website, whidbeycd.org, for resources and suggestions of stewardship projects you can do at home.



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NAS Whidbey Island, Washington

April 16-22, 2020

NCIS: Sailors, Marines, Civilians Beware of Card-Cracking Scams

From Naval Criminal Investigative Service Public Affairs

NCIS has observed increased reporting from service members facing severe financial losses after falling victims to card-cracking scams initiated via social media with promises of getting out of debt and making extra money.

There are two primary methods used to establish contact with potential victims. One version involves a social media post or message sent by a purported debt consolidator or business owner to lure service members into responding; the other involves the service member receiving a friend request from a person who presumably shares many friends in common. After establishing contact, the service member receives a message from the scammer offering grant money as a "thank you" for their service or offering to pay money for their "debt relief."

Both methods involve requesting the service member provide online bank account login information; service members may also be asked to answer security questions established through their online bank account. Victims have reported that after the money is deposited directly into their

accounts, the scammer then asks the victim to send a portion of the money via wire or cash to a third party. Victims then discover loans have been opened in their name with the same financial institution. Any attempts to further contact the scammer are unsuccessful, leaving the victim to pay off the loan.

NCIS urges service members to never provide bank account login information or personally identifiable details to anyone. Reputable financial institutions and organizations will not contact you and request personally identifiable information.

If you suspect you've been targeted with this scam:

- Immediately discontinue correspondence with suspected scammer.
- Notify your financial institution and have your accounts locked.
- Change all account passwords, seek additional security steps by your financial institution.
- Consider a credit lock through one or all three of the major credit bureaus.
- Notify your command, NCIS office, and/or respective law enforcement authorities. You may submit tips to NCIS using the NCIS Tips app or at www.ncis.navy.mil.

NAS Whidbey SAR Rescues Man near Mount Baker

A Search and Rescue (SAR) team from Naval Air Station (NAS) Whidbey Island rescued a 61-year-old man suffering from hypothermia in the vicinity of Heliotrope Ridge Trailhead near Mount Baker April 1.

The SAR crew received notification for the rescue operation shortly after 9 a.m. and launched 35 minutes later. Clouds, rain, and snow prevented a direct route to the datum so the crew opted to fly below the ceilings around terrain and through the South and North Fork Nooksack River valleys to Glacier, Wash., reaching the man's location shortly after 10 a.m. The crew then rappelled a SAR Medical Technician to the scene to assess the survivor's condition and prepare him for transport.

A ground party made up of snowmobilers from the Whatcom County Snowmobile Association discovered the man around 8 a.m. after he was reported missing the day prior by family members. They determined he was too critical for them to move on and requested assistance. The SAR crew transported the man to PeaceHealth's St. Joseph Medical Center in Bellingham without incident landing at the hospital around 11 a.m.

Naval Air Station Whidbey Island SAR has conducted eight total missions throughout Washington State this year, including one search, one rescue and six medical evacuations.

The Navy SAR unit operates three MH-60S helicopters from NAS Whidbey Island as search and rescue/medical evacuation (SAR/MEDEVAC) platforms for the EA-18G aircraft as well as other squadrons and personnel assigned to the installation.

Navy Sailor Assigned to USS Theodore Roosevelt Dies of COVID-Related Complications

From U.S. Pacific Fleet Public Affairs

The Sailor assigned to the USS Theodore Roosevelt (CVN 71) who was admitted to the Intensive Care Unit (ICU) of the U.S. Naval Hospital Guam April 9 (local date) died of COVID-related complications April 13.

The name of the Sailor is being withheld until 24 hours after next-of-kin notification.

The Sailor, tested positive for COVID-19 March 30, was removed from the ship and placed in an isolation house on Naval Base Guam with four other USS Theodore Roosevelt (CVN 71) Sailors. Like other Sailors in

isolation, he received medical checks twice daily from Navy medical teams.

At approximately 8:30 a.m., Apr. 9 (local date), the Sailor was found unresponsive during a daily medical check. While Naval Base Guam emergency responders were notified, CPR was administered by fellow Sailors and onsite medical team in the house. The Sailor was transferred to U.S. Naval Hospital Guam where the Sailor was moved to the Intensive Care Unit (ICU). The Sailor was declared deceased April 13.

USS Theodore Roosevelt arrived in Guam March 27 for a scheduled port visit for resupply and crew rest.

A Message From Acting Secretary of the Navy

To all of our Sailors, Marines, Civilians, and Military Families,

I am honored to return to the Navy-Marine Corps Team as your Acting Secretary.

From my years as an officer in the United States Navy, and my prior service as an enlisted Soldier in the United States Army, I am keenly aware of the sacrifices you make, and the dedication you show, every day in service to our Nation. Thank you for your dedicated service. I look forward to serving alongside you.

Today, with the extraordinary challenges posed by COVID-19, and the continual threats we face in a changing global security environment, our Nation needs you more than ever. Throughout this crisis, Sailors, Marines, and Civilians have stepped forward to protect the American people and our force. From New York to New Orleans, Los Angeles to Dallas, Maine to Guam, you have responded to the medical, logistics, engineering, and security requirements of our homeland during this time of need. And through it all, you have maintained the watch around the world.

Alongside Admiral Gilday and General Berger, we will maximize the resources and capability of the Department of the Navy to faithfully execute the priorities established by Secretary Esper in response to the COVID-19 crisis: Protect our people, maintain warfighting readiness, and fully support the whole of government/whole of nation response to protect the American people.

You are the reason I am extremely confident that we will make mission. Many of you – our active and reserve shipmates – are closing the margin and saving lives through countless and selfless acts of individual initiative and collective teamwork. I am proud of you – our Nation is proud of you. For as long as I have the privilege of serving as your Acting Secretary, I will do everything in my power to support your efforts and safety, and the safety and well-being of your families.

Working together and remaining ever vigilant of the rocks and shoals before us, I know we will help bring our Nation through the present challenge and all that may follow. It is what the Navy and Marine Corps have always done, and will always do, as long as there are people like you maintaining the watch.

Sincerely,
James E. McPherson
Secretary of the Navy (Acting)

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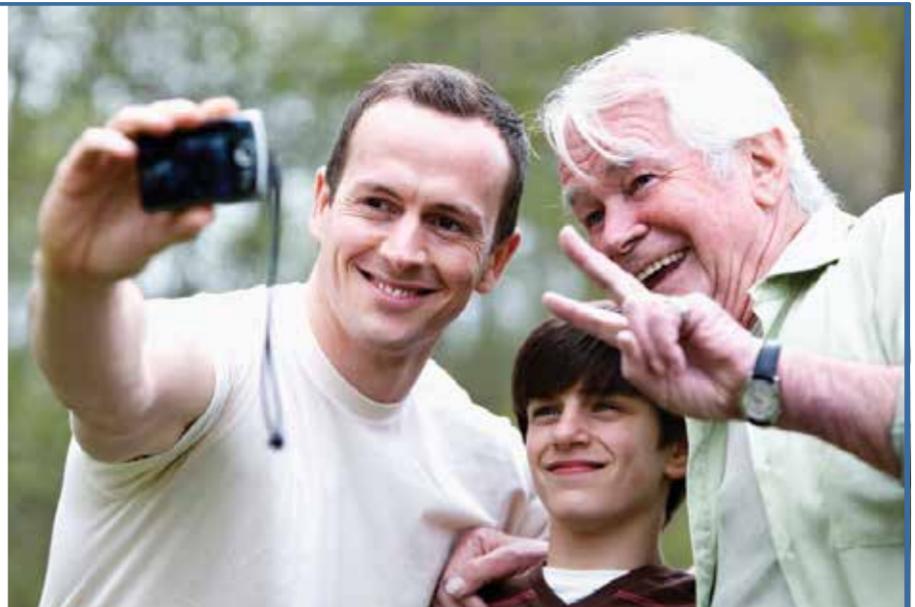
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Island Angler

By Tracy Loescher

IF YOU BUILD IT, THEY WILL STRIKE

Governor Inslee closed all recreational fishing in the state of Washington March 25 to further enforce the "Stay Home, Stay Healthy" order. This decision was to be reexamined April 6, but has since been extended out to May 4. The last Saturday in April is normally opening day of trout season for all seasonal lakes that have been closed since Labor Day of last year, and the highly anticipated opening day of Lingcod season falls on May 1, but both of these traditional start times will most likely be pushed to the right. To stay current with the latest changes affecting our recreational fishing, visit the Washington Department of Fish and Wildlife (WDFW) website and click on the bolded "Emergency Rule Change" section. Newly proposed dates and reasons for closures are here; this is one of the best ways to stay plugged into the state's latest decisions.

Depending on how far the Covid-19 virus pushes us into a corner, we could find ourselves at home longer than we would like; lucky for us, most fishermen are tenacious and patient, so here is something to help pass the time: Build your own salmon trolling lures, tie your own trout flies, or create your own river twitching jigs. Trust me, when you catch a fish on a lure or bait you built or created, it makes the catch even more personal and special. Most people say "I don't have time to make my own tackle." Well, the stay home order may/could be your opportunity to start.

Like most new things, getting started can be a little intimidating, but if our children can learn online, we can certainly pick up some helpful techniques from other online do-it-yourselfers. Fresh and saltwater fly-tying kits, do-it-yourself soft rubber and lead fishing molds have been around for many years - chances are there is a well thought out starter kit for what you want to build; just type what you're interested in building or creating into the search engine, hit enter and there will be numerous websites to explore. YouTube is a great resource for how-to videos and quite a few full, step-by-step, start-to-finish videos to take the guess work out of your new project.

How serious you want to get with your project will dictate the cost involved. At first you could be saying, "Wow it's pretty pricey." When I decided to start making my own saltwater tackle I wanted to make my own bottom fishing rigs, because the rocky bottom of the Puget Sound was grabbing and keeping them faster than I could buy them, and most lures are not cheap. I bought

only the essential items I needed to get started: A fish-shaped shad lead mold, a small amount of clean soft lead from a friend and a handheld lead melting pot. After I was happy with my project results, I gradually added more and more molds and materials over time. Building my own tackle has been and continues to be extremely rewarding for me, plus the more I build the cheaper each lure becomes.

Until we are able to freely return to the brick-and-mortar stores, online shopping is not too bad. The biggest drawback I've found over the years is some colors and shapes of products I've ordered differ from the website pictures, but generally speaking I was still able to make them work, plus most stores have good return policies. One other thing to keep in mind is to surf around the web for the best prices. I make 90 percent of my own artificial bottom fishing tackle. An old fishing buddy taught me how to make my own river jigs for salmon and I also build my own crappie jigs. I have even experimented with making my own salmon trolling spoons using thin strips of stainless steel or aluminum. Most trout fishermen are familiar with a trolling rig called a "wedding ring;" I took the design and scaled it up using larger beads, silver bands, and spinning blades. I've not won any salmon derbies with them yet, but you just never know. I love going to the craft and hobby stores with my wife - she sees flower arrangements, I see cheap jewelry, beads, and multi-colored mylar strips to make my own fishing tackle! I will confess I carry enough homemade and store-bought fishing tackle on board to fill the back of my pickup, but in the end it seems I fish with the same four or five lures I have the most confidence in, especially when salmon fishing, but I'm not afraid to throw the kitchen sink at them, if necessary, to provoke a strike!

Only time will tell when we will be able to get back out on the water and enjoy doing what we love. In addition to tackle-building adventures, take this time to start your boat engines and make any minor repairs that might be needed; you will be surprised just how much being around your boat, handling the fishing rods and reels, and organizing your tackle can take some of the sting out of not being able to fish right now. When we do get the green light, please be prepared to be patient with each other at boat ramps and on the beaches - no doubt most of us are going to be feeling a little cabin fever and be in a hurry.

Stay healthy, stay safe, and take care of your family and friends. We will be back on the water before you know it!



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Amid postponements and cancellations, hope springs eternal

By **Kathy Reed** Whidbey Weekly

We are three weeks into "Stay Home, Stay Healthy" with another two-and-a-half weeks to go. While health experts say we are beginning to make progress "flattening the curve," it remains to be seen whether Gov. Jay Inslee's order will be extended past May 4.

That uncertainty has had a profound impact on community festivals and celebrations, with many being postponed and outright canceled. Already we've missed out on the Welcome the Whales Festival and Parade, not to mention numerous Easter egg hunts. Local theaters went dark almost immediately, resulting in seasons being postponed, at the very least.

In the coming weeks, we will miss out on even more, such as the Holland Happening Parade and Festival, the Penn Cove Water Festival, Coupeville's annual Memorial Day parade and even the Island Shakespeare Festival - all canceled. Holland Happening was the first major event to fall.

"It is with a heavy heart that I announce the Holland Happening Parade and Festival will be canceled for 2020," announced Oak Harbor Chamber of Commerce Executive Director Miranda Hoppock on March 16.

It was not a decision reached easily, she said, emphasizing the important role events can have for the organizations which put them on.

"All of our events that have been canceled will impact us at the Chamber greatly," Hoppock told *Whidbey Weekly*. "All event revenue goes toward our chamber staff and operation costs. We have a tight budget; if we don't have an event it directly affects our ability to staff the Chamber or operate effectively."

Nina Marie Goddeau, president of the Penn Cove Water Festival board of directors, announced the cancellation of the long-standing cultural festival - typically held in mid-May in Coupeville - on March 19.

"This was an extremely difficult decision for

us but we all agreed," Goddeau said. "It is definitely best for the safety of our Penn Cove Water Festival family and community. We have spent much time and money towards this event...and although we are sad about the energy we put into this event, we understand the greater cause. We know our love and passion towards the celebration of our native culture will be expressed in years to come."

The water festival will be back next year, although a date has not yet been set. Goddeau said the board is now looking for ways the group can recoup some of its financial losses suffered due to the cancellation.

"We have ideas to raise awareness and create fun fundraising events," she said. "We have a need for new, creative ideas and to motivate people to help pull this off. Only as a community standing together can we pull this off. Our board members and all the people who make this event are amazing."

Perhaps most surprising of the postponements and cancellations to date is that of the Island Shakespeare Festival, which doesn't begin its season until July. Organizers announced late last week the current season's productions will be pushed back to 2021.

"Many factors determined our postponement," explained ISF Artistic Director Olena Hodges. "First, we don't know if stay home orders will still be in effect in the summer, and while we hope they will be lifted, it felt like too big a risk to rely on that optimism. Second, even if they're lifted, it's possible we'll be gearing up for a second wave of illness in mid to late summer, based on some predictions, so gathering may not be safe. We felt it untenable to risk a COVID-19 spread at our performances."

"Third, spring is our major fundraising season," Hodges continued. "This time of year, we solicit playbill advertisements and hold our major fundraising event. Because our community of small businesses is suffering along with individuals suddenly out of work, we didn't want to add to the stress of our loyal supporters by asking for funds



Photo Courtesy of Penn Cove Water Festival

The Penn Cove Water Festival, usually held in Coupeville in mid-May, has been canceled for this year, one of many events canceled because of the coronavirus pandemic.

during this time. These primary reasons, among many others, made clear the appropriate decision was to postpone our season."

The postponement means ISF will hold over the shows scheduled for this season for next year. Because other theaters around the country are facing similar scheduling dilemmas, it means ISF may only have to re-cast a small number of actors.

"All three directors are able to stay on board, as is much of the production and design team and even the acting company," said Hodges. "It's so hard to say what the next year will hold, but at this time, we're confident much of the team will be able to stay with these projects. After we (staff and board) made the decision, I called everyone in the company and spoke to most, and everyone was hopeful they'd be able to make the shift with us."

Financially, Hodges said without the expenses of the summer season, ISF's overhead is relatively low, so she feels confident the organization will be able to survive the coronavirus storm. She said those who want to support ISF can do so by supporting local businesses.

"We are keenly aware that the current focus of support needs to be on the front lines," she said. "Support Good Cheer Food Bank, support the Whidbey Community Foundation, support nonprofits on our island currently keeping people safe and alive."

"If, after those, you feel inspired to support the arts and ISF in particular, we are grateful beyond all expression," continued Hodges. "We are working to supply cloth masks, which we've termed 'Bard's Barrier' masks, available for a pay-what-you-will donation. Those are available at the Star Store in Langley and through ISF directly, by emailing info@islandshakespearefest.org. A portion of donations received from these will

go to support the Good Cheer Foodbank as well."

Goddeau said Penn Cove Water Festival volunteers are doing something similar to help keep the community safe and to raise funds.

"We have donated prior years' [festival] T-shirts to be used to make masks," she said. "Many board members and community volunteers are sewing away to help our front line workers. I have asked people who offer donations towards the masks to put them towards next year's festival."

As we begin to look at the summer calendar, many hope there will be opportunities ahead to allow us to gather and celebrate. Hodges believes we can come out of this better than before and is filled with hope for the future.

"We will come out of this remembering how much we need connection," she said. "The communion of theatre will not be taken for granted. We will spend this time grateful for the art we have access to in our homes, but when we can come together to share a collective experience, we will know the depth of that importance and beauty."

"ISF will be grateful to share in healing with our community," Hodges continued. "The joy and triumph that will resonate in our space will be palpable in a unique way. I can't wait for that day. And I know it will arrive. Many of us will come out of this shared experience so much more connected to ourselves, our families, our planet, our priorities. Some will not have that privilege; I hope we also come out of this with a new connection to our empathy and care for one another. I see so much hope for humanity on the other side of this time."

For information, go to www.islandshakespearefest.org, www.penncovewaterfestival.com or www.oakharborchamber.com.

Staying strong: community rallies behind businesses, nonprofits

By **Kacie Jo Voeller** Whidbey Weekly

While many of the people of Whidbey Island stay home to combat the spread of COVID-19, community spirit is still out in full force. Thousands of dollars in sales and donations from the community have poured in as businesses and nonprofits run campaigns to help support the local economy, business owners and the needs of other islanders.



Photo Courtesy of the Langley Chamber of Commerce

This week, the Langley Chamber of Commerce will launch the Langley Virtual Village, "Altogether Langley," which will highlight a number of the town's businesses while encouraging e-commerce and gift card purchases to support businesses during the stay-at-home order and beyond.

Eric Peterson, owner of Ashley's Design and Letterman Jackets, started the #WhidbeyStrong initiative to help businesses limiting their operations or which had closed down due to Gov. Jay Inslee's stay-at-home order. For each shirt with a specific logo sold, \$10 goes directly to the respective business. Peterson said the initiative reached its initial goal of \$10,000 for Whidbey businesses on the twelfth day of the campaign, and has reset the goal to \$15,000.

"It has really been incredible to see the community rally behind local businesses," he said. "I have gotten emails from people saying they are getting a couple of shirts now and will get a couple more on their next payday. It's just incredible to see the generosity of the Whidbey community and willingness to support local businesses."

Peterson said there are currently 99 businesses participating in the WhidbeyStrong initiative and he expects to see the list continue to grow. The full list of participants and their shirts can be seen at www.ashleysdesign.com/whidbeystrong/.

"My son and I go in on Saturday, and I personally write each check," he said. "We talk about the businesses we know or the owners and what each one can do with the money. I received one email from an owner that said how much they were struggling and how much they appreciated getting that check. I am happy to see so many people step up to help these local businesses and to be part of it, but also extremely sad that we have to do this and people are struggling."

Peterson said he hopes to see continued support as the stay-at-home order remains in effect.

"This is people's livelihood - they have everything wrapped up in their business," he said. "So the continued support is so important for those struggling businesses. That is why I am happy to keep adding new businesses because they bring their fan base to the site to buy their own shirt and might see another business and decide to get a second and help them out."

Other forms of supporting businesses have also been started throughout the island. Launching this week in Langley, businesses will have the opportunity to join the Langley Virtual Village, an

See **STRONG** continued on page 11



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Pandemic Cinema

It's only a movie

By Carey Ross

I tried to resist.

In a world in which movie theaters are closed, I have to resort to my own imagination and ingenuity when it comes to story ideas. While I'm long on opinions and adjectives, I'm not always strong in the imagination department.

When in such a situation, I do what comes naturally to me: I mine the brains of my much smarter friends.

To a person, they have all told me to write a roundup of "pandemic movies." I have a certain amount of squeamishness about the topic, for obvious reasons. But every time I log into a streaming service, I'm told those are the films folks have high interest in.

Far be it from me not to give the people what they want. If you'd like to spend your time in quarantine watching what happens when other people don't quarantine, these are the ones to watch.

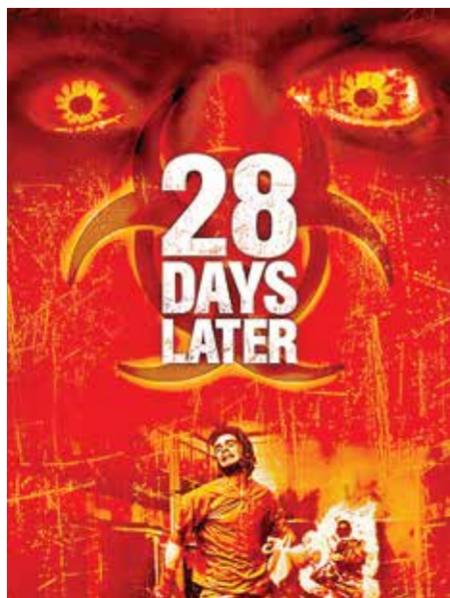
Because this is my list, I'm going to begin with my favorite in this surprisingly expansive genre: "28 Days Later." Zombie films could easily comprise the entirety of this roundup, but this is one in which the virus aspect is central to the plot. The conceit is a familiar one: A mysterious, highly contagious virus is released accidentally, turns everyone who gets it into raging zombies, all hell breaks loose, society breaks down completely. It

could be cheesy and derivative, but in the capable hands of ever-dynamic director Danny Boyle ("Trainspotting, Slumdog Millionaire"), it's instead saturated with heart-stopping action and emotion. Boyle's true genius was twofold: First he cast a quartet of relative but incredibly charismatic unknowns, Cillian Murphy, Naomie Harris, Megan Burns, and Brendan Gleeson, as his survivors. And then he made his zombies fast-like real fast. No more lumbering beasts, these undead will run you down in terrifying fashion. Made for a mere \$8 million, Boyle's speedy zombies took 2002's box office by storm.

Now it's time to get real. Probably the most true-to-life film in the pandemic genre is the always-prolific Steven Soderbergh's 2011 flick "Contagion," which is notable for the scene in which Gwyneth Paltrow dies a very grisly death, and also for how it so clearly depicts how easily deadly viruses can spread right alongside conspiracy theories and misinformation.

OK, that's a little too real.

Backing off slightly from the scarily prescient story of the times in which we currently find ourselves, our next stop on the road of disease dramas is 1995's "Outbreak." For those who weren't aware (or not yet born), during the 1990s, the disease we most feared running roughshod over society was Ebola, which is a form of hemorrhagic fever. Fueling the fear fire was the 1994 runaway nonfiction bestseller "The Hot Zone," an account of the origins of hemorrhagic fevers, and incidents in which they've been transmitted to humans. On the heels of this terrifying true-life thriller came "Outbreak," which imagines such a disease breaking out in small-town America. CDC and Army scientists played by Dustin Hoffman, Rene Russo, Kevin Spacey, and Cuba Gooding Jr. descend to try and save the day, but are challenged by a power-mad general who wants to claim the virus and use it as a bioweapon. The plot is more than a little melodramatic, the cast has not held up so well (I'm looking at you, Kevin Spacey and Cuba Gooding Jr.), but it remains an entertaining watch. Mostly it's just my hope enough people will see my jokes about calling people the "'Outbreak' monkey" whenever they become ill with something contagious will finally land.



STRONG continued from page 10

online platform where visitors can find a wide range of Langley's stores. Inge Morascini, executive director of the Langley Chamber of Commerce, said the site will provide a central place for businesses to provide information, and if they choose, their products and services.

"Our intent is to provide a more expansive explanation of all of the businesses and bring in the human side of the businesses by adding a philosophy or a personal statement from the shop owner as well as an image of the shop owner or owners."

In an effort to stimulate cash flow for closed businesses or those limited in their operation, Morascini said consumers will be able to purchase gift cards to shop at the stores in amounts of \$20, \$50, \$75 or \$100, with the ability to redeem the cards when stores reopen or through the Langley Virtual Village. Morascini said as an extra incentive to buy gift cards now, the value of the cards will increase by 20 percent after 45 days.

"Part of the inspiration just came from the community phoning the chamber of commerce and asking, 'How can I help support businesses while they are closed?'" she said.

The site is an extension of the Visit Langley website (www.visitlangley.com) and is open to both chamber and non-chamber members at this time, according to Morascini. For businesses which choose to do so, the site will also be commerce-enabled, and visitors can purchase products through the village. Businesses interested in becoming a part of the online platform can apply at www.visitlangley.com/langley-virtual-village-business-sign-up/.

"Right now, I think every businessperson needs to take advantage of whatever edge they can possibly get and this one happens to be free," she said. "There is no cost to it, it takes less than five minutes to provide us with the information, the application is right online. It is quick, it is easy and there is no cost associated. All they have to do if they are not a current (chamber) member is fill out the membership application we send them."

On the nonprofit side, the Whidbey Community Foundation (WCF) awarded its first round of grants from the COVID-19 Community Resilience Fund. Nancy Conard, executive director of the WCF, said the organization granted \$40,000 to nine nonprofits, including WhidbeyHealth Foundation, Senior Services of Island County, Helping Hand of South Whidbey and more.

"In the initial phases, WCF is prioritizing grants to community-based organizations that are serving those who are immediately and disproportionately suffering from this crisis," Conard said. "The immediate focus areas include, but are not limited to: food insecurity, economic insecurity, housing insecurity, access to health care and prescription medications, costs related to mitigating virus transmissions, access to transportation, and access to childcare."

Conard said through community support, \$100,000 has already been raised for the COVID-19 Community Resilience Fund, and WCF will continue to review and award grants to nonprofits.

"I am just really proud of our community," she said. "People who are in a position to donate have stepped up and people who are able to volunteer or already were volunteering have increased what they are doing. And I cannot say enough about the healthcare people and first responders that are taking care of us."

For more information on the COVID-19 Community Resilience Fund, visit www.whidbeyfoundation.org.

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During these tough economic times we could use your help. To offset a portion of our lost advertising revenue, you can purchase a WE'VE GOT ISSUES!! t-shirt at www.ashleysdesign.com/whidbeystrong and we'll receive \$10 from each shirt sold. Thank you for your support! We are all in this together!

WE ARE WHIDBEY STRONG!

CAN DO SUDOKU!

On a scale from 1 to 10...7.2

Every row of 9 numbers must include all digits 1 through 9 in any order
Every column of 9 numbers must include all digits 1 through 9 in any order
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Answers on page 15

1	3			8	4	2		
	4				5		7	
2					3			
		5	8		2			6
8								9
9			4		1	7		
			5					1
	9		3				2	
		2	1	6			9	3



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TUESDAY, MARCH 17

4:17 pm, Pioneer Park Pl.

Female with slurred speech advising it was an accident, confirmed address but refused all further information; when asked to stay on line, disconnected because "I'm done with you."

WEDNESDAY, MARCH 18

5:42 am, Yvonne Ave.

Advising just let dog out and raccoon is in front yard in tree; caller very scared. Cannot let dog out with raccoon there.

2:44 pm, Oak Harbor Rd.

Caller advising neighbor running saw outside her children's window since 6 am; caller does not feel safe leaving her home. Had interaction with neighbor last year; she was assaulted, suffered head injury.

THURSDAY, MARCH 19

12:02 pm, Mutiny Bay Rd.

Reporting party advising heard second hand report referencing Nichols Brothers worker having a cold and home in bed; wants number to Health Department to know what to do. Advised to call 911 - could send medical response.

1:33 pm, Mobius Loop

Calling about circus we live in. Recalling. Is upset with Felici, rambling about crack.

6:26 pm, Airline Way

Reporting party advising male came to location to buy washer, loaded washer, asked for hoses. Reporting party told male there were none. Male took washer out of truck and dropped it on the ground, damaged washer.

FRIDAY, MARCH 20

12:59 pm, Timber Ln.

Caller having issues living at location with her children and her estranged husband and his new girlfriend. Requesting call. Husband and girlfriend are not there now.

4:31 pm, Patmore Rd.

Advising white male in orange jump suit (like jail attire) walking down road yelling.

6:51 pm, Oak Harbor Rd.

Advising subject associated with white truck with camper falling off; may be trying to drive while intoxicated.

6:57 pm, Evening Glory Ct.

Neighbor has stolen property from reporting party. Occurred at 16:30 today. Property is sign with reporting party's phone number on it.

SATURDAY, MARCH 21

9:17 am, Mobius Loop

Reporting party advising last night ex sent her photos of him burning her clothes.

Requesting call and possibly law enforcement escort; advising not sure of address, male recently moved in with friend.

4:25 pm, Wilkinson Farm Ln.

Caller states received package from China he didn't order; unknown what it is, wants to know how to get rid of it.

5:45 pm, SE Bayshore

Reporting party advising male with no shirt or shoes, wearing a back pack, running in road and yelling a lot. Last seen running towards Orlando's barbecue.

11:53 pm, SR 20

Reporting party difficult to understand; stumbling over his words. States was arguing with subjects at neighboring campsite and he took their license plate, then "they came rushing out at me."

MONDAY, MARCH 22

11:47 am, Grateful Acre Pl.

Lots of interference on line; juvenile picked up phone and said there's a fire. When asked where, juvenile said "Oak Harbor;" when juvenile was asked to clarify where, juvenile said "in a school or something, I don't know, never mind" and then disconnected.

2:54 pm, W Green Valley Rd.

Reporting party advising on her way home, saw an older woman on Green Valley near intersection, hiding under bush holding her knees. Did not look friendly. Female was rocking back and forth, watched reporting party and seemed incoherent.

3:11 pm, SR 20

Caller states just got in his car and while backing out, someone was trying to break into it; says suspects opened up trunk of their car; two men and two women.

3:47 pm, Wilson Rd.

Reporting party says person is in her bathroom and won't let her in; now advising

she is having medical issue, has fluid leaking from her vagina.

9:29 pm, NE 6th St.

Reporting party states someone shot arrow into his garage door; occurred 30 minutes ago. Arrowhead still embedded in door but person took the shaft.

TUESDAY, MARCH 23

6:20 am, Meadowood Ln.

Reporting party advising a black glove seen on video of his back porch; occurred at 5 am and two more times since then; states has been having trouble with his neighbors and it may be them.

11:47 am, N Main St.

Reporting party requesting call, advising someone is calling people who have been tested for COVID-19; is telling those people results are negative when results haven't actually come back yet; subject calling people is claiming to be from Whidbey General Hospital.

3:36 pm, Smugglers Cove Rd.

Reporting party advising he was driving in area of Smugglers Cove the other day and saw symbols for hate group "The Order" posted in area; requesting call.

5:21 pm, SR 20

Caller advising in area of location near concrete company, subjects walking down highway southbound towards Liberty Market holding giant swords; two subjects, one with tan-colored jacket, one with blue hat.

WEDNESDAY, MARCH 24

11:16 am, Arbor Dr.

Requesting call referencing ongoing problems with neighborhood cat.

7 pm, NW Coveland St.

Caller advising male subject standing in middle of road screaming; cannot see him, only hearing him.

Report provided by OHPD & Island County Sheriff's Dept.

RESPECTFUL

- Find & special words!
- Make a magic box!
- Locate the missing magic wand!

FUN FACTS!

Famous magician Harry Houdini's real name was Erik Weisz.

The Egyptians divided the day into two 12-hour periods and used large towers to track the movement of the sun and tell time.

A crocodile cannot stick its tongue out.

H	O	W	D	Y	C	J	Z	A	S	Z	W		
B	I	U	N	S	W	T	Y	B	L	Y	S	G	L
O	W	E	L	C	O	M	E	U	B	V	A	O	T
N	H	O	W	A	R	E	Y	O	U	K	C	O	L
J	E	R	G	O	O	D	M	O	R	N	H	D	G
O	L	H	O	L	A	F	G	R	T	E	E	M	C
U	L	N	I	C	E	T	O	S	E	E	Y	O	U
R	O	M	P	L	D	D	Q	Q	D	Z	T	R	A
Q	S	R	M	V	W	I	N	K	S	C	H	N	Y
H	E	Y	T	H	E	R	E	C	G	I	E	I	O
B	Q	U	D	Y	O	L	G	R	T	S	R	N	P
C	G	R	E	E	T	I	N	G	S	E	G		

Magic Puzzle Box

CHALLENGE: Can you turn this RECTANGLE into a SQUARE?

STEP 1: Cut out the three pieces of your puzzle box by CAREFULLY cutting along the dark lines.

Step 2: Reassemble the 3 pieces on a flat surface to make a RECTANGLE. Now, move them around to make a SQUARE. HINT: Use the stars as a guide.

YOU CAN COLOR TIC TOC!

Tic Toc the Time Traveling Cowboy knows that A TRUE MAGICIAN takes the time to find nice words to say to others.

Can you find 8 ways to say "Hello" in this cowboy's speech bubble?

How many magic wands are there?

Q: Why do magicians like tests?
A: Because they are really good at trick questions!

SAVE THIS ISSUE OF THE WHIDBEY WEEKLY!
LEARN HOW TO MAKE SOMETHING FUN WITH IT ON THE JR RUSSELL MAGIC FACEBOOK PAGE!

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CHICKEN LITTLE & THE ASTROLOGER

By Wesley Hallock

ARIES (March 21-April 19)



Explosions come in two kinds, happy and unhappy. A happy explosion in 1895 gave us puffed rice and breakfast with a bang. An unhappy asteroid explosion in 1908 leveled 800 square miles of Siberian forest. That's a lot of toothpicks. Heat and pressure within your relationships this week ranges somewhere between puffed rice and toothpicks. Given the volatile nature of emotions, dare we advise caution?

TAURUS (April 20-May 20)



Richter Scale events are ground shaking. The Great Alaskan Earthquake measured 9.2 on the scale and dropped ground levels up to 38 feet. While not measurable on the scale, the epic moves of Meghan Markle and Prince Harry have heads continuously shaking. Richter Scale events in your own life involving the opposite sex, though not making the news, might label you a mover and a shaker.

GEMINI (May 21-June 21)



A timely tip for you in search of greener pastures: Don't underestimate the value of manure. No BS. You think things look appealing on the other side of the fence? The reason may be that your neighbor is enjoying the benefits of a bumper crop of manure. So when life dumps on you, when your checks bounce and your curls go flat, say thank you and rake it in. Add water. See what grows. Ideally, that will be you.

CANCER (June 22-July 22)



A walk on the wild side can be many things. For Dr. Livingstone, it was a trek through Africa seeking the Nile River's source. For Dorothy, a night's dreamscape, replete with witches and wizards. As for you? Do not think you can escape your own wildside. Don't be daunted. Cinderella stories with happy endings are also walks on the wildside. A prince returning your lost slipper? All is possible. So keep your toenails trimmed.

LEO (July 23-Aug. 22)



Nothing excites an entrepreneur more than matching problems to solutions. Problem-solving pays handsomely, you see. In business, it pays money; in relationships, the pay is deeper bonds. Chocolates in heart-shaped red boxes? Both angles covered! Entrepreneurial genius. By now, you're rushing ahead, pondering the solution to your particular problem. From Gandhi's box of chocolates, a tip: "Be the change you wish to see."

VIRGO (Aug. 23-Sept. 22)



"Into each life, a bit of slapstick must fall." Not a biblical passage, found nowhere in the Vedas, it is true, nonetheless. When all else fails to get your attention, trust reality to deliver a comedic blow. What better way to rouse the nodding life participant than a figurative pie in the face? So pay attention. Your life lessons

this week come not without dividends. The possible reward? Your pie presented gently on a serving dish.

LIBRA (Sept. 23-Oct. 22)



So. You think your spouse is being illogical, self-centered and unrealistic. Oh, and don't forget obtuse. Maddeningly insensitive to your viewpoint. Love the darling anyway. Trust Emerson, who said that for every minute you are angry, you lose sixty seconds of happiness. Let it go. Today's anger will be forgotten tomorrow, anyway. And one more point. You've said not one thing in your beloved's favor. Not one. Now who's being obtuse?

SCORPIO (Oct. 23-Nov. 21)



Pressed by enemies, how do you respond? With the valor of a thundering Cape buffalo holding off a pride of lions? "Valor is strength," said de Montaigne, "not of arms and legs, but of heart and soul." Your true enemy, then, is not outside you. It is within. Your most worthy opponent, the one most likely to defeat you, is the inner voice that in the heat of battle whispers, "I can't." A valorous response? "I can, and I will!"

SAGITTARIUS (Nov. 22-Dec. 21)



Finally, you're getting ahead. Congrats! Except, now everyone has their hand out. Sibling rivalries, generational differences, family members become enemies. Is money really worth all the fighting? No less a moral statesman than John F. Kennedy posed the perfect gift to place in those reaching hands, and in the same line, warned against foolish sentimentalism: "Forgive your enemies," he said, "but never forget their names."

CAPRICORN (Dec. 22-Jan. 19)



Thirsts are for quenching. Think cold beer on a hot day. Quenching also hardens steel. White hot steel thrust into mineral oil is made stronger. What's that to you? Lots. Both sorts of quenching apply. Hardened by mishaps and long experience, you are like tempered steel, thirsting now for other things. Power, security, you name it. So down your beer and let's go. Thirsts are for quenching.

AQUARIUS (Jan. 20-Feb 18)



Mum's the word. This useful idiom dates back to Shakespeare and is still useful today. The value of keeping one's mouth shut cannot be overstated. As they said in WWII, loose lips sink ships. To be seen and not heard, to act without speaking, gives you an important edge over competitors this week. In all matters of importance, careless talk is a risk. The ship you sink might be your own.

PISCES (Feb. 19-March 20)



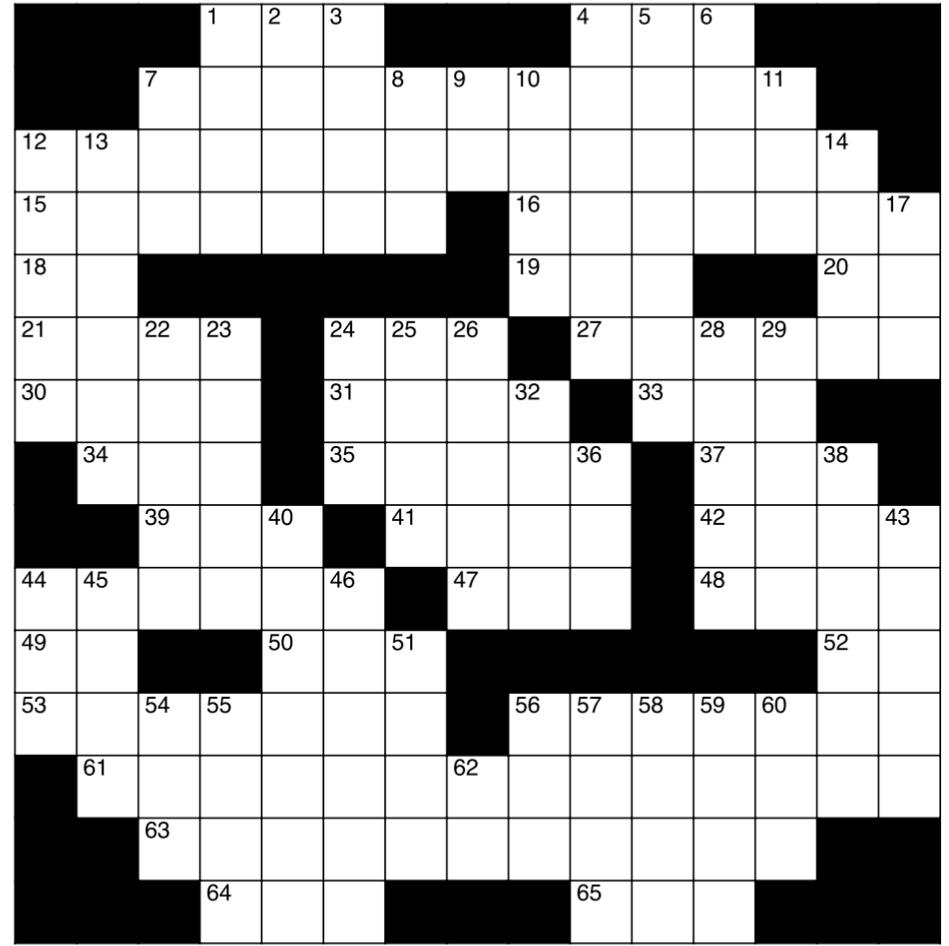
This week, it's different strokes for different folks. Where diverse types compete, the less adaptable may clash. That need not include you. Rise above petty differences of style and you can profit from all. Differences make the world go round. As the French say in a sexual context, vive la difference! So have fun. Play with the human condition. Ella Wheeler Cox said it best: "Laugh and the world laughs with you; weep, and you weep alone."

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Chicken Little's knock on the head meant to him that the sky was falling, silly bird. His horoscope showed other possibilities. Don't wait for a knock on the head to ask what's up in your life. Wesley Hallock, as Whidbey Weekly's professional astrologer and horoscope writer, keeps one eye on the sky and alerts us to the prospects each week. To read past columns of Chicken Little and the Astrologer in the Whidbey Weekly, see our Digital Library at www.whidbeyweekly.com.

Crossword Puzzle



CLUES ACROSS

- 1. Germanic mythological god
- 4. Cash machine
- 7. Improvement
- 12. What voters want
- 15. Sheepish
- 16. Placed at powerful level
- 18. Measure of illumination
- 19. Trent Reznor's band
- 20. Commercial
- 21. Amounts of time
- 24. English broadcaster
- 27. Rolls of tobacco
- 30. Position
- 31. Expresses pleasure
- 33. Corporate exec (abbr.)
- 34. Body part
- 35. Bleated
- 37. Businessman
- 39. Beats per minute
- 41. Defunct Italian monetary unit
- 42. Broken branch
- 44. Put in advance
- 47. Arrest
- 48. Prefix indicating adjacent to
- 49. Artificial intelligence

CLUES DOWN

- 1. Network connector
- 2. Primordial matter
- 3. Get up
- 4. Uncoordinated
- 5. Ill-fated cruise ship
- 6. Work hard
- 7. Drivers' speed
- 8. Largest English dictionary (abbr.)
- 9. Healthcare pro
- 10. Egyptian Sun god
- 11. Expresses the negative
- 12. Some are three-legged
- 13. Clothing manufacturer
- 14. Close by
- 17. Tooth caregiver
- 22. Housing material

- 23. Flows through
- 24. Founder of Buddhism
- 25. Honorific title
- 26. A type of letter
- 28. Seize and hold firmly
- 29. Artery
- 32. Body fluids
- 36. Press against lightly
- 38. An island in the Pacific
- 40. A reminder of past events
- 43. Austrian spa town
- 44. Peter's last name
- 45. Something a mob might do
- 46. Of the bones of the feet
- 51. "Amazing Stories" writer
- 54. Nazi-resistant youth group (abbr.)
- 55. Used to have (Scottish)
- 56. A way to cook
- 57. Japanese port city
- 58. Type of precipitation
- 59. Engrave
- 60. Female sibling
- 62. Expresses emotion

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, April 16	Fri, April 17	Sat, April 18	Sun, April 19	Mon, April 20	Tues, April 21	Wed, April 22
North Isle H-63°/L-45° Mixed Sun and Clouds	North Isle H-60°/L-46° Mixed Sun and Clouds	North Isle H-57°/L-47° Cloudy	North Isle H-58°/L-46° Showers Possible	North Isle H-59°/L-46° Showers Possible	North Isle H-57°/L-44° Mostly Cloudy Rain Possible	North Isle H-60°/L-45° Mostly Cloudy Rain Possible
South Isle H-61°/L-46° Partly Sunny	South Isle H-62°/L-45° Mostly Cloudy	South Isle H-60°/L-47° Cloudy	South Isle H-61°/L-46° Showers Possible	South Isle H-61°/L-46° Showers Possible	South Isle H-62°/L-46° Mostly Cloudy Rain Possible	South Isle H-60°/L-45° Chance of Rain



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Life Tributes

BEATRICE CROSS Aug. 31, 1945 – March 27, 2020



Beatrice Cross (Minke) was born Aug. 31, 1945 and passed away March 27, 2020. Beatrice died peacefully in her sleep at the Careage of Whidbey nursing home in Coupeville, Wash., of complications of COVID-19.

She is survived by her son, Ken (Dawnelle) Conlisk, and daughter Rebekah (Jeff) Shoup. She is also survived by her older sister, Sondra; her brother, Charles (Laurinda); her twin sister, Barbara; grandsons, Timmy and Danny; granddaughters, Bella, MaryBeth, Gabby and Hope; great-granddaughter, Scarlett; and many nieces and nephews.

She is well known among her family and friends as a very happy and personable lady. Her giggle is her most fondly remembered trait and she was a constant joy in life. She was loved very much, and she will be greatly missed. Family and friends are encouraged to share memories and condolences at www.whidbeymemorial.com.

ROBERT L. HAYS April 29, 1964 – March 27, 2020



Robert L Hays passed away March 27, 2020 at home with Tricia by his side. He was born April 29, 1964 in Paradise, Calif., and adopted by Thomas Hays and Lisa Marie Rambow.

Bob went to school through his freshman year in California and then moved to Dayton, Wash., to live with his uncle and aunt, Ron and Janet Schafer. He graduated from Dayton High School with the class of 1982.

Bob went into the Air Force April 1984 through March 1988, serving in Germany and Oklahoma. He was quite an artist, as he carved bears out of stone and then later started a tile business.

Bob is survived by his wife, Tricia; mother, Margie Schafer Wick (Pat); Thomas Hays, Lisa Marie Rambow; daughters, Danielle Hays and Ali Fralick; Ron and Janet Schafer; Randy Schafer; Max Schafer; Jay Schafer and family; and many special friends in Coupeville, Wash. Bob was preceded in death by Scott Schafer and Gerald Schafer. A special thanks to Betty Johnson and Steve Hulse for all the trips to Seattle and the good food. He married the love his life until the end of his. A celebration of life will be held at a later date. Family and friends are encouraged to share memories at www.whidbeymemorial.com.

PATRICIA L KOHLMANN July 12, 1943 – April 10, 2020



April 10, 2020, the good Lord decided to add another voice to the heavenly choir, so Pat Kohlmann was brought to join them. Pat always enjoyed singing and was ready for the opportunity.

Pat Loveland was born July 12, 1943 in Livingston, N.J. She was raised primarily in Whippany, N.J. and attended Hanover Park High School. Pat went on to get an Associates degree at Cazenovia College.

A neighbor, classmate and friend during many of those years was John Kohlmann. Romance blossomed during their college years and Pat and John married in June 1965, two days after John was commissioned in the U.S. Navy.

Life in the Navy involved living in eight different states and three foreign countries. Along the way, daughter Cynthia Lee was born in Athens, Greece and son Ryan James was born in Ann Arbor, Mich. Pat was a devoted, loving mother who helped her children along the path to successful careers and lives.

Eighteen of the last 20 years, Pat lived on Whidbey Island, primarily in Coupeville. There she was actively involved with the Coupeville United Methodist Church and was happy to be part of the church family. Along with her husband, John, she was also active in the Coupeville Lions Club and was glad when the lady Lions began bowling weekly. Pat's hobbies also included sewing, knitting and needlepoint. She enjoyed walking, especially with the dogs who became family members over the years, including Shadow, Rusty and Coco.

Pat was preceded in death by her parents, Janet and Jim Loveland.

Pat is survived by her husband, John, of Oak Harbor, Wash.; daughter, Cynthia Kohlmann and her husband, Eric Markman, of Marlborough and his daughters, Cahaley and Elizabeth Markman; son, Ryan Kohlmann, of Sammamish, Wash., his wife, Annett Kohlmann, and two sons, Larson and A.J.; brother, Charlie Loveland, of Fountain Inn, S.C., and his daughters, Samantha Parrao of Hackettstown, N.J. and Claire O'Day of Florham Park, N.J., and their families. Pat is also survived by her aunt, Naomi Loveland, of Manchester, N.J.; sister-in-law, Anita Stanley, of Venice, Fla., and her sons, Herb Hoffman, of Duluth, Ga., and Harry Hoffman, of Long Beach, Calif., as well as their families.

Pat's love for life and the people around her was manifested in her beautiful smile and gentle ways. An empty place has emerged on earth and a new radiant light has joined the Lord.

In lieu of flowers, donations may be made to Homeward Pet in Woodinville, Wash. A memorial service will be held at a later date at the Coupeville United Methodist Church.

Family and friends are encouraged to share memories and condolences at www.whidbeymemorial.com.

NORMA JEAN BERRYMAN Feb. 9, 1938 – March 26, 2020



Norma Jean Berryman, age 82, longtime resident of Whidbey Island, passed away Thursday, March 26, 2020 at Careage of Whidbey.

Mrs. Berryman was born in Grand Rapids, Mich., Feb. 9, 1938, to David Orr and Gladys (Russell) Orr. At an early age, she moved with her family to Seattle. She attended Seattle schools, graduating from Cleveland High School. Norma married Ronald Barney and they had three children: Brian, Perianne and Brant. She was employed at the Fircrest School for the Developmentally Disabled for many years, and then at a nursing home as an occupational therapist.

Norma later married George Wilkie, who preceded her in death. She then married Fred Berryman. Norma was an accomplished painter. She also enjoyed bird watching as a hobby. While living in Freeland, she attended Trinity Lutheran Church.

Norma is survived by her husband, Fred, at home in Freeland; her son, Brian Barney (Bonnie Birt) of Bothell; three grandchildren: Brandon Barney (Rebecca) of Seattle, Anthony Stephens of Brier and David Tejarus; her brother, David Orr; and her sister, Phyllis Blakey. She is also survived by her dog, Marsha.

She was preceded in death by her son, Brant Barney (Sept. 1973), daughter, Perianne Stephens (July 2015) and one brother, David Orr.

Services will be held at a later date.

Family and friends are encouraged to share memories and condolences at www.whidbeymemorial.com.

Life Tributes can now be found online at www.whidbeyweekly.com

Pam's Prayer Corner

In honor of my late mother-in-law, Pamela Kaye Young, we are going to be running a new weekly section called

Pam's Prayer Corner. This is a place where believers can share their prayer requests for others to help lift them up in faith.

The prayers can be for you, a family member, or anything weighing on your soul. Email info@whidbeyweekly.com or call 360-682-2341 to share your prayer requests.

What is Prayer?

Prayer, is the most misunderstood practice of Christianity.

Think about this... Since God is perfect, all-knowing, omnipresent and, as it is written, is fully aware of the slightest detail of life, like the fall of a swallow in flight, then why, oh, why would he knowingly allow anything negative to happen to you? He doesn't, for it is we who allow something bad to happen to ourselves, not God. Life, as you should know, is not how you plan it, but how God allows you to live it. With his guidance we learn how to live in this world he created for us. Death is a part of this world and we must first understand how death is the release of Life back to the source it came from. None of us are destined to live forever so that should never be prayed for, because returning to the source of the beginning is what we all do, will do, need to do and should do. Let's hope we do it through experiencing as little pain as possible.

Prayer is to summon help to understand why things are the way they are, so use prayer to ask not to change what has already occurred, but to change your understanding of a situation. Prayer is for the living, not the deceased. Prayer happens in the present, not the past. Prayer does not change situations, it helps us understand situations; why moments are the way they are. Prayer does not deliver miracles, it delivers advice not to others, but only to you and through you, this world becomes a better place.

Jim Barden, inspired by the teachings of the Bible communicated by Brother Miles, deceased 1978.

For whenever our heart condemns us, God is greater than our heart, and he knows everything.

1 John 3:20

Be joyful in hope, patient in affliction, faithful in prayer.

Romans 12:12



Community Bulletin Board

To place an ad, email classifieds@whidbeyweekly.com

ANNOUNCEMENTS

Pregnant? Need baby clothes? We have them and the price is right—FREE. Pregnancy Care Clinic, open most Wednesdays and Thursdays, 10am to 4pm. Call 360-221-2909 or stop by 6th and Cascade in Langley.

Be the difference in a child's life and become a foster parent today! Service Alternatives is looking for caring, loving, and supportive families to support foster children. 425-923-0451 or mostermick@servalat-cfs.com

The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/NorthPugetSoundDragonBoatClub?ref=hl

Medical Marijuana patients unite; If you need assistance, advice, etc. please contact at 420patientnetworking@gmail.com. Local Whidbey Island help.

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed. Victim Support Services has advocates ready to help. Please call the 24-hr Crisis Line 888-388-9221. Free service. Visit our web site at <http://victimsupportservices.org>

VOLUNTEER OPPORTUNITIES

The Habitat Stores depend on enthusiastic volunteers to help carry out our mission. We are looking for volunteers to help us with customer service, merchandise intake, store up-keep, organization and pick-ups of donated items. If you have two (2) hours or more per week to donate, please join us in our

mission to create affordable housing in our community by volunteering at our Oak Harbor Store. Hours: Mon-Sat, 10am-5pm and Sun, 11am-4pm. Please contact Tony Persson if you are interested in volunteering at our Oak Harbor store (290 SE Pioneer Way, Oak Harbor, WA 98277): 360-675-8733, tony@islandcountyhabitat.org. For our Freeland store (1592 Main Street, Freeland WA 98249), please contact John Schmidt: 360-331-6272, john@islandcountyhabitat.com. Habitat for Humanity of Island County, www.islandcountyhabitat.org, 360-679-9444.

College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the PBY-Naval Air Museum. Go to www.pbymf.org and click on "Volunteer" or just stop by and introduce yourself.

Imagine Oak Harbor's first Food Forest, Saturdays 11am-3pm, at 526 Bayshore Drive. Each week, we have volunteer opportunities available to help care for our community garden, share organic gardening tips, and learn Permaculture principles. All ages and skill levels welcome. Schedule can change due to adverse weather conditions. If you have any questions, please contact us at: imaginepermacultureworld@gmail.com

Mother Mentors needs volunteers! Oak Harbor families with young children need your help! Volunteer just a couple of hours a week to make a difference in someone's life! To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

How'd you do?

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5	9	1	3	4	8	6	2	7
4	8	2	1	6	7	5	9	3

CHECK OUT OUR NEW & IMPROVED WEBSITE!



Looking for board members to join the dynamic board of Island Senior Resources and serve the needs of Island County Seniors. Of particular interest are representatives from North Whidbey. For more information please contact: reception@islandseniorservices.org

HEALTH/FITNESS

Treadmill by Sears Lifestyler with electronic ergometer. Comes with mph speed, distance scan, \$50. Located in Oak Harbor, 360-301-1989 (0)

HOME FURNISHINGS

Pair of comfortable accent chairs (with matching armchair covers), excellent condition. Subdued striping with peach, rust, cinnamon soft corduroy fabric. From no-pets, no-smoking home. \$50 for the pair; Antique solid oak, 48" diameter dining room table, with two 12" leaves and four

solid oak captain's chairs, \$375 or best offer; Solid oak, 42" diameter sun room table, with two solid oak captain's chairs, \$150 or best offer. Come see them in Anacortes. We can send pictures, tell you measurements, and deliver to Anacortes and Whidbey Island. Home phone, 360-678-1167. Text, 360-320-0525. Email, bowen@whidbey.net

LAWN AND GARDEN

Dahlia tubers, assorted colors, \$1 each. In Coupeville. Hank, 360-678-7591 (1)

ANIMALS/SUPPLIES

Emergency Pet Food Bank: We are a grassroots group who are committed to assist you with pet food and similar needs during this challenging time. Contact Rita Bartell Drum, 631-707-5980 or email ritadrum777@gmail.com (2)

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If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

WANTED

Does your bamboo patch need thinning/clean up? Looking for a dozen tall stalks for a bean tepee. Tom, 360-341-1049 (1)

WANTED Running or Not:
We buy cars, trucks, travel

trailers, motorhomes, boats, tractors, & much more! If you want to sell or get rid of anything, call TJ's Recycling, 360-678-4363. We will haul junk vehicles away. (1)

Always buying antiques, collectibles, sporting goods, tools, garden equipment, furniture, vehicles, tractors and boats. Cash paid at loading out. 45 years experience. 360-678-5888 or text 360-9691948 (1)

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor, call 970-823-0002

CLASSIFIED INFORMATION

US Postal Mail

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Oak Harbor, WA 98277**

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD. Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$10/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. Deadline for all submissions is one week prior to issue date.

No Cheating!

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