

June 25 through July 1, 2020

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WHIDBEY ISLAND CENTER for the ARTS
presents



Summer Nights Series



AN EVENING OF BRAHMS | Jun 27
Tekla Cunningham and Sheila Weidendorf perform
Brahms' "Sonata in G, Opus 78" and "Sonata in A, Opus 100."



IMPROV WITH BILLY | Jul 03
An evening of comedy and creativity with Billy Tierney,
musicians Chris and Keegan Harshman, and painter
Fritha Strand!



ERIC VANDERBILT-MATHEWS IN CONCERT | Jul 10
Eric and Remy Moritt perform jazz standards and
contemporary favorites.



UPTOWN AND DOWNHOME | Jul 11
A folk-rock concert featuring Joann Quintana,
Frederick Bryan, Keegan Harshman, and David Malony.

FLAMENCO FUSION | Jul 17
"A DOLL'S HOUSE" STAGED READING | Jul 24-25
"A DOLL'S HOUSE, PART 2" | Jul 31 - Aug 08

OUTDOOR EVENTS | www.WICAonline.org | LANGLEY, WA



COUPEVILLE LIONS CLUB



ONLINE Garage & Plant Sale

www.coupevillelions.org

Begins July 1st and continues until sold out!

NEW ITEMS ADDED REGULARLY!



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WHY YOU COUNT!

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ON TRACK

with Jim Freeman



Thanks to last Sunday's Father's Day recess, I was able to get several phone calls from old pals and old creditors.

The call for Elizabeth gave me a chuckle as I heard the caller activate the recording device.

"I am calling from the ???(Inaudible) Collection Service. I would like to speak to Elizabeth Freeman."

"Who?"

"Elizabeth Freeman. May I speak to her?"

"Sir, you must be working from a really old phone list. Elizabeth moved on in 1976 when she joined Ringling Sisters."

Click.

Happy Father's Day to me. I know no Elizabeth but the Barrett Browning one. She did not think much of her father, as suggested in a letter to Robert before they married:

"My father is a very peculiar person. For him – he would rather see me dead at his foot than yield the point; and he will say so, and mean it, and persist in the meaning."

I bet there was a short receiving line at the Barrett Browning brunch.

Alabama found

Thanks kindly to cousin Emma for sharing these clever parapsydokians, figures of speech which conclude unexpectedly and often humorously. Kinda like relationships.

If I had a dollar for every girl who found me unattractive, they'd eventually find me very attractive.

I find it ironic that the colors red, white, and blue stand for freedom, until they're flashing behind you.

Today a man knocked on my door and asked for a small donation towards the local swimming pool, so I gave him a glass of water.

Artificial intelligence is no match for natural stupidity.

I'm great at multi-tasking: I can waste time, be unproductive, and procrastinate all at once.

If you can smile when things go wrong, you have someone in mind to blame.

Take my advice, I'm not using it.

Hospitality is the art of making guests feel like they're at home when you wish they were.

Behind every great man is a woman rolling her eyes.

Ever stop to think and forget to start again?

Women spend more time wondering what men are thinking than men spend thinking.

He who laughs last thinks slowest.

Is it wrong that only one company makes the game Monopoly?

Women sometimes make fools of men, but most guys are the do-it-yourself type.

Men say women should come with an instruction manual; but since when has any man stopped to read the instructions?

I was going to give him a nasty look, but he already had one.

Change is inevitable, except from a vending machine.

I was going to wear my camouflage shirt today, but I couldn't find it.

If at first you don't succeed, skydiving is not for you.

Good question

Recently, my junior high pal Revis and I were commiserating via email about cowboys, horses, and more. He was curious, as was I, if Walter Brennan's limp in movies and playing Grandpa Amos in *The Real McCoys* television show was authentic.

So, we asked Uncle Bing. Grandma Google was baking.

"While Brennan was preparing for his role in 'To Have and Have Not', his friend, sound effects technician Jack Foley, suggested to him that he put a rock in his shoe to create a limp. Brennan did so and that is how he learned his rather genuine-looking fake limp.

"Foley was a motion picture pioneer and to this day, major motion pictures usually list in the credits a 'Foley artist' or 'Foley Operator.' This person processes special sound effects in the post-production phase of making a movie."

Thank goodness for the resolution of delayed childhood curiosities.

From the vault

A New York attorney representing a very wealthy art collector called and asked to speak to his client.

"Louie, I have some good news and I have some bad news."

The art collector replied, "You know, I've had an awful day, Jack, so let's hear the good news first."

The lawyer said, "Well, I met with your wife today, and she informed me that she has invested only \$5,000 in two very nice pictures that she thinks will bring somewhere between \$15 and \$20 million ... and I think she could be right."

Louie replied enthusiastically, "Holy cow! Well done! My wife is a brilliant business woman, isn't she? You've just made my day. Now, I know I can handle the bad news. What is it?"

The lawyer replied, "The pictures are of you and your secretary."

The Conquest of Frustration

In his co-authored with Raymond Charles Barker 1969 classic, *The Conquest of Frustration*, Maxwell Maltz writes at page 148: "Too often, we resort to violence on ourselves—to violence on our own dignity, because of frustration, which brings with it resentment and hatred, brings with it the fact that we are traitors to ourselves. And, symbolically, we put a knife in ourselves, committing violence upon ourselves because of some error, some blunder, some heartache. This is the beginning of the discord—the riot within—and, to repeat what I wrote earlier, no amount of policing of the world can ever bring peace in this world unless we learn to police ourselves; unless we learn to quell the riot, the hatred, the resentment within our hearts."

Adult humor

It is a slow day in the small town of Titusville. The streets are deserted. Money is tight. So are the residents. Heavily in debt, the locals are fear-filled and faith-flushed.

A tourist, on his way to Pithole, drives through town, stops at the motel, and lays a \$100 bill on the desk before asking the proprietor if he can inspect the rooms upstairs before selecting his location.

As soon as the visitor walks upstairs, the motel owner grabs the \$100 bill, running next door to pay his debt to the butcher.

The butcher takes the \$100 and runs down the street to pay his debt to the pig farmer.

The pig farmer takes the \$100 and heads off to pay his feed bill at the Co-op.

The guy at the Co-op takes the \$100 and runs to pay his debt to the local courtesan who has also been facing hard times and has had to offer her "services" on credit.

The courtesan rushes to the hotel and pays off her room bill with the hotel owner.

Quickly, the hotel proprietor places the \$100 bill back on the counter so the traveler will not suspect anything.

At that moment the traveler comes down the stairs, states the rooms are not satisfactory, picks up the \$100 bill and leaves.

No one produced anything.

No one earned anything.

However, the whole town is now out of debt, looking to their future with renewed optimism.

According to Titusville's Mayor Daisy, "This is how a real stimulus package works."

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.

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Open Noon Sunday,
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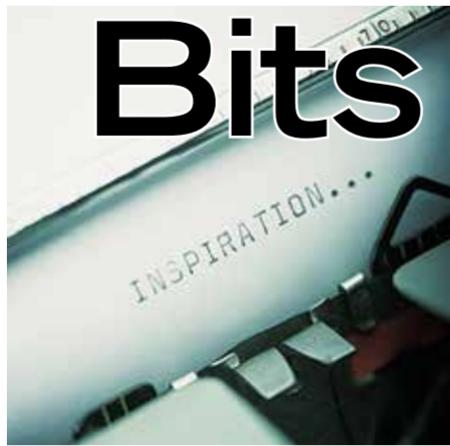
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Bits & Pieces

Letters to the Editor

Editor,

I have known Carolyn Cliff for more than 20 years, both as her client and a friend. As a co-founder of Nichols Brothers Boat Building on Whidbey, I worked with her through the years and came to really appreciate her keen intellect, honesty, and direct approach to issues. She always gave me great legal advice.

As a judge, I know she will be fair, just and tough at the same time – she has demonstrated that already as a Superior Court Judge Pro Tem for the past several years.

We are fortunate to have someone with Carolyn's experience and integrity running for Island County Superior Court judge. I encourage you to vote for her in November.

Matt Nichols
Freeland, Wash.

Editor,

In today's world of so many unknowns, it's good to have a candidate running for office with a proven record. That's why I believe Angie Homola is our candidate for Washington State House of Representatives Position 1 of the 10th Legislative District.

Angie's positive record stresses her dedication to the preservation of our area's natural resources for now and for future generations. No one running can match her work in that field.

To that end, she served as the Resolution Chair for the Environment and Climate Caucus during the past four legislative sessions. The caucus' mission is to promote legislation that advances environmental and climate change protections and to endorse elected officials that will do so. Angie has also founded an environmental nonprofit to protect a publicly-owned coastal lagoon on Whidbey Island.

As a member of the State Central Committee of the Democratic Party from 2016-2018, Angie worked tirelessly to promote affordable housing and sustainable farming, as well as to improve work place rights and social justice.

But the projects mentioned here are just a few of Angie's many accomplishments. As a U.S. Navy wife and mother, she has filled her 23 years on Whidbey with community service and numerous offices - all aimed at improving job opportunities and quality of life in our district. For a more thorough listing of Angie's work, check out AngieForAll.com.

It is a privilege and honor to call Angie my friend and to support her candidacy for House of Representatives Position 1 of the 10th Legislative District.

Sincerely,

Helen Bates
Oak Harbor, Wash.

Editor,

Hands down, Carolyn Cliff is the best choice to replace retiring Superior Court Judge Vicki Churchill. I worked closely with Carolyn for 25 years as a land surveyor regarding a variety of issues that often occur when people buy or sell real estate. I can tell you firsthand that Carolyn definitely knows her way around the Island County courthouse and does the homework to ensure her client's success. I have never had another attorney take the time to understand all the details of my surveys. She understands

legal descriptions better than most attorneys because she takes the time to understand them.

One case in particular, about a couple of Island old-timers, made a lasting impression on me. That case clearly highlighted Carolyn's integrity and her belief in justice and fairness. She can't stand to see someone take advantage of a vulnerable person. Carolyn successfully represented two sons who challenged the financial exploitation of their elderly mother, who had sold property for much less than it was worth. Carolyn helped get it back. It was a complicated case, but Carolyn put in the time and effort needed to succeed.

There's one more reason why I think Carolyn is ideally suited to be judge – she doesn't bring politics into the courtroom. All the years I worked with her I never got a sense of her political leanings. She always approached the law based on fact, in a nonpartisan manner.

I think that quality – the ability to be impartial and fair – is very important in a judge.

Jerry G. Morrison, PLS
Freeland, Wash.

Editor,

We are in the midst of a global pandemic, heated politics and social unrest over who we want to be as Americans. Whatever our perspective, we need to vote for what we are passionate about. We want judges that are honorable, compassionate and respectful. A judge can make a huge difference. It is literally their responsibility to uphold 'what is right.' I met Carolyn Cliff before I knew her role in our community. I'm a personal trainer at Island Athletic Club. We'd smile as Carolyn conquered the elliptical. One day, a long-time client and friend, who is a professional guardian, shared her appreciation for judges like Carolyn Cliff. Since then, she's had my vote. We want people in elected positions to be genuine. We need people that can navigate the current social issues. Carolyn Cliff embodies the type of integrity we need to vote for.

Lila Browne
Freeland, Wash.

Attention Creatives and Growers! You're invited to participate in Langley's New Friday Market



Salty Acres Flower Farm has signed up for Langley's Friday Market this summer.

Langley Chamber of Commerce and Langley Creates are collaborating on a summer project to showcase local artisans, growers, and performers and bring economic opportunity to Langley's creatives in a new Friday Market.

"The new street market expands Langley's Out of the Box program, which allows stores and restaurants to utilize the parking spaces in front of their businesses," said Inge Morascini, Langley Chamber of Commerce executive director. "Now, in addition to Langley's restaurants and stores taking advantage of moving their businesses outdoors, we are looking forward to a heightened festive atmosphere by inviting local makers, growers and creatives to take advantage of our streets and our local and visitor traffic."

Downtown Langley will be transformed into a marketplace with outdoor seating for restaurants and open air retail spots for artists, crafters and food growers. Both First and Second Streets will be utilized for the Market, which will run from July 3 to Sept. 25 on Fridays from 11:00AM to 5:30PM.

Vendor spaces are 10' X 10' and will be spaced for social distancing. Weekly participation cost is \$20, while seasonal participation is \$175. (Seasonal vendors get the first space assignments.) A City of Langley temporary vendor's permit is required at a cost of \$33, and is good for the whole market season.

All registration materials, including the city's vendor application are available at the Langley Chamber office at 208 Anthes Street or online at www.visitlangley.com. To participate in the July 3 opening market, registration materials must be turned in by June 26. Applications may be turned in throughout the summer, but need to be in at least a week before the preferred market for space assignment.

"There is so much talent on Whidbey Island and we know the folks that farm, create and perform need outlets for their work and we're excited to have them join us," said Morascini.

"In order to have a healthy creative economy, a place needs maker-spaces and market places," said Jesse Levesque, Market Manager. "Artists, growers, makers, and creative people will have spaces throughout Langley, like stepping stones that take you through and around the village streets. Langley Friday Open-Air Markets provide a place where people can exchange ideas, showcase local services, organizations, and businesses, and sell handmade products, organic produce, and local-favorite foods and beverages."

Questions? Contact Jesse Levesque at Jesselevesque@gmail.com.

[Submitted by Betty Freeman, Langley Chamber of Commerce]

Economic Recovery Grant Program for Small Businesses

The Island County Commissioners have allocated one million dollars to the Island County Economic Recovery Grant Program for small businesses through the Federal CARES funding made available to local governments.

Many of our local businesses have been seriously impacted by the COVID-19 shutdown. As Island County enters Phase III of the reopening, there is an opportunity to help our economy recover as well.

Island County, partnering with the Camano Chamber of Commerce, launched its program June 18 with application deadline July 1.

The City of Oak Harbor launched its program for businesses in the North Whidbey Island area with a zip code of 98277 June 16. Online applications were due June 23.

The Town of Coupeville and the City of Langley, in cooperation with their Chambers of Commerce, will be leading grant programs for those businesses within their municipal boundaries.

Unincorporated Whidbey Island businesses located in Central and South Whidbey will be served by a joint effort of the Port of South Whidbey and the Port of Coupeville.

Each lead agency will review and approve the small business grant applications within their jurisdictions. The timelines, criteria and application forms are being developed and will soon be available.

Have Questions?

For businesses in Camano, contact Camano Chamber of Commerce: phone 360-629-7136, email here4u@camanoisland.org

Businesses within the City of Langley should contact Langley Chamber of Commerce: phone 360-221-6765, email vistorinfo@whidbey.com

Businesses within the Town of Coupeville, contact Coupeville Chamber of Commerce: phone 360-678-5434, email info@coupevillechamber.com

For all other businesses in unincorporated District 1, contact Port of South Whidbey: phone 360-331-5494, email execdir@

Work to Achieve Your Financial Independence

Over the past few months, just about everyone has felt the loss of some type of freedom, whether it's being able to travel, engage in social gatherings or participate in other activities we previously took for granted. Still, as we prepare to observe Independence Day, it's comforting to realize all the freedoms we still have in this country. And taking the right steps can also help you achieve your financial independence.

Here are some moves to consider:

• **Build an emergency fund.** It's a good idea to create an emergency fund consisting of three to six months' worth of living expenses, with the money held in a liquid, low-risk account. With this fund in place, you can avoid dipping into your long-term investments to pay for short-term, unexpected costs.

• **Keep your debts under control.** It's not easy to do, but if you can consistently minimize your debt load, you can have more money to invest for the future and move closer toward achieving your financial liberty. One way to keep your debts down is to establish a budget and stick to it, so you can avoid unnecessary spending.

• **Contribute as much as possible to your retirement plans.** The more money you can save for retirement, the greater your feelings of financial independence. So it's essential that you contribute as much as you can to your 401(k) or similar employer-sponsored retirement plan. At a minimum, put in enough to earn your employer's match, if one is offered, and every time your salary goes up, boost your annual contributions. Even if you participate in a 401(k), you're probably also still eligible to contribute to an IRA, which can help you build even more funds for retirement. And because you can fund an IRA with virtually any type of investment, you can broaden your portfolio mix.

• **Explore long-term care coverage.** One day, your financial independence could be threatened by your need for some type of long-term care. It now costs, on average, over \$100,000 for a private room in a nursing home and more than \$50,000 for the services of a home health aide, according to Genworth, an insurance company. Most of these costs won't be covered by Medicare, either, so, if you want to reduce the risk of seriously depleting all your financial resources – or burdening your adult children with these heavy expenses – you may want to consider some type of long-term care insurance. You could choose a traditional long-term care policy – which can cover a nursing home stay, home health care, or other services – or a hybrid policy, which provides long-term care coverage plus a death benefit.

• **Manage withdrawals carefully.** Once you retire, your financial freedom will depend a great deal on how skillful you are in managing the money in your retirement accounts. Specifically, you need to be careful about how much you withdraw from these accounts each year. If you set a withdrawal rate that's too high in your early years of retirement, you might eventually risk outliving your resources. So, set a withdrawal rate that reflects your age, assets, retirement lifestyle and other factors. You may want to consult with a financial professional to establish an appropriate rate.

As you can see, working toward your financial independence is a lifelong activity – but it's worth the effort.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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portofsouthwhidbey.com or Port of Coupeville: phone 360-222-3688, email Executive-director@portofcoupeville.org

[Submitted by Petite Bryant-Hunt, Island County Economic Recovery Team, Island County Planning & Community Development]

Individual and Family Assistance Offered Through Island County CARES Act Funds

Island County has been awarded funds through the state's Coronavirus Relief Funds. The funds are available under the federal Coronavirus Aid, Relief, and Economic Security Act (CARES Act) in response to the COVID-19 crisis. In order to qualify for these funds, individuals and families must be impacted by COVID-19.

Island County Board of County Commissioners authorized the use of these funds for the following:

Rent, Mortgage, Utility Assistance: 360-678-8284 (Housing Support Center)

If your household income has decreased as a direct result of COVID-19, and you are in arrears or unable to pay in full the pending rent/mortgage installment, you may be eligible for assistance.

Funds will be distributed in the form of rent, mortgage, or utility payments on behalf of households whose primary residence is within Island County.

Documents to verify identity and income and a brief screening to determine program eligibility for this financial assistance must be confirmed before issuing payment on behalf of a household.

Human Services Helpline: 360-678-2346

- Help to access unemployment benefits, available food resources and other basic needs
- Individual, Child and Family behavioral health supports:
 - Addressing mental health and substance use needs through brief services

– Help in connecting with health care providers, long term counseling, other behavioral health needs

Community Education: 360-678-8294

- Support groups for seniors, parents, essential workers, etc.
- Talks/presentations to community organizations and other needs the community may identify

All programs are short term, ending Oct. 31.

Please inquire early in order to take advantage of these resources.

All of the above programs can also be easily accessed through the county's online referral form: www.cognitofirms.com/IslandCounty1/COVID19ReferralForServices

[Submitted by Virginia Shaddy, Clerk of the Board]

Inaugural Class of SVC's Bachelor of Applied Science in Applied Management:

Twenty-three students are the first to earn a BAS-AM degree at SVC

Skagit Valley College is proud to announce 23 students will graduate this month with their Bachelor of Applied Science in Applied Management. They represent the inaugural class of students to earn their BAS-AM degree at SVC.

The inaugural BAS-AM class began in Fall 2018 and its members represent a variety of workforce backgrounds, including Aviation Maintenance, Business, Education, Computer Information Systems, General Studies, Human Services, Office Technology, and Paralegal Studies. The class has an average age of 35, and those who identify as female, represent 66 percent of the members.

SVC's BAS-AM program is a two-year, career-oriented degree designed for those who have completed an associate's degree (AAS-T, AAS, or ATA). The 90-credit program combines upper-level managerial and general education courses to provide occupationally contextualized business skills and knowledge for

advancement to managerial-level positions or to operate an entrepreneurial venture.

With a focus on excellence, Skagit Valley College aligns its Workforce Education programs with regional and state economic development strategies. By maintaining strong connections with community leaders and key partnerships with business and industry, SVC provides training that responds to employer needs. The BAS-AM degree is flexible, affordable, and is designed to accommodate working adults who want to build management skills and advance professionally.

This cohort heard from a number of exceptional guest instructors and speakers who represent diverse sectors throughout the community, including: Dr. Tom Keegan, SVC President; Dr. Ed Jaramillo, SVC Vice President for Administrative Services; Kevin Meenaghan, retired US Navy Captain and Chief Strategist and President Wardroom Success Strategies; George Santino, singer, author, and retired Microsoft executive; Dr. Carl Brunner, retired Superintendent at Mount Vernon School District; Judge Laura Riquelme, Skagit County Superior Court; Lara Merriam-Smith, Director of Innovation and Entrepreneurship Services at NW Innovation Resource Center; Captain Matthew Arny, Commanding Officer NAS Whidbey Island; Tina Tate, Executive Director of Friendship House, Matt Ray, SVP, Market President at Heritage Bank NW; David Ryberg, Financial Advisor with Baird Wealth Management, Paul Aegerter M.Sc. - Athlon Solutions: Clean Water Act Regulation & Compliance; Lester Keel Senior E.E. - Marathon Oil: Clean Air Act Regulation & Compliance; Cliff Palmer M.Sc. - SVC: National Environmental Protection Act & Env. Impacts Assessment, and Chris Robertson - WA Dept. of Natural Resources: Puget Shoreline Restoration.

About Applied Bachelor degrees in Washington: Some individuals earn a non-transfer, professional/technical degree at a community or technical college and later decide to pursue a bachelor's degree. In response to that need,

many community and technical colleges in Washington, including Skagit Valley College, now offer applied bachelor's degrees where people can take two more years of upper-level coursework to earn their four-year degree. Those with work and family responsibilities can pursue their degree where they live, work, and raise their families.

The 2020 inaugural class of BAS-AM graduates includes Ajoney S. Smalls, from Oak Harbor.

Applications are being accepted for the BAS-AM Applied Management track. Interested individuals must attend a virtual program briefing before applying. The general management track has an upper limit of 25 participants.

For program information, or to register for a program briefing, visit www.skagit.edu/basam, or contact Sunaina Virendra (Sue-nay-nah Ver-en-dra), Applied Management Instructor and Program Chair basam@skagit.edu.

[Submitted by Arden Ainley, Chief Public Information Officer, SVC]

Local Business News

The Goose Community Grocer to Require Customers to Wear Face Coverings

With the increase of tourists and summer residents, The Goose Community Grocer will begin requiring customers to wear face coverings to protect its employees, customers, and the larger community.

The store feels it is especially important to take this action as Island County moves into Phase III of reopening, while other cities, counties, and states are perhaps not as far along in their phased reopenings. The customer mask requirement begins Thursday in anticipation of the 4th of July holiday.

For more information, Goosefoot can be reached at 360-321-4145 or at info@goosefoot.org.

inviting artisans, creatives, growers & performers

Sign up today to be part of the

New Friday Street Market

in Downtown Langley

Join Us for a Summer of Joy and Growth – A Celebration of the Best of Whidbey Island

The Langley Chamber of Commerce and Langley Creates are excited to show off the bounty and creativity of our island and to provide economic opportunity to our local growers, makers and artists.

We are inviting artisans, creatives, growers, and performers from Whidbey Island to be part of the Langley Out of the Box Program. The parking spaces, on our busy First and Second Streets, will be turned into open air restaurants and retail spaces.

Come sell, share, learn and experience.

The New Langley Friday Street Market will take place on Langley's streets throughout the summer, starting on July 3rd and ending on September 25th during the hours of 11 - 5:30.

Don't miss this opportunity. Weekly participation cost is \$20. Seasonal participation cost is \$175. Apply online at VisitLangley.com or Contact Jesselevesque@gmail.com

City of Langley Temporary Vendor permit required. \$33 for the year



LANGLEY
CHAMBER OF COMMERCE
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SEEING THEM IS BELIEVING

CARP: Has anyone seen a species of carp in our local lakes? Carp are a hardy fish capable of living in low oxygenated waters and have been introduced into overgrown lakes where they are used to help with aquatic weed control. Yes, we have carp on the Island; we primarily have two species of carp in our lakes, one is the Common Carp and the other is known as the Grass Carp. I have personally seen some pretty big common and grass carp in Campbell Lake while bass fishing, and have also seen a few grass carp in Lone Lake while trolling for rainbow trout near the weed lines. When it comes to Washington State Regulations, common carp fall under the Food Fish category and rules, grass carp are under Game Fish rules. Here are some of the differences for each in fishing and harvest rules:

so it puts them way down, or not at all, on the table fare scale. They are typically a very boney fish, and the flesh is oily and can be pretty dark and bloody. I'm sure a person could survive on them, but they might take some getting used to. Growing up as a young angler, if we caught a carp we either released them back into the river or, if the time was right, my Dad would bring a few home to help fertilize the garden.

Even though most anglers would rather not hook into one of these heavy fish, there are select groups of anglers who eagerly trade in their rods and reels for bows and arrows and give new meaning to the words "hunting fish." For these hunter/anglers who go-all-in, they modify and customize the fronts of their boats with a sturdy standing platform and a series of bright lights pointed downward to the water and energize them when night fishing is allowed. Next, they use an electric trolling motor to silently search the water's edge and weeded areas for unsuspecting carp.

Last summer my nephews invited my son and I to join them on an unforgettable carp hunting adventure on Idaho's mighty Snake River. This was to be a night hunt in an area well known for a huge population of giant carp; we were outfitted with strong head lamps to help pinpoint the darting carp in the water. We used compound bows designed with a short draw length to help with a fast point-pull-and-release reaction time; each bow was rigged with a large fishing reel filled with heavy braided line to bring the giants to the boat after each lucky shot. Once on the river, we used the large outboard motors to travel upriver to our drift start point, then we switched over to the electric trolling motor and began drifting slowly back down river with the current, maneuvering in and out of pockets with grassy ledges and downed tree structure along the river's edge.

We hunted both sides of the river, re-visiting the same half-mile stretch of river over and over for about two-and-a-half hours. Once we decided we had all the fun we could handle for one night, we returned to the boat ramp and counted up the night's catch; between two boats and eight hunter/anglers we shot and landed over 60 common carp for the night. After a few nice pictures, I kept a couple of choice filets to try with my dogfish shark recipe. The remaining fish carcasses we made sushi out of and carefully scattered them back into the river for the catfish, yellow perch, smallmouth bass, river otters, and raccoons to use as nutrients.

I have not hunted carp here in Washington yet, but I have seen the carp that are here and I believe these carp could make a great addition to our local fishing adventures; especially after the excitement of last summer's successful Snake River hunt, it is on my list of things to do.

Lingcod season is over and Halibut season is next in line; I hope some of the Island's anglers were successful. I landed enough keeper lingcod to keep me in fish-and-chips for a couple months, but never made it out for halibut. The summer salmon season is anyone's guess at this point; hopefully the long summer rains have helped keep the water temps down and the fish numbers will be favorable; only time will tell. Keep an eye out, the new state fishing regulations will be on the street soon. Be safe out on the water and patient with the essential personnel.



COMMON CARP: Statewide freshwater rules

- No license required.
- No minimum size.
- No daily limit.
- No possession limit.
- May be taken by spear or bow-and-arrow.
- Open only during open game fish or salmon season.



GRASS CARP: Statewide freshwater rules

- CLOSED, unless otherwise listed in the special rules.

Special rules are explained in the state regulation pamphlet for each individual lake or body of water. Located on the far right side of the page, adjacent to the lake you want to fish, in the "Additional Rules" column, will be any and all of the special rules for that lake; if there is nothing mentioned about grass carp in this location, we must go by the "statewide rules." Of course, there is always the chance there are restrictions found in the Emergency Rules section on the Washington Department of Fish and Wildlife website.

Carp are considered a nuisance or invasive in many lakes, hence the general wide open rules for catching, harvesting, and possession of these fish. For the majority of people who happen to catch a carp, it was simply by chance; there are very few people who target these prehistoric-looking beasts. Most people consider carp undesirable or inedible,

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Local family questions accuracy of COVID death toll

By **Kathy Reed** Whidbey Weekly

As of this writing, Island County has lost 12 people to COVID-19 and case numbers, which have held steady for several weeks, are once again ticking up.

One local family – who has asked not to be identified by name – is questioning the accuracy of how COVID-19 deaths are being reported. Family members said their loved one died from the disease in late March, but has not been included in the death toll, which could give people a false sense of security when it comes to local public health and safety.

“Many people are not taking this pandemic seriously,” said a family spokesperson. “You hear it in conversations and see it in the way people are refusing to follow social distancing guidelines, and I believe part of the reason is they don’t know anyone who has been affected by the virus. Almost 100 percent of the people we’ve told about my [loved one’s] passing say we are the first people they know who have had a family member test positive, let alone pass away. Suddenly it becomes real for them. If our county numbers are inaccurately low, then it gives people a false sense of security and it makes it look like this is a problem somewhere else.”

According to the family, the victim, who had underlying health conditions, exhibited serious COVID-19 symptoms and was taken to WhidbeyHealth Medical Center in Coupeville, where she was tested for the virus. Hospital paperwork, as shown, clearly states there was a positive COVID-19 test, but also indicates the test was inconclusive and classified it as a “presumptive positive.” A sample was sent to the Washington Public Health Laboratory (part of the State Department of Health), but the lab declined to perform confirmation testing.

So, despite a death certificate on which the patient’s cause of death is listed as “due to COVID-19,” she has not been included in Island County’s death toll, something that has proved to be upsetting to the family and has been confusing to try to sort out. *Whidbey Weekly* has been looking into this for weeks, getting seemingly different responses to the same question.

“When COVID is listed as the cause of death or a contributing cause of death on a death certificate, it is included in the COVID related death data,” said Keith Higman, Island County Public Health director, who told *Whidbey Weekly* in the same email “Only confirmed cases of the disease that lead to death are reported as COVID related deaths.”

Result History		
Coronavirus (PCR)		
Date	Result	Reference Range
Mar 25, 2020	POSITIVE Comment: RESULT WAS INCONCLUSIVE. AND TREATED AS A PRESUMPTIVE POSITIVE. SAMPLE WAS SENT TO WAPHL FOR CONFIRMATION TESTING BY PERFORMING LABORATORY UNIVERISTY OF WASHINGTON. WAPHL DECLINED TO PERFORM CONFIRMATION TESTING. NO FURTHER WORKUP COMPLETED.	

Medical records for a Whidbey Island woman, provided by her family, indicate the Washington Public Health Laboratory, part of the State Department of Health, declined to perform a confirmation test to determine whether the patient was positive for COVID-19. Because the test performed locally was inconclusive, her death has not been recorded among those in Island County who have died from the virus, even though the death certificate lists COVID-19 as a contributing factor.

So is a death where COVID-19 is a suspected contributing factor counted in the death toll or not? Higman’s response would seem to indicate this patient’s death should indeed be included. However, Higman later clarified that Island County Public Health could only include deaths in which a COVID-19 positive test result was confirmed.

“The CDC has adopted guidance to include deaths associated with COVID as those where lab confirmed results are available to confirm the presence of the disease,” he said. “We have been directed to not include presumptive or presumed as numbers to add to that category.”

By that reasoning, then, it would seem not all COVID related deaths are being reported properly. Suspected COVID related deaths, such as that of the Whidbey Island patient, are not being included. But the WAPHL declined to perform a test that could have confirmed this patient’s COVID-19 diagnosis.

The State Department of Health told *Whidbey Weekly* there are only a small number of such individuals.

“We have ~115 deaths where the certificate indicates the

death may have been COVID-19 related, but we don’t have a positive test,” said Jamie Nixon, WADOH public information officer. “We are including some deaths that will ultimately be determined to not be related to COVID-19, and we are currently excluding deaths that will likely be determined to be due to COVID-19. As time passes, we will get further information on these deaths and we will be able to improve the accuracy of our counts.”

Nixon said the state is working to change how deaths – suspected and confirmed – will be reported, to more accurately reflect deaths where COVID-19 caused or contributed to a death.

“Reporting on deaths will be changing in the coming weeks as we work out how best to provide additional information,” he said.

That still leaves one family on Whidbey Island with a lot of unanswered questions.

“Why would WAPHL decline to perform a confirmation test on **anyone**?” said the family spokesperson. “Is that an arbitrary decision or one based upon some criteria? We did not provide information about [my family member] to get information about her specific case but to show we have documentation of the state’s decision to decline further testing, which ultimately ensured she will never be officially counted as a COVID-19 death in Island County or the State of Washington. We would like to know why. Was that done to keep the official count down? How many other confirmation tests has WAPHL declined to perform?”

All of these questions were posed to the WADOH by the family, but a response was not received before *Whidbey Weekly*’s press deadline.

Changing how deaths are reported is a step in the right direction, according to the family. They said having their loved one’s death counted accurately is important not just to them, but to paint an accurate picture of COVID’s true cost.

“Her life had meaning,” said the spokesperson. “If her passing adds to the statistical severity of this pandemic and it helps one person take it seriously, then her death will have meaning. Knowing her passing is properly counted will also help provide a sense of meaning to the family. Right now, she was taken away from us, too soon and very quickly, and her death doesn’t count for anything. Knowing the county and state will never count her passing as an official COVID-19 related death because the state refused to perform the confirming test is frustrating. We know what killed her. In the end we are all a statistic; she deserves to be counted in the right place.”



Washington’s State Department of Health will be changing the way it reports COVID-19 deaths, allowing suspected cases, where there was not a conclusive positive result, to also be listed.



For Vets Only

Memories and recollections
of U.S. Service Members

Contributed by
Dana Sawyers
Whidbey Veterans Resource Center
Program Coordinator



COUNSELING CAN HELP

Many military veterans and active duty members have found that professional counseling helps them understand and manage the effects of serving in the military. The majority of veterans, including those who were deployed to war zones, function well, work their jobs, run businesses, raise families and are productive community members. However, many quietly struggle inside with painful and confusing symptoms such as nightmares, emotional numbness, being hyper-alert, anger, and family stress. For some veterans, dealing with these effects can lead to substance use, depression, panic attacks and other challenges. Spouses and children face their own worries and challenges while a family member is away on military duty and they can be affected by what their veteran experiences after returning home. This is made even harder for both the veterans and family members by the difficulty veterans often face in talking about their experiences.

In the past, it was difficult to find specialized veteran counseling on Whidbey Island. However, starting in 2018, the Whidbey Veterans Resource Center (WVRC), located in the Community Center in Langley, has had a veteran-focused counseling service available at no cost. Jeffrey Rogers is a local Vietnam veteran and licensed mental health counselor with years of experience helping veterans and others affected by war, including 10 years as a counselor at the Portland Vet Center. At WVRC, Jeff provides free, confidential counseling to veterans and active duty members as well as their spouses, significant others and children.

It can feel very difficult to reach out for help, especially because you may not know what to expect or may worry it might make things worse. As Rogers points out, once you begin counseling, most often it quickly becomes comfortable and you may wonder what took you so long. It is never too early and never too late. The effects of war and military service may become apparent soon after service or decades later. Most find counseling helps them substantially improve their quality of life.

A local Whidbey veteran shares how he was helped in a number of ways by connecting with WVRC and deciding to get counseling:

"For the past few years, since reaching out to the WVRC, I've had some great help connecting with VA care for health issues related to my Viet Nam tours nearly 60 years ago. From 1964 through 1969, I made four tours on destroyers and on river patrol boats, in-country and offshore Viet Nam. Fortunately, I have been blessed with tenacity, mostly good health and a wonderful family, which has balanced my life. Nevertheless, having spent 85 percent of 5-and-a-half years in and around a war zone inundated with herbicides took a toll. When I was younger and busy raising a family and running a business, there was little time to revisit any of it, although it did occur intermittently. Now I'm retired and life has slowed a bit and the memories float up and are more frequent. Meeting with Jeff Rogers, WVRC counselor, with whom I found a lot in common, really helped me deal with the memories and the emotions related to those intense experiences. He has helped me realize these are normal reactions to extreme events and can be dealt with. The veterans, friends and Jeff of the WVRC are great folks and I encourage all vets to seek them out for help with dealing with past experiences, VA benefits, healthcare, audiology and/or counseling. Taking care of your past self can heal you in the present."

For more information about counseling services, contact Jeff Rogers at 360-499-1473 or jeff@rogerscounseling.us. Note: due to the pandemic, appointments are by telephone and video telehealth. In-person visits will resume as soon as it is safe and phased in for reopening.

Veterans and family members in an immediate crisis can call the 24/7 Veterans Crisis Line at 1-800-273-8255 and Press 1 for Veterans or text to 838255.

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Island 911

Seriously, we do not make this stuff up!

SUNDAY, MAY 31

3:52 pm, Mobius Loop

Requesting call. Wants to report "the county is opening doors to the public and that's not supposed to happen until Phase III."

MONDAY, JUNE 1

10:40 pm, Wanamaker Rd.

Reporting party advising subject driving through Crockett Lake properties on a lawn mower; still hears him in neighborhood, behind location.

11:53 pm, Dow Rd.

Strange male subject outside of caller's house; son is speaking to him through window. Seems lost, has been drinking.

TUESDAY, JUNE 2

11:10 am, SR 20

Reporting party advising male in ditch, rolling around, says he is hurting all over.

5:40 pm, East Harbor Rd.

Reporting party and her children were just charged at by a mother deer with her fawn. Reported to Fish and Wildlife.

6:27 pm, Donna Dr.

Caller advising school district bus left at location since yesterday. States on the bus it says "Someone cooked meth in here."

THURSDAY, JUNE 4

8:38 am, East Harbor Rd.

Requesting call regarding Island County Sheriff's Office stance on "mask-wearing enforcement." Caller refused to provide address, did advise she is in Clinton.

10:35 am, NE 6th St.

Advising female subject is lying on sidewalk acting odd.

1:17 pm, Twin View Dr.

Reporting party advising neighbor walks two large dogs by reporting party's fence and reporting party's dogs barks at male.

3 pm, SR 525

Requesting call referencing his property at location; was told there are squatters there. Wetland study being done before housing permit is issued and workers advised reporting party they were met by female living in trailer carrying bow and arrow.

5:32 pm, East Harbor Rd.

Advising 70-year-old female has been outside past two hours. Reporting party went over to ask if she was okay, but she was too drunk to stand up. Reporting party asked her if she wanted an ambulance, and she replied "no."

FRIDAY, JUNE 5

3:05 am, West Beach Rd.

Reporting party states neighbor trying to kill caller. When asked when this occurred and for further about what was occurring, caller hung up.

8:49 am, East Harbor Rd.

Requesting call referencing very long story about friend who lives in Langley who stole reporting party's gold.

SATURDAY, JUNE 6

2:16 pm, Northgate Dr.

Advising male is sitting on a bicycle trike, partially in bushes, just north of Northgate on the east side of the road; hasn't moved since 10 am, when reporting party left the island.

SUNDAY, JUNE 7

10:33 am, Ault Field Rd.

Caller states male and female are sitting in parking lot of the dog park near the baseball field off of Ault Field Rd.; they were yelling at people at dog park. Did not appear to be in a domestic with each other, but yelling at patrons of dog park.

1 pm, SR 20

Reporting party states vehicle started over heating, can't get hood open to put in coolant. Requesting officer help get the hood open with a hammer, if possible. States got hood open, requesting law enforcement disregard.

MONDAY, JUNE 8

8:14 am, Williams Rd.

Advising yesterday reporting party's neighbor purposefully exposed himself to reporting party's wife; was naked.

11:30 am, SR 20

Caller advising male at intersection yelling at Island Transit bus driver, calling him racial slurs; mentioned "I'm gonna tell my dad about you and we will be back."

12:04 pm, West Beach Rd.

Caller states was leaving West Beach delivering package when male driver approached and threatened to kill caller because he thought caller cut him off. Suspect vehicle is silver Dodge Ram with John Deere lawn mower in back.

12:31 pm, Humphrey Rd.

Reporting party advising mom tried to sell home that belongs to him; got a call from buyer, who wants their money back.

2:57 pm, Main St.

Advising customer is causing a scene with no mask. Wearing a denim shirt, denim pants, black hat, sunglasses.

TUESDAY, JUNE 9

4:01 pm, Lalka Ln.

Requesting phone call from ACO1, advising granddaughter's husband has pet rattle snake in residence. Is concerned for her grandchildren's safety. Reporting party looked up info online and believes it's against state regulations to have the snake.

4:02 pm, Fish Rd.

Caller advising male with shaved head, mask on, is holding red poppy. Was staring at cars, making hanging gesture. Holding poppy flower in mouth.

8:23 pm, NE Leach St.

Reporting party advising supports police 100 percent; no contact needed.

WEDNESDAY, JUNE 10

11:28 am, Mcguire Pl.

Advising white male, 65 years of age, walking down roadway, has gone to the bathroom in his pants. Walking on shoulder.

1:32 pm, La Mesa Dr.

Requesting call regarding phone threat from someone posing as Publishers Clearinghouse.

2:14 pm, Walker Ave.

Caller says male neighbor came onto reporting party's property four days ago. Ongoing problem, thinks he owns part of her property due to a picture on Google.

Report provided by OHPD & Island County Sheriff's Dept.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Family Guide

By Amy Hannold

Design Your Own Salish Sea Creature:

The Island County Marine Resources Committee and Sound Water Stewards invite students from Island County who will be entering grades 2-7 in the fall, to submit original artwork of a Salish Sea animal of their own design. Use your imagination to create the Salish Sea creature, and then name your newly designed species. Submit your entry by Friday, July 17. For contest details and to enter: islandcountymrc.org.

Plant, Pick, Clean, Give:

Growing a garden? Donate your extra produce to our local food banks this summer. Growing a row for your neighbors would be a great service (and outdoor science) project for students. Check with your local food bank for their acceptance hours and donation guidelines. Here's a guide to growing produce with children: kidsdogardening.com/easy-to-grow-vegetables-with-children.

Scientific Sea Discovery, Online:

The SEA Discovery Center, affiliated with Western Washington University, is offering pre-K/ kindergarten, elementary and middle school weekly clubs this summer. For a nominal weekly fee, or discounted whole-summer rate, enjoy a variety of activities and lessons designed to learn more about science through engaging STEM activities. sea.wvu.edu

Online Storytime with Mother Mentors of Whidbey Island:

Mondays in July, at 9:30 AM, hear a story and connect with other families with children, ages birth to 5. This group is a great resource for support, connection and information as you raise your kids on Whidbey Island. Playscape playgroups will hopefully resume in the fall. If you'd like to join them, click mothermentors.org.

Join the Geocaching Treasure Hunt:

Worldwide, there are millions of geocaches to be found. Utilizing the Geocaching app and GPS, you can find geocaches in all sorts of places. In addition to a log book to sign, you may find a variety of trinkets you're welcome to take one of, as a souvenir of your adventure. You're also welcome to leave trinkets in the caches you find, to keep the surprise going for others. geocaching.com/play

Explore the Letterbox Trails:

Have you ever been letterboxing? It's an outdoor activity combining geocaching and a scavenger hunt. All you need is a notebook, a "signature" rubberstamp of your choosing, ink pad, and connection to letterbox locations, as posted online at atlasquest.com. Letterboxes can be found on trails, in parks, and other locations, across the United States. Once you've chosen where you are traveling, you can find clues to active letterboxes. Arrive at your location, follow the clues, find the box, exchange stamps, and stealthily re-hide the box for the next seeker. Return to the atlasquest.com website to record your find, or to post the location of a letterbox you create and hide for someone else to find.

The Summer of Homemade Fun:

One positive I see to this time of quarantine is the opportunity to share and experience simpler summer fun. Grandparents and parents can enjoy some of the activities that kept them busy over the summer with their children now, in a time when our calendars are less full of events that draw us away from home. This makes it a wonderful time to share memories, traditions and pass down your family's favorite hobbies. For a print-

able checklist of homemade summer fun to consider, go to happyhooligans.ca/fun-things-kids-do-at-home-this-summer. Here are two ideas that have been most enjoyed by my kids:

Bubbles: Most everyone is mesmerized by bubbles. There are a variety of recipes out there, but the secret to great bubbles is to make them in advance. I have found bubble mix is like marinade. Mixed ingredients left to combine for a while will result in better bubbles. Think of it like this: "as they gel, they will swell." Bubble wands can be made from a variety of things, such as fly swatters, funnels, jar lids with holes, pipe cleaners, cut straws on a looped string, sieves, and more. The mix is a combination of one cup of water, 4 tablespoons of Joy or Dawn dish soap, and 2 tablespoons of glycerin or corn syrup. Mix together well, and let it sit overnight. Bubble mix can be stored in a sealed container such as a Mason jar or milk jug.

Cardboard Boxes: Collect boxes of different sizes and shapes. Egg cartons, cereal boxes, and paper tubes are also useful. All sorts of robots, forts, castles, play towns, puppet shows and trains can be created with boxes. Add a variety of stickers, paints, markers and other frills. With your child's imagination, you have both a fun project and the fun with what you have created.

Homemade Popsicles:

Yogurt (you can add berries too), vanilla ice cream with orange juice, root beer floats, lemonade, or juice of most any kind make delicious frozen treats. You can use popsicle molds, or paper cups (the ones waxed on the inside) with popsicle sticks. Whip these up, freeze and bring them out to enjoy. Inspiration: happinessishome-made.net/homemade-popsicle-recipes.

Surprise Drive: One of my favorite things to do to battle the "I'm boreds" is to plan a few "surprise" escapes for my kid. Make a list of places you'd like to go, with a look at area attractions and scenic spaces. For ideas on places to explore, I suggest visiting area Washington State Parks (parks.wa.gov), Island County Parks (islandcountywa.gov), farms in Island, Whatcom and Skagit County (farm-guide.org), and ice cream stops in local towns and cities. Check with the city's Chamber of Commerce for a list of businesses that are open. Expand your neighborhood with a visit to a new place, just a short distance away. Pack the kids in the car, perhaps with a picnic, but don't tell them where you're going. The suspense and the surprise of the drive, and the fun you have when you arrive, just might keep the boredom at bay for awhile.

Inspiration for Moms – For Anyone, Really:

Based in Gig Harbor, Wash., there is a fantastic resource, online at 247Moms.com. They've launched a Summer Planning Bash with useful resources for creating a fun summer and they have new ideas every day, with their 100 Days of Summer. "Mommin' It Daily" is a broadcast from their Facebook page that presents information on all sorts of family-related topics like frugal living, parenting, home keeping, decorating, holidays and more. Check it out – it's free and it just might be what you need to keep being creative, positive and a "fun Mom."

Whidbey Island Macaroni Kid is with you, this summer! Connect with us for local activities, information, and a great mix of at-home, off-screen, and short-distance adventures. WhidbeyIsland.MacaroniKid.com

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OakHarborFestival.com

Recipes sought for Coupeville Community Cookbook

By **Kathy Reed** Whidbey Weekly

Now may be the perfect time to share that "secret" recipe, for a good cause.

The Coupeville Farm to School program is putting together a community cookbook and recipes must be submitted by Saturday to be included.

"We're looking for recipes that you like to cook at home," said Zvi Bar-Chaim, coordinator of the Coupeville Farm to School program. "It's better if it highlights things you can get on Whidbey Island, but it doesn't have to be. It can be a traditional recipe – something you like to eat and are willing to share, it can be dessert, you name it. Whatever you feel like contributing, if it's something you like to cook, let's share it."

Bar-Chaim said they have received about 40 recipes so far, but "the more, the merrier." The cookbooks will be available at the program's annual Cook for a Cause fundraiser July 23 (to be held online this year) but will also be available through the Farm to School Facebook page and website, coupevillefarm-2school.org. Proceeds from the book go to support the farm to school program in

Coupeville. Price of the cookbook is yet to be determined, as it will depend upon the number of recipes submitted.

A cookbook seemed like a natural extension of what the Farm to School program is all about, Bar-Chaim said.

"We do cooking as a regular part of the curriculum during the school year," he said. "People like to cook and we wanted to give them an opportunity to share and bring another sense of community to what we're doing. We want to expand our community."

The Coupeville Farm to School program was started in 2015, so for students who were just starting school back then, they have had five years of learning about how food is grown.

"The kids love it," Bar-Chaim said. "I've seen kids become more accepting, not thinking twice about eating vegetables; they love being outside, watching things grow. Cooking in school has been a big success; that's the thing they look forward to, getting to cook in school and try what they've seen growing in the garden."



Photo Courtesy of Coupeville Farm to School Program
Cooking is one of the ways students at Coupeville Elementary School learn the connection between where food comes from and how to incorporate it into healthy eating. The Coupeville Farm to School Program is putting together a community cookbook and is asking the community to submit favorite recipes to be included.



Photo Courtesy of Coupeville Farm to School Program
Coupeville Elementary School students learn valuable lessons about planting, growing and harvesting food from a garden through the Farm to School Program.

Despite the havoc COVID-19 has wreaked on school this year, Bar-Chaim said some positives have emerged from it.

"A lot of families are starting gardens at home," he said. "We're getting emails from

students telling us to 'look at the garden we're doing, look at the plants we're growing.' Or, 'We made this at home using

See FARM continued on page 12

Lions go online: garage sale gems just a click away

By **Kacie Jo Voeller** Whidbey Weekly

This year, bargain hunters can look for deals from the Coupeville Lions Garage Sale all summer long. The sale, which has moved online for 2020, will feature items from appliances to furniture and more, available through the Facebook group Coupeville Lions Garage Sale and via the organization's website, www.coupevillelions.org.

Brian Pulk, the Coupeville Lions Club's current president and

chairperson for the sale, said the group would have liked to continue having the sale as normal. However, the best option was to instead move the sale online due to concerns surrounding having a large event as the world continues to face COVID-19, he said.

"I think maybe the positive of it is, it gave us the chance to be innovative and come up with a new way of doing things that challenged our intellect, in a way," he said.

Pulk said the sale, which has been happening for over four decades, has become a beloved annual event in Coupeville and beyond. The event also helps the club to raise money for various community initiatives and projects.

"For one thing, it (the sale) is a tradition in Coupeville and everybody in Coupeville and all over the island and beyond the island knows about the garage sale," he said. "So it is a tradition that we wanted to continue. It is one of our major sources of funding for all of the nonprofits we support throughout the year."

Pulk said the club will miss having its normal crowd of shoppers at Coupeville Elementary School, but is happy going online has allowed them to continue the event.

"The garage sale is an exciting event," he said. "People line up to get something and then the horn goes off and people rush to things they want to buy and it is quite a sight. We are very disappointed to have to miss that and we will be back next year, but the main thing that we wanted to accomplish this year was to continue the tradition of the garage sale."

In addition to the garage sale items, which will be posted regularly to the Facebook page, the group will also be putting on a plant sale. The plant sale is expected to be shorter than the garage sale, depending on how quickly items are sold, he said.

"We have several hundred plants that will be for sale and they are all listed on the website," he said.

Pulk said the sale allows people to make donations that can then find new life with a new buyer.

"It is a service to the community just to be able to pick things up that people do not want that other people would want to buy," he said.

David Fish, a past Coupeville Lions Club president who man-

See LIONS continued on page 12



Photo Courtesy of the Coupeville Lions Club
Coupeville Lions Club member Sandy Johnson sits in one of the storage areas where items collected by the club throughout the year are stored to sell at the annual garage sale. This year, with an online sale (which can be found via the Facebook group, Coupeville Lions Garage Sale), community members can look for garage sale finds throughout the summer.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Summer Cinema

Watch it while it's hot

By Carey Ross

Normally, when writing about movies that are synonymous with summer, I'm compiling a rundown of the blockbusters we will seek out when we need to escape from bright sun and sweaty heat into the cool dark of an air-conditioned theater. These lists are usually heavy on superhero movies and sequels, with some animated adventures and bigger indie movies thrown in for good measure.

No matter when theaters reopen, it's going to be a different kind of summer at the movies. However, since we're all watching everything we can get our screens on these days, the best cinema in town is still our living rooms for the time being. Instead of the superheroes and sequels and superhero sequels, I've got a rundown of movies that scream summer.

Camp Classics

I don't know about you, but I grew up going to summer camp, where I learned such valuable skills as how to sing a song in the air pocket of a tipped-over canoe and a banana stuffed with chocolate chips and peanut butter makes for a fine dessert when wrapped in foil and warmed in the coals of a campfire. Summer camp has proven to be memorable fodder for summer cinema, and if I can single out one film from this fertile canon, it would be "Wet Hot American Summer," the movie that spoofs them all with wicked funny satire and a surprisingly high body count. The cast is stellar—Paul Rudd, Janeane Garofalo, Elizabeth Banks, Christopher Meloni, Michael Showalter (who also wrote the script), and more—the setting is the 1980s and it's a highly eventful last day of camp for a group of counselors. Each is trying to square unfinished business using the familiar tropes of summer-camp sex comedies taken to hilarious extremes. There's a fair amount of casual manslaughter, threat of cosmic attack and even a talking can of vegetables, each of which inspires the oft-quoted one-liners that turned this box-office bomb into a cult classic. For other camp classics, see also: "Meatballs, Moonrise Kingdom, But I'm a Cheerleader" and "Little Darlings."

One for the Road

Is there anything that says summer quite like being trapped in a car with your entire family while you partake in such fun activities as, "I Have to Go to the Bathroom," "Stop Touching Me," and everyone's all-time favor-

ite, "Are We There Yet?" Summer road-trip movies are a genre unto themselves, with the classic of all classics being, of course, "National Lampoon's Vacation," in which we meet the Griswold family for the first time. The jokes are straight out of 1983, but much of the humor holds up even now. But for a more recent, heartwarming and laugh-out-loud-funny road-trip comedy, the modern standard bearer has to be "Little Miss Sunshine." The tiny 2006 indie film came from seemingly nowhere to become a massive box office success and earn four Academy Award nominations and a Best Supporting Actor win for Allen Arkin. Anchored by a breakout performance from Abigail Breslin as Olive Hoover, the unlikeliest beauty pageant contestant, the film travels 800 bickering, hijinks-packed miles with the entire Hoover clan packed into a yellow VW bus before it reaches the Little Miss Sunshine pageant and a gloriously life-affirming finale. Watch this one when you're feeling cranky. I promise it'll fix you right up. For more summer road movies, watch: "Pee-Wee's Big Adventure, Dumb & Dumber, Almost Famous" and "Thelma & Louise."

Fright Nights

Horror flicks have taken full advantage of summer vacation to wreak havoc and stack bodies in unforgettable fashion. I'd be remiss in my duties to myself if I failed to mention my all-time favorite terrible scary movie, "Children of the Corn," fits quite neatly into the summer horror genre, and not just because the kids kill off all the adults in the opening scene, making for an endless summer vacation for Isaac and his murderous minions. However, the true classic of summer horror is no doubt "Friday the 13th," in which we are introduced to Jason Voorhees and his hockey mask for the first, but certainly not the last, time. As he slashes his way through a cast of attractive young counselors (Kevin Bacon, is that you?) attempting to reopen Camp Crystal Lake, he makes good use of the horror movie trope, which suggests if you're young, hot and make the mistake of hooking up, a masked man with a cursed past will show up and slaughter you. It's a wonder any of us made it out of adolescence alive. For more summer scares, see also: "I Know What You Did Last Summer, The Texas Chainsaw Massacre, Jaws" and "The Descent."

CAN DO SUDOKU!

On a scale from 1 to 10...5.5

Every row of 9 numbers must include all digits 1 through 9 in any order
Every column of 9 numbers must include all digits 1 through 9 in any order
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Answers on page 15

	2			4				9
					8	7		
7				2		1		3
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2		6		9		3		4
	9	1			6	5		
4		7		8				5
			9	3				
8				6				9

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THE GREAT OUTDOORS (PG)

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Wednesday, July 1 thru Saturday, July 4*

GHOSTBUSTERS (PG)
50 FIRST DATES (PG-13)

*Fireworks show prior to first movie!

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Pam's Prayer Corner

In honor of my late mother-in-law, Pamela Kaye Young, this column is a place where believers can share their prayer requests for others to help lift them up in faith. The prayers can be for you, a family member, or anything weighing on your soul. Email info@whidbeyweekly.com or call 360-682-2341 to share your prayer requests.

Please join us in praying for a friend of Pam's. Here is her story:

"[Pam] is helping me survive! I am in a bad spot and cried out to her Sunday night because she has been my go to person and prayer partner for 10 years. And I believe she spoke to God on my behalf and was with Him on Monday to help save my life and open my eyes to His great love for us! Long story short, I thought I was suffering from depression and anxiety and then I had a seizure Monday and discovered I have 20 brain tumors responsible for all the symptoms I was experiencing. I have no doubt she interceded on my behalf and asked God to let me recognize how He orchestrated events to happen as they did so I would be right where I needed to be to be diagnosed correctly! It was and is a beautiful story and I felt her presence in it. She helped save my life and helped me see God the way she sees and knows him."

"And we also thank God continually because, when you received the word of God, which you heard from us, you accepted it not as a human word, but as it actually is, the word of God, which is indeed at work in you who believe."

1 Thessalonians 2:13



FARM continued from page 10

some of the produce from our garden.' They can see the connection pretty clearly now because of what families are doing. It's one of the silver linings."

Obviously there has not been any hands-on learning at the school garden this spring. Bar-Chaim said they were able to move most of the learning online when in-school learning became at-home learning.

"We changed our curriculum to online video lessons and tutorials," he said. "We've got our Facebook page, our YouTube channel and we've sent videos to teachers to share directly with students through online learning platforms. We've done cooking demonstrations and tutorials as well."

Vegetables in the school garden have kept growing, despite there being no students to try the "Harvest of the Month" or participate in taste-tests, but the produce is being distributed to several families in the district so nothing is going to waste.

In its first five years in operation, Bar-Chaim said he feels the Coupeville Farm to School program has done a good job fulfilling its mission.

"We want kids to make the connection between where food comes from and how it ends up on the plate and we want them to have the skills they need to be able to grow food themselves," he said. "We want to give them the skills to cook that food as well, plus teach them the benefits of eating vegetables and eating a healthy diet as much as you can."

"We understand family situations differ," Bar-Chaim continued. "Families may or may not have garden space – but we can still teach that connection."

To submit a recipe by Saturday, email it to coupevillefarm2school@gmail.com. Find more information about the project on Facebook or at coupevillefarm2school.org.

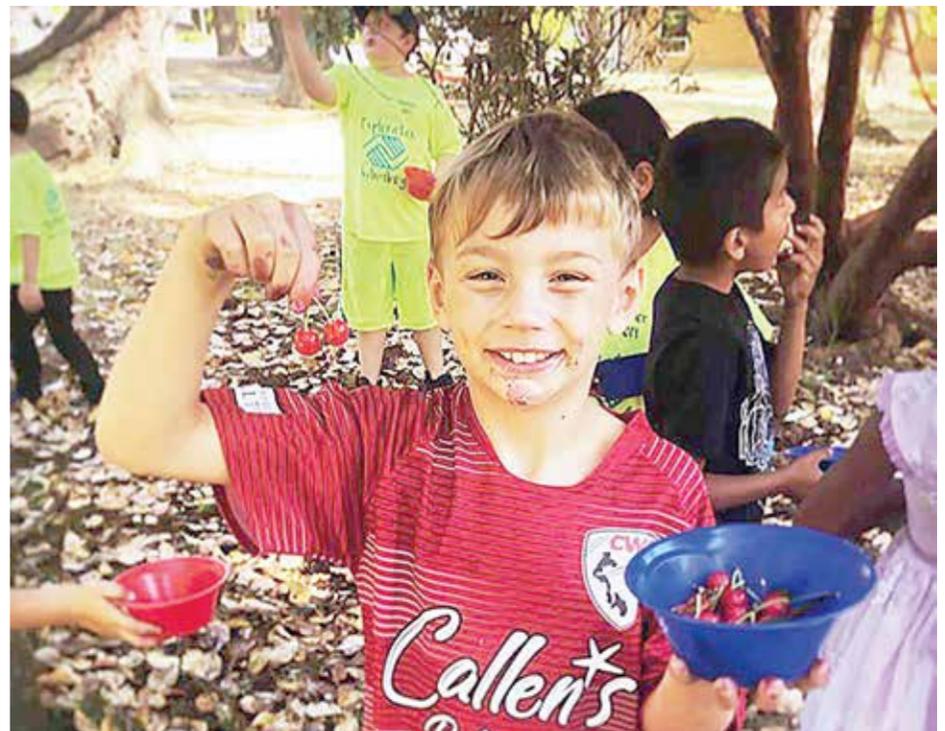


Photo Courtesy of Coupeville Farm to School Program
Students at Coupeville Elementary School have had fun tasting the items harvested from the Farm to School garden since the program began five years ago.

LIONS continued from page 10

ages the logistics of the sale, said in addition to taking donations, the sale also raises funds to support community projects, including the Boys and Girls Club, sight and hearing testing in schools, and more. The club has over 20 service projects and raises funds for more than 30 organizations in the community.

"For me, and I think the others would agree, one of the key things is to be able to meet the need to make this stuff available to bargain hunters that we serve every year," he said. "It is also clearing space so we can take more donations and of course, to make some money to serve our projects that we have in the area. Those three things probably have about equal importance."

Fish said safety has been a key consideration in moving the sale online for the year. Fish said each week, buyers who purchase an item by Wednesday will then set up a time to pick up their find on Saturday. For those who make a purchase later in the week, items will be available on the Saturday of the following week.

"We are very conscious about social distancing and we are scheduling pickups on Saturdays at Coupeville Elementary School," he said. "So when somebody buys something, they let me know and we will load it up on Saturday and take it over to the elementary school, and they will pick it up and pay for it there."

Fish, who has been managing the garage sale's Facebook page, said the sale has already garnered a large amount of interest online. The Facebook group has nearly 700 members currently. As items sell, more will be added to the page, he said.

"After I posted the first batch (of items), primarily appliances, my Facebook feed exploded," he said. "There was so much interest out there and I had a whole bunch of sales within 24 hours. And in the last week we have doubled the number of followers to our Marketplace group."

While the sale has seen success online, Fish said the group looks forward to planning a more traditional sale next year.

"Certainly the disadvantage (of an online sale) is we are not going to be able to post a lot of the small stuff and certainly our customers are not going to be able to walk through and have those impulse buys," he said.

Fish said for those who are not on Facebook, the club has provided other shopping options.

"We are putting stuff on Facebook but we are also putting some stuff on our web-page," he said. "So Facebook is not our only outlet. Not everybody is a Facebook user, so we are making some things available for the non-Facebook users."

Fish said the Coupeville Lions Club provides a place for community members to come together and make a difference in the local area and beyond with a combination of traditional and new methods.

"The opportunity to serve is important to me, to give back to the community," he said. "And I kind of enjoy being the Lions instigator. I am pretty good about coming up with new ideas and new ways to do things."



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CHICKEN LITTLE & THE ASTROLOGER

By Wesley Hallock

ARIES (March 21-April 19)



Suppose Noah had been your neighbor. Might you have saved for a rainy day? How could you not? But isn't that insider trading, good for a visit from the Justice Department? You bet! Now suppose you knew that tomorrow you would win the lottery. Would you worry less about the bills the night before? How could you not? But wait! Isn't that also insider trading? Hmm. Might that explain the veil over the secrets of tomorrow? It keeps us honest.

TAURUS (April 20-May 20)



Desperate times call for desperate measures. How else do you explain the current rash of extreme behavior? How desperate are you? To the point of doing your own bikini wax? Videos are out showing you how. There are many niches in which to profit in a crisis. Have you found yours? Imagination and creativity are all that's required to flourish in these times. And, for bikini wearers, courage and a quick hand.

GEMINI (May 21-June 21)



We're inspired by the giant sequoias. There they stand, 3,000 years old and still going strong, still laughing off fire, flood, insects and disease. No storm can take them down, these veterans of thousands upon thousands of wintry blasts. No enemy can defeat them. As a mascot, as a symbol of resistance to galvanize your spirit in trying times, we nominate the giant sequoia. Here's to the sequoia within you.

CANCER (June 22-July 22)



"There has to be a better way." Those words are at the root of all the world's greatest inventions. What inspires the search for the better way? What drives innovation in science, art, humanities and government? Adversity. Adversity, and dissatisfactions too deeply felt to ignore. In what measure are those two essentials for human progress present in your life? Get ready for an evolutionary leap.

LEO (July 23-Aug. 22)



Patience. Command patience, and you lead a great army. Without patience, your battle will not be won. You say you don't have time to be patient? Thank you for making our point: Patience is not about time. Patience is about remaining calm when others fall prey to panic. Patience is not about waiting. Patience is about taking action after constructive action, with no thought of defeat. Patience doesn't take time. It makes time.

VIRGO (Aug. 23-Sept. 22)



When is your adversary your ally? When does the phoenix crow? As the mythical bird of death and rebirth, the phoenix doesn't crow. It dies in a burst of flames and combustion, only to arise from the ashes of its predecessor to live again. The phoenix doesn't crow, and your

adversary isn't really your ally. Adversaries, if they are worthy, ignite your creativity and suffer defeat in the flames of your genius. Long live the adversary!

LIBRA (Sept. 23-Oct. 22)



Higher quality, lower cost. Isn't that the goal of every shopper? It doesn't matter what you're shopping for. Cars, clothing, relationships, you name it. What do you do when the cost of the thing exceeds the satisfaction? March it to the return department for your money back? Not always. Sometimes, repairs are better. Is this one of those times? What's irking you, and who best to fix it? Your move.

SCORPIO (Oct. 23-Nov. 21)



The learning curve is rising faster than a SpaceX rocket. Another day older, a hundred years wiser, that kind of thing. If you value knowledge, if you aspire to turn knowledge into wisdom, these are heady times, indeed. Humanity is advancing faster than the national debt clock. So, why all the grouching? Why the long faces? Nevermind. Everyone learns in their own way. Who's learning fastest? You guessed it. The grumpies.

SAGITTARIUS (Nov. 22-Dec. 21)



Can two versions of truth both be true? What are kaleidoscope eyes? John Lennon's, "girl with kaleidoscope eyes," might have been John's dreamy take on his son's artwork, or a nod to tripping on LSD. Maybe both. Maybe neither. Kaleidoscope images change with every movement of the lens. Truth, like beauty, thus lies in the eyes of the beholder, and change is the only constant. That's one thing that will always be true!

CAPRICORN (Dec. 22-Jan. 19)



Sometimes the best action is no action. Does this mean hanging out doing nothing? Absolutely not! Game theory demands that you use your down time to anticipate what your opponent is thinking. What is your opponent thinking, anyway? While you're waiting them out, are they waiting you out? A game of nerves! Steady now. Think of a cat before it pounces. But for the slight tail twitch, it might be stone. . .

AQUARIUS (Jan. 20-Feb 18)



An elephant's pregnancy and gestation lasts approximately 22 months. That's a lot of waiting. In all that time, the only thing you know is that something is coming, and it's gonna be BIG. You're in similar straits. Some major players are contemplating bold actions and making weighty decisions. What will be the impact on you when these elephants deliver? Stay informed and voice your opinions.

PISCES (Feb. 19-March 20)



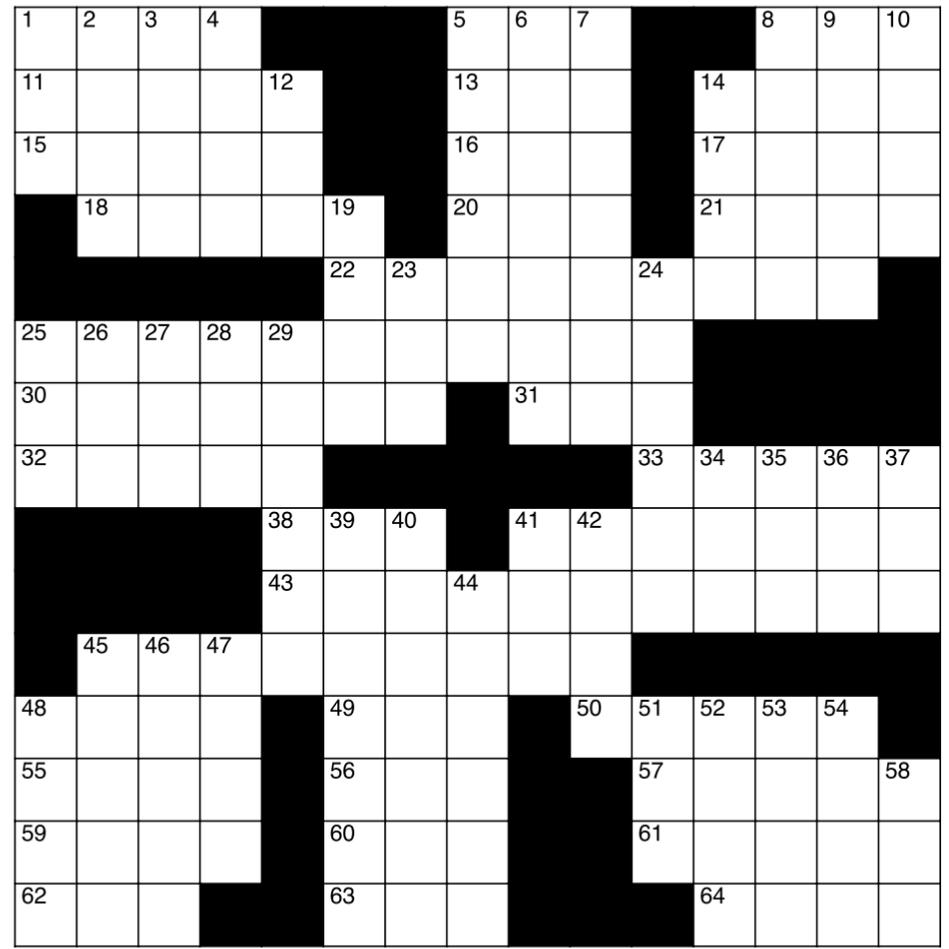
Hand a chainsaw to a lumberjack and what do you get? Firewood. Hand the same saw to a sculptor? You get eagles cut from cedar. See where this is going? The tool matters less than the person using it. That's everything you really need to know this week. Start with a vision, and use the tools you're given. That's how we got chicken and dumplings. It's how we'll get back to the Moon. Life is art.

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Chicken Little's knock on the head meant to him that the sky was falling, silly bird. His horoscope showed other possibilities. Don't wait for a knock on the head to ask what's up in your life. Wesley Hallock, as Whidbey Weekly's professional astrologer and horoscope writer, keeps one eye on the sky and alerts us to the prospects each week. To read past columns of Chicken Little and the Astrologer in the Whidbey Weekly, see our Digital Library at www.whidbeyweekly.com.

Crossword Puzzle



CLUES ACROSS

- 1. Swiss shoe company
- 5. __ Caesar, comedian
- 8. __ and flow
- 11. Horsefly
- 13. Egyptian pharaoh
- 14. African nation
- 15. Tony-winning actress Daisy
- 16. Initial public offering
- 17. Long-winding ridge
- 18. Guinea peoples
- 20. Fellow
- 21. About aviation
- 22. Able to make amends
- 25. Easy to perceive
- 30. Cut off
- 31. Northeast Thai language
- 32. Earthy pigment
- 33. Water nymphs
- 38. Returned material authorization (abbr.)
- 41. Those who deal
- 43. Apply a new fabric
- 45. Confusions
- 48. "To __ his own"
- 49. Lowest point of a ridge between two peaks
- 50. Heavy cavalry sword
- 55. Partner to pain
- 56. A type of savings account

- 57. In a way, felt pain
- 59. Wide-beamed sailing dinghy
- 60. Consume
- 61. Jewish spiritual leader
- 62. Body part
- 63. Midway between south and southeast
- 64. Cheek

CLUES DOWN

- 1. Indicates a certain time (abbr.)
- 2. Expression of sorrow or pity
- 3. Central American lizard
- 4. Muslim military commanders
- 5. One who takes to the seas
- 6. Select jury
- 7. Parts of the small intestine
- 8. Painter's accessory
- 9. Honk
- 10. Ballpoint pen
- 12. Large, dark antelope
- 14. Ancient kingdom near Dead Sea
- 19. Exhausts
- 23. __-bo: exercise system
- 24. Not written in any key or mode
- 25. Chinese principle

- 26. Corpuscle count (abbr.)
- 27. Powdery, post-burning residue
- 28. Company that rings receipts
- 29. Rugged mountain range
- 34. Commercials
- 35. NY football player
- 36. A form of be
- 37. Soviet Socialist Republic
- 39. Kindnesses
- 40. Natural electrical phenomena
- 41. Your
- 42. Diana __, singer
- 44. Upper surface of the mouth
- 45. National capital
- 46. Fluid in Greek mythology
- 47. Renowned jazz trumpeter
- 48. Freedom from difficulty
- 51. Swiss river
- 52. Prejudice
- 53. Actor Idris
- 54. Revolutionaries
- 58. Criticize

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, June 25	Fri, June 26	Sat, June 27	Sun, June 28	Mon, June 29	Tues, June 30	Wed, July 1
North Isle H-67°/L-57° Mostly Sunny	North Isle H-68°/L-55° Partly Sunny	North Isle H-66°/L-54° Mostly Cloudy	North Isle H-63°/L-53° Mostly Cloudy	North Isle H-63°/L-53° Partly Sunny	North Isle H-64°/L-54° Partly Sunny	North Isle H-66°/L-54° Mostly Sunny
South Isle H-70°/L-58° Partly Sunny	South Isle H-73°/L-57° Mixed Clouds and Sun	South Isle H-72°/L-56° Mostly Cloudy	South Isle H-68°/L-55° Mixed Clouds and Sun	South Isle H-68°/L-54° Partly Sunny	South Isle H-69°/L-55° Mostly Cloudy	South Isle H-71°/L-56° Partly Sunny



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The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/NorthPugetSoundDragonBoatClub?ref=hl

Medical Marijuana patients unite! If you need assistance, advice, etc. please contact at 420patientnetworking@gmail.com. Local Whidbey Island help.

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed. Victim Support Services has advocates ready to help. Please call

the 24-hr Crisis Line 888-388-9221. Free service. Visit our web site at <http://victimsupportservices.org>

VOLUNTEER OPPORTUNITIES

The Habitat Stores depend on enthusiastic volunteers to help carry out our mission. We are looking for volunteers to help us with customer service, merchandise intake, store up-keep, organization and pick-ups of donated items. If you have two (2) hours or more per week to donate, please join us in our mission to create affordable housing in our community by volunteering at our Oak Harbor Store. Hours: Mon-Sat, 10am-5pm and Sun, 11am-4pm. Please contact Tony Persson if you are interested in volunteering at our Oak Harbor store (290 SE Pioneer Way, Oak Harbor, WA 98277): 360-675-8733, tony@islandcountyhabitat.org. For our Freeland store (1592 Main Street, Freeland WA 98249), please contact John Schmidt: 360-331-6272, john@islandcountyhabitat.com. Habitat for Humanity of Island County, www.islandcountyhabitat.org, 360-679-9444.

How'd you do?

1	2	5	7	4	3	8	6	9
9	6	3	1	5	8	7	4	2
7	8	4	6	2	9	1	5	3
5	4	8	2	3	1	9	7	6
2	7	6	8	9	5	3	1	4
3	9	1	4	7	6	5	2	8
4	1	7	9	8	2	6	3	5
6	5	9	3	1	4	2	8	7
8	3	2	5	6	7	4	9	1

College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the PBY-Naval Air Museum.

Go to www.pbymf.org and click on "Volunteer" or just stop by and introduce yourself.

Imagine Oak Harbor's first Food Forest, Saturdays 11am-3pm, at 526 Bayshore Drive. Each week, we have volunteer opportunities available to help care for our community garden, share organic gardening tips, and learn Permaculture principles. All ages and skill levels welcome. Schedule can change due to adverse weather conditions. If you have any questions, please contact us at: imaginepermacultureworld@gmail.com

Mother Mentors needs volunteers! Oak Harbor families with young children need your help! Volunteer just a couple of hours a week to make a

difference in someone's life! To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

Looking for board members to join the dynamic board of Island Senior Resources and serve the needs of Island County Seniors. Of particular interest are representatives from North Whidbey. For more information please contact: reception@islandseniorservices.org

HOUSEWARES

NUWAVE Bravo XL Air Fryer and Oven with temp. probe. Like new, used 3 times, \$75 obo. Call Stone in Coupeville, 360-774-0168 (1)

ANIMALS/SUPPLIES

Excellent grass hay, good for horses, \$7 per bale. 20 bale minimum. 360-321-1624

No Cheating!

B	A	T	A			S	I	D		E	B	B
C	L	E	G	G		A	M	U		M	A	L
E	A	G	A	N		I	P	O		O	S	A
	S	U	S	U	S	L	A	D		A	E	R
					A	T	O	N	E	A	B	L
T	R	A	N	S	P	A	R	E	N	T		
A	B	S	C	I	S	E		L	A	O		
O	C	H	R	E					N	A	J	A
					R	M	A		T	R	A	D
					R	E	U	P	H	O	L	S
			D	I	S	A	R	R	A	Y	S	
E	A	C	H			C	O	L		S	A	B
A	C	H	E			I	R	A		A	I	L
S	C	O	W			E	A	T		R	A	B
E	A	R				S	S	E		S	A	S

If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If you need assistance, please stop by.

WANTED

WANTED Running or Not: We buy cars, trucks, travel trailers, motorhomes, boats, tractors, & much more! If you want to sell or get rid of anything, call TJ's Recycling, 360-678-4363. We will haul junk vehicles away.

Always buying antiques, collectibles, sporting goods, tools, garden equipment, furniture, vehicles, tractors and boats. Cash paid at loading out. 45 years experience. 360-678-5888 or text 360-9691948

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298

Was your Dad or Gramps in Japan or Germany? I collect old 35 mm cameras and lenses. Oak Harbor, call 970-823-0002

CLASSIFIED INFORMATION

US Postal Mail

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Oak Harbor, WA 98277

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Telephone.....(360)682-2341

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PLEASE CALL WHEN YOUR ITEMS HAVE SOLD. Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$10/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. Deadline for all submissions is one week prior to issue date.

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