

January 28 through February 3, 2021

FREE

Whidbey Weekly

Your Source For "What's Happening" On Whidbey Island

Locally Owned · Locally Operated

ARTICLES · CALENDAR · PUZZLES · ISLAND 911

CLASSIFIEDS · DINING GUIDE

GROUNDHOG DAY

FEBRUARY
2ND



We're Still In This Together!

WEAR YOUR MASK • SOCIAL DISTANCE • #whidbeystrong

Whidbey Weekly
& PRINTING

1131 SE ELY STREET • OAK HARBOR • 360-682-2341 • WWW.WHIDBEYWEEKLY.COM

In addition to being your favorite source for news and events on the island, Whidbey Weekly is also your source for:

PRINTING • COPYING • GRAPHIC DESIGN • COMB BINDING • FOLDING
LAMINATING • CUTTING • FAXING • DIRECT MAIL SERVICES • NOTARY PUBLIC

EXCEPTIONAL CARE, RIGHT HERE - RIGHT NOW.

Your good health is the reason we are here.

Walk-In Clinics: Close to home. No appointment needed.

When life's minor illness and injuries need medical attention, our Walk-in Clinics in Clinton and Oak Harbor are open daily.

Diagnostic and Lab services also available.

Don't put your health on hold



11245 State Route 525,
Clinton, WA 98236
360-341-8727

1300 NE Goldie Street,
Oak Harbor, WA 98277
360-679-5590



Call 360-679-5590 and arrange an informal conversation with the Total Joint Replacement team.

YOUR QUALITY OF LIFE: Is it time for a hip or knee replacement?

Living with hip or knee pain often makes daily activities difficult or even impossible.

Joint replacement surgery at WhidbeyHealth uses groundbreaking methods which accelerate your return to a pain free and active lifestyle right here on Whidbey.



Learn more at: whidbeyhealth.org/jointreplacement

 **WhidbeyHealth**
whidbeyhealth.org

WhidbeyHealth Medical Center

101 North Main Street, Coupeville, WA 98239
North Island: 360.678.7624 | South Island: 360.321.5173



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



ON TRACK

with Jim Freeman



One of the bigger decisions I had to make during last month's power outage concerned my water.

Without electricity, the commode would not flush.

So, off to the store to get water.

Instead of paper or plastic, it was drinking water or distilled?

Either way, my pipes say, "Thank you."

Have you heard this one?

Curtis and Leroy saw an ad in the *Herald-Citizen* in Cookeville, Tenn. They bought a mule for \$100. The farmer agreed to deliver the mule the next day.

The next morning the farmer drove up and said, "Sorry, fellows, I have some bad news, the mule died last night."

Curtis and Leroy replied, "Well, then just give us our money back."

The farmer said, "Can't do that. I went and spent it already."

They said, "OK then, just bring us the dead mule."

The farmer asked, "What in the world y'all gonna do with a dead mule?"

Curtis said, "We gonna raffle him off."

The farmer said, "You can't raffle off a dead mule!"

Leroy said, "We shore can! Heck, we don't hafta tell nobody he's dead!"

A couple of weeks later, the farmer ran into Curtis and Leroy at the IGA grocery store and asked,

"What'd you fellers ever do with that dead mule?"

They said, "We raffled him off like we said we wuz gonna do." Leroy said, "Shucks, we sold 1000 tickets for two dollars apiece and made a profit of \$1,998."

The farmer said, "My Lord, didn't anyone complain?"

Curtis said, "Well, the feller who won got upset. So we gave him his two dollars back."

Curtis and Leroy now work for the government.

Recycled jurisprudence

The lawyer hires a plumber. After 30 minutes working on the toilet, the plumber hands the lawyer a bill for \$250.

The lawyer hits the roof!! "That's outrageous!! I've been a lawyer for 30 years and I've never made \$500 an hour!"

The plumber looks the lawyer straight in the eye and says, "Yeah, I never made that much when I was a lawyer either."

83 year young wisdom

The beautiful, well-versed 83-year-old lady, fully dressed every morning at 8 a.m. sharp, with her hair done in fashion and perfectly applied makeup, is moving to a retirement home.

After many hours of patiently waiting in the hall of the home, she smiled sweetly, when told her room was ready.

As she moved her walker toward the elevator, she was given a detailed description of her small room, including the curtains hanging from her window.

"I love it," she said, with the enthusiasm of an 8-year-old girl who was just handed over a new pet.

"Mrs. Jones, you haven't seen the room; just wait."

"That doesn't matter," she replied. "Happiness is something you decide over time. Whether or not I like my room doesn't depend on how the furniture is arranged; it depends on how I arrange my mind."

"I've already decided I like it. It's a decision I make every morning when I wake up. I have the choice; I can spend the day in bed, going through the difficulty I have with my body

parts that don't work, or get out of bed and be thankful for the parts that do work.

"Every day is a gift, and as long as my eyes open, I will focus on the new day and the happy memories I've stored just for this time in my life. HAPPINESS is like a bank account: you withdraw from it, what you deposit. So my advice would be to deposit a lot of happiness into your memory account."

Remember these five simple things:

1. Free your heart from hate/discord.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Take less.

Lessons learned

The only guy I know in Forks sent me 320 things he found many of the people in Forks have learned during the last year about dealing with the virus.

The following are the best 10:

1. We're doing yoga online. It's called Namastay At Home.
2. On my next Zoom call, I'm going to sit really, really still and see if they think my feed froze.
3. Coronavirus is like an ex – they both keep popping up as soon as you start going out again.
4. She says the CDC may recommend six feet, but the restraining order still says 100.
5. In March, I was learning to make balsamic-spiced stuffed pork chops and baklava. By June I was making hot dogs and Oreos. Last week, I just started pouring the ice cream onto the SpaghettiOs.
6. Some guy was mask-less and coughing on the elevator yesterday. It was wrong on so many levels.
7. When this is over I will either be a hunk, a chunk, a monk, or a drunk.
8. I got another "we're all in this together" email from an airline – like they think I forgot about the last time my suitcase weighed 52 pounds.
9. A word of caution to everyone on Zoom: forgetting to mute your mike is the new "reply all."
10. I have started thinking of the days of the week as Thisday, Thatday, Otherday, Someday, Yesterday, Today and Nextday.

Honeycomb

A few years ago, I had the privilege of sharing a sandwich and a show with Jimmie Rodgers. Rodgers was the show. I helped provide the condiments.

In one of the rooms at Coupeville High School I asked Mr. Rodgers lots of questions about being that famous when that young.

"I remember playing guitar with Buddy Holly in our hotel room with all those fans outside screaming."

I asked him about Honeycomb cereal and SpaghettiOs while having him autograph a box and a can.

"When we were living in California, back when one of my songs was used for the SpaghettiOs commercials, we got cases of that pasta delivered. I used to load them up in my red wagon and make deliveries to the neighbors. It was great fun."

Old humor for the New Year

The couple had an outstandingly happy and successful marriage. The husband was once asked to what he attributed this remarkable situation.

"It's simple," he said. "Division of labor. My wife makes all the small, routine decisions. She decides what house we buy, where we go on vacation, whether the kids go to private schools, if I should change my job, and so on."

"And you?"

"I make the big, fundamental decisions. I decide if the United States should declare war on China, if Congress should appropriate money for a manned expedition to Mars, and so on."

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.



Island Transit

We're Hiring!

If you are looking for a solid career with great pay and benefits including two retirement plans, Island Transit is hiring for Coupeville and Camano Island locations.

Accounting Clerk Facilities Maintenance

Visit www.islandtransit.org/employment to apply.

Island Transit is a drug and alcohol free workplace and an equal employment opportunity employer.

PHONE: 360-682-2341

FAX: 360-675-2162

Whidbey Weekly
LOCALLY OWNED & OPERATED

1131 SE ELY STREET | PO BOX 1098 | OAK HARBOR, WASHINGTON 98277

Publisher..... Eric Marshall
Editor Kathy Reed
Marketing Representatives..... Glenda Cantrell, Noah Marshall
Graphic Design Teresa Besaw
Production Manager TJ Pierzchala
Circulation Manager..... Noah Marshall

Contributing Writers
Alec Brown
Jim Freeman
Wesley Hallock
Melanie Hammons
Kae Harris
Tracy Loescher
Kathy Reed
Carey Ross
Kacie Jo Voeller

Volume 13, Issue 04 | © MMXXI Whidbey Weekly

PUBLISHED and distributed every week. No part of this publication may be reproduced without the written consent of the publisher. The Whidbey Weekly cannot be held responsible for the quality of goods or services supplied by advertisers in this publication. Articles, unless otherwise stated, are by contribution and therefore the Whidbey Weekly is not in a position to validate any comments, recommendations or suggestions made in these articles. **Submitted editorial is NOT guaranteed to be published.**

DEADLINES: The Whidbey Weekly is a submission based editorial with contributing writers. Please feel free to submit any information (please limit to 200 words) that you would like to share with the Whidbey Weekly. You may submit by email to editor@whidbeyweekly.com, by fax to (360)682-2344 or by postal mail to PO Box 1098, Oak Harbor, WA 98277. **Submitted editorial is NOT guaranteed to be published.** Deadline for all submissions is one week prior to issue date. For more information, please visit www.whidbeyweekly.com.

Most items up to

40% OFF

Suggested retail price every day

Including a huge selection of fine art brushes, professional artist watercolor, oil paint & gouache

Valid Military ID will always save

20% OFF*

Custom framing *For Veterans, Active Duty & Retired Military.

Student? Artist? Get

10% OFF**

Gene's already low prices! **On non-sale items.



Whidbey's Largest Selection of Fine Art Supplies

GENE'S ART & FRAME

SINCE 1967

360-675-3854 • 250 SE Pioneer Way • Oak Harbor
12-5pm Tuesday-Friday • 10am-2pm Saturday



www.genesartframing.com



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Bits & Pieces

Letters to the Editor

Editor,

Some political opinions recently published in our local newspapers need to be challenged.

Again and again Democrats have made claims about President Trump and his supporters that are not true.

Chris Geiger of Coupeville claims the "horrific events" of Jan. 6 were not only a "stain" but an "irreparable 'tear' in the fabric of our republic." He asks how vandalism and homicide qualify as patriotism because "crimes are crimes, no matter the motivation." I agree but would also add, where was the outrage when vandals and rioters under the banners of BLM and Antifa used the excuse of George Floyd to tear apart our cities, destroy businesses, attack police forces, tear down statues, and set fire to public and private buildings by the hundreds? In Minneapolis alone, over 700 buildings were destroyed. How is this behavior any less culpable or destructive to the fabric of our republic than the behavior of those who entered the Capitol Jan. 6?

In the rush to judgment after Jan. 6, accusations centered on the small number of Trump supporters who walked to the capitol to lift their constitutionally-protected voices against the intransigency of a judiciary refusing to properly investigate very questionable election activities that took place in six states.

Now we are learning that much of the mob activity that took place Jan. 6 was planned beforehand, and much of the mob that crushed its way into the capitol was led by Antifa and BLM.

Online messages reveal plans to use the Trump rally to damage both Trump and his supporters and the government itself. Some supporters were indeed swept up in the mob mentality that always results from anarchy, but the vast majority of those Trump supporters who bothered to go to the capitol simply walked into the building after barriers were removed by police; I doubt they even realized they weren't supposed to enter that way. Others, entering other doors, came in legally and properly. Inside, they were respectful and courteous and, just as they did outside the building, stopped rioters from destroying public property.

There is a lot more to learn as investigations continue and the judicial process runs its course. But we must also demand justice for the crimes committed by those who killed and destroyed all summer and fall, those who broke election laws, and those who condoned all of it. Remember, while all this was happening, Democrats in charge of cities, states, and Congress itself dismissed the criminality of these true insurrectionists, calling them "peaceful protesters" bringing us a "summer of love," all under the aegis of Speaker Pelosi who dismissed the destruction as, well, "people will do what people will do."

Peggy Shekem
Coupeville, Wash.

Community Invited to Learn More About Local Boating Squadron

Deception Pass Sail and Power Squadron to Hold Virtual Open House

Deception Pass Sail and Power Squadron (DPSPS), the local affiliate of America's Boating Club, is holding a new member orientation

Jan. 30 from 11:00AM to noon. The meeting is also open to anyone interested in learning more about the boating squadron. Due to COVID restrictions, the meeting will be held online using Zoom and will cover membership benefits, education, training and recreational activities. For more information and meeting login instructions, contact DPSPS commander Pat Waters at frenchsailor@comcast.net.

The Deception Pass squadron, which covers Whidbey and Fidalgo islands, is part of a national organization with over 30,000 members nationwide. They offer boating courses and seminars, on-the-water training events, vessel safety checks, safety training and cooperative charting.

According to Waters, the boating squadron welcomes anyone, from young families interested in getting into boating to the experienced mariner. "Our classes go from basic boating safety and handling, all the way to celestial navigation," he noted. "We also offer family-friendly seminars on shrimping and crabbing, and a boating safety class specifically for kids. It is a great way to connect with the Puget Sound boating community."

The Deception Pass Sail and Power Squadron (DPSPS) is a 44-year-old nonprofit organization with over 75 members from Whidbey and Fidalgo islands.

[Submitted by Jennifer Geller, Deception Pass Sail and Power Squadron]

State Ferries to Host February Virtual Community Meetings

Topics include hybrid-electric vessels, service and COVID-19 response

Riders, commuters and terminal neighbors of Washington State Ferries are invited to attend upcoming virtual community meetings designed to provide updates and answer questions about the ferry system.

Tuesday, Feb. 9, 11:00AM and Wednesday, Feb. 10, 6:00PM, WSF staff will discuss the ferry system's continued response to COVID-19 and progress made on key projects in 2020. New head of WSF, Patty Rubstello, will lead the meetings alongside former Assistant Secretary Amy Scarton.

Both meetings will cover the same material and are designed to give participants the option to join the meeting that best fits their schedule. Meeting participants will be able to ask questions and provide comments. Members of the public can participate in the meeting from a laptop, desktop computer or mobile device, but advanced registration is required.

Registration for the February virtual WSF community meetings:

Register for the 11:00AM Tuesday, Feb. 9 meeting at: bit.ly/WSFWinterMeeting1.

Register for the 6:00PM Wednesday, Feb. 10, meeting at: bit.ly/WSFWinterMeeting2.

Participants must provide a name and valid email address and have access to a computer or mobile device with an internet connection.

Once registered, participants will receive an email with detailed instructions about how to log in to the webinar.

The day after each meeting, a video recording will be available online on WSF's community participation webpage (wsdot.wa.gov/ferries/about-us/community-participation).

Free, temporary internet access is available to those who do not have broadband service in locations throughout the state. To find the nearest Drive-In WiFi Hotspot visit: www.commerce.wa.gov/building-infrastructure/washington-state-drive-in-wifi-hotspots-location-finder/.

These public meetings are being held in coordination with the Ferry Advisory Committees to share the latest information and engage people in ferry-served communities. WSF will also hold a special meeting for FACs at 6:00PM Thursday, Feb. 4, to discuss issues related to their role in advising WSF about customer service and schedules. Members of the public

are invited to attend and can register by going to bit.ly/WSFWinterFACMeeting.

WSF, a division of the Washington State Department of Transportation, is the largest ferry system in the U.S. and safely and efficiently carries tens of millions of people a year through some of the most majestic scenery in the world. For breaking news and the latest information, follow WSF on Twitter and Facebook.

[Submitted by Hadley Rodero, WSDOT]

Army to Hold Communications Evaluation Training at NAS Whidbey Island

The U.S. Army's 51st Expeditionary Signal Battalion (51st ESB) from Joint Base Lewis McChord will conduct a Field Training Evaluation at NAS Whidbey Island's Outlying Landing Field (OLF), Coupeville, Wash., Feb. 7-11.

The 51st ESB conducted similar training at the OLF in March 2016, and again in October of last year.

Be aware there will be several military vehicles and equipment set up at the OLF during this period. The purpose of this training is to prepare a platoon of the 51st ESB to deploy and perform collectively as a unit, while also making sure individual training is conducted.

[Submitted by Thomas Mills, Public Affairs Deputy, NAS Whidbey Island]

Sno-Isle Libraries Offers Certificate Program for Entry to IT Field

For all those interested in potential careers in the information technology field, Sno-Isle Libraries is offering a second round of CompTIA A+ certification for many entry-level jobs.

The certificate demonstrates an individual's knowledge of IT and commitment to it as a career. Sno-Isle Libraries piloted the online CompTIA A+ certification program this past year to help 20 people prepare for new careers in information technology.

For this new class, Sno-Isle Libraries program coordinators want to enroll as many as 50 people this time.

They hope to attract individuals from groups that are underrepresented in IT, especially women, people of color, the LGBTQ+ community, immigrants and veterans.

Online applications for Sno-Isle Libraries' CompTIA A+ training program are open now through Feb. 12. Visit www.paycomonline.net/v4/ats/web.php/jobs.

During the application process, applicants will complete an assessment of their readiness for the program and studies. For example, participants will need adequate access to a computer and the internet.

The CompTIA A+ certificate program is limited to residents of the Sno-Isle Libraries service area, which includes all of Island and most of Snohomish counties. Prospective students don't need a Sno-Isle Libraries card to enroll, but they will need to be able to get a card.

Orientation sessions will be held the last week in February, with the program sessions starting the first week in March.

Students will have access to study materials. Sno-Isle Libraries' CompTIA A+ certificate program will meet for about 90 minutes per week for about 25 weeks. The certification curriculum is split into two nine-week sessions with two required exams. Sno-Isle Libraries covers the exam costs for CompTIA A+ certification.

There will be five virtual "learning circles" of 10 participants each, up to 50 participants. Sno-Isle Libraries librarians and IT staff will facilitate the learning circles. Time is built into the schedule to allow participants to complete each test.

Programmers expect to be done with the learning circles by the end of July, with students taking their second test and completing the certificate program in August.

Learning resources will include Lynda.com videos, course notes, practice exams, facilitated discussions, support, socialization and motivation to complete the certificate program.

Successful participants will get information on additional educational opportunities at local community colleges, plus referral information for WorkSource and job-search assistance.

During and after the program, participants can schedule virtual Book-a-Librarian sessions about the library's job-search resources, including Your Next Job. On completion, they'll be asked to provide a final assessment of the program.

[Submitted by Kurt Batdorf, Sno-Isle Libraries Communications Specialist]

Join the Greatest Treasure Hunt in the Pacific Northwest

The Camano Island Chamber of Commerce is delighted to celebrate the 12th Annual Great Northwest Glass Quest. The Pacific Northwest is known throughout the world for its fine glass artists. People come from far and wide to view and purchase glass art in the Puget Sound area. Stanwood and Camano Island are part of that rich heritage, with many artists living and working in the area. In collaboration with the Camano Chamber of Commerce, artists Mark and Marcus Ellinger are giving everyone a chance to own a hand-blown glass ball simply by searching for it. The "treasure" is yours to find!

The 2021 Great Northwest Glass Quest starts Feb. 12 and runs through Feb. 21. Here's how it works: download or view a Glass Quest Guide from the event website: www.thegreat-nwglassquest.com. You can also download the Glass Quest App. The guide will tell you where to look for plastic, three-inch clue balls which are turned in to receive a limited-edition, stamped and signed hand-blown glass treasure. There will be over 400 clue balls hidden over the course of the 10-day event.

If after pursuing your Quest, a prize eludes you - all is not lost! You can participate in a free drawing every day you Quest by "checking-in" online as well as entering into a raffle (\$5/ticket) to win the #1 or #2 Limited Edition balls. Unlimited Glass Balls are also available to purchase at select locations as supplies last.

Questing is a safe activity you can do with your family - many clue balls are hidden outside in the local parks and participating businesses will maintain limited numbers of individuals allowed in stores at one time. The chamber asks all participants to follow COVID-19 rules and enjoy the thrill of the hunt. Take part in the Greatest Treasure Hunt in the Pacific Northwest with the 12th Annual Great Northwest Glass Quest.

[Submitted by Jessica McCready, Executive Director, Camano Island Chamber of Commerce]

News at WhidbeyHealth

Walk-In Clinics: Minor illnesses and injuries are never convenient, and often aren't serious enough to warrant visiting the Emergency Department. Two new Walk-In Clinics opened in 2020; one in Clinton and one in Oak Harbor. They are located to serve people on both ends of Whidbey Island. Both clinics are open daily, and no appointment is required to see a provider.

Total Joint Replacement Program: Living with hip or knee pain can limit our favorite activities - even simple things like climbing stairs can become impossible. To improve your overall quality of life, your doctor may recommend replacement of worn-out joints. Surgeons at WhidbeyHealth have implemented methods to meet each patient's individual needs. Patients participate in pre-surgery orientations, meet with their dedicated care team, and get help planning for safe recovery after discharge home. WhidbeyHealth's goal is to return patients to their favorite activities, pain-free, as quickly as possible.

Call 360-679-5590 to arrange an informal conversation with the Total Joint Replacement team. You can also read about the process online at whidbeyhealth.org/jointreplacement.



Trauma and Cardiac Care Designations:

WhidbeyHealth participates in the Washington State Trauma System and the Emergency Department has once again been designated as a Level III trauma center, with 24-hour immediate coverage of board-certified emergency physicians, surgeons and other providers.

WhidbeyHealth is also designated as a Level III Stroke Center and Level II Cardiac Center, meeting extensive criteria to rapidly treat heart attack and stroke patients who need immediate diagnosis and specialized treatment.

COVID-19 Vaccine Update: WhidbeyHealth follows the guidance of the Washington State Department of Health phased implementation, and is coordinating with the Island County Department of Public Health. At time of publication, WhidbeyHealth is vaccinating health-care providers, first responders, citizens over 65 years old or over 50 living in multigenerational households. More is available online at www.doh.wa.gov/Emergencies/COVID19/VaccineInformation/AllocationandPrioritization Two steps to get vaccinated.

Vaccinations are scheduled for people in eligible phases and by appointment only.

Step 1: Go to findyourphaseswa.org to determine your eligibility.

Step 2: If eligible, the system will tell you where you can schedule an appointment at a clinic near you.

Contact Island County Health Department with questions: 360-678-2301 or email pubhealth@islandcountywa.gov

[Submitted by Nic Wildeman, WhidbeyHealth]

Rep. Greg Gilday Sworn into Office, Announces Committee Assignments

Earlier this month Rep. Greg Gilday, R-Camano Island, was officially sworn in as a state representative for the 10th Legislative District, which includes all of Island County, and parts of Skagit and Snohomish Counties.

In the aftermath of the coronavirus pandemic,

Gilday says his top legislative priorities include fiscal responsibility, helping job-producing businesses get back on their feet and getting students back in school.

"I'm excited to get to work. One of the primary tasks of legislators this year will be adopting a new two-year budget. Tough times mean tough choices," said Gilday. "The good news is that instead of a steep decline in state revenue, we will see some modest growth. Here's why that's important: To rebuild our economy, we can and must adopt a budget without demanding more in taxes."

Gilday has been appointed as assistant ranking member of both the House Civil Rights and Judiciary, and the Housing, Human Services and Veterans committees.

"For a freshman legislator, it's quite an honor to be asked by my colleagues to help lead these committees. They will both be in the spotlight this session," said Gilday.

Along with those assignments, Gilday will serve as a member of the House Capital Budget Committee, which considers many of the long-term infrastructure investments for Washington State.

"The funding choices made by the Capital Budget Committee, in the aftermath of the coronavirus pandemic, will be instrumental in helping our communities recover," continued Gilday. "I'm looking forward to developing a plan that benefits the people of the 10th District and the state."

In addition to the aforementioned committees, Gilday will also serve on the House Rules Committee, which considers all bills reported from policy and fiscal committees and determines whether, and in what order, to schedule their consideration on the floor of the House.

The 2021 legislative session began Monday, Jan. 11, and will convene for 105 days.

[Submitted by Kelley Payne, Senior Public Information Officer, Washington State House Republicans]

Grow Your Business!

See us for Business Cards • Brochures • Flyers Postcards • Newsletters • Posters Magnets and more



1131 SE Ely Street, Oak Harbor 360-682-2341 • advertise@whidbeyweekly.com

COUNTRY ROAD DRIVEWAYS logo and advertisement for gravel driveway services including maintenance, grinding, grading, compacting, etc., and new driveway installation. Website: mycountryroad.com. Call today for your FREE estimate! 360.421.0670

Habitat for Humanity New: Mattresses, Flooring, and Online Store! freeland-store.mybigcommerce.com



Need New Flooring? Déco Flooring SPC Now Available at Both Stores!

ONLY \$2.05 SF!



- 100% Waterproof
• Affordable
• Easy to Install
• Stylish
• Environmentally Friendly
• Superior Durability

20 YEAR WARRANTY FOR NON COMMERCIAL INSTALLATIONS

ONLINE STORE! freeland-store.mybigcommerce.com

FREELAND • 1592 Main Street 360.331.6272 OPEN: Mon-Sat 10am - 4PM southstore@islandcountyhabitat.com

Total Value. Zero Fuss. / 12" Hybrid Euro Top BNB

SLEEPINC.™

At SleepInc.™ we believe in making a great night's sleep affordable for more people. We believe in good stuff, it's that simple. No gimmicks, just quality and comfort for your best night's sleep at a great price.

Comfort Cover with Deep Quilting • Deeply-quilted cover for immediate soft comfort

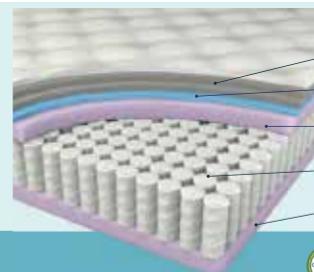
CoolingGel™ Memory Foam Lumbar Support • All the pressure-relieving properties of Memory Foam with cooling gel-infusion for a cooler sleep surface • Self-contouring and responsive, delivering ergonomic support

OmniSense™ Comfort Foam • Fast response for immediate comfort and relaxation • Long-lasting and resistant to body impressions

SupportSense™ Comfort Foam • Delivers a comfortable sleep surface with firm support • Long-lasting and resistant to body impressions

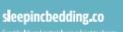
IsoCore™ Support System with Edge Zoning • Unique design ergonomically supports the body and reduces partner disturbance with zoned edge support for stability and consistency • Open design ensures airflow, breathability and efficient heat transfer

Always CertiPUR-US® Certified Foams



- Cover
Soft OmniSense Comfort Foam (2 Layers)
CoolingGel Memory Foam Lumbar Support
Medium Firm SupportSense Comfort Foam
IsoCore Support System with Edge Zoning
Support Base Foam

- PROFILE: 12 INCH PROFILE
COMFORT FEEL: MEDIUM FIRM/EURO TOP
IDEAL FOR: SIDE AND BACK SLEEPERS
ADJUSTABLE BASE COMPATIBLE



OAK HARBOR • 290 SE Pioneer Way 360.675.8733 OPEN: MON-SAT 10am - 5pm store@islandcountyhabitat.com

www.islandcountyhabitat.org



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Photo Courtesy of Oak Harbor Public Schools

While the WIAA has issued guidelines for three athletic seasons in the remainder of the 2020-2021 school year starting Feb. 1, the executive board has also allowed for each WIAA league or district to reschedule seasons based on the needs of local communities. Pictured here, an Oak Harbor High School athlete participates in conditioning exercises as part of ongoing practices provided to student athletes.

WIAA issues guidance for upcoming athletic seasons

By Kacie Jo Voeller Whidbey Weekly

The Washington Interscholastic Activities Association (WIAA) outlined a plan for upcoming seasons in a Jan. 19 press release, announcing traditional fall sports will run Feb. 1 - March 20 (Season 1), followed by spring sports March 15 - May 1 (Season 2) and winter sports April 26 - June 12 (Season 3). However, the executive board granted different leagues and districts the ability to reschedule seasons based on local community needs. For Whidbey Island school districts, timelines will vary, but each plans to offer athletics in the coming months provided all metrics are met.

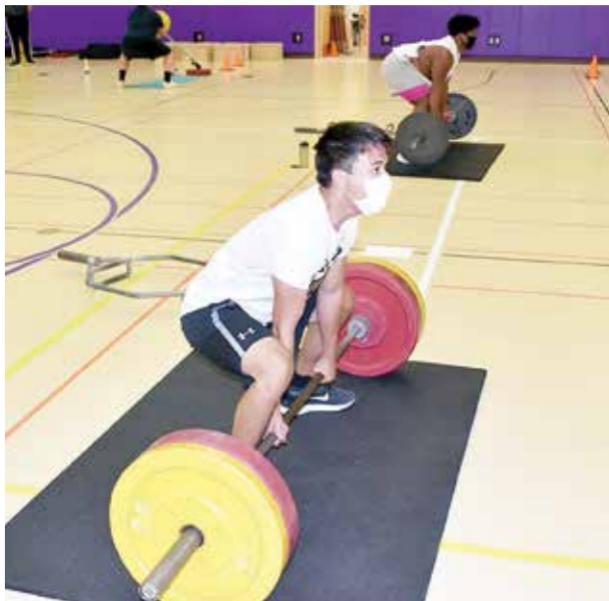


Photo Courtesy of Oak Harbor Public Schools

Throughout the school year, Oak Harbor High School has offered options to help students stay active and participate in practices – all while incorporating safety and mitigation strategies, said athletic director Jerrod Fleury.

Mick Hoffman, executive director of the WIAA, said the current arrangement should help allow more participation in various sports throughout the remainder of the school year.

“Based on the risk levels assigned to traditional winter activities compared to traditional spring activities, the executive board made the decision that those spring activities will have the opportunity to play much earlier than winter activities,” Hoffman said. “The board will continue to monitor the status of activities over the coming months to ensure that those traditional spring sports receive a chance to participate.”

Paul Lagerstedt, athletic director for South Whidbey High School, said the flexibility granted by the WIAA will be helpful as the district plans to start its first season in mid-February.

“With the WIAA’s recent changes to our guidelines, they have added real autonomy to each league,” he said. “This is a great amendment, as leagues can now adjust when seasons start and what sports are offered, relative to the metrics in their specific region. In our COVID condition, we probably can’t get to perfect, or normal, but we are striving to get the best option for our athletes to compete.”

Oak Harbor High School’s athletic director, Jerrod Fleury, said while the year has presented challenges in athletics, adaptation has occurred. Oak Harbor plans to begin practices in early February, if the region (Island, San Juan, Whatcom, and Skagit Counties) is in Phase 2 and metrics are met.

“The continual change has been difficult,” he said. “But we are adjusting each time new guidance comes out. Our coaches have done an amazing job of adapting their schedules in order to follow the guidance from the Department of Health (DOH) and WIAA.”

Willie Smith, athletic director for Coupeville High School, said the Northwest 2B athletic directors plan to start the league’s season Feb. 22. Smith said this is subject to change based on how many schools are in Phase 2, and a meeting will be held prior to the start date to determine if the season will move forward on Feb. 22 or if the date will need to be moved back.

“As I’ve told our coaches and administration, I am cautiously optimistic and excited about this plan and feel it gives our kids the best chance of playing this year,” he said.

Lagerstedt said it has taken a team effort to continue to offer opportunities for athletes to take part in practices. He said safety has also been a top priority for participants.

“We are so appreciative of our coaches who have come out to support our athletes and give of their time to share the passion of their sport in a safe manner,” he said.

Fleury said having athletics available offers a way to support the social-emotional health of student athletes and allows them a chance to spend time with their peers, especially in times of hybrid or remote learning.

“Keeping students connected through athletics is critical,” he said. “So many of our students are struggling socially and emotionally. Participating in athletics gives them an outlet. They are able to interact and connect with their friends.”

Smith said Coupeville’s league, among others, plans to offer competition and games provided certain metrics are met and safety protocols are followed. Smith said while plans are subject to change, the hope is to offer three six-week seasons with opportunities to compete.

“League championships are on the line this year so we are playing for something and games are meaningful,” he said.

Lagerstedt said participating in practices and athletics gives students a chance to connect safely and said many in the community expressed how participation has positively impacted student lives.

“I get a lot of feedback from parents and kids about how much they have appreciated being able to do something that is bigger than themselves, being a part of a team and getting together with their friends outdoors, masked and safe,” he said.

For more updates and information, visit wiaa.com.



What's Going On

All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

Drive-thru Pancake Breakfast

Saturday, January 30, 8:00-10:30AM
Deer Lagoon Grange, Langley

Cost is by donation with the proceeds to benefit the Good Cheer Food Bank. Sponsored by the Deer Lagoon Grange. Please come out and support our community while receiving a nice breakfast by your Deer Lagoon neighbors. Deer Lagoon Grange is located at 5142 Bayview Rd.

Upcoming Sno-Isle Library Events

See schedule below
Cost: Free

Issues That Matter: Recognizing Anxiety and Depression in Kids

Saturday, January 30, 10:00-11:30AM
Online event

Kids of all ages have been affected by the coronavirus pandemic. Remote schooling, isolation from friends and relatives, and fears they or someone they know may fall ill can cause anxiety. Even the youngest children can sense the pandemic stresses their parents and caregivers feel, resulting in anxiety and depression.

Learn how to tell the difference between normal child behavior and changes indicating it's time to seek help. Learn about help that's available for kids and their families. Panelists will share tips and offer resources to help kids of all ages cope with pandemic pressures. Register at <https://sno-isle.bibliocommons.com/events/>.

Galleries & Art Shows

Color to Drive Away the Winter Blues

February 1 - 28
Rob Schouten Gallery, Langley

Included in the month's exhibit is some extraordinary fine art glass including hand-blown, sculpted and fused glass, handmade jewelry, fine sculptures, and original paintings in a variety of styles and mediums. You'll also find beautifully crafted wood work, ceramics and fiber art, witty assemblages and a wide array of other beautiful art objects sure to bring delight.

Meetings & Organizations

Whidbey Island Genealogical Searchers (WIGS)

Tuesday, February 16, 1:00PM
Zoom meeting

Lisa Oberg presents "Finding Your Female

Ancestors." Learn how to identify maiden names and how your female ancestors lived. All are invited to join, please sign in 10 minutes early. Non-WIGS members wishing to attend, send an email to whidbeygensearchers@gmail.com no later than Feb 14.

Classes, Seminars and Workshops

How to Take Control of the Vessel in Case of Emergency

Saturday, February 6, 10:00AM-12:00PM
Zoom meeting

Whidbey and Fidalgo island boaters are invited to a free seminar, Partners in Command, designed to assist first mates and other less-experienced crew members to take control of a vessel in the event of disability or an emergency with the skipper. The seminar will be presented by the Deception Pass Sail and Power Squadron. The seminar covers: starting the engine, stopping the engine/dropping the sails, emergency use of the VHF marine radio, anchoring, handling onboard emergencies, and returning the boat to a dock. For the ZOOM sign-in information and instructions, please contact Steve Pye at stphnpye@aol.com or 360-540-2244.

Learn to Confidently Pilot a Boat

Wednesday, February 10, 6:00-8:00PM
Zoom courses

Registration is now open for America's Boating Club Boat Handling Course, intended for newer recreational boaters who have completed a basic boating class and want to gain more knowledge, skill, and confidence to boat safely. Offered by the Deception Pass Sail and Power Squadron, the seven-week class will be offered virtually.

Boat Handling covers these topics:

- Rules of the Road: A Practical Approach
- Confidence in Docking and Undocking: Slow-Speed Maneuvering
- Boating with Confidence: Handling Your Boat Under Way
- Anchoring with Assurance: Don't Get Carried Away
- Emergencies on Board: Preparation for Handling Common Problems
- Knots and Line Handling: The Knots You Need to Know

The cost is \$60 for squadron members, \$110 for nonmembers. Please contact Steve Pye at stphnpye@aol.com or 360-540-2244. Zoom sign-in information will be emailed prior to class-start date.

Let Us Build You A Shed!

12x24 pole building includes Metal Roof, Metal Siding and 4" Concrete Slab

Starting at just \$17,499!



Give us a call today! 360.914.4034

Licensed & Insured Con. Reg. #ISLANDS803LK • islanddeckandshed@gmail.com

It's Winter, Time to Replace Those Old Drafty Windows

Give Me A Call Today!

360.969.4664

Brian Jones, Certified Design Consultant

Renewal by Andersen
WINDOW REPLACEMENT an Andersen Company



Whidbey Island resident for the past 40+ years

LAST SATURDAY

EXTRAVAGANZA



SATURDAY, JANUARY 30

Last Saturday Of The Month Clearance Sales & Extra Discounts!

Clearing Out The Old To Get Ready For The New! At Participating Downtown Oak Harbor Merchants!



CAN DO SUDOKU!

On a scale from 1 to 10...5.3

Every row of 9 numbers must include all digits 1 through 9 in any order
Every column of 9 numbers must include all digits 1 through 9 in any order
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Answers on page 15

	5			2	4			
7			1	3	9			
			4	3				
	1	5		9	2	3		
6						4		
8	3		2		1	5		
			5	8				
2		7		3				5
	9		7			1		



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





The Whidbey Veterans Resource Center (WVRC) is continuing to serve Whidbey Island communities providing support and assistance to veterans and their families.

The WVRC is hosting several online public sessions for veterans to make connections and get information for veterans healthcare and service benefits. If you are interested in the sessions, call or email WVRC and we will email the meeting links. Call 360-331-8081 or email us at whidbeyVRC@gmail.com.

She is a Veteran and Proud!

Wednesday, Feb 3, 5 – 6 p.m., online forum inviting women veterans for an online forum. We can support recurring sessions if there is an interest.

Service-Connected Compensation; Do you Qualify? How to Apply?

Online information forum, Thursday, Feb 11, 3 – 4 p.m. and 5 – 6 p.m. Appointments for individual sessions can be scheduled for follow-up.

Vietnam Veterans Meet and Greet

Facilitated by local Vietnam veterans, online Zoom forum, Thursdays, beginning Nov. 4, 10 – 11 a.m. This is a forum to make connections, and vets can get follow up individual sessions for VA services, accessing VA healthcare, benefits or other follow up as needed.

How to set up an e-benefits account, My Health eVet for VA health access and other Veterans Benefits online portals

Online forum, Saturday, Feb 6, 11 a.m. – noon.

VA End of Life Benefits for Veterans, Cemetery options, and Surviving Spouse Benefits

Saturday, Feb 13, 11 a.m. – noon. Online forum recognizing service and earned benefits, and what veterans and spouses need to know about surviving spouse benefits. Many veterans and spouses are not aware of the options and the benefits available, at no cost to veterans.

Weekly Veteran Support Groups online:

Women Veterans, Mondays, 5 – 6 p.m.

Mixed group, Veterans, Tuesdays 5 – 6 p.m.

Join anytime. Contact us for links to these recurring session time.

Professional counseling services are confidential and available at no cost. Call 360-499-1473.

When veterans receive service-connected compensation funds it improves their economics through monthly direct deposits; when surviving spouses are eligible the resources also make a difference in monthly income. Eligibility for VA healthcare is a benefit to many veterans.

If you have questions about the WVRC and services available, call 360-331- 8081 or email at WhidbeyVRC@gamil.com or send a request and get information from the website: www.WhidbeyVRC.org.

Whidbey Veterans Resource Center Connect. Educate. Serve.



- Dedicated to serving Veterans
- Helping facilitate VA benefits
- Free Professional Counseling
 - Free Van Shuttle to VA
 - Educating families

Need help?

Call 360-331-8081

You served us; Let us serve you!

South Whidbey Community Center • 723 Camano Ave, Room 403 Building C • Langley
www.whidbeyvrc.org



THURSDAY, DEC. 31

11:48 am, Hey Pocky Way

Reporting party advising he was walking on sidewalk at Sandy Point; was told he could not walk on sidewalk there; is requesting to know if it is true information or not.

8:44 pm, Greenwood St.

Reporting party advising received two transmissions on child's walkie-talkie asking for someone to call police. Last occurred 30 minutes ago. Reporting party not sure if traffic was meant for them or not. Requesting call.

FRIDAY, JAN. 1

2:15 am, Terrace Dr.

Reporting party states driver who has been drinking backed into reporting party's yard and in the ditch.

8:40 am, Haven Way

Neighbor has installed trail cameras facing reporting party's property.

5:19 pm, Classic Rd.

Reporting party advising is trying to get home and headlights are not working. Advising needs to get home, has no cell phone.

SATURDAY, JAN. 2

5:28 pm, Smugglers Cove Rd.

Reporting party advising the basement at location is rented; renters went into main portion of the house where they are not allowed; tenant is not paying rent; occurred in the last hour. Tenant called reporting party and while talking, states he went in there.

7:35 pm, Hazen Shores Ct.

Caller is seeing what believes may be fireworks, states are very loud and are scaring caller. Second reporting party states hearing loud booms and seeing lights in area.

SUNDAY, JAN. 3

4:48 am, SR 20

Subject walking in the middle of road, appears to be impaired.

7:59 am, Williams Rd.

Male believes girlfriend was kidnapped in Bothell; was due to town around 6 am, has not shown up.

2:05 pm, SR 525

Reporting party states two U-Haul trucks at address, possibly stolen and dropped off there. One U-Haul has white powder in cab and is locked. White powder is everywhere inside cab.

2:57 pm, Donald Ave.

Reporting party was walking neighbor's kids and one of the kids ran away.

5:34 pm, Spencer Ln.

Vehicle revving truck up and down parking lot. Reporting party confronted subject. Subject flipped her off.

8:59 pm, Sandberg Ln.

Requesting call regarding issues with marriage and trying to keep a better household; states husband does not agree on some issues the two are supposed to be working on. Wanting to know how to best go about situation and not make things worse.

11:47 pm, SR 525

Reporting party advising subject wrapped in blanket is laying right next to white line on edge of road.

MONDAY, JAN. 4

3:35 am, Kinzie Rd.

Reporting party states tried to order some items online and something went wrong; states now is receiving call from company that reporting party is making harassing phone calls. Wants to let law enforcement know is not harassing, is just trying to buy a product.

5:28 am, Cedar View Dr.

Reporting party advising ongoing issue for a few years; two subjects on his roof, have been there all night harassing reporting party.

6:39 am, Cedar View Dr.

Advising two subjects are on reporting party's roof harassing reporting party. Have been up there all night.

8:34 am, Cedar View Dr.

Reporting party recalling; states there's at least three people on his roof now.

4:58 pm, San Juan St.

Someone just hit reporting party's mailbox while reporting party was checking mail. Accident, but they almost hit reporting party. Person who hit mailbox still on scene.

5:38 pm, Ponderosa Dr.

Reporting party states loaned pistol and bullet proof vest to subject when subject was receiving threats and was scared for his life. Now subject is refusing to return items to reporting party.

9:11 pm, Smugglers Cove Rd.

Reporting party states vehicle in the middle of road. Flashers are on, did not see anyone around vehicle; street sign is down and vehicle is crunched.

9:57 pm, Camano Ave.

Reporting party states male walked up to her and her daughter. Said he was from the Chamber of Commerce, asked for a cigarette.

TUESDAY, JAN. 5

6:41 am, Wilderness Way

Reporting party advising male on Wilderness Way walking around with a gun; poor connection. Advising male was in middle of the road.

11:10 am, NE Faris St.

Reporting party advising female refuses to release reporting party's sister's dog.

12:59 pm, SR 525

Reporting party cut finger at client's house, trying to drive self to hospital, feels dizzy, trying to find a place to pull over.

2:42 pm, East Harbor Rd.

Requesting call; very upset over lack of patrol for speeders anywhere on island and mainly Coupeville to Freeland. States never sees anyone stopped or getting cited for speeding on the highway.

8:06 pm, Becker Rd.

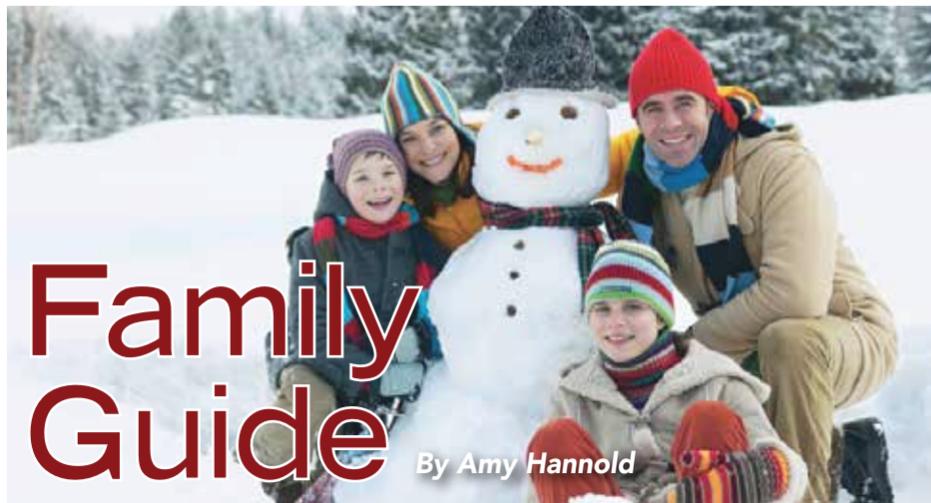
Caller states next door neighbor broke into caller's residence and into caller's bedroom. States just got home and noticed things were moved around.

Report provided by OHPD & Island County Sheriff's Dept.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Family Guide

By Amy Hannold

Learn, Grow, Eat and Go! The WSU Extension is excited to announce its upcoming Junior Master Gardener program, set to begin this spring. Students in grades 3-5, with their parents or grandparents, are invited to join the free 10-week program, which will take place online. Activities will be focused on gardening, nutrition and physical activity, engaging children in hands-on group and individual learning experiences that provide a love of gardening, develop an appreciation for the environment, and cultivate the mind. Youth will have the opportunity to participate either as an individual or as a member of a 4-H Youth Development Club. 4-H leaders are also needed to provide participants local groups to join, to experience the program with their peers. Email Loren.imes@wsu.edu for more information and for updates about the program's launch.

Send Your Love from Loveland: Loveland, Colo., also known as the Sweetheart City, has been doing the Valentine Re-Mailing Program for 75 years. Each year, the city and its volunteers lovingly hand stamp and re-mail valentines from all 50 states and more than 110 countries. Loveland's Re-Mailing Program has grown to be the largest program of its kind in the United States.

Make your cards even more special by using a commemorative Love Forever stamp, designed especially for the Loveland Remailing program in the Love/Wedding section of the United Postal Service website. To celebrate the 75th anniversary of the Loveland program, the U.S. Postal Service partnered with the chamber to announce its 2021 love stamp in the nation's Sweetheart City. The first stamp in the series was issued in 1973. Store.usps.com/store/home.

To send your card through the Sweetheart Valentine Re-stamping Program:

- Address the Valentine with the recipient's address
- Stamp the Valentine (with the appropriate postage)
- Place the Valentine in a larger, first-class envelope (be sure you have enough postage as the letter will be returned to you if you don't)
- Stamp the larger envelope and address it as follows:
Postmaster – Attention Valentines
446 E 29th St.
Loveland, CO 80538-9998

Mailing deadline is Feb. 7. Mail may be sent after the deadline, but it will not reach the recipient before Valentine's Day.

Get Ready, There's Still More Winter Ahead:

Our recent windy days are a good reminder to be prepared for emergencies. Island County's Emergency Management department has a wide variety of educational and informative tools to help residents be emergency-ready. Learn about local hazards, connect to alert broadcasts, and educate yourself about a wide variety of pre-disaster steps you can take to minimize potential emergency effects. This vital information and connection are also available via the Island County Preparedness app, for mobile phones. Islandcountywa.gov/DEM

The Island County DEM encourages pet owners, parents, and individuals to spend some time learning about what they could encounter and prepare for it. Advice from experts instructs us to know how to respond to a variety of disasters and be equipped to be self-sufficient for two weeks, as emergency responders cannot get to everyone at once. This includes first aid supplies, food and water, sanitation and shelter.

Kids can Be a Hero: The FEMA Ready Kids website (ready.gov/kids) has fun games and activities to complete. Talking points and guides to help children cope with emergencies are also provided. At the same website, teens are encouraged to be a leader in their family and community by becoming an advocate for emergency preparedness, and taking

steps to be part of a trained disaster response. Youth educators, too, can find resources for age-appropriate discussion and the types of preparedness measures they should complete.

Kindness Starts with One – Be The One: Random Act of Kindness Week, Feb. 14-20, serves as a reminder of the power each of us has to change the world for the better, every day, simply by being kind. Ideas and inspiration for everyone at Facebook.com/TheRandomActofKindnessFoundation or RandomActsOfKindness.org. At the website, you can download free printables, including a Kindness Calendar for 2021, a BINGO cards to challenge your friends in acts of kindness, bookmarks, learning curriculums for all ages, recognition certificates, and coloring pages.

Quest for a Glass Treasure: The Great Northwest Glass Quest is Feb. 12-21. Find one of 400 plastic clue balls and win a hand-blown glass ball. To begin your adventure, check-in at the Glass Quest website, which is also an entry to win a glass ball. View and or download the Glass Quest Guidebook at TheGreatNWGlassQuest.com. For easy directions to Quest sites, get the app, with maps and all of the other information you will need.

Your search for a clue ball will take you on a self-guided tour of the Stanwood and Camano area, including parks, businesses and community sites. It's free to participate, with the exception of the Discover Pass requirement for state parks. Hint: Status of clue balls found are only updated at the end of each day for state park questing sites, where additional balls are hidden each day. If you're looking in the state parks, go to Thegreatnwglassquest.com/updates.

Big Red Safety Box: The National Autism Association's Big Red Safety Box is a free-of-charge safety toolkit for autism families in need of wandering-prevention tools. NAA's Big Red Safety Box® includes:

- Educational materials and tools, including NAA's Be REDy Booklet
- Two (2) GE Door/Window Alarms including batteries
- One (1) RoadID Bracelet or Shoe ID tag. You will receive instructions in the box to submit your custom personalization order.
- Five (5) Adhesive Stop Sign Visual Prompts for doors and windows
- Two (2) Safety Alert Window Clings for car or home windows
- One (1) Child ID Kit from the National Center for Missing and Exploited Children

Nationalautismassociation.org/big-red-safety-boxes-now-available.

Coffee and Conversations for Caregivers:

Connect with other families who understand the highs and lows of raising a child with special needs. You are not alone. Hosted by Island County Parent to Parent, this is a casual opportunity to meet others, ask for support and/or resources, or just talk about life in general. The daytime meeting is the first Wednesday of the month, 11 a.m. - noon. The evening meeting is the second Wednesday of the month, 6:30-7:30 p.m. To RSVP and receive the Zoom link, email t.wheeler-thompson@island-countywa.gov. More information and resources available at Facebook.com/islandcountyparent2parent.

Mr. Yuk Saves the Day Poster Contest: The poster contest is open to all Washington students in Kindergarten through 6th grade. This year's theme is: "Mr. Yuk Saves the Day!" The deadline to submit your entry is Feb. 26. Visit wacp.org for contest rules and information.

Find Fun for All Seasons: A calendar and guides pointing you easily to all-weather, all-ages activities and events on Whidbey and beyond can be found at WhidbeyIslandMacaroniKid.com.

This Weekend!
 FRIDAY, JANUARY 29 THRU SUNDAY, JANUARY 31
THE LITTLE THINGS (R)
GROUNDHOG DAY (PG)

Blue Fox DRIVE-IN THEATER
 BOX OFFICE OPENS AT 4PM, FIRST MOVIE BEGINS AT 6:30PM
 11 & OVER \$6.50*; KIDS 5-10 \$1.00*; 4 & UNDER FREE *CASH PRICES
 1403 N MONROE LANDING RD • OAK HARBOR
 360-675-5667 • www.bluefoxdrivein.com

ASK ABOUT FINANCING
 MONTHLY PAYMENTS AS LOW AS \$50 A MONTH!

Island Ductless
 heat pumps
 Your local experts on ductless heating and cooling

DON'T MISS OUT ON THESE INCENTIVES!
 Savings of \$500-700 for all homes, \$1,300+ for electrically heated homes
 \$2,900+ for mobile or manufactured homes

360.321.4252
 IslandHeatPumps.com

MITSUBISHI ELECTRIC ENERGY STAR PARTNER PSE PUGET SOUND ENERGY

Sign Up for Spring Football!
 Registration closes February 15
 For details and to register, visit
OHFCL.org



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Kathy Reed/Whidbey Weekly

The Coupeville Historic Waterfront Association is serving as an anchor organization as the Washington Trust for Historic Preservation begins work on a management plan for the Maritime Washington Heritage Area, the only national heritage area focusing solely on maritime heritage.

Coupeville helps anchor national Maritime Heritage Area

By Kathy Reed Whidbey Weekly

Anyone who has spent any time at all on Whidbey Island knows the pride attached to the island's maritime history is real. Major events, such as MusselFest and Penn Cove Water Festival in Coupeville, revolve around the water – they are part and parcel of the community's longstanding history as one of the oldest towns in the state.

No wonder, then, the Coupeville Historic Waterfront Association is serving as one of the anchor organizations on the ground floor of the Maritime Washington National Heritage Area. The MWNHA was designated by Congress in 2019 and encompasses 3,000 miles of saltwater shoreline. The area stretches from Grays Harbor County to the Canadian border and includes the Straits of Juan de Fuca and Puget Sound. The Washington Trust for Historic Preservation will oversee the heritage area, which includes 18 federally recognized tribes, 13 counties, 32 incorporated cities and 30 port districts.

While the Maritime Heritage Area was designated in 2019, planning is really just getting underway, and the Trust for Historic Preservation is only now looking for the public to jump on board to help make plans. The nonprofit organization held an online informational meeting last week to answer some basic questions about the project.

"National Heritage Areas...are a geographic area that has a landscape of national importance with nationally significant stories to tell," explained Chris Moore, executive director of the WTHP. "They are programs that are intended to build partnerships to be able to highlight and raise awareness about

the rich history of an area, in our case the rich maritime heritage and maritime history, and to better communicate and tell those stories that make our maritime heritage so important and so special and so significant for the country overall. But partnerships and story-sharing is really at the key of what national heritage areas are all about."

There are only 55 NHAs across the country and according to Moore, the bulk of them are located in the Midwest or eastern portion of the United States. This makes the Maritime Washington area one of the first three heritage areas designated on the West Coast and the only NHA to focus entirely on maritime heritage.

"We're really excited to see what has been a robust program from a heritage tourism standpoint, from an economic development standpoint, make its way to the West Coast," he said.

National Heritage areas fall under the umbrella of the National Park Service, although they are not run by NPS. As a federally designated area, some funding is allotted, but all federal dollars must be matched on a local level, making it more of a grassroots effort, as all heritage areas are operated at the local level, according to Moore.

"They're community driven, they're partnership driven, and that's what we want to start out with today, emphasizing the fact it's the communities within the national heritage areas that help to determine...what the priorities should be," he said.

According to Moore, the WTHP initially set

goals for the Maritime Heritage Area when a feasibility study was done in 2010. Those goals included things like sharing maritime heritage, promoting tourism, collaborating with community heritage groups, celebrating working waterways and supporting healthy marine waters. These goals may be refined or updated as formal work on the heritage area begins in earnest, but the goal is not to usurp established collaborations and partnerships already at play in the Maritime Heritage Area.

"I think it's important to note that it's not just history," said Moore. "It's about those communities, vibrant and ongoing today – working waterfronts, the whole conservation efforts around healthy marine waters. Tourism is certainly part of it, as is economic development and heritage tourism, making sure people understand our kind of network and how our coastal communities are really all connected overall, even though we have distinct and unique stories to tell.

"We want to be responsive as we go through this process, identifying needs, looking at hopes, that sort thing," he continued. "We want to continue to raise awareness and get people out to what we think really is one of best places there is, and that's our Maritime Area of Washington state."

The next stage of the process involves finalizing a management plan. It must be completed by spring of 2022 and then it must be submitted to the National Park Service for approval.

"This management plan, this roadmap, as I like to think about it, will include directional guidance for the heritage area," said Alex Gradwohl, project manager for WTHP. "Mis-

sion, vision, values, goals, what the heritage area hopes to achieve."

The plan will also include a resource inventory, business and partnership structure, a framework for tribal collaboration and a marketing plan. Anyone who lives within the boundaries of the Maritime Heritage Area can contribute.

"We really want to figure out what people value, what stories and what activities can the heritage area support," explained Gradwohl, adding that a steering committee has been formed to help in this effort.

Several anchor organizations, including the Coupeville Historic Waterfront Association, are tasked with spreading the word about the work now underway to help put the new management plan together, publicizing meetings, work groups, etc., to give members of the public the opportunity to participate in the process.

"We know that local partners know their communities better than anyone and can really help us make sure that everyone has a chance to make their voices heard," Gradwohl said.

Upcoming opportunities over the next several months include workshops, surveys, mapping activities, social media and reviewing the draft management plan. Anyone interested can sign up for email updates to track the program's progress or to volunteer by going to www.preservewa.org.

Whidbey Weekly reached out to the Coupeville Historic Waterfront Association for comment but did not receive a response before press time.



Kathy Reed/Whidbey Weekly

The rich maritime history of the Washington coast will be celebrated by a new Maritime Washington Heritage Area, created by Congress in 2019 and now being overseen by the Washington Trust for Historic Preservation. The nonprofit group is looking for public input as it drafts its management plan for the heritage area.



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





Let's Dish!

with Kae Harris



RISE AND SHINE! IT'S PANCAKE TIME!

Breakfast is easily my favorite meal of the day; the versatility of breakfast is what makes it so dear to my heart, with the ability to mix and match between sweet and savory dishes. While I usually opt for something simple, such as a bowl of oatmeal with some fruit, the possibility of making breakfast decadent is what makes this meal so exciting. For me, nothing spells decadence better than a big stack of pancakes smothered in syrup, and since Shrove Tuesday (or "Pancake Day" for the layperson) falls on Feb. 16 this year, now is as good a time as any to get to know this flat treat a little better!

When we talk about pancakes, the image that springs to mind for me is the classic stack of flapjacks (or johnnycakes, griddle cakes or any other name these delicious pancakes are known by, depending where in the continental U.S. you come from). The quintessential American pancake is a derivative of a recipe that has existed in one way or another since the time of ancient Greece and Rome, though in its current form, it tends to be more on the sweet side than its savory ancestors. Consisting of all-purpose flour, eggs, butter, milk, sugar, baking powder and salt and taking no more than 20 minutes to whip up a batch from scratch, it's easy to see why the American pancake is a popular breakfast choice (or

in my house, a great dinner item when we have breakfast for dinner).

While a good American pancake is judged by how thick and fluffy it is, the French crêpe is the exact opposite. A true crêpe master is judged by the thinness of his crêpe, along with how pliable the flat treat actually is. Originating from the northwest region of Brittany in France, the crêpe was originally made from buckwheat that thrived in the wet conditions of northern France. Today, the buckwheat variant still exists but has been surpassed by ones using all-purpose flour. The key to a good crêpe is found in the same place as all pancakes: in the batter. While American pancake batter tends to be on the thicker more viscous side, the batter for crêpes is extremely fluid and thin. Consisting of the same ingredients as its American cousin, the batter is ladled into a hot crêpe pan where it is spread thin, cooking quickly on one side before being flipped to reveal a delicate pancake. The crêpe is equally at home as a sweet dish (classics include bananas and chocolate spread) as it is a savory dish (think gruyere cheese and ham enveloped in a fresh, hot crêpe straight off the griddle). While getting the batter to have the right consistency can be tricky and finding the perfect swirl of the râteau à crêpes is an artform, the crêpe is a definite favorite of mine anytime of the day!

Growing up in South Africa, pancakes, or

pannekoek, were one of the first things my mother taught me to cook. Though extremely easy to make, it takes a lifetime to perfect! Again, using the same ingredients as batters from other regions, minus the sugar and with a touch of nutmeg, the key is to get a thin batter that cooks quickly without browning up at the same time. Sounds easy, but it is rather complicated for the novice pannekoek maker! Served with a sprinkling of cinnamon sugar and a squeeze of lemon juice (hold judgement until you've tried it), these light treats bring back fond memories of special occasions and family bonding. If you're looking for an alternative to the rather substantial buttermilk pancake, give the pannekoek a go!

The Russian blini is a savory pancake made from leavened batter usually served with sour cream, butter or caviar, although western interpretations of this dish have seen it paired with smoked salmon and even cream cheese. Given its more well-rounded flavor profile, I find blinis are the perfect appetizer or cocktail accompaniment; they are easy to prepare, are best served at room temperature and their size, usually 2-4 inches in diameter, make them the perfect finger food! Great as a snack, blinis are versatile and can be stored for several days in the fridge, ready to be enjoyed at a moment's notice.

If you've been following my column, dear readers, you know I am a fan of new cooking techniques. I like to think I am not a victim of fads and trends, but I do find it fascinating when I find a recipe and method I have never encountered before. Thus, I was filled with awe and delight when I stumbled on a video about Japanese soufflé pancakes. They looked so light and fluffy and while preparation clearly took more time than traditional pancake batters, the prize at the end looked so satisfying! Owing their explosion in popularity to food blogs and exposure on social media, one does not have to travel to Japan to bask in their perfect pillowness. I have included a recipe for Japanese soufflé pancakes below; while they may be more work-intensive, I think you will find the effort well worth it! Let me know if you try it and how your pancakes turned out by writing to me at letsdish.whid-

beyweekly@gmail.com, along with any other comments, questions or Dish!-worthy stories you may have!

Japanese Soufflé Pancakes

- 2 large eggs
- 1 ½ Tbsp whole milk
- ¼ tsp pure vanilla extract
- ¼ cup cake flour
- ½ tsp baking powder
- 2 Tbsp sugar
- 1 Tbsp neutral-flavored oil
- 2 Tbsp water (for steaming)

Separate egg whites and yolks into 2 separate bowls. Add milk and vanilla extract to the egg yolks and whisk until thick and frothy.

Sift cake flour and baking powder into yolk mixture and combine thoroughly. Beat the egg whites, gradually adding sugar till you get stiff peaks (meringue).

Gently fold some of the meringue into the yolk mixture to loosen up the yolk mixture. Pour the yolk mixture into the remaining meringue and gently mix the batter thoroughly.

Heat a non-stick skillet to 300°F and grease with oil. Ladle a dollop of batter into the pan before stacking one more scoop of batter on top of your pancake. You should be able to fit 3 pancakes in a medium skillet. Add 1 Tbsp of water to the pan and cover for 2 minutes. After 2 minutes, add one more dollop of batter to each pancake and cover (add more water to the pan if there is none left).

After 6-7 minutes, use a spatula to see if the base of your pancakes are set. If they are, gently roll the pancake over onto the uncooked side, add 1 Tbsp of water to the pan, cover and cook on very low heat.

Transfer your pancakes to a warm plate and serve with fresh berries, powdered sugar and syrup.

Recipe retrieved from www.justonecookbook.com/souffle-pancake/

To read past columns of *Let's Dish* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.



Dining Guide

WE'RE OPEN FOR TAKE OUT, CURBSIDE GIFT CARDS AND FREE DELIVERY

FREE DELIVERY 360-682-6754

The Mill At The Kasteel

MEXICAN AMERICAN RESTAURANT

We specialize in blending traditional foods and flavors with a Mexican influence
themillatthekasteel.com • 33505 SR-20 • Oak Harbor • Mon-Sat 8am-8pm, Sun 8am-3pm

ORLANDO'S
Bar + Southern BBQ

ORDER ONLINE!
ORLANDOSBBQ.COM

Zanini's Italian Family Recipes
 Made With Love

MANGIA!

Sandwiches • Soups • Salads • Sides
 Daily Specials • Desserts • Drinks
 Ready Made Foods To Go

360-682-6342 • www.zaninistogo.com

1191 SE DOCK STREET # 2 • OAK HARBOR



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



Life Tributes

FREDERICK THEODORE WARNS, JR.



Frederick Theodore Warns, Jr., age 81, passed away unexpectedly Jan. 14, 2021. He was born Aug. 3, 1939, in Louisville, Ky., and has been a longtime resident of Oak Harbor, Wash.

He was a proud veteran of the United States Air Force and later retired from the GTE telephone company.

Fred is survived by his loving wife, Majken Warns; his daughter, Tina Melum; two granddaughters, Torey Massey and Taylor Melum; his great-granddaughter, Ember Fisher; and by his sister and brother-in-law, Mary and Lloyd Blakeney.

Fred enjoyed the simple pleasures in life and had endless love for his family, especially his wife of 52 years. He was loved by all who met him due to his kind and caring demeanor and he will be sorely missed by all who knew him.

JANE L. FABER



Jannie (Jane) Louise Faber was born in Oak Harbor, Wash., Oct. 16, 1920, to Justus Faber and Nellie (Meeter) Faber. She passed away peacefully Jan. 14, 2021, at Regency on Whidbey.

Jane was raised and lived all of her 100 years in Oak Harbor. She graduated from Oak Harbor High School in 1940. She was employed for 30 years at NAS Whidbey Island, working in various departments, mostly pertaining to the comptroller and accounting departments as a financial accounting supervisor. Jane enjoyed working on the base and being associated with the military community.

Jane loved the Lord and was a faithful church attendee all of her life. She loved animals, especially her beloved pets. Daily walks were a big part of her life and she especially loved strolling by the beach where she could see beautiful views of Mt. Baker, Mt. Ranier and the Cascades. She was very fond of snow and looked forward to the times where the white stuff stayed around for a couple of weeks. Watching pro-basketball games was a favorite pastime.

Jane is survived by her nieces and nephews: Dennis Faber (Renee) of Oak Harbor; Darlene Arnold (Fred) of Ferndale, Wash.; Linda Earnhart (Mike) of Oak Harbor; and Ron Faber of Oak Harbor. Numerous great-nieces and nephews also survive. She was preceded in death by her parents; brothers, Urban and Ben Faber; nephew, Bob Faber; and nieces, Judy Reuble and Shelly Vande Werfhorst.

In a private service for family and close friends, Jane will be laid to rest at 11 a.m. Saturday, Feb. 6, at Fircrest Cemetery.

Pam's Prayer Corner

In honor of my late mother-in-law, Pamela Kaye Young, this column is a place where believers can share their prayer requests for others to help lift them up in faith. The prayers can be for you, a family member, or anything weighing on your soul. Email info@whidbeyweekly.com or call 360-682-2341 to share your prayer requests.

Father God, please continue to protect the citizens in our community. Thank you for the local law enforcement agencies that You have sovereignly placed here. Protect us and help us to protect our own neighborhoods and to watch out for the interests of others. Help us to depend on You in all circumstances and to know that nothing happens outside of Your divine will in our lives because it's always in our best interests. Thank You for giving us these men and women in authority for our protection. We ask You to bless them and protect them as well as our own family and friends and in Jesus' strong name we pray...Amen.

Matthew Erikson
Hope Church Oak Harbor, Pastor

"And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart."

Galatians 6:9



JACK SONDERICKER



John R. Sondericker was born on a grape ranch near Exeter, Calif., to Claude and Lillith (Armitage) Sondericker. He joined a family that included two older sisters. Jack spent all his growing up years on the ranch. He attended Exeter schools, and graduated from high school in 1946. In 1943, Jack was invited by a friend to a youth event at the Exeter Baptist Church. It was there he met Maxine Willems. They dated all through high school and married in June 1948.

Jack and Maxine started their married life in Berkeley, Calif., where Jack attended the University of California and the Berkeley Baptist Divinity School. Their first child, Deborah, was born there. In 1953, Jack

was ordained and became the pastor of a church in Rio Vista, Calif. While they lived in Rio Vista, two more children, Rebecca and Stephen, joined the family. In 1962, Jack was called to serve a church in Moraga, Calif., and the family moved to the Bay Area. A fourth child, Philip, was born there. In 1966, Jack was called to serve a church in Oak Harbor, Wash. They loved the northwest immediately, and stayed in Washington state for the rest of their lives together. In 1978, they were called to a church in Spokane. In 1989, they were called to serve two small churches in Roslyn and Cle Elum, Wash. Jack retired in 1992, and they returned to Oak Harbor, where they had many friends and family.

Retirement from active ministry did not bring idleness. Jack remained active in the Rotary Club. He first joined in Rio Vista in 1954 and retained his perfect attendance record until his "retirement" from Rotary in 2019. He also had a great love of theater and movies. He participated in amateur dramatic productions from his high school days until his 80s. He was in many plays over the years at the Whidbey Playhouse. During his time in Spokane, he turned his flair for dramatics into a second career by doing voiceovers for local commercials and reading books on tape. At the time of his death, he was still receiving royalties for his work on audio books, and there are several of those still available through the local library system.

In retirement, Jack and Maxine began to do the traveling they had always wanted to do. They took a variety of cruises and traveled all over the world. They visited Europe several times, as well as China and South America. They loved living close to their children, grandchildren, and great-grandchildren, and visits were frequent.

Jack and Maxine were active members of Oak Harbor First United Methodist Church. Jack acted as guest pastor there many times, and often was called upon to narrate various church programs.

As Maxine's health began to fail, they sold their home of 25 years and moved to the Cottages at Regency on Whidbey. A few years later, they moved into the assisted living facility at Regency.

Jack was preceded in death by his parents, Claude and Lillith Sondericker, and his two sisters. November 30, 2020, his beloved Maxine preceded him to Heaven. They were reunited there Jan. 17. Jack is survived by his children: Debbie (Bob) Wallin, Becky Machin, Steve Sondericker (Lorraine), and Philip Sondericker. He is also survived by five grandchildren: Caitlin Machin (Rob Anderson), Julia Machin, Kirstin Wallin (Justin Roche), Kelda (John) Adair, and Erik Wallin (Laura). He also dearly loved his five great-grandchildren: Cara Adair, Cayden Wallin, Kyla Wallin, Silas Anderson and, Oriana Anderson. He is also survived by several nieces and nephews.

A celebration of life will be held at a later date.

Memorials may be made to Oak Harbor First United Methodist Church.

"And what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God." Micah 6:8

MATT H. HERNKIND

Matthew H. Hernkind, age 49, went to heaven Dec. 26, 2020 to be with his father and his Great Danes. Matt had a strong fight but unfortunately passed away due to medical complications. He was born May 17, 1971 in Naval Air Station Lemoore, Calif. He lived life to the fullest and enjoyed hunting and fishing.

Matthew is survived by his mother June; brother and sister-in-law Gary and Thelma; son Jonathan; and daughters Alexandria and Jolene. He was cremated and will be inurned at Maple Leaf Cemetery, Oak Harbor, Wash. No services will be held.

Arrangements entrusted to Wallin Funeral Home, Oak Harbor.

Life Tributes can now be found online at www.whidbeyweekly.com

HONOR THE MEMORY OF YOUR LOVED ONE

We can design and print their memorial program.

Whidbey Weekly & PRINTING

360-682-2341 • 1131 SE Ely Street • Oak Harbor

www.whidbeyweekly.com



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.





CHICKEN LITTLE & THE ASTROLOGER

By Wesley Hallock

ARIES (March 21-April 19)



When telling the truth drives a friend away, was that person really your friend? An important question in a time when truth is endangered. Most of us surround ourselves with people who agree with us and tell us what we want to hear. That's rightly called an echo chamber. It's lots of people giving you your own voice back to you. Do you have someone telling it to you like it is? In that one, you have a friend.

TAURUS (April 20-May 20)



Good communication to some means saying the right thing at the right time, and not saying the wrong thing in a tempting moment. Others find the opportunity to offend, outrage or create scandal is what makes life worth living. You know the kind. They love the chance to go viral. Effrontery completes them. Your indifference defeats them. Now, about that tempting moment. Yield if you must, but do so with charm and debonair.

GEMINI (May 21-June 21)



Ease of application sells a lot of paint. Fast drying, water cleanup, no muss, no fuss. That's the appeal for the average joe. Not so, the artisan. It's oil base, special thinners and conditioners, and lots of mixing and messing for the artisan. Quality of finished product is what matters. If you were paint, what kind would you be? Easy and done? Or quality artisan? There's no right or wrong. Only the matter of finished product.

CANCER (June 22-July 22)



Smack talk. Trash talk. Boastful insults, for you proper linguists. You hear it in sports. Politics. Any place there's fierce competition. Taunting a rival with caustic put-downs is part of the game. In its highest form, the well-hurled insult does more than antagonize a rival. Much more. It touches a primal nerve, readying the listener for battle. Don't like smack? Too bad. It's the way we humans are wired.

LEO (July 23-Aug. 22)



When it comes time to adapt, to respond in a crisis, Nature divides all into two categories: the quick and the dead. The dinosaurs didn't adapt. We mammals did. Scripture tells us that only the divine may judge the quick and the dead. In that usage, "quick" is not about speed, but rather means, "filled with life." No matter. Whether the quick are fast, or filled with life, the future belongs to the fleet.

VIRGO (Aug. 23-Sept. 22)



You make the bed in the morning. You lie in the bed at night. You make the bed again in the morning. That's the daily cycle of the bed. The fun part? Messing up the bed. We make the bed for the fun of messing it up. Agreed? Not always! "You've made your bed, now lie in it," is the harsh rebuke leveled against people who've done wrong and must face the

consequences. See how neatly the sheets shake out?

LIBRA (Sept. 23-Oct. 22)



How does it feel to hear someone say what you were thinking, but lacked the courage to say? Do you admire the speaker? Want to hear more of what they have to say? Do you feel vindicated? Are you then more inclined to speak your mind? Hmm. Have we discovered the reason behind the disappearance of some loud and courageous voices from the social media platforms?

SCORPIO (Oct. 23-Nov. 21)



It's been said that the superior mind speaks of ideas, the average mind, of events, and the inferior mind, of feelings. Ideas. Events. Feelings. We feel that's simplistic. Events may prove us wrong. For that reason alone, we'll refrain from attacking the idea. Instead, we propose the following: The narrow-minded build boxes to put people in; the broad-minded find ways to let those boxed-in people out.

SAGITTARIUS (Nov. 22-Dec. 21)



Where do you find courage? Some find it in a bottle. Liquor has fought many a battle, yes. But the method raises serious questions, such as, is 80 proof courage twice as brave as 40 proof courage? Is one man with a half-rack the equal of a dozen without? And do friends let courageous friends drive? Courage from artificial sources clearly poses more problems than it solves. So again, the original question, where do you find courage?

CAPRICORN (Dec. 22-Jan. 19)



Ever notice the parallels between your life and your sock drawer? Especially that catch-all corner in the back of the drawer. The morgue of expired socks, where reside the old and holey, the mateless and the lint-begotten, all waiting to be discarded. Why do you keep them? Because they're symbols of unfinished business elsewhere in your life? Put it to the test. Ditch those useless socks, and watch to see what else in your life moves.

AQUARIUS (Jan. 20-Feb 18)



Rolls-Royce is known for pricey paint jobs. Their most expensive car ever? A one-of-a-kind Ghost named Elegance, whose paint sparkles with the dust of a thousand finely-ground diamonds. Its beauty lies in 22 base coats and 7 clear lacquer top coats that are each hand polished. Yet Elegance's deep sheen is as nothing next to yours as a conscious human. If each year of life counts as one, how many polished base coats are you sporting?

PISCES (Feb. 19-March 20)



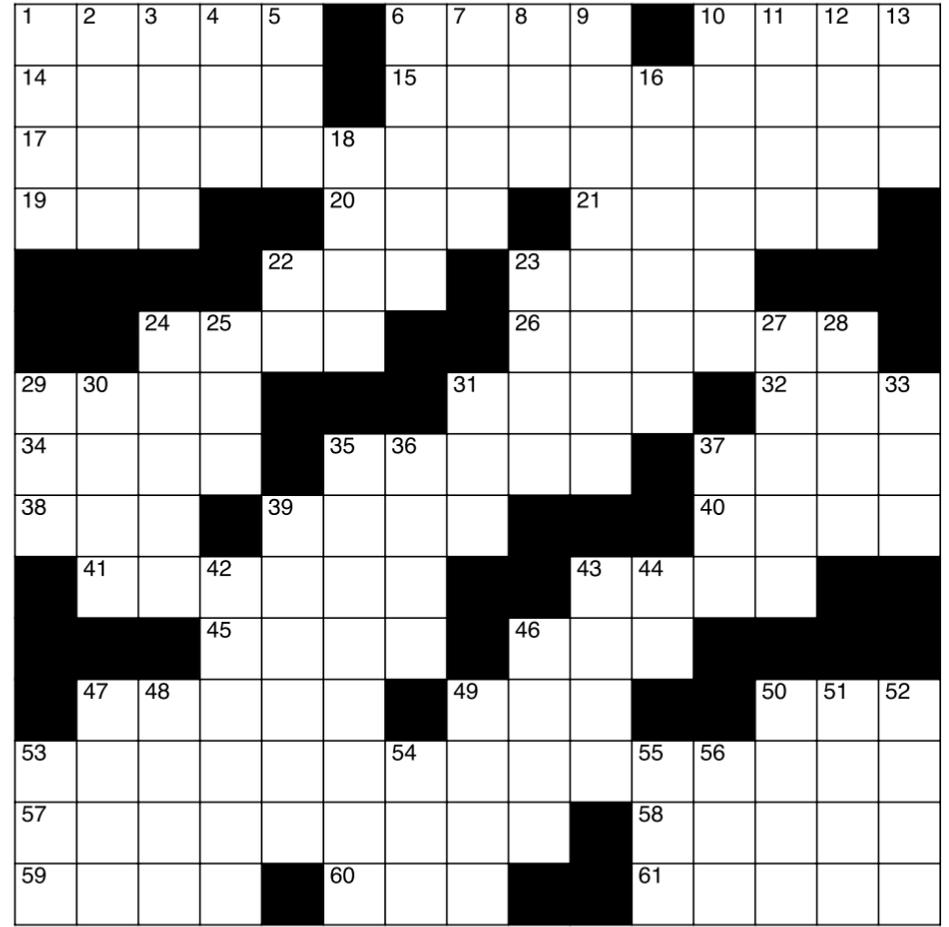
What are memories made of? Yellowing construction paper and unstable ink, the stuff of our old scrapbooks? Curling snapshots posted in ancient photo albums? No. Those are but sketches, brief outlines to be filled in at a later time. Has the time come? Have you lived enough to fill in the missing details? Have you seen enough to know who you were? Who you are, now, and where you are going? Memories are what you make of them.

© 2021, Wesley Hallock, All Rights Reserved



Chicken Little's knock on the head meant to him that the sky was falling, silly bird. His horoscope showed other possibilities. Don't wait for a knock on the head to ask what's up in your life. Wesley Hallock, as Whidbey Weekly's professional astrologer and horoscope writer, keeps one eye on the sky and alerts us to the prospects each week. To read past columns of Chicken Little and the Astrologer in the Whidbey Weekly, see our Digital Library at www.whidbeyweekly.com.

Crossword Puzzle



CLUES ACROSS

- 1. Partner to "oohed"
- 6. Relaxing places
- 10. Humorous monologue
- 14. Simple elegance
- 15. Bearable
- 17. Disobedience
- 19. Express delight
- 20. Gov't attorneys
- 21. Wake up
- 22. A type of band
- 23. Remain as is
- 24. Turfs
- 26. Battle-ax
- 29. Volcanic crater
- 31. The mother of Jesus
- 32. One's life history
- 34. "Rule, Britannia" composer
- 35. Doubles
- 37. Jacob __, American journalist
- 38. House pet
- 39. S. African river
- 40. Broad sashes
- 41. Establish as a foundation
- 43. KGB double agent Aldrich __
- 45. Part of a book
- 46. Taxi
- 47. Pancakes made from buckwheat flour

CLUES DOWN

- 49. Train group (abbr.)
- 50. Frames per second
- 53. Have surgery
- 57. Formal withdrawal from a federation
- 58. Guitarist sounds
- 59. Greek war god
- 60. 2,000 lbs.
- 61. Helps escape

- 25. Naturally occurring solid material
- 27. Acquired brain injury behavior science (abbr.)
- 28. Thirteen
- 29. Partner to cheese
- 30. Member of a Semitic people
- 31. One thousandth of an inch
- 33. Former CIA
- 35. Most lemony
- 36. Engage in
- 37. Small Eurasian deer
- 39. Provisions
- 42. All humans have them
- 43. Swiss river
- 44. Storage term (abbr.)
- 46. Famed Broadway lyricist Sammy
- 47. Dutch colonist
- 48. Full-grown pike fish
- 49. Egyptian sun god
- 50. Flute
- 51. Flew off!
- 52. Scottish tax
- 53. Young women's association
- 54. Populous Brazilian city
- 55. Malaysian Isthmus
- 56. Pointed end of a pen

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, Jan. 28	Fri, Jan. 29	Sat, Jan. 30	Sun, Jan. 31	Mon, Feb. 1	Tues, Feb. 2	Wed, Feb. 3
North Isle H-45°/L-35° AM Snow	North Isle H-45°/L-36° Rain and Snow Showers Possible	North Isle H-46°/L-38° Rain Possible	North Isle H-46°/L-37° Rain Possible	North Isle H-46°/L-38° Showers Possible	North Isle H-46°/L-37° Showers Possible	North Isle H-45°/L-35° Showers Possible
South Isle H-44°/L-34° Rain	South Isle H-46°/L-35° Rain and Snow Showers Possible	South Isle H-46°/L-37° Rain Possible	South Isle H-47°/L-37° Rain Possible	South Isle H-47°/L-38° Showers Possible	South Isle H-46°/L-36° Showers Possible	South Isle H-45°/L-35° Showers Possible



Thank you for reading! Please recycle the Whidbey Weekly when you are finished with it.



Mobil 1
Lube Express

Star Service
Oil Change

No Appointment
Necessary!

\$44⁹⁵

Full
Synthetic

\$38⁹⁵

Includes 4X4 & SUV

- ✓FREE Anti-Freeze & Fill
- ✓FREE Transmission & Fill
- ✓FREE Power Steering & Fill
- ✓FREE Brake Fluid & Fill
- ✓FREE Differential & Fill
- ✓FREE Transfer Case & Fill
- ✓FREE Windshield Washer Fluid & Fill
- ✓FREE Battery Fluid & Fill

- ✓NEW Oil & Oil Filter
- ✓LUBE Chassis
- ✓INFLATE Tires
- ✓VACUUM Interior
- ✓WASH Front & Rear Windows

- ✓Wiper Blade
- ✓Air Filter
- ✓Belts & Hoses
- ✓Headlights & Signal Lights

Most cars up to 5 qts. 5W20, 5W30, 10W30. Other grades extra. Some filters cost extra. Vehicles with Skid Plates may be extra. Plus \$1 Environmental Disposal Fee.

HILLTOP AUTO SERVICE

675-7011 • 826 S.E. Midway

Serving Whidbey Island since 1957

\$1*

Per gallon
of Unleaded
Limited Time Only
*Ask for details



WE CAN SAVE YOU UP TO \$250 ON BRAKE SERVICE VERSUS OUR COMPETITORS. WARRANTIED AT 30K LOCATIONS NATIONWIDE.

TOYO TIRES - PASSENGER, LIGHT TRUCKS AND SUVS

**STARTERS
ALTERNATORS
TIMING BELTS
SERPENTINE BELTS**

**BRAKES
TIRES
TUNE-UPS
EXHAUST**

Flat Rate Auto Repair
only \$89⁹⁵ per hour

always
FREE ESTIMATES!

At Hilltop Service Center we only repair and replace parts that are needed. We will not oversell or install unnecessary parts. We are highly trained brake technicians, not high pressure sales people.

Diagnostic Scope & Scan

\$89⁹⁵

- Retrieving Codes
- Reset Check Engine Light
- Up to 1 Hour Diagnostic
- 12 month/12,000 mile warranty

Safety Inspection

Labor Includes

- Scope & Scan (Retrieving Codes, Reset Check Engine Light)
- Brake Inspection
- Tire Rotation
- Inspect Belts & Hoses
- Inspect Exhaust System
- Check Charging System
- Test Ignition Cables
- Tire Rotation & Balance
- Inspect Suspension
- Check all Fluids
- Test Anti-Freeze

\$89⁹⁵

Radiator Flush & Fill

\$85⁹⁵

starting at

Flushes Radiator, Engine Block, Heater Core & Hoses to -35° below

Computerized TUNE-UP Special

\$79⁹⁵*

4 cyl

\$89⁹⁵*

6 cyl

\$99⁹⁵*

8 cyl

*Plus Parts

- Check Compression
- Clean/Replace Spark Plugs & Air Cleaner
- Inspect/Replace Distributor Cap & Rotor
- Check Charging System
- Inspect Ignition Cables
- Scope & Scan
- Adjust Timing & Idle Speed
- Safety & Brake Inspection

Brake Reline Special

FREE Brake Inspections

2-Wheel Front Brake Reline or 2-Wheel Rear Brake Reline starting at **\$119⁹⁵**

DRUMS

- H Raybestos Brake Shoes
- Machine Drums
- Rebuild Wheel Cylinders
- Adjust Parking Brake
- Bleed & Adjust System
- Road Test Vehicle
- 3 Year or 26,000 mile Warranty

DISCS

- Install Raybestos Disc Pads
- Machine Front Rotors
- Repack Wheel Bearings
- Clean-Lube Sleeve & Bushings
- New Seals
- Bleed & Adjust System
- Road Test Vehicle
- 3 Year or 26,000 mile Warranty

Raybestos
The Best in Brakes

LIFETIME
BRAKE PARTS
AVAILABLE
Most Cars - HD Shoes
Semi-Metallic Extra

We can save you up to \$100 on select tire sizes & brands vs. our competitors!

- Factory/Dealer Trained Certified Technicians
- Best Extended Warranty on Parts & Labor
- Genuine Factory Replacement Parts

Purchase Tires & Auto Repairs
using your Exxon/Mobil Card to make time payments.

**FREE REBALANCE
FREE TIRE ROTATION
FREE ROAD HAZARD
FREE FLAT REPAIR**
with any Tire purchase

HILLTOP AUTO SERVICE 675-7011

826 S.E. Midway, Oak Harbor Serving Whidbey Island since 1957

Community Bulletin Board

To place an ad, email classifieds@whidbeyweekly.com

ANNOUNCEMENTS

Pregnant? Need baby clothes? We have them and the price is right—FREE. Pregnancy Care Clinic, open Tuesday-Friday, 10am to 4pm and Saturday, 10am to 2 pm. Stop by at 670 SE Midway Blvd. in Oak Harbor. Be the difference in a child's life and become a foster parent today! Service Alternatives is looking for caring, loving, and supportive families to support foster children. 425-923-0451 or mostermick@servalts-cfs.com

The Whidbey Island community is encouraged to try out the paddling sport of dragon boating with the Stayin' Alive team. Our team's mission is to promote the physical, social, and emotional benefits of dragon boating. It has been shown to be especially beneficial to cancer survivors. Practice with us for up to 3 times for free. Life-jackets and paddles provided. Saturdays at the Oak Harbor Marina, 8:45am. Contact njlish@gmail.com. More info at our Facebook Page: www.facebook.com/NorthPugetSound-DragonBoatClub?ref=hl

Medical Marijuana patients unite; If you need assistance, advice, etc. please contact at 420patientnetworking@gmail.com. Local Whidbey Island help.

If you or someone you know has been a victim of homicide, burglary, robbery, assault, identity theft, fraud, human trafficking, home invasion and other crimes not listed, Victim Support Services has advocates ready to help. Please call the 24-hr Crisis Line 888-388-9221. Free service. Visit our web site at <http://victimsupportservices.org>

VOLUNTEER OPPORTUNITIES

Island Shakespeare Festival is seeking new members to join our Board of Directors. We're looking for people who are passionate about high-quality live classical theater and can devote time and energy to support the work of Island Shakespeare Festival's important cultural, social, and fiscal position on Whidbey Island. Our current needs include individuals with backgrounds in the following areas: human resources, donor relations, finance, as well as other

skills related to overseeing a performing arts organization. Board members are asked to provide input and feedback to the Board and staff of ISF, attend one full board meeting per month, serve actively on board committees, and attend activities and events sponsored by ISF. Women and persons of color strongly encouraged to apply. For more information, please contact jeff.natter@islandshake-spearefest.org.

Big Brothers Big Sisters of Island County (BBBSIC) is actively seeking new member(s) for its Board of Directors. Join the board's exciting array of professionals! BBBSIC is seeking individuals who are committed to defending the potential of youth in our community through their time, skill sets, and influence in the community. To complement the existing board, candidates with expertise in accounting, law, nonprofit management, networking, or fundraising are of particular interest. Committed to diversifying its board to better represent our community, BBBSIC encourages BIPOC and LGBTQIA community members to inquire. Please contact admin@bbbsislandcounty.org for more information.

The Island County Medical Reserve Corps (ICMRC) is a local network of volunteers organized to improve the health and safety of communities on Whidbey and Camano Island. Volunteers include medical and public health professionals as well as other community members with no prior healthcare background. ICMRC utilizes volunteers to strengthen community health, enhance emergency response capabilities, and boost community resiliency. They prepare for and respond to natural and manmade disasters such as winter storms, flooding, earthquakes, as well as public health emergencies such as disease outbreaks. If you are interested in volunteering please go to the Island County MRC website for more information or contact s.ziemer@islandcountywa.gov If you are looking for a meaningful volunteer opportunity, look no further! When you volunteer at one of the Habitat for Humanity of Island County

Surprise A Loved One With An Ad With Us!
Only \$45
Call 360-682-2341 to schedule your ad today!

Whidbey Weekly
 1131 SE Ely Street Oak Harbor

stores, you are helping local families attain decent, affordable housing. Income from the stores is vital to giving families a path to homeownership. We need people who can commit to help out in our Oak Harbor or Freeland store at least two-hours per week. Schedules are flexible. Our friendly volunteers provide customer service, help with receiving donated household items and furniture, and maintain the store. We also need drivers and driver helpers who will professionally represent Habitat as they pick up donated items using our trucks. Please call either store for more information. Oak Harbor: 360-675-8733, Freeland: 360-331-6272.

College student? Student of history? History buff? Opportunities are available to spend constructive volunteer hours at the Pacific Northwest Naval Air Museum. Go to www.pnwnam.org and click on "Volunteer" or just stop by and introduce yourself.

Imagine Oak Harbor's first Food Forest, Saturdays 11am-3pm, at 526 Bayshore Drive. Each week, we have volunteer opportunities available to help care for our community garden, share organic gardening tips, and learn Permaculture principles. All ages and skill levels welcome. Schedule can change due to adverse weather conditions. If you have any questions, please contact us at: imagineapermacultureworld@gmail.com

Mother Mentors needs volunteers! Oak Harbor families with young children need your help! Volunteer just a couple of hours a week to make a difference in someone's life! To volunteer or get more info, email wamothermentors@gmail.com or call 360-321-1484.

Looking for board members to join the dynamic board of Island Senior Resources and serve the needs of Island County Seniors. Of particular interest are representatives from North Whidbey. For more information please contact: reception@islandseniorservices.org

JOB MARKET

Island Transit is Hiring! If you are looking for a solid career with great pay and benefits including two retirement plans, we are hiring. Visit www.islandtransit.org/employment to apply. Island Transit is a drug and alcohol free workplace and an equal employment opportunity employer.

HEALTH/FITNESS

Deluxe Inversion Table by Body Vision, still in box, will need assembly, \$40. Located in Coupeville. Call Stone at 360-774-0168 (0)

ANIMALS/SUPPLIES

Excellent grass hay, no rain, good for horses, \$7 per bale. 20 bale minimum. Good quality round bales available also. 360-321-1624

If you or someone you know needs help in feeding pet(s), WAIF Pet Food Banks may be able to help. Pet Food Banks are located at WAIF thrift stores in Oak Harbor (465 NE Midway Blvd) and Freeland (1660 Roberta Ave) and are generously stocked by donations from the community. If

How'd you do?

3	5	8	9	7	2	6	4	1
7	2	4	6	1	5	3	8	9
9	6	1	4	8	3	5	7	2
4	1	5	8	6	9	7	2	3
6	7	2	3	5	1	8	9	4
8	3	9	2	4	7	1	5	6
1	4	6	5	9	8	2	3	7
2	8	7	1	3	4	9	6	5
5	9	3	7	2	6	4	1	8

Auto • Home Life • Business
 Call: (360) 675-1598
 Se Habla Español

Richard Voit
 Richard Voit Agency
 390 NE Midway Blvd
 A102, Oak Harbor
rvoit@farmersagent.com

FARMERS INSURANCE

you need assistance, please stop by.

WANTED

WANTED Running or Not: We buy cars, trucks, travel trailers, motorhomes, boats, tractors, & much more! If you want to sell or get rid of anything, call TJ's Recycling, 360-678-4363. We will haul junk vehicles away.

Art, Antiques & Collectibles. Cash paid for quality items. Call or text 360-661-7298
 Was your Dad or Gramps in Japan or Germany? I collect

old 35 mm cameras and lenses. Oak Harbor, call 970-823-0002

Always buying antiques, collectibles, sporting goods, tools, garden equipment, furniture, vehicles, tractors and boats. Cash paid at loading out. 45 years experience. 360-678-5888 or text 360-969-1948.

FREE

Very large recliner for shop, garage or man cave. Call 360-675-2872 (1)

No Cheating!

A	A	H	E	D	S	P	A	S	R	I	F	F		
G	R	A	C	E	T	O	L	E	R	A	B	L	E	
I	N	S	U	B	O	R	D	I	N	A	T	I	O	N
O	O	H	D	A	S	A	R	I	S	E				
					P	E	P	S	T	E	T			
		S	O	D	S			P	O	L	E	A	X	
M	A	A	R				M	A	R	Y	B	I	O	
A	R	N	E		T	W	I	N	S	R	I	I	S	
C	A	T	V	A	A	L				O	B	I	S	
		B	A	S	I	N	G			A	M	E	S	
				P	A	G	E		C	A	B			
		B	L	I	N	I		A	A	R		F	P	S
G	O	U	N	D	E	R	T	H	E	K	N	I	F	E
S	E	C	E	S	S	I	O	N		R	I	F	F	S
A	R	E	S		T	O	N			A	B	E	T	S

CLASSIFIED INFORMATION

US Postal Mail **Whidbey Weekly Classified Department**
PO Box 1098
Oak Harbor, WA 98277

Email.....classifieds@whidbeyweekly.com
 Telephone.....(360)682-2341
 Fax(360)682-2344

PLEASE CALL WHEN YOUR ITEMS HAVE SOLD. Please try to limit your classified to 30 words or less, (amounts and phone numbers are counted as words) we will help edit if necessary. We charge \$10/week for Vehicles, Boats, Motorcycles, RVs, Real Estate Rental/Sales, Business Classifieds and any items selling \$1,000 and above. We do charge \$25 to include a photo. The FREE classified space is not for business use. No classified is accepted without phone number. We reserve the right to not publish classifieds that are in bad taste or of questionable content. All free classifieds will be published twice consecutively. If you would like your ad to be published more often, you must resubmit it. Deadline for all submissions is one week prior to issue date.

DID YOU KNOW MOST CLASSIFIED ADS ARE FREE?
 Contact us for more info!
classifieds@whidbeyweekly.com

BRANCH
BUSINESS SERVICES INC
Keeping you organized from your own branch office

Specializing in:
BOOKKEEPING
SECRETARIAL SERVICES
Your Business
PHONE ANSWERING
MAIL COLLECTION
FAX • COPIES
& SO MUCH MORE!

360-678-7543
frontdesk@branchbusinessservices.com
404 South Main Street • Coupeville

Volunteers are the very heart of Good Cheer Food Bank & Thrift Stores

Interested in **HELPING OTHERS?** Explore Food Bank, Thrift Store and Garden volunteer openings. Contact Operations Coordinator Karen Korbek via email at Karen@goodcheer.org or by phone at (360) 221-4868.

 www.GoodCheer.org
Good Cheer Food Bank
PO Box 144
Langley, WA 98260
Thank you for being a caring community!

ADVENTURERS WELCOME

Explore our menu, seek guidance from our insightful budtenders, and savor with our daily and monthly specials.

Experience the island's best cannabis.

ISLAND HERB

Phone and online ordering available through Leafly
5565 VAN BARR PLACE, UNIT F, FREELAND, WA
OPEN DAILY | WHIDBEYISLANDHERB.COM | 360-331-0140

This product has intoxicating effects and may be habit forming. Marijuana can impair concentration, and judgment. Do not operate a vehicle or machinery under the influence of this drug. There may be health risks associated with consumption of this product. For use only by adults twenty-one years of age and older. Keep out of the reach of children.

SAVE \$5 ON A GALLON OF PAINT WHEN YOU BUY A COLOR SAMPLE



Expiration date 02/28/21

ACE
The helpful place.
150 SE Pioneer Way • Oak Harbor • 360-679-3533

Prevention Over Cure

We've all heard it before – you're only as strong as your weakest link. When it comes to the human body, that link can lead to pain and injuries over time.

Anyone who knows about cars knows that if the tires are not in alignment, it's bad news. One crooked tire can cause a multitude of problems.

Guess what? The human body works the same way! Unfortunately, unlike cars, we don't get ourselves checked out to make sure everything is aligned. For active kids and adults, limitations in mobility or strength might not cause immediate problems, but over time, pain and injuries can start to appear.

Think about it: running a mile is approximately 2,000 – 2,500 strides. If you are running in your local 5k, that's over 6,000 steps of incorrect movement!

One of the best ways to investigate how our bodies move is the Functional Movement Screen (FMS). It's a series of seven foundational movements developed by a physical therapist (PT). Each one is objectively scored and tests for mobility – how well you move + stability – and how well you control those movements. A lower score means you are at a much higher risk of injury.

While this test is widely used for elite athletes (both the NFL and NBA!), our pediatric physical therapist, Dr. Irene Bryant, is especially passionate about giving children and teens the opportunity to take the FMS. With early intervention, we can prevent injuries and fix poor movement patterns before they become ingrained behaviors.

Here are two of the seven movements from the FMS:

1 – Active Straight Leg Raise (below)
2 – Shoulder Mobility Test (left)



To score a 3, you should be able to bring your fists a hand's distance from each other. A lower score indicates dysfunction in shoulder mobility.

A lower score indicates a lack of hamstring, hip or even core mobility and stability - this test is really important if you're a runner!

Before you try these at home, it's important to note that these tests offer a window into dysfunctional movement patterns. For example, practicing the shoulder mobility test over and over until you can touch your fists together will not fix the movement pattern, which could be caused by any number of things, including flexibility, deficiencies in strength, and more.

That's where our physical therapists, certified in the FMS, can help. After taking you through the FMS, they will evaluate your results, analyze what movement patterns need correcting, and provide specific and targeted exercises to help.

If you're interested in trying the FMS, give us a call and make sure to request the Functional Movement Screen.

We are currently open and accepting new patients. Come see us!

PAID ADVERTISEMENT

MOVE BETTER, FEEL BETTER

Take advantage of Direct Access - most insurances do not require a referral for you to see us!

 **HARADA PHYSICAL THERAPY**
Oak Harbor 360-679-8600 Coupeville 360-682-2770
www.HaradaPT.com


Irene Bryant,
PT, DPT, PCS
Board Certified Pediatric
Clinical Specialist

You'll Love How Clean Your Windows Are!

Give Us A Call Today!



CRYSTAL CLEAN WINDOWS
& MORE LLC

360-675-3005 - Anywhere on Whidbey
FREE ESTIMATES • LICENSED & INSURED
www.crystalcleanwindowswhidbey.com

Planning ahead is simple.
The benefits are immense.
Contact us today to discuss pre-arrangements or transfer of existing arrangements.



Wallin Funeral Home & Cremation, LLC
1811 NE 16th Ave • Oak Harbor • 360-675-3447
5533 East Harbor Road • Freeland • 360-221-6600
www.wallinfuneralhome.com

Thrive
communityfitness

GET YOUR heart PUMPING WITH



360-675-2600 • 32650 Hwy 20 • Building D
thrivecommunityfitness.com

Skyway Security Insurance

We provide
Auto, Home, Umbrella & Boat Insurance for families on Whidbey Island

Representing
 **PEMCO Insurance**

Zach Hale • 206-232-7355 Ext 3
zjhale.skyway@gmail.com