

June 3 through June 9, 2021

FREE

Whidbey Weekly

Your Source For "What's Happening" On Whidbey Island

Locally Owned · Locally Operated

ARTICLES · CALENDAR · PUZZLES · ISLAND 911

CLASSIFIEDS · DINING GUIDE



WHIDBEY ISLAND DANCE THEATRE

Celebration of Dance

2021

June 4th Fri. 7pm

June 5th Sat. 2pm & 7pm

@ Whidbey Children's Theatre

723 Camano Ave. Langley

Tickets available at: www.widtonline.org

Artistic Directors:

Charlene Brown & Brittany Falso

Asst. AD: Elliauna Mclean



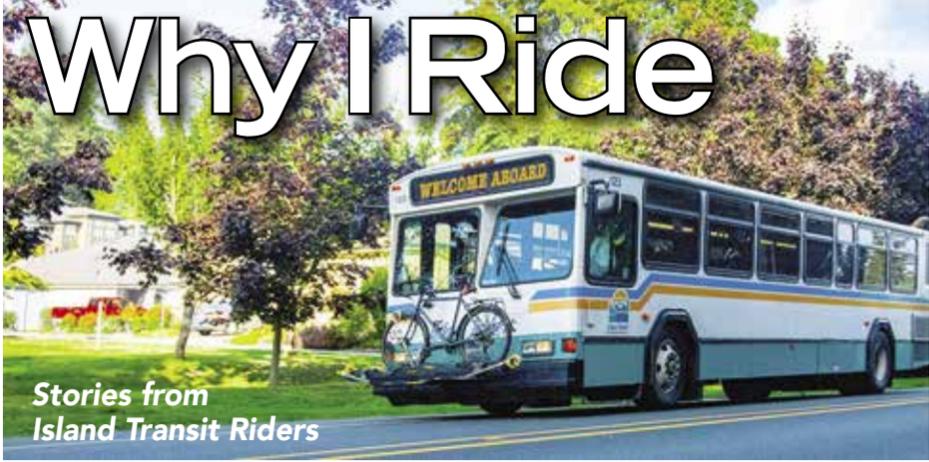
Saturday Silent Auction!
Purchase a ticket for a Saturday show and receive one free drink available at our silent auction.
Auction open Saturday between 3-7pm



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When asked what drove Mark to try a van pool, he looked as though his response should be obvious. "I was driving 3,000 miles a month." He and his vanpool mates commute from Oak Harbor to work at Boeing in Everett. Many employers, like Boeing, subsidize employees who take a vanpool to work. They also get a discount on the ferry and he splits the other expenses with his van mates. If he has any problems with the van, he swaps it for another at Island Transit. It saves a lot of money on gas, insurance, and car repairs on his personal vehicle. And it saves time. Family time is important to Mark. He likes being able to drive down to the ferry and get on first without waiting. Vanpools can also use HOV lanes and don't have to pay tolls on the mainland, more time and money savers.

"Family time is important to me - Vanpool saves time and money!"

-Mark, Oak Harbor Vanpool Commuter

Julie and Staci, Island Transit's program coordinators, are big fans of Mark Horton. He's been a consistent vanpool participant for 30 years. That's almost as long as the Island Transit vanpool program has existed. Mark has driven just about every kind of van Island Transit owns. He started with his favorite, the 15 passenger van, but has also used the 12 passenger and seven passenger vans as well. He's been the primary vanpool driver, bookkeeper, recruiter and manager, and he's always had a full van.



Mark works the second shift at Boeing. The size of the vanpool fluctuates with the economy and Boeing's ups and downs. Now due to the pandemic, there are social distancing and mask requirements. Vanpool capacity is limited and minimum requirements are lower, but his van is still filled to the allowable capacity.

He's worked for Boeing for 32 years. Sometimes he puts in 9 or 10 hour days. When they finish their shift, it's late and ferries are running on an hourly schedule. So it works out best to drive north and cross Deception Pass Bridge to make their way home to Oak Harbor. One very windy night in January, they ended up sleeping in their van at Pass Lake. Winds were gusting up to 64 mph. They found they were stuck behind some trees that had fallen across the road and a semi-truck had blown over and was leaning against the railing on Deception Pass Bridge. The bridge was cleared around 7 a.m.

Other than that, his vanpool travels have been uneventful, just the way he likes them. To learn more about the vanpool program, email vanpool@islandtransit.org.



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We provide the van and you provide the community!

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 **Island Transit**
www.islandtransit.org   

ON TRACK

With Jim Freeman



This week's column has the publication date of June 3, our Mom's birthday.

Were she still earth bound, Mom would be 103.

I bowled 104 once.

Mom loved her birthday. The banks in Mississippi used to

close June 3, in honor of Jefferson Davis. Mom took credit for the Davis bank holiday.

I always love bank holidays. My checks never bounce.

Anonymous donor

My latest Puget Sound Energy bill has a balance of zero. How could that be with the four space heaters I have running?

Assuming Susan Knickerbocker was pulling a trick, I emailed her to ask if she was the anonymous donor. Years ago, her husband Rocky installed a propane heater for the caboose kitchen. I just assumed Susan had done a similar surprise. It only took me two years to pay back Rocky.

Surprise. Susan denied being the benefactor.

So I called Puget. Another surprise. I was the anonymous donor. Paying one's bill twice helps achieve a zero balance. I even have a credit of four cents.

Crank the heater, caboose boy. We have a credit and it might be a cold June.

Health tips

In an effort to eat in a more healthful way, today I bought a plant-based cookie. It was non-GMO with no soy, no dairy, no egg, and no artificial ingredients. Further, the cookie, a Lenny & Larry's Complete Package, was vegan, kosher, and without high fructose corn syrup. With zero sugar alcohols and sustainable palm oil, how could I lose?

I did.

The taste, somewhere between thick kelp and thin xanthan gum, was not as complete as I had hoped.

Back to Nestle Toll House. Bring on the inert ingredients.

Back surgery

A retired lawyer and drummer for our high school dixieland band called the other day with the quote of the week about back surgery.

Dad had been subject to back surgery years ago, lamenting his decision post op and forevermore.

"Freeman, back surgery is like trying to kill a fly on a window pane with a hammer."

Who knew Peter, Paul, and Mary were singing about back surgery?

Jungle biz

From 1918 until 1999 there were at least 48 Tarzan movies released. From Elmo Lincoln to Johnny Weissmuller to Buster Crabbe to Herman Brix (Bruce Bennett) to Lex Barker to Denny Miller to Jock Mahoney to Mike Henry to Gordon Scott to Ron Ely to Miles O'Keefe to Casper Van Dien to Joe Lara, there were at least 18 Tarzans. There are more. That is a lot of swinging loincloths.

While I have not seen all the Tarzan films, I am presently enjoying a real clunker, Tarzan and the Slave Girl, a 1950 movie with Lex Barker as the King of the Jungle.

The plot involves the kidnapping of Jane by a tribe of lion worshipers. Alan Alda's father, Robert Alda, seems miscast but then so does everyone else, including Cheetah and his chimp girlfriend, Chloe.

Things were different in 1950.

Remember J. Fred Muggs on The Today Show? If not, no biggie. I may be older than you.

"From 1953 to 1957, Today featured J. Fred Muggs, a chimpanzee whose antics entertained viewers, but frustrated the program's staff, especially Dave Garroway. Also occasionally appearing was J. Fred's 'girlfriend,' Phoebe B. Beebe." Thanks to Wikipedia for this reminder.

The eyes have it

A tip of the hat to the city of Langley and the Langley Arts Fund, three outstanding artistic additions have been added to the Langley zip code.

Reaching Up, a magnificent basalt limestone steel was created by Sue Taves. From any angle, perfection.

Medjay- Egyptian Warrior is a marvelous Hank Nelson bronze creation that invites an infinite number of reactions of the positive kind.

Skinny Red Wiggle, a steel by Dan Freeman, makes me want to jump with glee. Many selfies will be taken with the Skinny Red Wiggle. At seven feet, nine inches, the Skinny Red Wiggle is too tall to take vertically into Verlane's classy car wash with all the swirling, blue brushes.

Popeye

Thanks to the web site www.kidadl.com, we have much to learn. And so do our kids and grandkids.

Where else can you get Popeye quotes?

1. "I'm strong to the finich, 'cause I eats me spinach, I'm Popeye the sailor man!"
2. "Where's the entrance to the exit?"
3. "I'll take all on one at a time!"
4. "I ain't no tailor but I know what suits me."
5. "That's all I can stands, I can stands no more."
6. "I yam what I yam and that's all what I yam."
7. "If I'm not me, who am I? And if I'm somebody else, why do I look like me?"

Pun Heaven

Get ready. This is a batch I have never seen.

Dad, are we pyromaniacs? Yes, we arson.

What do you call a pig with laryngitis? Disgruntled.

Writing my name in cursive is my signature move.

Why do bees stay in their hives during winter? Swarm.

If you're bad at haggling, you'll end up paying the price.

Just so everyone's clear, I'm going to put my glasses on.

A commander walks into a bar and orders everyone around.

I lost my job as a stage designer. I left without making a scene.

How much did the pirate pay to get his ears pierced? A buccaneer.

I lost my girlfriend's audiobook, and now I'll never hear the end of it.

Why is 'dark' spelled with a k and not c? Because you can't see in the dark.

Why is it unwise to share your secrets with a clock? Well, time will tell.

Prison is just one word to you, but for some people, it's a whole sentence.

Scientists got together to study the effects of alcohol on a person's walk, and the result was staggering.

I'm trying to organize a hide and seek tournament, but good players are really hard to find.

I got over my addiction to chocolate, marshmallows, and nuts. I won't lie, it was a rocky road.

What do you say to comfort a friend who's struggling with grammar? There, their, they're.

I went to the toy store and asked the assistant where the Schwarzenegger dolls are and he replied, "Aisle B, back."

What did the surgeon say to the patient who insisted on closing up their own incision? Suture self.

I've started telling everyone about the benefits of eating dried grapes. It's all about raisin awareness.

Thanks to brother Ken Bob for helping me meet my early deadline. Great pun fun.

To read past columns of On Track in the Whidbey Weekly, see our Digital Library at www.whidbeyweekly.com.

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Bits & Pieces

Letters to the Editor

Editor,

If the lower Snake River dams are not breached, Snake River threatened and endangered salmon and steelhead will become extinct.

The mighty Snake River, with over 5,000 miles of tributaries, has been ranked as the most endangered in the USA. The scientific consensus is, and has been, that the four lower Snake River dams must be breached (not dismantled) to save the salmon, steelhead and the Orca of the Salish Sea, who depend on them during the winter. Representative Mike Simpson (R, Idaho) has a plan which the tribes, the governors of Oregon and Idaho, commercial and recreational fisherman and others support. It's not perfect, but, it is a starting point. Yet, our governor and senators, Murray and Cantwell, oppose its implementation due to the politics - not the science, economics or the ethics.

For over 20 years the Army Corps of Engineers have been required by the courts under the Endangered Species Act to restore the salmon of the Snake River. Instead they have wasted millions of tax payer dollars pursuing ineffectual strategies.

This is about extinction, tribal rights, salmon, climate, economics, ethics and forests. It is now or never. The dams produce nothing that cannot be compensated for. Please contact Gov. Inslee at 360-902-4111, Sen. Patty Murray at 202-224-2621 and Sen. Maria Cantwell at 425-303-0114. Urge them to get behind the Simpson plan to breach (not dismantle) these ill conceived, costly, unnecessary, destructive dams. They just need a nudge to do the right thing. Learn more and join the campaign at Snake River Savers' web and Facebook sites. Thank you.

Gary Piazzon
President, Whidbey Environmental Action Network

Orca Month Celebrates "We Are Family"

June marks the 15th annual Orca Action Month in Washington state and sixth annual celebration in Oregon and British Columbia. Members of the Orca Salmon Alliance (OSA) are hosting events throughout the month to educate the public about the Southern Resi-

dent orca community and the challenges they face: a reduction in their preferred prey - Chinook salmon - pollutants in the water, higher risk for oil spills, and increased human-made noise in the ocean.

By working together from Northern California through British Columbia, covering the whole range of the Southern Residents, we can help restore this struggling orca population and the places they call home. Join OSA for a month of educational and celebratory events designed to bring our communities together to better understand the threats facing our Southern Resident orcas and inspire action to protect them.

Orca Month's 2021 theme, "We Are Family," underscores the distinct parallels between Southern Resident orca families and human families, while recognizing the whales' individual community, strong family bonds, and unique culture.

Through "We Are Family" messaging, activities, and events, organizers hope to celebrate this iconic, world-famous population and bring together tribal members, researchers, orca lovers, and elected officials to inspire action and advocacy efforts to protect this highly endangered population. Everyone is welcome and encouraged to get involved and participate throughout this exciting month.

Event: Orca Month Kick-Off Festival

When: Sunday, June 6, 11:00AM to 3:00PM

Where: Virtual festival. RSVP at www.orcamonth.com/events-1

What: A family-friendly event to kick off June as Orca Action Month. This event includes presentations from world-renowned orca experts and scientists, educational videos about orcas around the world, music from Pilots in Training, and a special presentation of the Seattle Aquarium's Dive Show, all about the salmon and orca connection. Special guests include Wash. Poet Laureate Rena Priest, Wash. Rep. Debra Lekanoff, U.S. Rep. Jared Huffman, a famous orca research dog, and more.

Who: Emcee Alan Budwill; Wash. Rep. Debra Lekanoff; Calif. U.S. Rep. Jared Huffman; Ken Balcomb, Lodie Budwill, and Michael Weiss from the Center for Whale Research; Mike Ford from NOAA Fisheries; Monika Wieland Shields from Orca Behavior Institute; Ingrid Visser from Orca Research Trust; Craig Matkin from North Gulf Oceanic Society; Erich Hoyt from Whale and Dolphin Conservation; Dr. Deborah Giles from Wild Orca, and more.

Why: Orca Network, a nonprofit organization dedicated to educating all ages about the whales of the Pacific Northwest, started Orca Month in 2007 to bring together researchers, advocates, and orca lovers everywhere to raise awareness of the threats facing the Southern Resident orcas while providing a community celebration of the orcas of the Salish Sea. Orca

Month is now celebrated in Oregon, Washington, and British Columbia to engage communities throughout the range of the Southern Residents to learn more and take action for Southern Resident orcas.

Additional events, both virtual and in-person, will be taking place throughout the month. Visit orcamonth.com and view the Orca Month video at <https://youtu.be/GFU7WpHAjmk> to learn more, and find ways to participate in orca recovery efforts.

[Submitted by Cindy Hansen, Orca Month Manager]

Make Brain Health a Priority in June

Things you can do to reduce your risk of developing Alzheimer's disease

This June, during Alzheimer's and Brain Awareness Month, the Alzheimer's Association is encouraging people to make brain health a priority.

"The last year has been very challenging for people, and for many of us, healthy lifestyle habits have gone by the wayside," says Carrie McBride, the communications director for the Alzheimer's Association Washington State Chapter. "We're approaching summer and things are starting to open back up — it's a great time to recommit to a brain-healthy lifestyle."

Growing evidence suggests people can improve their brain health and reduce their risk of cognitive decline by adopting healthy lifestyle habits. The Alzheimer's Association offers these five suggestions to promote brain health and help restore mental well-being:

Exercise regularly. Regular cardiovascular exercise helps increase blood flow to the body and brain, and there is strong evidence that regular physical activity is linked to better memory and thinking.

Maintain a heart-healthy diet. Stick to a meal schedule full of fruits and vegetables to ensure a well-balanced diet. Some evidence suggests a healthful diet is linked to cognitive performance. The Mediterranean and DASH diets are linked to better cognitive functioning, and help reduce risk of heart disease as well.

Get proper sleep. Maintaining a regular, uninterrupted sleep pattern benefits physical and psychological health, and helps clear waste from the brain. Adults should get at least seven hours of sleep each night and try to keep a routine bedtime.

Stay socially and mentally active. Meaningful social engagement may support cognitive health, so stay connected with friends and family. Engage your mind by doing activities that stump you, like completing a jigsaw puzzle or playing strategy games - or challenge yourself further by learning a new language or musical instrument.

Control your stress before it controls you. Prolonged or repeated stress can wear down and damage the brain, leading to serious health problems including depression, anxiety disorders, memory loss and increased risk for dementia. Meditation, exercise, listening to music or returning to a favorite activity you have missed during the pandemic are just some ways to manage stress. Do what works best for you.

When possible, combine these tips to achieve maximum benefit. If it seems overwhelming, start with one or two changes and build on them gradually. The most important thing is that you start now. Visit alz.org/10ways to learn more about preventing Alzheimer's disease through better brain health.

[Submitted by Carrie McBride, Alzheimer's Association Washington State Chapter]

Public Input Sought on Establishment of the Spacewall Climbing Management Area

The public is invited to comment on a preliminary proposal to establish and open the Spacewall Climbing Management Area near the town of Newhalem in the Skagit Gorge.

Per the requirements of the National Environmental Policy Act (NEPA), North Cascades National Park Service Complex intends to prepare an Environmental Assessment (EA) to analyze the effects of the proposal and other alternatives. The Proposed Action would include establishing and opening the Spacewall Climbing Management Area to sport climbing day use. Other preliminary alternatives include: 1) A Restoration Alternative, where the user developed trail and climbing hardware leading to and at the Spacewall would be removed and remediated and the area would remain closed to climbing; 2) A No Action Alternative, where the user developed trail and climbing hardware leading to and at the Spacewall would remain and the area would continue to be closed to climbing.

The purpose of this action is to protect the natural and cultural resources through the active management of sport climbing activities in the Spacewall area.

Feedback on the proposed action, environmental issues that should be addressed, other potential alternatives, and sources of data that should be considered by the NPS in the EA are requested. Specific feedback on the proposed action as it relates to visitor experience is also sought.

To review project information and provide electronic comments, go to <https://parkplanning.nps.gov/SpacewallScope>.

Comments will be accepted through June 30. Hardcopy comments can be mailed to: Superintendent, 810 SR 20, Sedro Woolley, WA 98284.

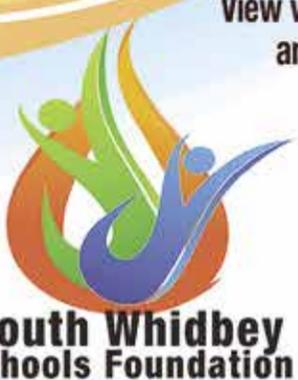
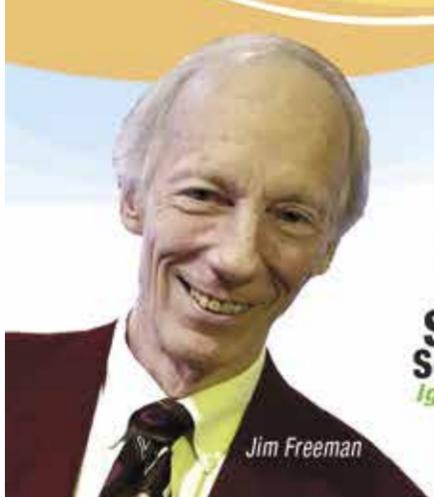
A virtual public meeting will be held Tuesday, June 8, 5:00 to 7:00PM. Additional details are available at the project website. If you need reasonable accommodations to attend the meeting, please email the contact above as soon as possible. You may join the meeting on your computer or mobile device as early as 4:30PM at the following link: <https://doilearn2>.

Visit SWSF's online Gala now through June 5

View videos of student projects, a song by Tom Walker, a message from Susie Richards and Foundation Board President Shelly Ackerman, plus the humor of Jim Freeman.

visit: www.SWSFoundation.org & Facebook.com/SWSFoundation.org

Raising funds for teacher-requested grants to enhance student education in South Whidbey public schools.



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webex.com/doilearn2/j.php?MTID=m952d43e-ca16bf49ae98a24ff79802086. Alternate audio is available for a toll at this number: 415-527-5035.

Following the 30-day review, alternatives will be refined and required environmental analysis completed. The EA will be provided for public review in late summer 2021. www.nps.gov/noca

[Submitted by Denise M. Shultz, North Cascades National Park Service Complex]

Announcing Civility First's 4th Annual Art & Photography Contest

The Board of Civility First invites participants of all ages to submit an original artwork or photograph with the theme of "Respect Others, Listen, & Be Kind."

Participants will enter the contest in one of the following age categories: children (12 and under), youth (13-18), adult (over 18). A cash prize will be given to the winner and two runners-up in each age category. All entries will be submitted electronically.

Invite your friends and family to join in this artistic endeavor – taking an idea and turning it into a photo or drawing or painting or even a sculpture.

Deadline to submit is Aug. 15, with entries judged by the Pacific Northwest Art School. Winners will be announced by the end of September.

The Civility First website will exhibit the entries as part of Civility month, October 2021. Anticipating in-person gatherings will be available in the autumn, the organizers plan to have a reception to honor all artists during Civility Month. For complete information about the contest and to enter, please go to www.civilityfirst.org/art-contest.html.

Civility First is a grass-roots movement in Island County promoting courteous public and private dialogue. It is a group of citizens from across the political spectrum who are concerned about the normalization of uncivil

discourse, both online and in other shared spaces. For more information, see www.civilityfirst.org.

For more information about this art contest, please contact Elizabeth Guss at cohesion@whidbey.com.

[Submitted by Elizabeth Guss]

Local Business News

10 Years of Art at the Freeland Art Studios

It's time for the 10th Annual Open House at the Freeland Art Studios and you are invited to come and see what's new from 11:00AM to 4:00PM Saturday.

There are a couple of new faces at FAS this year. Charles LaFond is a master potter and creates a wide variety of functional pottery and Gail Liston has joined and brought along a splash of color in her paintings. See new work by all the artists and find out what everyone else has been up to over the long COVID year.

Freeland Art Studios is a large studio space, over 7,000 sq. feet, so there's lots of space for social distancing. FAS houses multiple separate artist workspaces with artists working in a variety of different media including: stone, metal, clay tile, pottery, oil and acrylic painting, cast glass, wood, resin paintings, mixed media and water features. Artists are: Penelope Crittenden, Carol Rose Dean, Charles LaFond, Gail Liston, Ben Medford, Matt Monforte, Woody Morris, Sue Taves, Lane Tompkins, and Lloyd Whannell.

Most of the artists will be at the studio for the open house and will have completed art for sale as well as new works in process. They hope you will stop by to see what's new.

You can find Freeland Art Studios at 1660 Roberta Ave. off of Harbor Ave. in Freeland (behind Whidbey Island Bank and the WAIF Thrift store.)

For more information go to: www.FreelandArt-Studios.com.

Penn Cove Gallery June Featured Artist: Rainy Lindell

Penn Cove Gallery is featuring the work of Rainy Lindell for the month of June.

So much to paint - so little time, but Rainy is busy working. She paints in oils on large canvases as well as small ones that sit on a desk.

Rainy was born and raised in Pocatello, Idaho. Her 7th grade teacher stirred her creative abilities and she took every art course available from then on. She moved to Seattle after high school and began her study of the landscape and nature, which continues to be the focus of her work here on Whidbey Island. She will be at the gallery June 25, if you would like to meet her in person.

Visit Penn Cove Gallery at 9 Front Street in Coupeville. Open every day from 10:00AM to 5:30PM. www.penncovegallery.com

Pet Massage at Whidbey Canine Conditioning and Rehabilitation



Whidbey Canine Conditioning and Rehabilitation is now open Saturdays, offering massage and laser treatment for dogs, cats, and other household pets. Sarah Wheeler, SAMT, of Love Bug Pet Massage joins Stephanie Garlich, MS, DVM, CCRP, at Stephanie's rehabilitation clinic in Coupeville.

Stephanie draws on her 30 years of veterinary experience, her Master's degree in Animal Behavior, and her training in rehabilitation and

massage, to gently guide dogs and cats to a healthier life and improved well-being. She has worked as a vet on the island since 1998 and started WCCR in July 2019. Stephanie and her husband, Jeff, share their home with their two dogs, a shelter-special, Chica, and Australian Shepherd, Kip.

Sarah has been an in-home pet massage therapist since 2018, now offering massage Saturdays at WCCR. Her holistic approach considers the entire animal, even when addressing a single issue. Sarah recently moved to the island with her husband, Nathan, who grew up on Whidbey, and their toddler, their cat, Oliver, and two chihuahua mixes, Dewey and Poco.

Whidbey Canine Conditioning and Rehabilitation is located at 302 N. Main St., Building B, in Coupeville and is the only veterinary clinic on Whidbey Island specializing in rehabilitation. They will physically rehabilitate your companion, train and prepare a set of exercises for your dog (or cat) to do at home or at their clinic "gym" to help them recover from or prevent an injury. Stephanie Garlich is an experienced veterinarian, Certified Canine Rehabilitation Practitioner (CCRP, University of Tennessee) and a Small Animal Massage Practitioner (SAMP, Northwest School of Animal Massage).

Love Bug Pet Massage provides a complementary therapy that addresses acute or chronic illness or injury, as well as a preventative therapy for healthy dogs. With regular sessions, massage can keep muscles limber and resilient, and improve anxiety, digestion, circulation, relief from arthritis, and more. Sarah is certified through the Northwest School of Animal Massage to practice small animal massage, as well as rehabilitation massage. She is also a member of the National Board of Certification for Animal Acupressure and Massage, insured through ABMP, and licensed with the Washington State Health Department.

For rehab or massage at WCCR, visit www.whidbeycanine.com/book-online, or visit www.lovebugpetmassage.com/book-online for in-home massage.

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Celebrate dance with Whidbey Island Dance Theatre

By **Kathy Reed** Whidbey Weekly

Not only is Whidbey Island Dance Theatre offering a Celebration of Dance Friday and Saturday, it is a celebration of a return to some normalcy.

After more than a year of pandemic-induced event cancellations and a move to virtual performances, WIDT and its company of dancers are returning to live, in-person performances this weekend, to be held at Whidbey Children's Theatre, 723 Camano Avenue, in Langley. Performances will take place at 7 p.m. Friday and Saturday evenings and there will be a 2 p.m. matinee performance followed by a silent auction from 3 to 7 p.m. Saturday. Ticket prices start at \$15 and can be purchased online at widtonline.org.

The annual spring Celebration of Dance is just that – a celebration of dancers' individual strengths presented through contemporary, cutting-edge choreography.

"Every year, we like to showcase in-house, outside-Whidbey, and young, emerging choreographers in our show," said Char Brown, co-artistic director of WIDT. "[The choreographers] bring such diverse dance pieces, which showcases the beautiful artistry of our WIDT company dancers."

There are 15 dancers in the company, plus five alumni dancers and guest artists from Seattle who will be performing this year. Brown said they are all looking forward to being in front of an audience again.

"Our company dancers really need the live audience in front of them," she said. "As young performers, feeling the energy and applause from the audience is so fulfilling. This makes all their hard work so worthwhile. And being able to entertain an audience is so important to their growth as a dancer/artist."

Brown said the best thing about working on this Celebration of Dance presentation is knowing the dancers will be able to be back on stage in front of the community and share their art in person. She said members of the company, like everyone else this last year, have been through a lot.

"We know our dancers have been through a lot emotionally this year," Brown said. "They have trained on Zoom, then back in the classroom, then back on Zoom and then returned to the classroom! They have been amazing working through all they do for their schooling, dance, family – and just life. We are so proud of them."

And, even as life begins to move slowly back to normal as the pandemic's hold begins to loosen its grip, health and safety are still front and center for members of WIDT and its audiences. Changes brought about by COVID-19, while not part of the routine previously, have become an essential element to planning any event like this.

"Because we had a virtual 'Nutcracker' and worked through all the protocols involved in rehearsing and putting that show on, we knew what was needed to rehearse for Celebration of Dance," said Brown. "In this show, all pieces are individually rehearsed with the dancers and their choreographers, making everything easier."

"We are at half-capacity in the theater for seating, all doors and windows will be open," she continued. "Tickets are for sale online and the audience will enter from the outside. Ushers will be seating all audience members and social distancing will be enforced while waiting in line, entering the theater and using the restrooms."

"Dance is the hidden language of the soul."

~ Martha Graham, American modern dancer, choreographer

The safety protocols extend to Saturday's silent auction as well, which will be held in large white tents outside the theater between 3 and 7 p.m., giving people space to move around and check out the assortment of more than 50 unique auction items.

"They include things ranging from homemade dinners delivered to your door to large deck pots with potting soil," described Brittany Falso, WIDT co-artistic director. "[There are] professional services such as acupuncture, massage, yard work and house cleaning; gift certificates from a variety of



Photo Courtesy of Whidbey Island Dance Theatre

Whidbey Island Dance Theatre is pleased to offer its annual spring Celebration of Dance Friday and Saturday at the Whidbey Children's Theatre stage in Langley. Live performances will take place at 7 p.m. Friday and Saturday with a matinee at 2 p.m. Saturday. Tickets are available online at widtonline.org.

local businesses; and a Wine and Spirits Tour gift basket along with many others, including beauty products and specialty foods."

Falso said it's simple to participate in the silent auction; those interested need to check in and get a bidding number. Most items will be available for pickup following the second show on Saturday. For those who want to take their item(s) immediately, there is also a "buy now" option. Items won by those not present after the second show will be saved and pickup or delivery will be arranged.

All in all, Brown said the dancers are looking forward to being back on the stage, expressing their "hidden language of the soul."

"We hope audiences will just sit back and enjoy the art of dance and the beauty of our choreographer's pieces," she said. "Please come and support our wonderful nonprofit organization, Whidbey Island Dance Theatre. We really need our community's support and our company and choreographers would love to see them all in the Whidbey Children's Theatre seats, enjoying the art of dance."

To learn more or to purchase tickets, go to widtonline.org.

Whidbey Island Fair
July 15-18
FUN IN THE SUN IN 2021

Entertainment • Carnival • Country Fair • Petting Zoo
815 Camano Ave • Langley • Whidbeyislandfair.com

What's Going On

All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

Celebration of Dance 2021

Friday, June 4, 7:00PM

Saturday, June 5, 2:00 & 7:00PM

Whidbey Children's Theatre, Langley

This show features all of Whidbey Island Dance Theatre's extremely talented company dancers, highlighting their individual strengths in this modern/contemporary style of dance.

As always, the choreography is cutting edge, unique and created specifically for this special show by professional choreographers and two of our up and coming pre-professionals. A Silent Auction (with free beverage included) will be held between both Saturday shows from 3:00 to 7:00PM. For tickets or more information, visit www.widtonline.org.

Whidbey Island Arts & Crafts Makers Faire

Saturday, June 5, 9:00AM-1:00PM

Greenbank Farm, 765 Wonn Road

This is a place where people can buy art and craft supplies for less, and see how local craftspeople make their work. Some supplies are being sold on behalf of Island Senior Resources for its Time Together scholarship fund.

Marley Erickson and Mark Findlay in Concert

Saturday, June 5, 7:30PM

Whidbey Island Center for the Arts, Langley
Standard Seats: \$40

Marley Erickson (violin) and Mark Findlay (piano) perform a program that includes Debussy's *Violin Sonata* and Saint-Saëns' *Fantaisie Op. 124*. For tickets or more information, visit www.wicaonline.org.

Orca Month Kick-Off Festival

Sunday, June 6, 11:00AM-3:00PM

Virtual festival

A family-friendly event to kick off June as Orca Action Month. This event includes presentations from world-renowned orca experts and scientists, educational videos about orcas around the world, music from Pilots in Training, and a special presentation of the Seattle Aquarium's Dive Show, all about the salmon and orca connection. Special guests include Wash. Poet Laureate Rena Priest, Wash. Rep. Debra Lekanoff, U.S. Rep. Jared Huffman, a famous orca research dog, and more. RSVP at www.orcamonth.com/events-1.

Curse of the Starving Class

Fridays, June 11, 18 & 25, 7:30PM

Saturdays, June 12, 19 & 26, 7:30PM

Sundays, June 13, 2:00PM

Thursdays, June 17 & 24, 7:30PM

Whidbey Island Center for the Arts, Langley
Standard Ticket: \$35

The play, a perfect balance of dark comedy and biting satire, is about a family faltering in their search for security, escape and the American Dream. Written by Sam Shepard. Directed by Deana A. Duncan. For tickets or more information, visit www.wicaonline.org.

Shred It Event

Saturday, June 12, 10:00AM-2:00PM

SaviBank, 1737 Main St, Freeland

Time to spring clean your filing cabinets. Securely dispose of your personal and financial records. Licensed and bonded shredding company. Paper only, staples okay. Minimum donation is \$5 per bankers box or grocery bag, \$10 for oversized boxes or bags. All proceeds benefit Soroptimist International of South Whidbey Island programs and training.

Art Talks: Lange and Wolcott

Wednesday, June 16, 11:00AM

Whidbey Island Center for the Arts, Langley
All Seats: \$20

Dorothea Lange and Marion Wolcott captured photographic images of those affected by poverty and deprivation, hunger and unemployment, and racism and internment before and after the Great Depression. Presented by art historian Rebecca Albani. For tickets or more information, visit www.WICAonline.org.

Upcoming Sno-Isle Library Events

See schedule below

Cost: Free:

Discuss the Classics with Rita Bartell Drum

Thursdays, 12:30 or 7:00PM

Enjoy a pleasant hour of shared wisdom and fellowship as we consider the words and hope of times past and weave a fabric of renewed hope by leaning on the "Classics." Contact ritadrum777@gmail.com for Zoom link.

Meetings & Organizations

Relay for Life

Tuesday, June 8, 7:00-8:00PM

Oak Harbor Elks Lodge and virtual

Would you like to be part of the 2021 Relay for Life on Whidbey Island? This year's event will be held Sept. 10 at Blue Fox Drive In. Email relaywhidbey@gmail.com or go to Facebook for more information.

Republican Women of North Whidbey

Thursday, June 10, 11:30AM-1:00PM

Oak Harbor Elks Lodge, 155 NE Ernst St.

Our focus for June is a variety of community service opportunities with organizations that are tangibly meeting the needs of our neighbors. We will also have a "Find Your Voice" discussion, including information to boost your knowledge of the United States Constitution. Doors open at 11:00AM to register and socialize, \$15 at the door. Please RSVP to nowhidrwc@gmail.com.

Whidbey Island Genealogical Searchers (WIGS)

Tuesday, June 15, 1:00PM

Elizabeth Gomoll presents "Unlocking Notation Codes on Alien Passenger Lists." Learn how to interpret codes of late nineteenth and early twentieth century immigrant passenger manifests. Sign in to Zoom 10 minutes early. Non-WIGS members wishing to attend, send an email to whidbeysearchers@gmail.com no later than June 13 to receive your zoom invitation. All are invited to join.

Al-Anon Group

Oak Harbor

Are you troubled by someone's drinking? Al-Anon group can help. Call Laurie at 360-675-4430 for meeting information.

PASS - Post Abortion Stress Syndrome

Wednesday or Thursday, 10:00AM-4:00PM

Are you suffering from PASS-Post Abortion Stress Syndrome? Many women suffer from depression, flashbacks, suicidal thoughts, relational dysfunction, and more after an abortion. We offer free lay counseling, help with healing and restoration. Call Wednesday or Thursday for an appointment, 10:00AM to 4:00PM, 360-221-2909.



Meet Katy!

Katy is our Nurse at Maple Ridge by Bonaventure, right nearby in Freeland. She's been an integral part of the excellent care provided for our seniors on Whidbey Island for over six years.

Come join Katy and our team as a caregiver or med-tech and make a difference in our residents' lives, while connecting with our community.

- Starting at \$15.50/hr., increasing with experience
- Free nurse delegation training and certificates
- Free HCA training and certificate
- Free mental health and dementia training
- Sign on bonus of \$500 after 90 days of satisfactory employment
- Close-knit team environment

Maple Ridge
By Bonaventure
1767 Alliance Ave.
Freeland, WA 98249
360.331.1303
RetirementPerfect.com





TAGS SALE!

TAGGED ITEMS WILL BE 25%, 50% OR 75% OFF!

Good Cheer
FOOD BANK & THRIFT STORES

For a Hunger-Free Community

Langley Thrift Store • 114 Anthes Ave • Langley • Open Wednesday, Friday and Saturday
Good Cheer Two (Ken's Corner) 11042 WA-525 • Clinton • Open Tuesday, Friday and Saturday



COMMUNITY
Counts

By Phil Semas
Retired journalist who lives on South Whidbey

**RELAY FOR LIFE FUNDRAISING EVENT
SEPTEMBER 10, 2021 • BLUE FOX DRIVE IN**



Would you like to be a part of the 2021 Relay for Life on Whidbey Island?

Attend our Meeting 7-8pm June 8 at Oak Harbor Elks Lodge and on ZOOM. Email us, go to our website or follow us on facebook for more information!

relaywhidbey@gmail.com • www.facebook.com/whidbeyrelay • RelayForLife.org/whidbeyislandwa

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ALICE CAN'T AFFORD TO LIVE HERE ANY MORE

If you ask an island farmer what's the hardest part of hiring workers, he or she is likely to say, finding them a place to live. The same is true for a store owner, a restaurateur, or any business person. Whidbey has a severe shortage of housing ordinary workers can afford.

The island is a desirable place to live, and more and more people of means are moving here. It's been great for the local economy, but it means housing costs, including rents, have risen substantially, beyond what many working people can afford.

A shortage of affordable housing leads to other problems.

"The number one cause of bankruptcies and problems with economic insecurity, which is leading to food insecurity, is housing and health care," says Carol Squire, executive director of Good Cheer Food Bank.

The problem is broader than homelessness: It's about people who are working but can't find or cannot afford housing. There's now an acronym for these folks: ALICE, for asset-limited, income-constrained employed.

They include people working on farms and in service jobs but also teachers, nurses, and even postal workers.

Buying a house is out of reach for them. The median price of a house in Island County has risen 19 percent just since 2019.

"Do you think anybody that works at Good Cheer could afford to put down a down payment on a house here now?" says Carol Squire. "There's no way."

And rents have been going up too. Even people who have housing are paying more rent than they should. Anyone who spends more than 30 percent of their income on housing is considered "housing burdened" by the federal government. In Island County, that's almost half of all renters. In some sections, it's even higher. Renters in Langley, for example, average 63 percent.

Because so much employment here is in hospitality and services, the average Island County wage is only 61 percent of the state average. Food-service workers make an average of \$1,708 a month. If such a worker were to spend 30 percent of their income on rent, that would be \$512. A retail worker making \$2,650 a month should spend \$795 on rent. There is no housing available on the island for those prices.

Whidbey does have some low-cost housing. Much of it is operated by the Housing Authority of Island County, which has 110 units at four locations in Oak Harbor, Coupeville, and Langley for seniors and the disabled. Those units have long waiting lists – as much as seven years. The Housing Authority also has 314 vouchers that enable people to rent on the open market. However, because of rising prices, "it's difficult for our families who have vouchers to find anything to rent," says Teri Anania, director of the Housing Authority.

One obvious solution would be to build more housing, but it's not as simple as it sounds. Construction is expensive, especially now with the costs of lumber and other materials having skyrocketed. Private developers are not interested in building affordable housing because they can't make any money on it.

The Housing Authority did build some workforce housing in Freeland, but it took seven

years. The development, called Sunny View Village, has been a success. One local restaurateur calls it "a godsend." But the Housing Authority has no plans to build more, says Teri Anania, citing the costs, the lack of land, and a shortage of infrastructure.

Another barrier to low-cost housing is neighborhood or community opposition, sometimes referred to as NIMBYism (for "not in my backyard"). A group called the Low Income Housing Institute sought to build 50 units of affordable housing in Oak Harbor. The project was approved by the City Council but has been blocked by the courts in a lawsuit brought by the Oak Harbor Main Street Association.

Community opposition also arose to the Whidbey Homeless Coalition's plan to convert a former church near Coupeville to a homeless shelter. More than 200 local residents signed a petition opposing the shelter, even though it is not that far from another homeless facility, Ryan's House for Youth.

Even the Housing Authority's Sunny View Village aroused some community concerns, though they seem to evaporate once the project was completed.

"Everybody raises all these flags about your affordable housing project, and then once it's built, they say, 'Oh, this is kind of nice,'" says Teri Anania. "Objections disappeared almost instantly."

An ambitious new effort to build workforce housing was announced recently by the Goosefoot organization. It plans to build a still-undetermined number of units in the Bayview area. The project has a number of advantages. The land is owned by Goosefoot, the county, and Whidbey Telecom, none of which are interested in commercial development of the land. And as private organizations they will not face some of the regulatory burdens that hindered the Housing Authority in building Sunny View.

But the project is only in its early stages. Organizers say even if everything goes smoothly, the earliest they could put keys in people's hands is 2025.

Another approach might be to use existing housing. In Island County, 17 percent of houses are listed as vacant. Some of those may be seasonal rentals and some are second homes. Could some be purchased and converted to low-income housing, in the same way the Whidbey Camano Land Trust buys land to preserve it for conservation?

Whatever approach is followed, it will require money. The American Rescue Plan recently passed by Congress includes billions for homelessness, housing, and rental assistance. How much of that money can make its way to Island County is unclear. Obtaining those funds will require a concerted effort by county officials and other local leaders — as will any solution to Whidbey's housing problem.

What you can do:

If you're interested in the Bayview project, Goosefoot is planning focus groups and follow-up surveys on housing needs. Information is available at goosefoot.org.

Contact your elected representatives and other local leaders and ask what they're doing about affordable housing.

If you or someone you know is homeless or at risk for homelessness, contact the Island County Housing Support Center in Coupeville at 360-678-8284.

Don't be a NIMBY.



IN SEASON - EATING LOCAL ON WHIDBEY

As we approach the summer solstice in June, the days grow longer, the grass grows faster, the irises, lilies, and gladiolas grow taller. At this time of year, the lingering daylight tells plants to put in all their energy to growing and that means the list of local seasonal food offerings from our Whidbey Island farmers grows as well!

Eating with the seasons is a way to enjoy the freshest, most nutritious and flavorful food as it ripens. Some crops can be enjoyed for the whole growing season, but others have special times when they're ready for harvest, and it's fun to look forward to them. Grocery stores may have the same basic produce offerings all year, but local farmers can offer a wide variety of unique and heirloom produce at peak flavor.

Each season, Whidbey Island Grown Cooperative will bring you an update on the best finds and flavors coming to harvest. In June, we're looking ahead to the warm summer months and the large harvests that come with them.



Greens are growing like crazy now, spurred on by the long daylight hours. Spinach is thick and meaty, lettuces are large, and the last of the arugulas, mustards, and Asian greens are hanging on. The plant family Brassicas, which comprises nutritious, responsible veggies like broccoli, cauliflower, kohlrabi and brussel sprouts, are busily maturing for harvest. Brassicas are planted in early spring, when soil temps are low, and grow their leaves and stalks as the daylight and temperatures rise, until finally it's time to shoot up their delicious broccoli heads.

Alliums like onions and garlic, as well as night-shades like potatoes and tomatoes, also grow their leaves in spring. At the summer solstice, they switch focus and begin to put all their energy into developing the tubers and fruits that we eat, abandoning leaf development. In July, new potatoes and fresh onions and garlic will appear in farm stands. They're called "new" and "fresh" because they're harvested and sold without being cured. Storable potatoes and onions are left to cure first, allowing them to last into the fall and winter months.

We can't talk about June vegetables without mentioning two of the best - snap peas and fava beans. The flavor of a plump, perfect snap pea pulled right off the vine is second to none. They are a sweet, crunchy harbinger of summer. Their flowers and tender shoots can also be eaten and spruce up a salad with their sweet flavor. Fava beans are a labor of love, wrapped in two layers of casing. First, you pick them out of their green pod, like you would shelling peas. Then you must perfect the art of peeling off the white outer layer of each bean. The reward is a crisp, heavenly flavor and texture that is great raw but is best cooked hot and fast in butter.



Another exciting family of crops to mature now are berries! Berries are coveted and delicious, and have short, fast harvest seasons about one month long. Strawberries come on first, followed by raspberries and then blueberries in July. If you want to branch out into wild berries as well, salmonberries are ripe now, followed by thimbleberries and then huckleberries and blackberries in August. Eat your fill of fresh berries and take some time to freeze or preserve as well - you'll thank yourself in winter when you bring out the preserved berries and get reminded of summer.

Looking ahead into July and August, all our hot weather crops will mature, most of them in greenhouses or low tunnels to create extra heat. Heat lovers include tomatoes, peppers, eggplant, cucumber, basil, summer squash, and beans.

There are numerous benefits to eating locally grown seasonal foods, but at the top of the list is freshness and flavor that can't be beat! Whidbey Island Grown Cooperative has all the flavorful produce available on the island, sold through our Food Hub, where over 25 local farmers and producers sell their in-season products. Our Food Hub not only has fresh vegetables and fruit, but also locally raised meat, eggs, baked goods, dairy, and value-added products like jam, sauces, pickles, coffee, and more! Order online from Friday-Tuesday and pick up your order the following Friday at one of our three distribution locations in Freeland, Coupeville, and Oak Harbor.

Find local food and other locally made products at one of five farmers markets now open Friday-Sunday across the island, or take a scenic drive out to a farm stand to buy from a local farmer and see where that food was grown. We have more ways to buy local food, information about seasonal eating, and details about the Food Hub on our website www.whidbeyislandgrown.com.



DONATIONS NEEDED

We could use your help with these items: fresh produce and fruit (lettuce, carrots, apples, oranges, etc.)



1091 SE Hathaway St • Oak Harbor • 360-675-3888



Whidbey Island Grown Cooperative logo and 'EAT LOCAL' text with website URL www.whidbeyislandgrown.com.

June is Orca Action Month



Join us for these virtual events:

Youth Activity Mini-Series: Every Wednesday in June, 3:15pm-4pm PST. Guest Presenter Orca Network Intern Lucy Martin.

Be An Effective Orca Advocate: 2 Part Letter Writing Workshop, June 14th & 21st.

Coast Salish Salmon & Orca Culture: 2 Day Festival, June 26th & 27th.

To register and for more event details: www.orcamonth.com



FABRIC OF THE FAIR:

Community prepares for 97th Whidbey Island Fair

By Kacie Jo Voeller Whidbey Weekly

Prepare for a carnival, petting zoo, 4-H displays and yards of fun this summer. The Whidbey Island Fair will return July 15-18, after not running in 2020 due to COVID-19 concerns.

Carol Coble, Whidbey Island Fair administrator, said the fair's organizers and vendors alike are looking forward to bringing the event back to the island.

"Everybody wants to be in the know, everybody wants to participate," she said. "There is just really a lot of enthusiasm happening around it."

Coble said the team at the fair will work to accommodate any necessary safety guidelines issued by the state. She said the fairgrounds have over ten acres available, which will allow for patrons to keep their distance as needed.

"I think that people are ready to get back out there and be able to do things," she said. "And we are in a position that we have so much space and we can control our gates so that is really giving us a lot of relief."

While an exact lineup has yet to be finalized, Coble said focusing on bringing in local vendors and entertainment has been especially important for the 2021 fair.

"The other thing that we have really focused on this year is we are hiring mainly local entertainment," she said.

Coble shared many crowd favorites will be returning this year, including but not limited to 4-H exhibitions, a petting zoo and carnival rides – all at an affordable price. She said the group is also considering including a barrel race in the festivities.

"We are super excited to be moving forward in 2021," she said.



Photo Courtesy of Quilters on the Rock
The work of the many guild members of Quilters on the Rock will be on display at the Whidbey Island Fair in 2021. Here, a recently completed project is showcased.

One of the largest departments of the fair from year to year is the quilting department, Coble shared. A local quilting guild, Quilters on the Rock (QOR), has a long record of involvement at the event. Susan Kreps, the QOR website coordinator and a member of the fair committee, said the organization looks forward to taking part in this year's event.

"QOR guild members have been involved for decades through quilt submission and volunteering, but this is the first year the guild as an entity has taken over coordination of the quilting department in an effort to ensure the art of quilting remains visible on Whidbey Island," she said. "We have established a committee to oversee the process."

Kreps said the fair offers guild members an opportunity to showcase their efforts while also providing an introduction to quilting to the community.



Photo Courtesy of Whidbey Island Fair
The quilting department fields one of the largest displays at the fair each year, according to Carol Coble, Whidbey Island Fair administrator. Quilters from around the island come to share their work and help inspire the next generation of quilters.

"In addition to the fellowship of sharing time and experiences with other quilters, our primary goal is to inspire and encourage others interested in quilting, especially future generations," she said. "Community events like the fair allow us to share our skills and handiwork and provide an opportunity to teach interested new quilters. The fair is a great venue to show the community that the art of quilting is alive and well on Whidbey Island."

The past year has been nothing short of unpredictable, and Kreps said QOR looks forward to having the opportunity to come together as a guild and with island residents at the fair.

"One of the biggest challenges of COVID has been isolation and the loss of community, especially in a small place like Whidbey Island," she said. "Being able to reunite in person with other guild members for support and collaboration is priceless. The fair is our chance to extend that spirit back out into the community."

This year also saw the emergence of a committee to help manage the department.

"The quilting department will be managed by a collaborative committee, composed of 14 guild members, chaired by Linda Nienhuis," she said. "We formed a committee to lessen the workload on one member, while ensuring quilting would remain represented at the fair."

Kreps said a key player in the quilting department of the fair had also recently retired, and current quilters hope to honor the legacy of her work this year.

"Former superintendent, Anita Smith, created a wonderful venue in the Malone Home Arts Building that showcased quilting from all

ages and skill levels across the island, offered opportunities to share the wonders of quilting and carry on the legacy of quilting," she said. "We thank her for all her efforts and will continue in her footsteps this year."

Kreps said the guild is active in the community beyond the fair as well and donates to the WhidbeyHealth Medical Ambulatory Clinic (MAC), the local foster care program through the Department of Social and Health Services, families in transition through the North Whidbey Opportunity Council, military service members through American Hero Quilts and University of Washington Neonatal Intensive Care Unit.

"Quilters are very generous with their time, creativity and fabric," she said. "There is something very personal involved in the creation of a quilt and then sending it forward to someone in need. Quilts provide joy, comfort and happiness in addition to warmth. Quilts are a gift that let people know that regardless of their circumstances, there is always someone there to offer support and care."

She said the fair serves as a place where others can explore the world of quilting.

"The Whidbey Island Fair offers all Whidbey Island quilters the opportunity to share the love of quilting and invite everyone to join the Quilters on the Rock, who learned during the 2020 pandemic that, 'If you know how to quilt, you will never be bored,'" she said.

For more information on the fair, visit whidbeyislandfair.com. To learn more about QOR, visit quiltersontherock.com.



Photo Courtesy of Whidbey Island Fair
Affordable, family-friendly fun will abound at the Whidbey Island Fair in 2021. Food vendors, 4-H exhibitions and a petting zoo will be just some of the options available for fairgoers.





TUESDAY, APRIL 20

4:56 pm, Conniston Way

Caller said "Well, uh," Then disconnected. Reporting party recalled; was reporting a seal on the beach down on West Beach.

11:03 pm, Brooks Hill Rd.

Reporting party advising a situation hasn't happened yet, but wants to report it before it happens. Line disconnected.

WEDNESDAY, APRIL 21

12:55 pm, SR 525

Reporting party advising in the north-bound turn lane at location box of canned goods in the middle of the road.

1:49 pm, SR 525

Reporting party advising red pickup truck veered into oncoming traffic; ran people off road and continued on in the wrong lane.

THURSDAY, APRIL 22

5:06 am, Deer Lake Rd.

Reporting party advising his vehicle is missing from location; last seen this morning or afternoon; reporting party is the registered owner. Advising mother might have had it towed, but wasn't sure.

8:13 am, Shawn Ave.

Advising loose Chow mix in reporting party's yard. Acting aggressive. States refusing to leave the yard. Nuisance. Barking.

8:19 am, Resort Rd.

Party requesting call. Says she has come upon some new information and has hired an attorney. Nothing in progress. Yesterday a neighbor opened and shut reporting party's gate.

11:59 am, SR 20

Occurred five minutes ago, had confrontation with customer who ended up throwing a box of parts at reporting party and then reporting party pulled shotgun on him.

3:30 pm, Ault Field Rd.

Caller says manager at location has been having employees dump excess milk down the storm drains.

FRIDAY, APRIL 23

4:36 am, Barque Rd.

Reporting party requesting a call from a deputy referencing theft of property and identity. Reporting party advising that theft occurred 10 years ago.

1:38 pm, Boon Rd.

Caller advising of loose cows. Gate open. Cows are brown. Reporting party states cows are going back into the gate now.

1:58 pm, E Sleeper Rd.

Reporting party advising yesterday while mowing lawn, believes he found a pelvic bone.

4:12 pm, SR 20

Party reporting online dating website where person tried to scam them. Requesting call.

4:21 pm, Barque Rd.

Reporting party states needing a call to report theft that occurred 10 years ago. Caller requested to report theft last night as well. Caller was cooperative and thanked the call-taker.

6:35 pm, Haines Rd.

Caller advising "Neighbor going nuts on me." Male pounding on houses with sticks; has rocks with him.

7:48 pm, NW 6th St.

Reporting party advising can't stay in apartment, saying there is too much radiation; requesting a call from law enforcement.

SATURDAY, APRIL 24

1:33 am, Mobius Loop

Party states has called in previously to report malice of one of Island County Sheriff's Office deputies; states had asked for deputy's phone number from earlier and it was refused. Requesting phone call now.

2:04 am, Mobius Loop

Another call, reporting party still upset about not being called back yet. Was advised about multiple emergencies, now reporting party going off on a tangent about how the real emergency is the workers. Angry about dispatcher not being a law enforcement officer. Calling her a fraud and how she should be a Walmart greeter.

5:39 am, Nubian Way

Reporting party not making any sense; advising there is vandalism, murder, someone has been poisoned in his family; when asked what problem was replied with "You tell me."

2:28 pm, SR 525

Car vs building; 16-year-old, female, conscious, breathing.

SUNDAY, APRIL 25

4:54 pm, Britzman Loop

Requesting phone call regarding neighbors at location currently power washing their house. Reporting party recently diagnosed with a concussion and cannot take the noise of the power washer. Reporting party has tried getting neighbors' attention and they can't hear her.

10:59 pm, Maxwellton Rd.

Reporting party states a strange vehicle pulled into reporting party's driveway and reporting party's daughter saw the subject put something under reporting party's car. Reporting party states the vehicle is possibly a black Jeep. Left slowly towards 525.

MONDAY, APRIL 26

8:57 pm, Haven Way

Reporting party advising neighbor is outside recording the reporting party and family. States is an ongoing issue. Reporting party very agitated, states they'd better hurry and get out here.

9:07 pm, Torrence Ln.

Requesting a check on registered owner of vehicle. Involved in a traffic issue in Burlington, doing donuts in a parking lot and the driver may have attempted to run over passenger around 8:45 pm.

TUESDAY, APRIL 27

4:34 pm, Crosswoods Cir.

Requesting contact regarding finding a safe containing things like paperwork inside of it hidden in the wood pile behind his house.

Report provided by OHPD & Island County Sheriff's Dept.

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Let's Dish!

with Kae Harris



DON'T FORGET YOUR HERITAGE!

Fusion foods seem to be the order of the day. It seems a new funky food is "created" every day to join the pantheon of the latest food craze that has given birth to such creations from the cronut (a croissant-donut hybrid, if you couldn't deduce that from the name) to even more out-there culinary fair, such as sushi pizza. While fusion foods are wonderful in that they take inspiration from a variety of culinary backgrounds to create something unique and challenging to the palette, I find the classics are being forgotten, left as remnants in culinary history. However, as with all fads, heritage cooking is trending once again.

Heritage cooking? Simply put, this is cooking used to highlight cultures through food. Family recipes passed down from one generation to the next using ingredients have been shunned, are now making a comeback and I am absolutely thrilled that this is happening! I, like many of you, I suspect, have very fond memories from childhood of watching my grandma or mom cooking up family favorites in the kitchen and the almost competition-level of pride that went into making a dish the rest of the family recognized as being simply the best. Heritage foods and the techniques that go into preparing them take us back to a time when fast-food and convenience were the exception and not the rule; this is a trend I can definitely get behind and I am excited to share some of the great

heritage classics making their way back into our kitchens!

When talking about Dutch food, most people tend to think of hearty, stodgy meals that revolve around potpie, dumplings and sticky desserts. While all these dishes have some sort of inspiration in Dutch (or more likely, German) cuisine, true Dutch dishes are being re-introduced to our tables. Ingredients that seem almost alien in nature are now the "new" exotic! A key ingredient in a lot of Dutch cuisine is fish, with herring having a place of particular honor. This makes sense, given the geographical location of the Netherlands; herring is found in abundance and was a great source of protein year-round due to the fact it could be pickled and incorporated into a multitude of dishes. The ultimate proof of one's "Dutchness," and where I believe "a shot of Dutch courage" should have come from, is in eating raw herring with raw onion. As I alluded to, this is not for the faint of heart! However, the art of pickled herring is one that has been lost over time but is now having a renaissance. In addition to being cheap and great source of protein, herring has a multitude of health benefits. The fatty acids found in herring promote brain function and helps prevent heart disease as well as being effective against inflammatory diseases such as Crohn's disease and arthritis. A summertime favorite is herring salad, which is made with pickled herring, boiled new potatoes, pickled

onions and cornichons dressed with a light aioli; you will not only feel satisfied by this dish, but a lot healthier too!

Chinese food has become an integral part of the food culture of the United States; the majority of dishes found on the menu of a Chinese restaurant will have offerings that may have once been inspired by traditional recipes but have now taken on an identity of their own. Chinese heritage cooking encompasses a wide array of dishes that reflect the regions they come from. Cantonese cuisine may be the most recognizable culinary hub of these offerings, but dishes from Fujian, Hunan, Jiangsu, Shandong, Anhui, Szechuan and Zhejiang are making their mark on the heritage food scene. Want to eat something mouth-numbingly spicy? Then a bowl of Mapo Doufu (a stew of soft tofu, ground meat, fermented chili bean paste and red-hot chili oil) is exactly what you need. More of a fan of hand-pulled noodles? Give Shandong La Mian a twist by enjoying these noodles with lamb in a rich broth. The common denominator of all these dishes is that they are all based on comfort foods that have been passed down through the generations. Expand your horizons and try some authentic Chinese dishes that come from different regions and I guarantee you will not be disappointed!

As we head into summer time, the thought of a backyard cookout is on everyone's mind. There's nothing more satisfying than eating a burger or hotdog fresh off of the grill. But while these cookout staples are more than adequate on their own, everyone wants to make their cookout stand out from the rest. Germany is famous for its variety of sausages, but sadly, the bratwurst seems to be the only one that is popular, largely due to its commercialization by grocery chains. While the brat is an excellent choice, there are so many more options available that are slowly becoming more well known on the American table. Like Chinese cuisine, the different regions of Germany create their own unique sausages that cover the culinary spectrum and it is these heritage sausages we should be trying to get a more meaningful representation of German cuisine. Bockwurst and rote wurst come from the Swabian region and traditionally served with bock beer as the

saltiness and paprika smokiness are a perfect compliment on a hot summer's day. Currywurst is made from a cured pork sausage and is the go-to street food of Berlin, having been born after the second World War, when there was a demand for a wholesome snack that wouldn't break the bank. Smothered in a sauce called Chillup, the currywurst is easily replicated at home and is just as delicious as the ones you can find at Pariser Platz in Berlin! Bavaria is famous for cars and beer, but you shouldn't sleep on Weiss wurst, which is a fresh sausage made daily that is usually consumed before midday because of the lack of use of preservatives - that's as fresh as you can get!

Speaking of cookouts, I've included a recipe for Wurstsalat, which, contrary to what you may believe, is a perfect, light meal to be enjoyed with some rustic bread on a summer's day. Try it out and let me know what you think by writing to letsdish.whidbeyweekly@gmail.com along with your comments, questions any other Dish! worthy stories!

Wurstsalat

- 300 g Schinkenwurst (ham sausage or ring bologna)
- 2 eggs
- 5 pickled cucumbers
- 1/2 white onion
- 1/4 cup cream
- Salt
- Paprika powder
- Pepper
- Curry powder
- Oil
- Vinegar

Cut the Schinkenwurst into fine strips and put them into a big bowl, along with chopped, hard-boiled eggs, pickles and onion.

Add in the cream, a bit of oil and vinegar according to taste before mixing well.

Season with salt, pepper, paprika powder and a pinch of curry powder.

www.sunnysidecircus.com/countries/germany/food-drinks-germany/wurstsalat-sausage-salad/

To read past columns of *Let's Dish* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.

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MON 6/7 –

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WED 6/9 –

OHHS Girl's Basketball vs Squalicum, 7:15pm

THUR 6/10 –

OHHS Boy's Basketball @ Squalicum, 7:15pm

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OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

Where is the most beautiful place you have ever been? And why?

Teresa Adkins, Oak Harbor

I think the most beautiful place I have been so far is Waimea Falls and Gardens in Hawaii. It was our first family trip to Hawaii and our children were young-running through the foliage and smelling sweet flowers. We laid on hammocks watching the clouds and listening to the birds. The falls were wonderful, the water was cool and crystal clear. It was a truly magical memory I will never forget and family time I will always treasure.



Mary Jo M., Oak Harbor

"Stratford-upon-Avon, England. I thought it was so spectacular how they would water the flower baskets by setting the flowers on the ledge around the most in the evenings."



Carol Delahanty

Coupeville

Having lived in many interesting and beautiful places, I had a hard time selecting "the most beautiful." On reflection, I've chosen two distinctly different sites. One of the most beautiful places I've ever been is Kotzebue, Alaska, a barren peninsula, jutting into the Chukchi Sea. In the short daylight of winter, the flat, frozen tundra dotted with small houses and the frozen sea were its primary features. But when the weather was clear, you would wake to a vast, breathtakingly beautiful star-studded sky, bright enough to see by. The snow would appear to glow. And then you would watch for the Northern Lights. We were blessed to see this phenomena a number of times. Our Intuit neighbors would take us to a nearby hill to shout and clap to "make the lights dance." The intense shades of green, purple, blue and rose appeared at times to swirl around us. Our friends assured us the long streams of light we'd see were a path for the ancestors to reach heaven. Visually breathtaking. And spiritually moving.



Chuck H., Coupeville

"The most beautiful place I have been is the Western United States, beginning right here in northwest Washington. I can't choose one specific uniquely spectacular site from another, but the West has it all; from bustling cities to natural desert land forms; from beautiful lakes and rivers to spectacular canyons, from snow capped mountains and old growth forests to the Pacific and its variety of beaches. We are lucky to live here.



Linda Olsen, Oak Harbor

There are so many beautiful places that it is difficult to narrow it down to just one. When I think of the "stunningly" beautiful, two come to mind. The first is Lake Braies in the South Tyrol, Italy. It is an aquamarine colored lake with snow capped peaks in the background. At the right time of day, the mountains are perfectly reflected in the lake. You can paddle around in old wooden rowboats or walk around on a trail. The second place is very different. Dead Vlei is a white clay pan in the Namibian Desert near Soussusvlei in Namibia. It is a forest of blackened trees that have stood there for over a thousand years. They stand in silhouette against the huge orange sand dunes which is strikingly beautiful.



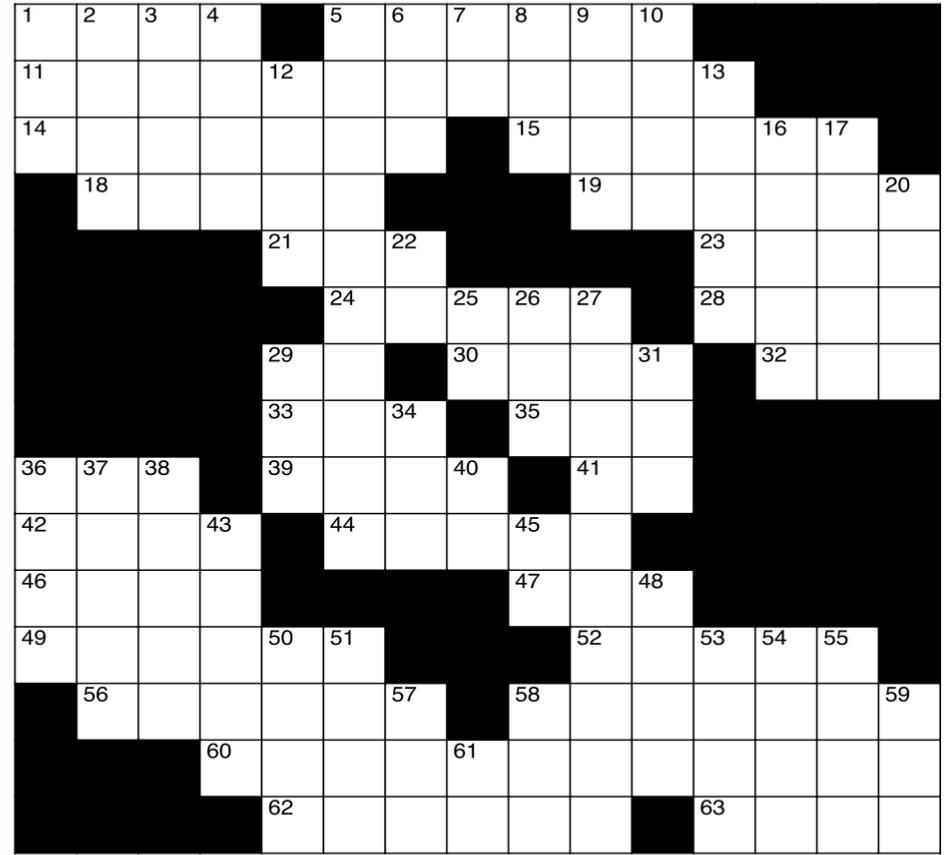
Lorena Albert

Oak Harbor

The most beautiful place I have been is the Philippines. The Philippines has over two thousand beautiful islands and so are the people. The sand there is powder white and massive coconut trees. The people are content and happy, and so eager to help.



Crossword Puzzle



CLUES ACROSS

- 1. Absence of difficulty
- 5. Preserve a dead body
- 11. Gratitude
- 14. The act of coming together again
- 15. More cushy
- 18. Visionaries
- 19. Fish-eating bird
- 21. Indicates near
- 23. NY Mets legend Tommie
- 24. Icelandic poems
- 28. Pop
- 29. Hammer is one
- 30. Senses of self-esteem
- 32. Trigraph
- 33. Not around
- 35. Electronic data processing
- 36. Driver's licenses and passports
- 39. Snakelike fishes
- 41. Military flyers
- 42. Raincoats
- 44. Type of community
- 46. Feature of worm's

CLUES DOWN

- 1. anatomy
- 47. In the center
- 49. Laid back
- 52. Jewelled headdress
- 56. In slow tempo
- 58. ___ Falls
- 60. Saying things again
- 62. Periods in history
- 63. Hyphen
- 1. Body part
- 2. Mimics
- 3. Expel or eject
- 4. Sea eagle
- 5. Subdivision of ceno-species
- 6. Dialect of Chinese
- 7. Mr. T's character on "The A-Team"
- 8. Consumed
- 9. Chinese dynasty
- 10. NFL great Randy
- 12. Ireland
- 13. Palm trees
- 16. Fungal disease
- 17. Willis and Jerry are two

- 20. Affirmative!
- 22. Potato state
- 25. "The First State"
- 26. A way to develop
- 27. Associations
- 29. Woman (French)
- 31. Sunscreen rating
- 34. Brew
- 36. Mosque prayer leader
- 37. Indigo bush
- 38. Burn with a hot liquid
- 40. Jr.'s father
- 43. Scad genus
- 45. Morning
- 48. Length of a straight line (abbr.)
- 50. Double curve
- 51. Small thin bunch
- 53. Worn by exposure to the weather
- 54. Mars crater
- 55. Humanities
- 57. Of the ears
- 58. "To the ___ degree"
- 59. Residue

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

<p>Thurs, June 3</p> <p>North Isle H-64°/L-51° Mostly Sunny</p> <p>South Isle H-69°/L-53° Partly Cloudy</p>	<p>Fri, June 4</p> <p>North Isle H-61°/L-50° Mostly Sunny</p> <p>South Isle H-65°/L-51° Partly Sunny</p>	<p>Sat, June 5</p> <p>North Isle H-63°/L-50° Chance of Showers</p> <p>South Isle H-67°/L-52° Cloudy</p>	<p>Sun, June 6</p> <p>North Isle H-62°/L-49° Mostly Cloudy</p> <p>South Isle H-68°/L-50° Cloudy</p>	<p>Mon, June 7</p> <p>North Isle H-63°/L-49° Partly Sunny</p> <p>South Isle H-67°/L-50° Mostly Sunny</p>	<p>Tues, June 8</p> <p>North Isle H-64°/L-51° Cloudy</p> <p>South Isle H-68°/L-51° Cloudy</p>	<p>Wed, June 9</p> <p>North Isle H-64°/L-52° Mixed Clouds and Sun</p> <p>South Isle H-68°/L-52° Mixed Clouds and Sun</p>
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5			9					2
1	6	2	8				9	4
								3 7
	9		2				5	
8				3				2
			4			8		7
4	7							
	8	5				6	4	1 9
	1					9		8

Answers on page 15



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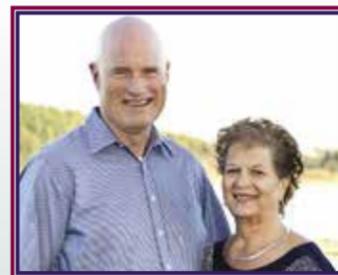
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