

August 12 through August 18, 2021

FREE

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AUGUST 14 & 15
2021

COUPEVILLE
ARTS & CRAFTS
FESTIVAL

SATURDAY 10 - 6PM

SUNDAY 10 - 5PM

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Vaccine Mandate p. 10



ARTS AND CRAFTS TAKE OVER COUPEVILLE THIS WEEKEND

Photo Courtesy of Coupeville Festival Association
The Coupeville Arts and Crafts Festival is back Saturday and Sunday, starting at 10 a.m. each day. This year's festival has been scaled back slightly to allow for more social distancing, but there are still more than 110 vendors with original, handmade items.

By **Kathy Reed** Whidbey Weekly

It may look a little different, but the Coupeville Arts and Crafts Festival is happening this weekend, from 10 a.m. to 6 p.m. Saturday and from 10 a.m. to 5 p.m. Sunday. As always, the festival features high quality items from artists, craftspeople and makers from Whidbey Island and around the country.

This volunteer-run event has been a staple in Coupeville for more than 50 years, and after a hiatus last year because of the pandemic, people are happy to see the festival come back.

"Disappointed is probably the best word to describe the feelings of many Coupeville Festival Association volunteers [when the festival was canceled last year]," said longtime volunteer Grace Tiffany. "Understanding also fits. We all realized the reasons, plus we understood the potential dangers of COVID-19 infections."

If disappointment was the word for last year's canceled event, anticipation is probably the best word to describe the festival this year. Safety is probably another word high on the list for all those putting the festival together this year and is also why things will look a bit different to vendors and those attending.

"A great deal of care has been put into social distancing options per Washington State and Island County regula-

tions regarding COVID-19," Tiffany explained. "This means approximately one-third fewer artists than past years. It also means that booth spaces are more distant from one another, offering more room to social distance yourself from others but still get plenty of shopping done."

Even though there are fewer booths this year, there are still well over 100 to browse through, not to mention the local businesses who will be ready and waiting for people to peruse the many unique items being offered.

One returning artist is Bryan Parks, from Sandy, Ore. He said he loves that the festival is located on a beautiful island in a picturesque town. He said people respond to his unique, environmentally-friendly pieces.

"I make functional art out of recycled bamboo chopsticks," said Parks. "The recycled aspect appeals to many people. For others it is the beauty and functionality that they are attracted to."

"My most popular product is a line of folding baskets," he continued. "They are great as a fruit bowl, a bread basket or for a variety of other uses. The best thing is that they can be folded up flat for easy storage. I will have those baskets with me in a variety of sizes and colors."

Putting together a list of vendors that will keep shoppers

interested is a long, careful process overseen by the artisan booth committee of the Coupeville Festival Association, the group which puts on the Arts and Crafts Festival. The six-member committee works to bring together a great selection of quality artists and vendors for each festival, according to Tiffany.

"Our jobs begin in January with initial communications to returning artists and setting up the online application form for that year," she explained. "We work through step-by-step activities throughout each month until the close of festival weekend. We strive to bring an approximate balance of one-third long time, returning artists (more than 5 years); one-third returning artists with less than 5 years; and one-third new artists – carefully balanced between categories. Through the years, preferences of the buying public change. This team evaluates preferences of the current buying public to select quality, juried art selections within preferred categories. I have been a part of this exceptional team since 2008."

It is a well-established fact the Coupeville Arts and Crafts Festival simply would not happen without a large team of volunteers. Organizers say the success of the CFA and the annual festival are because of both loyal volunteers like Tiffany, who

See **FESTIVAL** continued on page 10

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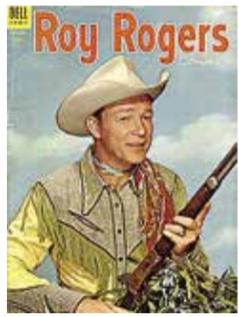
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ON TRACK

With Jim Freeman



This will be my first refrigerator column in almost 40 years. Such columns are rare. Fortunately, I know where my scissors are so I can cut this column out for refrigerator display. Further, I am fortunate to have a refrigerator.

Columns that merit display are not as impressive on a cooler.

So, without further ado, let us get on with the cold cuts.

Safety

In the late 30s and early 40s, the Lone Ranger had a marketing tie-in with the Merita breads sold in the Southeastern United States. The purpose of the promotion was to encourage kids to join the Lone Ranger Safety Club, promising to abide by the club's rules. While many of us are no longer kids, these 10 rules work well for those of us with autos, trucks, and RVs.

1. Not to cross any street except at regular crossings and first to look both ways.
2. Not to play in the streets.
3. Not to cross the street against signal lights.
4. To obey and cooperate with school traffic patrols and to help other children avoid danger.
5. Not to ride on running boards or fenders or to hook rides.
6. Not to hold onto automobiles or street cars when on bicycles, scooter or skates.
7. Not to ride a bicycle on the wrong side of the street, on the sidewalk or in a playground where others are playing and not to make turns without signaling.
8. Not to hitch-hike or ask strangers for rides and to discourage other children from this dangerous practice.
9. To promote safety at all times and encourage others to join this safety movement.
10. To obey my parents or guardians always.

My childhood was not unlike most kids. I violated #6 when I skitched (hanging on to car bumpers to slide in the snow). This was surely Dad's first and last appearance wearing his robe in a police station. How proud he was. I had told him I was getting a ride to visit the son of our church minister.

The ride turned out to be in a police car.

I violated #8 more than once. Hitchhiking from San Diego to Oil City, Penn. was uneventful. However, the trip from Kansas City to New Orleans was a challenge. The fellow who drove the VW was drunk. Thank goodness he accepted my offer to drive. Thank goodness I knew how to drive a stick shift.

Had I been a member of the Lone Ranger's Safety Club, I may not have learned to drive a four on the floor.

The Cowboy Code

Gene Autry's cowboy code was another omission of my youth. However, my grandfathers lived the code so I learned much of it by their conduct.

1. The Cowboy must never shoot first, hit a smaller man, or take unfair advantage.
2. The Cowboy must never go back on his word or a trust confided in him.
3. The Cowboy must always tell the truth.
4. The Cowboy must be gentle with children, the elderly, and animals.
5. The Cowboy must not advocate or

possess racially or religiously intolerant views.

6. The Cowboy must help people in distress.
7. The Cowboy must be a good worker.
8. The Cowboy must keep himself clean in thought, speech, action, and personal habits.
9. The Cowboy must respect women, parents, and his nation's laws.
10. The Cowboy is a patriot.

With one grandpa a Baptist preacher and the other a teacher and administrator for the Mississippi State Board of Education, I had lots of time to observe good conduct. You never know what you can learn when you think you are not paying attention. To quote the one-liner often shared by my West Virginia roomie in law school, "Our family was too poor to pay attention."

Ride on

According to the internet historians, in the 1940s, Roy Rogers started a club for children called the Roy Rogers Riders Club. It was open to any child who sent Roy their name and address. In return, Roy would send them a "Rogersgram" that looked like an official telegram except a Rogersgram arrived by "Trigger Express."

Every member of the Roy Rogers Rider Club got a membership card with the Roy Rogers Riders Rules (sometimes called the Roy Rogers Riders Club Rules) printed on it.

1. Be neat and clean.
2. Be courteous and polite.
3. Always obey your parents.
4. Protect the weak and help them.
5. Be brave but never take chances.
6. Study hard and learn all you can.
7. Be kind to animals and take care of them.
8. Eat all your food and never waste any.
9. Love God and go to Sunday school regularly.
10. Always respect our flag and our country.

Roy Rogers also wrote a prayer he asked he said at the beginning of every Riders Club meeting.

Lord, I reckon I'm not much just by myself, I fail to do a lot of things I ought to do. But Lord, when trails are steep and passes high, Help me ride it straight the whole way through.

And when in the falling dusk I get that final call, I do not care how many flowers they send, Above all else, the happiest trail would be, For You to say to me, "Let's ride, My Friend."

Amen

There you have the refrigerator info. By putting the suggestions of my three heroes in this column, I hope to remind myself how to behave while wearing my mask at the grocery store.

Reader wisdom

Thanks to Marj for sharing these jewels in a recent email:

Kites were used in the Civil War to deliver letters and newspapers.

Peanut oil is used for cooking in submarines because it does not smoke unless heated above 450 degrees.

In ancient times, strangers shook hands to show they were unarmed.

In ancient Greece, tossing an apple to a girl was a traditional proposal of marriage. Catching it meant she accepted.

Not sure what it meant if she had a bite and then threw it back.

To read past columns of *On Track* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.

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Be Part of the Fun and Excitement!

Sign up today to be part of the Whidbey Island Harvest Festival, taking place at the Island County Fairgrounds and Events Center in Langley October 1st through 3rd.

Come celebrate Whidbey Island's roots in agriculture and the arts. **Sell, show, entertain, teach, or provide information.** This is your opportunity to be part of showing off our diverse community.

This year's event will start Friday evening with a Harvest Dance in the Pole Barn, reminiscent of the balls held in this historic WPA building in the 30s, 40s and 50s. This ticketed event will be an opportunity for the community to come together, enjoy local beverages and music and kick up their heels.

We are seeking local food purveyors, wine makers, distillers, brewers, growers, artists, and crafts people to join us for a weekend of family fun on the 2nd and 3rd.

This free event is open to the public. The Pole Barn will be filled with local foods and beverages, the midway with local products and service providers, the Burrier Building will host local art and crafts, and the "Pumpkin Patch" will be at the end of the Midway, with activities for children (or those young at heart). Free pumpkins will be given to all children.

Sign up by 8/15 at VisitLangley.com/Harvest and receive 25% off the \$100 entry fee.



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Bits & Pieces

Golf For Kids' Sake Inaugural Tournament to Support Big Brothers Big Sisters of Island County to Take Place August 23

Big Brothers Big Sisters of Island County (BBBSIC) has announced it will host Golf for Kids' Sake at Whidbey Golf Club Monday, Aug. 23.

"This is a fresh, exciting fundraiser for us. It's replacing Bowl for Kids' Sake this year, an event COVID has left us unable to host for the last two years. Bowl has been a local favorite for ages, so we are looking forward to having the community behind us for this new tradition," said Executive Director Tiffany Scribner.

The inaugural charity golf tournament is a new fundraiser to create and support one-to-one mentoring relationships for children in Island County. Prizes for participants of this fun event include awards for 1st, 2nd and 3rd place teams, chipping and putting contests, Closest to the Pin winners, and a Hole-in-One could walk away with a brand new Subaru. Participants will be treated to a boxed lunch upon arrival and an awards ceremony banquet in the evening, as well as receiving swag bags and embroidered polos. This tournament will take place at the Whidbey Golf Club with registration and contests beginning at 11:30am, and a 1:00pm shotgun start.

"Big Brothers Big Sisters of Island County's programs are an invaluable way for our youth to reach their full potential, and this tournament is a wonderful chance to support our kids," Debbie Merritt, president of the board of directors commented.

This year's event will temporarily be named the Inaugural Golf For Kids' Sake Golf Tournament until a title sponsor is secured. Registration is now open for both player packages as well as sponsorship packages. You can register and find out more about the tournament at <https://bbbsislandcounty.org/golf-for-kids-sake> or on our Facebook event page.

Please contact the BBBSIC office at 360-279-0644 or admin@bbbsislandcounty.org with inquiries.

[Submitted by Tiffany Scribner, Executive Director, BBBSIC]

Coupeville Lions Club Garage Sale Returns

The Coupeville Lions Club plans to hold its annual Garage Sale Aug. 21 and 22. The event will be held at Coupeville Elementary School, as in the past. It will be the 42nd consecutive year for this sale.

Lions President Janet Burchfield commented, "It's been two years since the last in-person sale and it has been sorely missed." In 2020, the club adjusted to the pandemic restrictions with an online Garage and Plant Sale. That effort continued the 41st annual sale tradition and was a win for both the club and the community. Burchfield noted, "the Lions are keeping an eye on the COVID situation and adjusting plans as necessary."

To provide a safe venue, the 2021 event this month will be scaled-back, outdoor only and masks will be required for all. The Island County COVID Response Team will have a pop-up vaccination clinic on-site.

Due to the scaled-back venue, most typical indoor sales items will not be available. Many items will be for sale including bicycles, boating equipment, building materials, construction supplies and cabinets, children's outdoor play equipment, exercise equipment, furniture and lamps, garden tools and equipment, appliances, power tools, luggage, handbags and purses, patio furniture, BBQ's, yard decorations, plants and pots, bird houses, rugs and carpet, camping gear, and vacuum cleaners.

As a special attraction, two antique Japanese Tansu chests will be live auctioned at 2:00PM Saturday, Aug. 21. For details, see www.CoupevilleLions.org.

[Submitted by Deanna Rogers, Coupeville Lions Club]

Blood Donors Needed

Summer is traditionally difficult for the blood supply, made worse this year by a severe national blood shortage. Although we are nearing the end of the season, there is still the three-day Labor Day holiday weekend approaching, bringing a greater potential of accidents and injuries requiring blood transfusions as people travel and head outdoors to enjoy the weather. Bloodworks is calling on anyone eligible to donate through Labor Day to make an appointment at its Donor Centers or Pop-Up Blood Drives to give blood. A safe and reliable blood supply for our community represents a three-to-four-day supply that must be ready for transfusion when illness or accidents strike.

"The next few weeks are a critical period to rebuild our blood supply so we can provide lifesaving transfusions to patients," said Dr. Kirsten Alcorn, Bloodworks co-chief medical officer. "We've been managing the blood supply shortage on a day-to-day basis since April through remarkably high hospital use of red blood cells and platelets. The need for Type O blood, the universal blood type, has hit the inventory especially hard, and donations are urgently needed."

"Donating blood takes about an hour, but it is an hour well spent," said Vicki Finson, Bloodworks executive vice president of blood services. "Blood donations not only help those who have suffered trauma, but they also help those with cancer, surgery patients, premature babies, and others who cannot live without the support of blood donors. Scheduling your donation before or on Labor Day will prepare us to respond to any emergency in our community."

Appointments can be made at bloodworksnw.org or by calling 800-398-7888. Masks required. There is no deferral from donating if you receive the COVID vaccine.

[Bill Harper, Communications Specialist, Bloodworks Northwest]

Leadership Whidbey Accepting Applications for 2021-22 Program

Skagit Valley College, the Economic Development Council for Island County, Sno-Isle Libraries, The Whidbey Institute, and community partners are proud to announce applications are now being accepted for the second annual Leadership Whidbey program. This year's program is planned for in-person sessions, and will take place from Oct. 29, 2021 through May 20, 2022.

Leadership Whidbey is a seven-month community leadership development program. A foundational tenant of the program is that informed and connected critical thinkers who have a perspective grounded in community service will lead, strengthen, and transform our communities. Current and future leaders from all sectors are encouraged to apply.

"Despite being online this year, this was one of the most involved and challenging classes I've ever had, and it definitely helped me to push myself outside of my comfort zone."

"I have been in awe of how well sectors of our island work together so collaboratively, for preserving the beauty and enhancing the culture."

"I am grateful for being able to learn and increase my confidence in the power of honest, compassionate, kind, vulnerable communication to work through conflict and emerge more unified."

— Inaugural class participants

The LW curriculum features 11 full educational days designed to facilitate discovery, growth, exploration, and discussion to support:

- Self-reflection/personal leadership reflection and development.
- Knowledge and understanding of place, local history, and current issues.
- Relationships, communication, and understanding across broad and diverse communities.

The deadline to apply is Aug. 31 and applicants must live or work on Whidbey Island. For more information, email connect@leadership-whidbey.com or visit leadershipwhidbey.org. Opportunities to support the program in other ways are also available.

[Submitted by Marisa Pierce, Skagit Valley College]

Woodworkers Guild Presents the 17th Annual "Art + Wood = Woodpalooza" Exhibition

The Whidbey Island Woodworkers Guild is pleased to announce the return of its "Art + Wood = Woodpalooza @ WICA" Exhibition – the 17th annual show of Whidbey's finest woodwork at WICA (Whidbey Island Center for the Arts). This year's show promises exceptional work by 20 of Whidbey's best.

During the exhibition, you are invited to spend quality time with woodworking artisans while you experience the beauty of their creations. You'll learn firsthand the inspiration and process that go into each artist's work, while enjoying many scenic island views as you discover Langley.

The Guild seeks to support professional woodworkers as well as inspire and educate the budding amateur and provide awareness to the general public of the skills available locally from its talented members. In 2001, the Whidbey Island Woodworkers Guild was formed to bring together the woodworking community of Whidbey. Now in its eighteenth year, the Guild includes makers of furniture, cabinetry, architectural woodwork, turners, clock makers, sawyers, carvers, restorers, musical instrument makers, boat builders and refinishers.

The free exhibition will be held Sept. 4-6 from noon to 5:00PM daily. An opening and artists' reception will be held Sept. 3 from 6:00 to 9:00PM.

Whidbey Island Center for the Arts (WICA) is located at 565 Camano Avenue, Langley. Please visit www.woodpalooza.com for more information.

[Submitted by Gary A. Leake, Guild Secretary]

Whidbey SAR Conducts MEDEVAC From Forks



A NAS Whidbey Island search and rescue (SAR) helicopter sits at the landing zone at Evergreen Hospital in Kirkland, Wash., in the early morning hours of Aug. 4. The SAR crew had just delivered a patient from Forks Community Hospital to Evergreen Hospital.

A Search and Rescue (SAR) team from Naval Air Station (NAS) Whidbey Island conducted a medical evacuation (MEDEVAC) from Forks, Wash. to Evergreen Hospital in Kirkland Tuesday, Aug. 3.

The MEDEVAC was for a 49-year-old woman who needed post-cardiac arrest care.

At approximately 9:45pm, the SAR crew took off from NAS Whidbey Island Ault Field and flew to Crescent Lake before making their way along Highway 101 to land at Forks Community Hospital by 10:35pm. Forty-five minutes later they were off the ground with the patient in transit to Evergreen Hospital.

By about midnight the SAR crew landed at Evergreen and turned the patient over to higher care.

Naval Air Station Whidbey Island SAR has conducted 33 missions this calendar year, which includes six MEDEVACs, 23 rescues, and three searches.

The Navy SAR unit operates three MH-60S helicopters from NAS Whidbey Island as search and rescue/medical evacuation (SAR/MEDEVAC) platforms for the EA-18G aircraft as well as other squadrons and personnel assigned to the installation. Pursuant to the

BITS & PIECES CONTINUED ON PAGE 6

Letters to the Editor

Editor,

Save Fort Nugent Park

It is not logical to take about two-thirds of this popular park to be used for a new elementary school. There is a much more logical solution. Acquire the undeveloped land that borders the park on the south side of it. Conjecture is there must be about 50 acres or more of undeveloped land that can be purchased. (I have not researched the ownership of this land, but some of it could be owned by the public already.)

This writer is not challenging the need for a new school, just the taking of two-thirds of a popular, already developed, ideally located park land for a new school is totally illogical.

Money is not an issue either as the school district currently owns several hundred if not a thousand acres or more of undeveloped land, some of which could be auctioned off to developers.

The city council is responsible for this park. When they allow about 30 trees to die and much of the grass to turn brown all for a lack of water, this means they failed to meet this responsibility. (Each 10 year or older tree that dies represents a cost of roughly \$500.)

The park itself could be substantially improved. One of the first items to consider is a well to supply water for the grass and trees. The city council should seriously consider this item.

In addition to a well, they need to review their irrigation system and make modifications so all areas receive adequate water. (Pumping water is cheap, manpower is not.) They need to design the irrigation as automatic as practical.

This park is a wonderful asset for city residents. Let's not lose two-thirds of it because some decision-maker failed in their responsibility.

Joseph C. Coomer
Oak Harbor, Wash.

HED: Whidbey Island Harvest Festival October 1-3

The Whidbey Island Harvest Festival, a three day fall event, will be held at Whidbey Island Fairgrounds and Events Center in Langley, celebrating Whidbey Island's roots in agriculture, and the arts.

The festival will kick off with a ticketed Harvest Dance Friday, Oct. 1 in the historic WPA Pole Barn and the Harvest Festival family friendly event will be free and open to the public Saturday and Sunday between 11:00AM and 5:00PM.

Selling space and workshop space Oct. 2 and 3 is available in many areas of interest. If you'd like to sell your wares or host a class or seminar, both indoor and outdoor space is available. Or let your culinary imagination run wild and take part in the food and wine tasting.

Applications are available online at VisitLangley.com/harvest or at the Chamber of Commerce Visitors' Center, 208 Anthes Avenue, Langley. Sign up by Aug. 15 and receive a 25 percent discount on the entry fee of \$100. Please call 360-221-6765 or email hellolangley@whidbey.com with questions.

This event is a collaboration between The Port of South Whidbey, Langley Creates, and the Langley Chamber of Commerce.

[Submitted by Inge Morascini, Executive Director, Langley Chamber of Commerce]



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August 16-19, 2021



Teresa Sosa, artist

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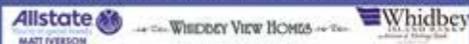


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Visit websites for full details

PNWAS would also like to acknowledge the anonymous donation that helped make this event possible.



BITS 'N' PIECES CONTINUED FROM PAGE 4

National SAR Plan of the United States, the unit may also be used for civil SAR/MEDEVAC needs to the fullest extent practicable on a non-interference basis with primary military duties according to applicable national directives, plans, guidelines and agreements; specifically, the unit may launch in response to tasking by the Air Force Rescue Coordination Center (based on a Washington State Memorandum of Understanding) for inland missions, and/or tasking by the United States Coast Guard for all other aeronautical and maritime regions, when other assets are unavailable.

[Submitted by Thomas Mills, NAS Whidbey Island]

Program Year 2022 Island County 2 percent Hotel-Motel Tourism Lodging Tax Application Period: Aug. 4 - Sept. 4

The application packet is available for the 2022 Island County 2 percent Hotel-Motel Tax Tourism Promotions. Funding is generated from overnight lodging in the unincorporated areas of Island County. The purpose of this program is to support and promote the tourism economy of Island County.

Island County estimates \$400,000 in lodging tax revenue will be available for allocation for grants to support tourism in 2022. Historically, the program has funded approximately 20-25 proposals for Whidbey and Camano Island events, visitor centers and tourism activities.

Lodging tax revenues may only be used as provided in RCW 67.28.1816(1). This section provides that lodging tax revenues "may be used, directly by any municipality or indirectly through a convention and visitors bureau or destination marketing organization" for:

- (a) Tourism marketing.
- (b) The marketing and operations of special events and festivals designed to attract tourists;
- (c) Supporting the operations and capital expenditures of tourism-related facilities

owned or operated by a municipality or a public facilities district created under Chapters 35.57 and 36.100 RCW; or

(d) Supporting the operations of tourism-related facilities owned or operated by nonprofit organizations described under 26 U.S.C. Sec. 501(c)(3) and 26 U.S.C. Sec. 501(c)(6) of the Internal Revenue Code of 1986, as amended.

The Island County Lodging Tax Advisory Committee will review all timely and complete applications received by Sept. 2, then make its recommendations for funding to the Board of Island County Commissioners.

The review committee membership, as established by state law, is comprised of representatives from entities who collect the lodging tax, and organizations who are eligible to apply for the grant funds. For this reason, a conflict of interest policy has been added to ensure public confidence in the ethical allocation of these tax dollars.

The proposal form is posted on the county's website, at www.islandcountywa.gov/commissioners/Pages/Home.aspx and may also be requested by contacting Jennifer Roll at j.roll@islandcountywa.gov or 360-679-7353.

[Submitted by Jennifer Roll, Deputy Clerk of the Board]

Ziply™ Fiber Announces 14 New Gig-Speed Fiber Build Markets for 2021; Brings Total to 36 New Fiber Builds This Year

Fiber expansion part of \$500 million investment to bridge the digital divide in smaller and rural communities around the Northwest

Ziply™ Fiber has announced it is bringing gig-speed fiber internet service to 14 additional markets across Washington and Oregon this calendar year. This latest expansion, which focuses mostly on smaller and rural towns, is in addition to the 22 new market builds announced this spring. This brings the total number of fiber expansion markets since it

BITS & PIECES CONTINUED ON PAGE 11



Tour de Whidbey

August 21st
2021



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33, 50,
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42nd ANNUAL Coupeville Lions Club GARAGE SALE

Saturday, August 21, 9am-4pm
Sunday, August 22, 9am-1pm
Preview: Friday, August 20, 3-6pm



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What's Going On

All entries are listed chronologically, unless there are multiple entries for the same venue or are connected to a specific organization (such as Sno-Isle Libraries) in which case all entries for that venue or organization are listed collectively in chronological order under one heading.

By the Harbor Vintage Market
Saturday, August 14, 9:00AM-6:00PM
Pioneer Way, Oak Harbor

Antiques, primitives, great junkie with seafood and classic cars (10:00AM-1:00PM). For more information, email dinasgreatfinds@gmail.com or director@oakharbormainstreet.com.

Sticks 'N Bones
Saturday, August 14, 1:00PM
South Whidbey Community Center, Langley
Saturday, August 14, 4:00PM
Windjammer Park, Oak Harbor

Brass and percussion bonanza presented by Whidbey's Saratoga Orchestra. For free tickets or more information, visit www.pnwmusic.org or call 360-929-3045.

Live Music: Released From Quiet
Saturday, August 14, 6:00-9:00PM
Penn Cove Taproom, Freeland

Released From Quiet is an IndieRock duo from Bellevue, Wash. Songs of the road, out of this world love, and introspection weave their way into RFQ songs. No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

Live Music: Ticket to Groove
Saturday, August 14, 6:00-9:00PM
Penn Cove Taproom, Coupeville

Ticket to Groove performs hits of the 50s, 60s & 70s. No cover. For more information, call 360-682-5747 or visit www.penncovebrewing.com.

American Roots Music Series
Saturday, August 14, 7:00-8:00PM
Deception Pass State Park, North Beach Amphitheater

La Famille Léger, this French-Canadian family band was born of a time when family and friends would gather in the kitchens of Québec and New Brunswick to make music and dance. The Légers play the dancing music of Acadia and French Canada with fiddle, accordion, guitar, and podorythmie (foot rhythms). The concert is free to attend, though a Discover Pass or Day Pass is required for parking. Bench seating is available, but feel free to bring your own folding chair. Blankets and bug spray are highly recommended. For more information, visit: <http://parks.state.wa.us/folkarts>, or contact Makaela Kroin, program coordinator, at Makaela.Kroin@parks.wa.gov or 360-902-8635.

Bloodworks Northwest Blood Drive
Mondays, August 16 & 23, 9:00AM-4:00PM
Tuesdays, August 17 & 24, 9:00AM-4:00PM
Oak Harbor School District Admin Office

Local blood supply is currently at emergency levels (less than a one-day supply). Help donate blood by signing up at the upcoming pop-up donor centers by visiting bloodworksnw.org or calling 1-800-398-7888. The District Admin Office is located at 350 S Oak Harbor St.

Outdoor Benefit Concert: Savanna Woods
Wednesday, August 18, 7:00PM
Dancing Fish Vineyards, Freeland
Tickets: \$30 each

Savanna Woods was one of the top 20 finalists on NBC's *The Voice* this season. All seats outdoors. Masks strongly encouraged and greatly appreciated. Presented by The Rotary Club of South Whidbey Island with proceeds

benefitting local agencies and projects serving members of our community in addition to scholarships for local students. Tickets available at www.savanna.givesmart.com.

Live Music: Woody Virgil
Friday, August 20, 6:00-9:00PM
Penn Cove Taproom, Oak Harbor

No cover. For more information, call 360-682-2247 or visit www.penncovebrewing.com.

American Roots Music Series
Saturday, August 21, 7:00-8:00PM
Deception Pass State Park, North Beach Amphitheater

A multi-ethnic female-led sextet, En Canto is Seattle's only Forró band. Forró music is a combination of multiple Brazilian rhythms including baião, xote and arrasta-pé. The word refers to both the musical genre and the accompanying partner dance where it is played. The concert is free to attend, though a Discover Pass or Day Pass is required for parking. Bench seating is available, but feel free to bring your own folding chair. Blankets and bug spray are highly recommended. For more information, visit: <http://parks.state.wa.us/folkarts>, or contact Makaela Kroin, program coordinator, at Makaela.Kroin@parks.wa.gov or 360-902-8635.

Street Dance: PETE
Wednesday, August 25, 6:00-8:00PM
Bayview Cash Store, 5603 Bayview Rd, Langley

PETE is the quintessential Whidbey Island garage band, performing rock and blues dance music and American groove music. Rain or shine! Free admission and family friendly. Beverages are available for purchase. Keep an eye on <https://goosefoot.org/news-events/> for up-to-date information on COVID-19 safety regulations in place at the time.

Upcoming Sno-Isle Library Events
See schedule below
Cost: Free:

Discuss the Classics with Rita Bartell Drum
Thursdays, 12:30 or 7:00PM

Enjoy a pleasant hour of shared wisdom and fellowship as we consider the words and hope of times past and weave a fabric of renewed hope by leaning on the "Classics." Contact ritadrum777@gmail.com for Zoom link.

Classes, Seminars and Workshops

NRA Basics of Pistol Shooting Course
Friday, August 20, 6:00-9:00PM
Saturday, August 21, 9:00AM-5:00PM
NWSA Range, 886 Gun Club Rd., Oak Harbor
Cost: \$50

This course introduces students to the knowledge, skills and attitude necessary for owning and using a pistol safely. The pistol handling and shooting portion is completed at the NWSA range where students will learn about safe gun handling, pistol shooting fundamentals, and pistol shooting activities. The Basics of Pistol Course will also help prepare the student for participation in other NRA courses. Students can register online at rainstructors.org.

For questions or to register, call NRA instructor John Hellmann at 360-675-8397 or email NWSA.Training@gmail.com. Additional information can be found at www.northwhidbeyssportsmen.org.



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Week 8/13/21 thru 8/17/21

SUICIDE SQUAD (R)
FRIDAY-TUESDAY: 3:45pm & 6:30pm

JUNGLE CRUISE (PG-13)
FRIDAY-TUESDAY: 4:00pm & 6:45pm

FREE GUY (PG-13)
FRIDAY-TUESDAY: 4:15pm & 7:00pm

Wednesday & Thursday: CLOSED!

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Thursday, August 12 thru Sunday, August 15

FREE GUY (PG-13)

JUNGLE CRUISE (PG-13)

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**AUGUST 14 & 15
2021**

**COUPEVILLE
ARTS & CRAFTS
FESTIVAL**

**SATURDAY 10 - 6PM
SUNDAY 10 - 5PM**



Island 911

Seriously, we do not make this stuff up!

MONDAY, JUNE 28

10:29 am, Smugglers Cove Rd.

Requesting call regarding banning fireworks completely this year; has very big concerns.

7:40 pm, East Harbor Rd.

Reporting party stating male texted him and said he was going to beat him up for egging his car 30 years ago.

TUESDAY, JUNE 29

11:48 am, Mariners Way

Reporting party advising having an issue with neighbor. Advising is building a new house on property.

12:30 pm, NE 6th St.

Reporting party was sitting in dining room, heard front door open and close, then footsteps, then heard bathroom door close. Unknown if anyone is still inside.

3:29 pm, East Harbor Rd.

Reporting party advising was threatened with his life last night; reporting party came to area to do plumbing.

3:47 pm, NW 1st St.

Advising transient male came inside location, took off clothes. Is now trying to get in.

9:23 pm, Ault Field Rd.

Reporting party advising black Nissan Rogue driving recklessly. Reporting party honked horn at vehicle and it got mad and was tailgating and driving aggressively.

WEDNESDAY, JUNE 30

11:09 am, Hellman Rd.

Requesting call; he has antique vehicles and advising neighbor saw juveniles with chainsaws headed towards antique vehicles on property; two juveniles.

THURSDAY, JULY 1

11:40 am, Intruder Ave.

Navy security requesting Island County Sheriff's Office respond for naked male who was running around; is currently detained by Navy. Needing Island County Sheriff's Office to come out for a transfer of custody.

1:01 pm, Britzman Loop

Caller states neighbors across the street are working on their house and using a jackhammer all day long and it aggravates reporting party's concussion.

1:56 pm, John Ct.

Advising trees have been stolen from back yard; more trees have been stolen.

5:09 pm, Saratoga Rd.

Advising neighbor is setting off "sticks of dynamite." States fireworks are ridiculous.

9:38 pm, Deer Lake Rd.

Reporting party advising at Deer Lake 15 minutes ago, someone drove a jet ski out into the lake and sank it; reporting party advising subject is fine, just the jet ski sank; they were talking about doing it again tomorrow.

10:04 pm, West Beach Rd.

Caller states subjects are throwing fireworks at passersby vehicles, three subjects total. Appeared to be teenagers.

FRIDAY, JULY 2

9:43 am, Vanbarr Pl.

Reporting party states neighbor is calling her workplace and yelling at employees. Ongoing issue with harassment. No threats made.

3:55 pm, Honeymoon Bay Rd.

Reporting party advising neighbor is putting out garbage cans with holes in lid; is concerned about critters getting into it. Wants law enforcement to talk to neighbor.

4:45 pm, Eagles Perch Rd.

Requesting call regarding why fireworks have not been outlawed yet. States main office for Island County Sheriff's office is closed to speak with Sheriff directly.

11:23 pm, Deception Cir.

Reporting party advising for last few nights loud "American Idol"-like singing at location.

SATURDAY, JULY 3

12:11 am, Longwood Ln.

Reporting party advising sounds of "young folks" playing an outdoor game/ having a party.

7:32 am, Forest Glen Rd.

Requesting call regarding neighbors having a loud rooster.

12:12 pm, Mobius Loop

Caller advising wife told him Island County Sheriff's Office is intercepting her mail. Rambling now, yelling at call-taker, "Check the records;" disconnected.

6:36 pm, Deer Lake Rd.

Advising vehicle just went into lake; no one inside, still attached to boat. No one injured or in danger.

7:58 pm, Libbey Rd.

Advising was out watering plants and found a loaded handgun in one of the flower pots near the road. Reporting party left the gun where it was.

SUNDAY, JULY 4

11:57 am, Ault Field Rd.

Advising neighbor is shooting a surgical laser from inside her residence into reporting party's mind. Recalling; reporting the same; neighbor shooting surgical lasers into his mind from her house. States Quentin Tarantino just died from this.

12:22 pm, N Quail Trail Ln.

Caller states bombs are going off behind the residence.

5:24 pm, SR 525

Advising male driver chased her down after passing; tried to run reporting party down, unknown where driver went. Black 500 Mercedes.

9:45 pm, Shore Ave.

Reporting party questioning if Sheriff was going to enforce the burn ban tonight or not. Stating there are beach fires on the beach near location. Reporting party states people on beach are trespassing also, as the beach is private.

10:58 pm, Simmons Dr.

Caller requesting to have a check of area for floating lanterns. Caller irate. Refused intersection area. Advising area of Simmons Dr.

Report provided by OHPD & Island County Sheriff's Dept.

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Walk 5

August 21 • 11am

Deception Pass State Park

at the North end of Whidbey Island

2.4 mile trail at Rosario Beach Trail off of Bowman Bay Road

Discover Pass or buy a day pass.

www.parks.state.wa.us/497/Deception-Pass

LOG YOUR MILES AND EARN LAP BEADS.

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THANK YOU FOR READING WHIDBEY WEEKLY | REDUCE → REUSE → RECYCLE

Insurance and You

By Mary Elizabeth Himes

MAINTAINING YOUR HOME

Insurance is an agreement between parties to transfer risk. That means one party pays another party to provide financial compensation in the event of loss of assets, property or life. Most Americans are familiar with personal insurance that protects their homes and cars; the problem is that most Americans do not understand what they are paying for. We want to help you have a better understanding and over time, use this platform to educate you about personal insurance and its benefits.

The importance of understanding coverages cannot be ignored. Our last article discussed the different types of homeowner's insurance and what they covered in very general terms. As fall approaches, there are items you should consider when it comes to your home and how it is insured. In Washington there are some maintenance issues that should be addressed to make certain a claim will be covered by your carrier. So, we will touch on a few items to which a homeowner should pay attention.

What many insureds do not know is that carriers often do short visual inspections of insured homes that do not require the insured to be contacted. This is done to make certain an insurance company is managing the number of potential claims by weeding out unacceptable risks.

Roof Maintenance:

Poor roof and gutter maintenance is one of the most common ways an insurer will not renew a policy. Indicators of poor maintenance are excessive moss growth (Organic Growth) on the roof of ANY structure on the insured property. Many people think it is just the main home, but all detached buildings on the property are also covered under Coverage B – OTHER STRUCTURES. Broken or sagging gutters are unacceptable, as the water may back up into the eaves and into the walls of the home causing extensive damage.

Organic growth can lead to additional moisture seeping into the wood beneath the outer covering of the roof, be it asphalt, wood or metal, causing rot, mold and leaking. The growth can also attract pests that can destroy the wood, leading to leaking and burrowing into attic areas of the home. The homeowner is responsible for maintaining the home and eliminating potential hazards to the structure. Rot, mold and rodent or pest infestation is not covered under most home policies and may require additional endorsements. If it is found at the time of a claim that maintenance



was neglected over a long period of time, the carrier may deny or pay less on a claim.

Trees and Brush:

Homeowners are responsible to keep trees and brush trimmed back away from the home. Tree limbs touching the roof are a way for animals to possibly find a way into the attic and walls of a home, causing openings in the structure that may lead to water damage. Overgrown trees and brush are fire hazards and a hindrance to the safe access into the home or property. As fall is rapidly approaching and the winds are picking up, falling tree branches close to the home may damage the roof.

Many times, insureds are concerned with a neighbor's tree falling onto their property and causing damage; if this happens, the neighbor is liable for the damage caused by the tree.

Debris:

Debris on the insured property is also unacceptable and can lead to a cancellation or non-renewal. Debris is garbage, old appliances, abandoned vehicles, old construction materials, etc. The hazards of these items are that they are potential fire hazards but also liability hazards, as they pose a threat of injury to persons or the environment. Abandoned vehicles and old appliances can house rodents or can become an attractive nuisance for children who may decide to be adventurous and play in a vehicle or large appliance (freezer/refrigerator). Construction materials can be a fire hazard, as they may have flammable chemicals on them. The same is true of old batteries and paint.

These are just some simple items homeowners can manage to keep their homes insurable. Sometimes the upkeep can get overwhelming for older homeowners and extra help is needed. We have many volunteer organizations on Whidbey Island to aid homeowners who may be overwhelmed with caring for their property. Reach out to Island Senior Resources and The Center in Oak Harbor for information about those organizations

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By The Harbor



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Inslee orders mandatory vaccinations for state employees, health workers

By Kathy Reed Whidbey Weekly

Washington state employees, workers in private health care and long-term care facilities must be fully vaccinated against COVID by Oct. 18 or they will lose their jobs.

Gov. Jay Inslee announced the latest order Monday at a press conference held at Kaiser Permanente in Seattle. Some cities and counties are following suit, such as the City of Seattle and King County, which are ordering all employees to get vaccinated or risk losing their jobs. The order applies to executive cabinet agencies but Inslee encouraged those in higher education, local governments and organizations and businesses in the private sector to do the same. It does not apply to public K-12 schools.

"It is the mission of public servants and those providing health care to serve our fellow Washingtonians. These workers live in every community in our state, working together and with the public every day to deliver services," Inslee said. "We have a duty to protect them from the virus, they have the right to be protected, and the communities they serve and live in deserve protection as well."

Inslee said this is a necessary step to increase the vaccination rate in the state in hopes of stopping the spread of COVID-19's Delta variant and overwhelming the state's hospitals. He hinted the vaccination mandate is also an attempt to prevent a return to tighter restrictions.

"We're in the middle of an explosive threat to our freedoms because of this disease," he said. "We want the freedom of not having to shut down our economy again; we want the freedom of not having to wear masks sometime in the future; we want the freedom of our children not having to worry about getting this disease; and we want the freedom for everyone to live without having to think of the COVID virus. We know there is only one path to that freedom and that is through more Washingtonians getting this safe, effective, successful vaccine."



Photo Courtesy of the Governor's Office

Washington Gov. Jay Inslee has imposed mandatory vaccination for most Washington state employees and workers in private health care and long-term care facilities. Inslee made the announcement at a Monday press conference at Kaiser Permanente in Seattle. Employees will have until Oct. 18 to be fully vaccinated or face losing their jobs.

There are limited exemptions allowed under the new requirement, such as those with legitimate medical reasons or sincerely held religious beliefs, but applications must be made for the exemption to be considered. Those with personal or philosophical objections will not be exempt. The test-out option for state employees has also been eliminated.

Employees who refuse to be vaccinated will be dismissed for failing to meet legal job requirements. The state will adhere to civil service and collective bargaining rules.

According to health officials, the majority of new cases of COVID-19 are a result of the Delta variant infecting the unvaccinated.

"Unfortunately we still have far too many of our fellow Washingtonians who have not gotten their vaccine thus far," said Secretary of Health, Dr. Umair Shah. "They are not just unvaccinated, they are unprotected and they're a big reason why our state is once again seeing a dramatic rise in COVID-19 cases. We're not just seeing a rise in cases,

but our health care system is under immense strain as the Delta variant is now at least 85 percent of our cases and our modeling shows that to be over 95 percent.

"Let me be clear," Shah continued. "Our rise in cases is largely due to those people not getting vaccinated. But the decision not to get vaccinated is now impacting others as well. Vaccines, along with other measures such as wearing masks indoors are key to ending this pandemic."

Case rates are going up in Island County as well. Island County Public Health reported 147 new cases between July 29 and August 5 and officials at WhidbeyHealth told Whidbey Weekly they are seeing the same trend and the positivity rate of those being tested at WhidbeyHealth facilities is up to 14 percent.

"The county and state are currently continuing to grow in case counts," said Conor O'Brien, marketing manager for WhidbeyHealth. "State Department of Health

reported over 800 currently active cases in the state – and that number is growing exponentially.

"December 2020 had the highest number of cases in a month within the pandemic," O'Brien continued. "August 2021 could easily pass that mark if the rapid rise in cases continues."

O'Brien said there were seven positive COVID cases in the emergency department reported over the weekend and 10 total positive cases over the weekend. ICU capacity is at two-thirds, but officials could not say how many of those in ICU were there due to COVID-related illness.

Of 73,601 Island County residents eligible to receive a vaccine, 46,074 – about 63 percent – have received at least one dose.

Island County Public Health will be offering free vaccinations this weekend at the Coupeville Arts and Crafts Festival from 11 a.m. to 4 p.m. Saturday and Sunday. Vaccinations will also be offered from 3 to 6 p.m. Tuesday at the Camano Farmers Market at the Camano Commons. Public Health Director Keith Higman will be at the Camano Farmers Market from 4 to 6 p.m. as well to answer questions about COVID and COVID vaccines. Vaccinations will also be offered Tuesday, Sept. 7 at the Whidbey Island Campus of Skagit Valley College from 2 to 7 p.m.

Figures on the latest number of infections is posted every Thursday at islandcountywa.gov.

Correction:

In the Aug. 5-11 issue of Whidbey Weekly, a story on the Island Shakespeare Festival stated the outdoor theater was located at Whidbey Institute. That is incorrect. The Island Shakespeare Festival is located at 5476 Maxwellton Road in Langley.



Photo Courtesy of Coupeville Festival Association

Mixed media pieces by Linda Thorson Design is just one example of some of the creativity that will be on display Saturday and Sunday at the Coupeville Arts and Crafts Festival.



Photo Courtesy of Bryan Parks

Artist Bryan Parks returns to the Coupeville Arts and Crafts Festival this weekend with his unique home décor items made from recycled bamboo chopsticks.



Photo Courtesy of Coupeville Festival Association

Handmade items of all types will be available this weekend at the Coupeville Arts and Crafts Festival, including soaps by Whidbey's Blackberry Moon Farm and many other unique creations.

FESTIVAL continued from page 2

has been with the organization since 2000, as well as the new faces who volunteer each year. It says a lot about the spirit of the Coupeville community.

"There is a great deal of pride among the Coupeville festival volunteers when they are able to see the results of their hard work within the community where they live," said Tiffany. "ALL non-operational proceeds from each Coupeville festival are given back to the Coupeville community in the form of project grants and scholarships. When driving by local Coupeville schools, on downtown Coupeville streets, by the library, museum, even Admiralty Head Lighthouse, the results of many project grants are visible and rewarding. Volunteers realize that their hard work and dedication does enhance the community where they live."

There is no live music scheduled for this year's festival, but there will be a food court. Offerings include wood-fired pizza, Thai spring rolls, hamburgers, hotdogs, corn dogs, barbecue, lumpia and grilled corn, to name a few. The food court will be located south of the main festival area, just up the hill by the Coupeville Library and the parking lot. Food is available Saturday from 10 a.m. to 6 p.m. and Sunday from 10 a.m. to 5 p.m.

Tiffany said she feels "fulfilled and proud to be associated with an awesome group of the best volunteers," and she is looking forward to sharing this event with the Whidbey community.

"The quality of confirmed 2021 artists' work is exceptional," she said. "Many of our customers' favorites are here. You can see a sampling of what will be here this year by checking out our 2021 artists on the website www.coupevillefestival.com/2021-artists-vendors/. Remember, this is only a sampling of each artist's products. A visit to the Coupeville Arts and Crafts Festival to see all the selections and visit with your favorite artist is the best way to be involved."

And it's not too late to lend a hand, either. Anyone who is interested in volunteering this year or in the future can check out the volunteer opportunities at the website as well. (coupevillefestival.com).

In the meantime, Tiffany is anticipating a great event.

"[My favorite part of the festival is] Saturday morning, walking through the set up booths, listening to customer comments, artist/customer interactions and realizing that our months of preparations have yielded success," she said.



Photo Courtesy of Coupeville Festival Association

One can find anything from jams to jewelry, photos to fine art, like this oil painting by Susan McManamen, and many other handmade items at the Coupeville Arts and Crafts Festival this weekend.

BITS 'N' PIECES CONTINUED FROM PAGE 6

acquired the Northwest operations of Frontier Communications in 2020 to 52.

The company's entire expansion effort is part of its \$500 million multi-year investment to improve its network and service in both urban and rural settings throughout its four-state service area, and to help bridge the digital divide that many of these communities have felt for years. The new expansion includes five cities in Washington and nine in Oregon, and will represent more than 38,000 new fiber ready addresses once construction is complete.

"Many of the communities we're upgrading have never experienced anything like fiber before," said Harold Zeitz, CEO of Ziplly Fiber. "We've seen an increased demand for high-speed internet to support all the activities we do online, whether that's online learning, streaming entertainment, or working from home. To support this, we've spent the last year investing and constructing a new state-of-the-art fiber-optic network, and we're thrilled to bring these improvements to rural and urban communities in the Northwest."

Ziplly Fiber is in early-stage planning and permitting in these markets, but expects to turn-up service by the end of the year to tens of thousands of homes, apartments and businesses in:

Washington – Arlington, Monroe, Oak Harbor, Skykomish and Stanwood
Oregon – Cove, Dayton, Elgin, Imbler, Joseph, Lafayette, Mill City, Myrtle Point and Silverton

While it will take time to upgrade 250,000 square miles of land throughout Ziplly Fiber's service area with new fiber-optic cables, local hubs, new offices and new hardware to run the network, the company is capitalized for and committed to expanding fiber to cover more than 80 percent of its territory in the next three years. When it began building, fiber was accessible in just over 30 percent of its area, and the company is on pace to exceed the 50 percent mark by the end of 2021.

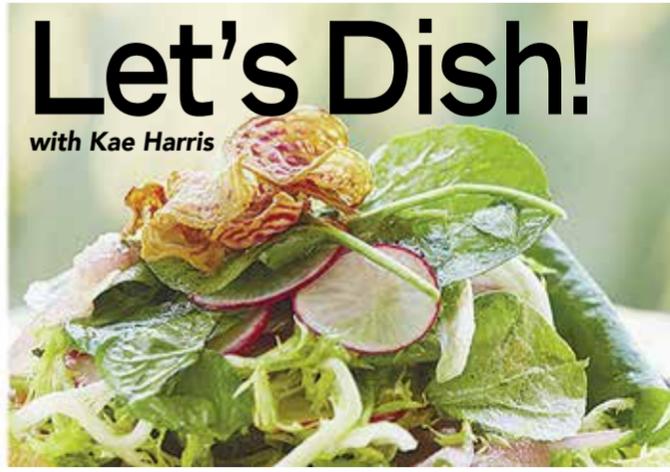
As part of its work, construction crews will be busy building fiber service in stages through several areas of each city and town. While the work will take several weeks and months to fully complete, the company expects to connect its first sets of customers in each town before the end of the calendar year, and to add more and more addresses each week as the build continues.

As the company continues its rollout of fiber-based services across the region over the next several months and years, its Ziplly Internet (DSL) customers also will begin seeing service improvements. Part of Ziplly Fiber's investment is going to work that's well underway to improve its core and aggregation network, across which all Ziplly internet traffic travels. While there's still more work to be done, by improving the quality, capacity and reliability of those critical network components, customers of all types of services will benefit.

Ziplly Fiber's primary service offerings are Fiber Internet and phone for residential customers; Business Fiber Internet and Ziplly Voice services for small businesses; and a variety of internet, networking and voice solutions for enterprise customers. The company will continue to support Ziplly Internet (DSL) customers, and its TV customers in Washington and Oregon. A full listing of products and services can be found at get.zipllyfiber.com.

Ziplly Fiber is local in the Northwest, headquartered in Kirkland, Wash., and has major offices in Everett, Wash.; Beaverton, Ore.; and Hayden, Idaho. Most of Ziplly Fiber's executive team, which consists of former executives from AT&T, CenturyLink and Wave Broadband, either grew up in the Northwest or have spent the better part of 30 years living here. That local ownership and market familiarity is an important part of the company mindset and culture.

[Submitted by Dan Miller, Curator PR for Ziplly Fiber]



Let's Dish!

with Kae Harris

WHAT AN EGGCELLENT CHOICE!

We often hear about essentials one should have in every kitchen – one good quality pan, a trusty all-purpose knife, a good heavy bottomed pot...salt. All these are extremely important in every kitchen, but I find we often overlook an ingredient that has become almost vital in everyone's home: The humble egg. It seems the egg has become such a standard feature in the kitchen we have almost forgotten how important it is for the home chef. Eggs help us in a bind when we need a quick, protein-rich breakfast and are as equally important in any baking endeavors we might undertake, yet they seldom get the praise and recognition they deserve. There is evidence chickens were domesticated for their eggs as early as 7500 BC and eggs of other fowl, such as ducks and geese, have been consumed by humans for millennia. With this in mind, dear readers, I hope to answer the following questions: What is it about eggs that have made them such an important ingredient and how can we use this versatile ingredient to create new and exciting recipes that highlight the egg in today's modern kitchen?

Hunter-gatherers viewed eggs as the perfect food; they were a rich source of protein and nutrients and they didn't put up a fight when they were collected (except having to fight off the mother bird guarding her nest!). The domestication of fowl made eggs more accessible, but chicken eggs were largely used in China and India and did not become available, or popular, in Europe until about 800 BC, when they were introduced to the Greek empire. In Europe, duck and goose eggs continued to be the eggs of choice until about the Middle Ages, when farming techniques and methods of production made chicken

eggs widespread and the egg of choice. Evidence shows the ancient Romans were amongst the first to start using eggs in baking, as it was recognized that the binding properties of eggs made it an ideal ingredient; how this discovery was made is up for debate, but I'm glad it happened! The point is, eggs have played a large role in human development since the dawn of time, but it isn't often we acknowledge the role eggs have played in human development. Whether it be as a source of food or a symbol of fertility revered by the ancient Egyptians, the egg has earned its rightful place in the culinary pantheon!

So now that we have established the history of how eggs came to be used in cooking, what are some of the ways they are used around the world? The most obvious methods would be those that are associated with breakfast foods: fried, scrambled, boiled or omelets are the standard fair in Western cuisine. However, eggs are not exclusively reserved for the breakfast platter; it is very common for omelets to be served (often accompanied by a salad) for lunch or dinner in France, with other egg-centered creations such as the Italian frittata playing a role as the main dish rather than a simple side. Poached eggs, often viewed as a "restaurant only" fixture, have been used to add a level of sophistication to many dishes but are most famous as being the star of Eggs Benedict (a dish for which I have yet to find a satisfying origin story!). The multiplicity of ways eggs can be prepared make them the ideal star of many dishes and I would encourage you to start branching out and have a crack at making a quiche at home, for example, to truly appreciate how diverse this ingredient can be!

While the familiarity of eggs may be a reason for them not being viewed as an

exciting ingredient, perhaps it is necessary to explore other cuisines to see the unique ways eggs are used. Eggs hold an esteemed place in Asian cooking (not surprisingly, China is the largest producer of chicken eggs, producing on average 31.3 million tons per year compared with the 6.3 million tons produced by the United States) and it is here that we find the unfamiliar and almost exotic use of eggs. While many of us may associate the use of eggs in Chinese cooking as being scrambled into egg-fried rice, it is the use of fermentation and preservation which creates some of the most interesting dishes in this cuisine. A century egg is a misnomer and is actually an egg that has been fermented over the period of several weeks to several months to create a preserved delicacy that bears very little resemblance to its mundane origins! Tea eggs are boiled eggs that are steeped in a mixture of tea, soy sauce and spices resulting in a beautiful marbling effect while infusing the egg with the herbal qualities of the black tea and spices used. A similar technique is used to create shoyu tomago, or soy sauce eggs, which are essential to any good bowl of ramen! There are many eggciting dishes out there waiting to be sampled, so don't be afraid to get cracking into them!

I hope, dear readers, that you have a greater appreciation for this essential ingredient. I feel we haven't even scratched the surface on how important and versatile eggs are in the kitchen, but I hope the few examples (I know you were expecting another egg-pun just now!) I have given will inspire you to explore eggs further. I am leaving you this week with a simple recipe for egg muffin cups – hopefully your kids will love them as much as mine do! As always, please write to me with any questions or comments at letsdish.whidbeyweekly@gmail.com so we can Dish! together!

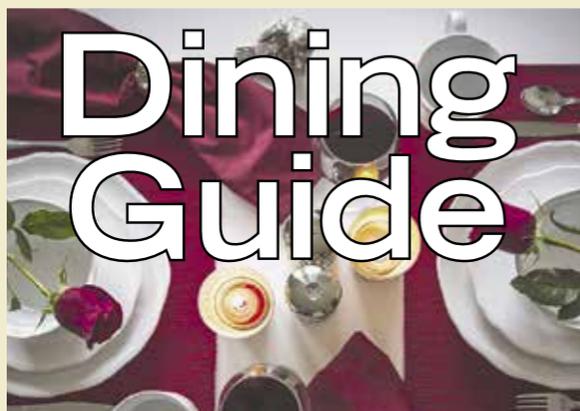
Egg Muffin Cup

Grease the cups of a muffin tin with non-stick spray.

Add fillings of your choice (cheese, ham, vegetables etc.)

Scramble one egg per cup of your muffin tin and pour the egg into the cup, filling to about ¼-inch from the top. Bake at 350°F for 20 minutes.

To read past columns of *Let's Dish* in the *Whidbey Weekly*, see our Digital Library at www.whidbeyweekly.com.



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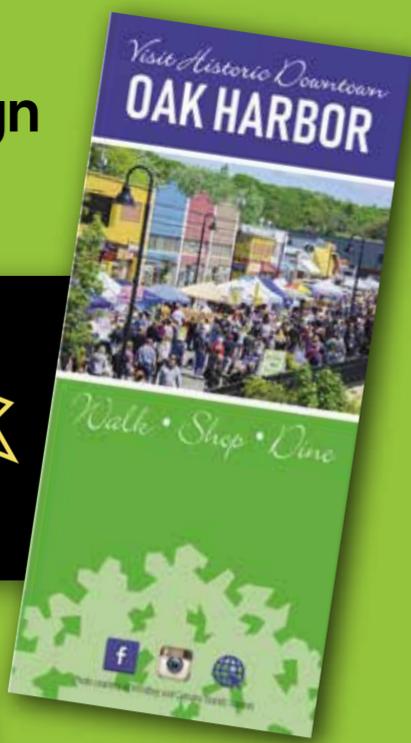
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Life Tributes

Soon Wha Kennedy



Soon Wha Kennedy, longtime resident of Oak Harbor, Wash., passed away in her home in the company of her family July 18, 2021 at the age of 82. Soon was born Feb. 14, 1939, near Seoul, Korea. During her childhood, she endured many hardships due to the Korean War. Because of what she experienced, she held a deep gratitude for the American military which lasted her whole life. She loved jet noise, the "sound of freedom." She attended university in Seoul and eventually met her husband, Leonard, who was stationed in Korea with the Army. They made their home on Whidbey

Island.

She was active in her Christian faith, attended the Church of the Nazarene, helped start the Oak Harbor Korean Presbyterian Church and was ordained. She was a nurse with Whidbey General Hospital for many years and enjoyed flower arranging, her garden, golf, travel, painting and helping others.

Soon loved God, family, and country. She is survived by her husband of 56 years, Leonard Kennedy; her daughter, Bobbi Ann George (Tom) of Snohomish, Wash.; her son, Paul Kennedy of Shoreline, Wash.; her brother, Kim Ho Tae; her grandchildren Ruby, Kimberly, Ryan, and Kathryn; and many wonderful in-laws, nephews, nieces and friends in Korea and America.

A memorial service celebrating her life will be held at Oak Harbor Concordia Lutheran Church Saturday, Aug. 7 at 2 p.m. with a reception to follow. In lieu of flowers, donations may be sent to the Kennedy Family Scholarship Fund at Northwest Nazarene University, Nampa, Idaho.

Life Tributes can now be found online at www.whidbeyweekly.com

Pam's Prayer Corner

In honor of my late mother-in-law, Pamela Kaye Young, this column is a place where believers can share their prayer requests for others to help lift them up in faith. The prayers can be for you, a family member, or anything weighing on your soul. Email info@whidbeyweekly.com or call 360-682-2341 to share your prayer requests.

Father,

This summer has been full of new experiences for me and my friends with new jobs, deployments, summer camps, visits to the beach, and vacations to places we've never been before. Grow us, stretch us through whatever we do, and through wherever we go, so that we'll end the summer just a little more like you.

In your name we pray...Amen.

Matthew Erikson
Hope Church Oak Harbor - Pastor
Whidbey Island Young Life - Area Director

"From the rising of the sun to its going down, The Lord's name is to be praised."

Psalm 113:3



OUR Community

An Upbeat Question of the week

By Helen Mosbrooker

What makes the Oak Harbor Music Festival September 3-5, 2021, unique?

Eric Shelling, Oak Harbor

The OHMF is unique in that it provides three days of FREE live music featuring top local and national artists. Great food, expansive beer and wine gardens, local art and craft vendors, plus fun for the whole family. Oh and did I mention it's 100 percent FREE. If that's not enough, the OHMF provides yearly scholarships to Whidbey students pursuing music in their higher education. This is what happens when a community comes together to support the arts!



River Powers Oak Harbor

There are oh so many things that make the Oak Harbor Music Festival unique:

- 1) Three days of FREE music on two stages in awesome downtown Oak Harbor.
- 2) Both local and national talent, including aspiring teens, who perform all genres of music.
- 3) Opportunities for the community to participate with lots of places to volunteer for the event—beer gardens, merchandise booths, operations.
- 4) Funds raised to support local students in their music endeavors—scholarships for high schoolers and, soon, a youth program for elementary schools.
- 5) An amazing board of directors that works all year round to organize and present the best festival on Whidbey Island.



Attending the Oak Harbor Music Festival is the best possible way to spend Labor Day weekend, with tons of fun, laughter, dancing, and camaraderie. It's an experience no one should miss.

Bill Walker, Oak Harbor

Well, it's three days of love and free music in the streets, right here in our little town. It amazes me how we come together as one community - music fans, performers, volunteers - to be inspired by the power of music.



Margaret Livermore Oak Harbor

The Oak Harbor Music Festival is unique because it is a FREE event put on by a nonprofit board with the help of a large group of community volunteers. It is funded with sponsorships from local businesses and donations from community members that love and enjoy the event. The festival proceeds support local music scholarships.

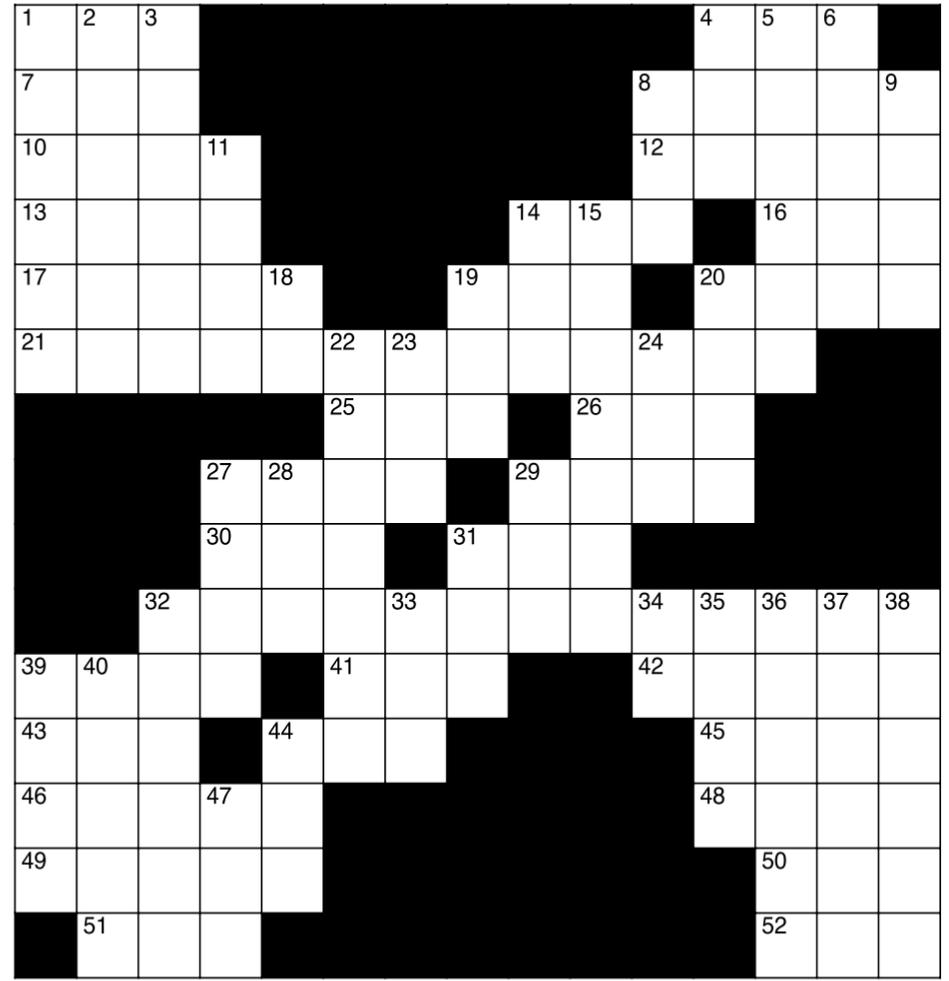


Larry Mason Oak Harbor

Unique yes, the only opportunity to see "Larkin Poe" in Washington state this year is at the Oak Harbor Music Festival. And the show is free September 5th.



Crossword Puzzle



CLUES ACROSS

1. Midway between east and southeast
4. Sun up in New York
7. Japanese honorific
8. Czech name for Prague
10. Ochocinco's first name
12. Steep cliffs (Hawaiian)
13. Scots word for "home"
14. Upper class young woman (abbr.)
16. Monetary unit of Albania
17. Raise
19. Drain of resources
20. Uncultured, clumsy persons
21. Hikers use them
25. Retrospective analysis (military)
26. Tibetan form of chanting
27. Influential European statesman
29. Soluble ribonucleic acid
30. Monetary unit of Romania
31. Round green vegetable

CLUES DOWN

14. Recording of sound with
15. Pithy saying
18. Atomic #22
19. Soviet Socialist Republic
20. Plant with ridged seedpods
22. Innate
23. Investigative body for Congress (abbr.)
24. Soda receptacle
27. Spanish stew: ___ podrida
28. Viet Cong offensive
29. Large body of water
31. Beginning military rank
32. Dissimilar
33. Counteroffensive system (abbr.)
34. Shows who you are
35. Chinese dynasty
36. Type of verse
37. African nation
38. Quite
39. Former Bucks star Michael
40. Showed again
44. Body part
47. Steal

Answers on page 15

CAN DO SUDOKU!

On a scale from 1 to 10...6.4

Every row of 9 numbers must include all digits 1 through 9 in any order
Every column of 9 numbers must include all digits 1 through 9 in any order
Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

1				2			8	3
			7				5	
				5	9	2	1	
2	7	5		6				
	4						9	
			2		3	7	5	
4	3	6	8					
	2			3				
8	1			6				7

Answers on page 15

YOUR GUESS IS AS GOOD AS OURS WEATHER FORECAST

Thurs, August 12	Fri, August 13	Sat, August 14	Sun, August 15	Mon, August 16	Tues, August 17	Wed, August 18
North Isle H-77°/L-63° Partly Sunny	North Isle H-78°/L-63° Mostly Sunny and Warm	North Isle H-75°/L-59° Mostly Sunny and Nice	North Isle H-71°/L-57° Mostly Sunny	North Isle H-70°/L-56° Sunny	North Isle H-71°/L-55° Plenty of Sunshine	North Isle H-73°/L-55° Mostly Sunny
South Isle H-81°/L-66° Partly Sunny	South Isle H-84°/L-66° Mostly Sunny and Very Warm	South Isle H-84°/L-62° Partly Sunny and Very Warm	South Isle H-78°/L-59° Mostly Sunny	South Isle H-74°/L-59° Sunny and Nice	South Isle H-74°/L-61° Mostly Sunny	South Isle H-76°/L-60° Mostly Sunny



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CEO Christopher Taylor started Kenmore Analytics in 2020, a rebranding of sorts from his original business, Kenmore Data Systems, which he started back in 2000.

"I am what you would call a Functional Analyst which is, simply put, someone who is responsible for analyzing processes within a company to identify where efficiencies can be leveraged or where problems may exist," Taylor described. "Those problems may be on the production side of the equation or the supply side or the content development side or the delivery side. Sometimes it involves a little bit of everything."

As a consultant and analyst, Taylor said he examines what organizations are doing to stay relevant and competitive, and which ones are doing it best. His company then uses that information to develop strategies for its clients to help them move forward in a direction to best meet their needs.

"Our customers typically come to us for advice because they want to get somewhere they are not currently," he said. "They want to change something, achieve something, attain something, or become something, and they need help."

There is no "typical" business model that can benefit from consulting services. Kenmore Analytics can help any organization or business in need of direction but lacks the time or staff to devote to it. Churches, restaurants, frame shops, technology companies, even community colleges have all benefited from the help Kenmore Analytics can provide. Taylor said sometimes even simple solutions can come as a surprise.

"Our job is to help someone with what they perceive is a problem that they just can't seem to find a way around or through," he said. "Not because they lack an understanding of their business or that of their competitors, it's because they are simply overwhelmed with the operational minutiae of the day-to-day."

"One of the biggest fears businesses often have is the fear of change," Taylor continued. "Especially when they have to face that fear during a precipitous decline in business or revenue. Once we can identify and present a solution or direction, the surprise often comes at just how non-threatening the change is."

While some business owners may not reach out for help until there is a problem, Kenmore Analytics urges people to seek tips and strategies to help prevent a problem in the first place. All you have to do is ask, and Taylor will put his years of experience in data analysis, program management, leadership and business and development, information technology, strategic planning, program development and customer service to work for you.

"Look, your business is your passion. You have invested a great deal into it in terms of time and money. For you, failure is not an option," Taylor said. "As a business owner, I understand that completely. Why is it important for you to hire me? Because you want someone who can help you work past the obstacles that are holding back your business and keeping it from thriving. You want someone who can help you get to where you are not currently. The place you want to be."

Learn more about what Kenmore Analytics can do for your business at kenmoreanalytics.com.



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